





Female bodies go through menstruation, pregnancy, menopause and many other diet and hormonal changes. These changes are visible both internally and externally, and need care and attention. A key body part that weathers through these changes?

The female reproductive system which includes the vagina and vulva.



Source





will experience a vaginal yeast infection once in their lives

To prevent infections

Bacterial vaginosis (BV), yeast infections and urinary tract infections (UTI) can be avoided if the vagina's pH balance is maintained between 3.8 and 4.5.

To reduce vaginal odour, discharge and itching

Alkaline pH levels, irritating chemicals and bad bacteria are common causes of these problem.





To feel clean, comfortable & confident

Nobody wants to fight an itch while attending a meeting or on a night out with her besties. Maintaining a healthy diet that contains probiotic helps the vagina achieve an optimal pH level.

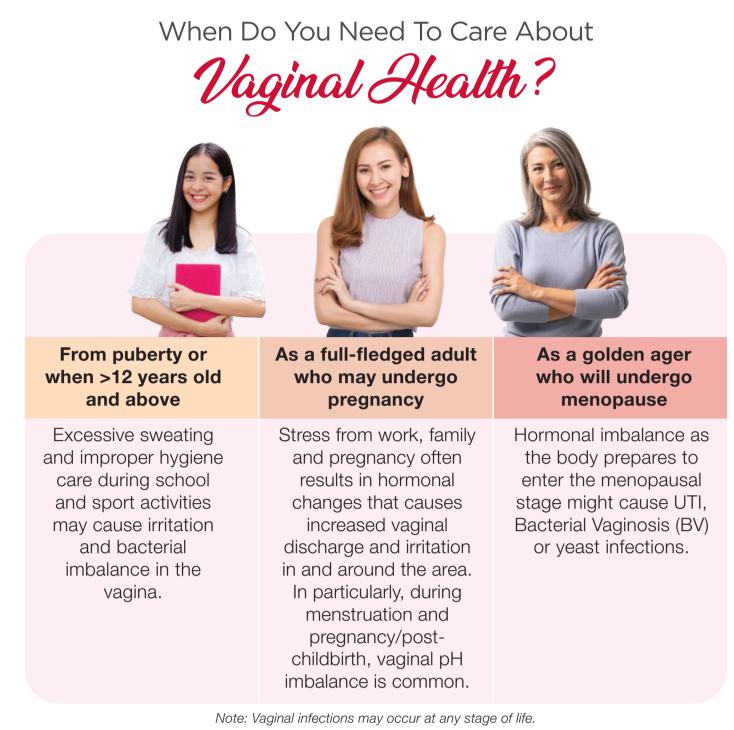




To be healthy & happy

Stress, diet and lifestyle changes are enough to disrupt a women's microbiome (all microorganisms in one's body) balance. A healthy

Vaginal problems may affect fertility and sexual health too. Practice better care for your privates to gain better overall health.

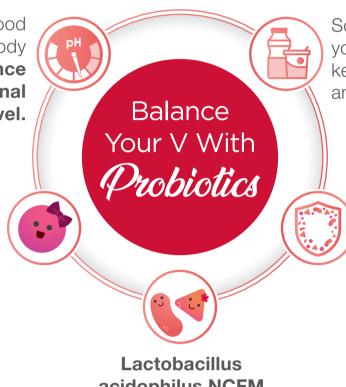


If you do not take precautions, you may experience vaginal health problems. We all know **probiotics** helps strengthen your gut and immunity – **but it**

helps balance a woman's vaginal health too!

It introduces good bacteria into the body which helps **balance a woman's vaginal pH level.**

Lactobacillus rhamnosus HN001 + Lactobacillus acidophilus La-14 restores, replenishes & maintains a healthy vaginal microflora to support feminine health.



Lactobacillus acidophilus NCFM supports healthy digestive and immune function. Sources include yoghurt, kombucha, kefir, kimchi, tempeh and **supplements.**

> It **maintains vaginal balance by sticking to vaginal surfaces** and making it more challenging for harmful bacteria to grow.



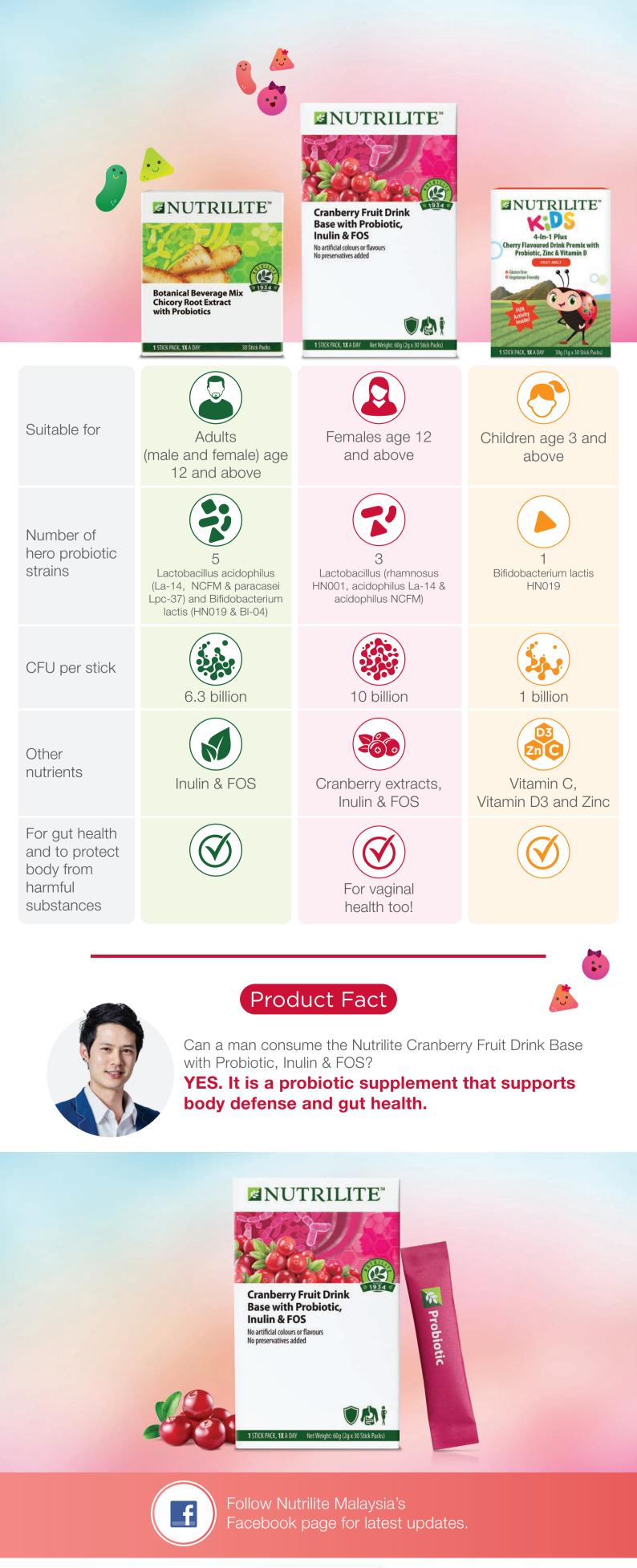
Good bacteria will colonise the vaginal canal from day 14 and onwards; promoting a healthy and balanced microflora environment.

- Oral intake of LA-14 and HN001 leads to transient vaginal colonisation within 14 days.
- Significantly improved the symptoms of abnormal vaginal microbiota including itching and discharge.



Disclaimer: This product may be contraindicated in individuals with the following physical states/conditions: immunocompromised and short bowel syndrome. Individuals under supervised medical care for these conditions should consult a professional doctor before using this product. Children below 12 years old, pregnant or lactating women, should consult a physician before consumption. This product is not intended to diagnose, cure or treat any medical symptoms.





Sources



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