



## The Ultimate Snowbird Packing List

### Important Documents

- Driver's license/state-issued ID
- Vehicle registration
- Passport (if you're snowbirding in another country, or if you plan to travel during the winter)
- Health, auto, home/renter, and travel insurance policies
- Paper copies of prescriptions (especially for controlled substances)
- Personal health record summarizing your medical history
- Power of attorney
- Important contact information for friends, family, and emergency contacts

### Medications

- Prescription medications (and prescriptions for refills as needed)
- Basic first aid kit with bandages, antibiotic ointments, gauze, etc.
- Basic pain relievers like acetaminophen, ibuprofen, and aspirin
- Allergy and cold medication
- Motion sickness medication (if applicable)
- Vitamins and supplements

### Clothing

- Socks
- Underwear
- T-shirts
- Tank tops
- Lightweight long-sleeved shirts
- A few sweaters
- A light rain jacket
- A light casual jacket
- Jeans
- Shorts

- Joggers or leggings
- Sandals
- Sneakers or walking shoes
- Bathing suit
- Pajamas
- Wide-brimmed hat or cap
- Sunglasses
- 1-2 dressier outfits, including shoes (or more if you plan on going out to nice places regularly)

### Electronics

- Laptop
- Tablet
- Smartphone
- Camera
- Chargers and wall plugs
- Headphones
- Portable batteries

### Creature Comforts and Nonnecessities

- Specialty snacks or drinks you can't get in your snowbird destination
- Hobby equipment
- Favorite bedding and linens
- Books
- Any other items you can't imagine living without for the next few months