



HIRE A HELPER

Checklist: How To Spot a Trustworthy Moving Estimate

A solid moving estimate gives you peace of mind. Look for these details to make sure you can trust your quote:

- ☐ You get the document in writing instead of a verbal agreement.
- ☐ The mover bases your price on an inventory survey done in your home or over video.
- ☐ The company includes its legal name and USDOT or MC numbers.
- ☐ The form clearly lists your inventory, the total distance, requested services, and delivery dates.
- ☐ The company itemized labor, transportation, packing, liability coverage, and access charges.
- ☐ The estimate type (binding, non-binding, or binding-not-to-exceed) is clearly labeled.
- ☐ There is a signature line and an explicit date.