





Embrace a nostalgic taste with a great new benefit! Our previous flavour of the Burn series, Pink Grapefruit Fiery Blaze, was the match to light your fire. Now comes the next edition that is sure to keep your fire going! Classic Black Fiery Blaze offers you all the flavours of cola that you crave without the sugar. Its green coffee bean extract makes it a great companion to your workout routine!









- ZERO added sugar = zero empty calories!
- 100mg of Green coffee bean extract contains chlorogenic acid, a natural compound that helps jumpstart the fat-burning process.
- 60mg of caffeine to give you that boost of energy for your workout!



DISCLAIMER: The weight loss and fat burning properties of green coffee bean extract is largely dependent on an individual's health condition, physical activity level and diet. Results and effects may vary from person-to-person.



Contains low quantities of chlorogenic acid

Roasted



Together with regular exercise and a proper diet, chlorogenic acids helps: Reduce fat absorption, Suppress fat formation, Promote fat burning

## PUBLIC RESEARCH

- The results indicate that the intake of green coffee bean extract can PROMOTE WEIGHT LOSS.
- The results suggest that green coffee bean extract is possibly EFFECTIVE AGAINST WEIGHT GAIN AND FAT ACCUMULATION by THE INHIBITION OF FAT ABSORPTION AND ACTIVATION OF FAT METABOLISM in the liver.
- Caffeine was found to be a suppressor of fat absorption.

## \*SOURCE

Igho Onakpoya, et al., "The Use of Green Coffee Extract as a Weight Loss Supplement: A Systematic Review and Meta-Analysis of Randomised Clinical Trials," Gastroenterology Research and Practice, vol. 2011, Article ID 382852, 6 pages https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2943088/pdf/GRP2011-382852.pdf

chlorogenic Acid

H. Shimoda, E. Seki & M. Aitani, "Inhibitory effect of green coffee bean extract on fat accumulation and body weight gain in mice," BMC Complementary and Alternative Medicine 2006, page 6-9.

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1513603/pdf/1472-6882-6-9.pdf

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Whether you're attending long meetings or hiking your favourite trail, XS Energy Drinks are packed with all the B Vitamins you need to get you through the day.







- B2 Breaks down fats, carbohydrates and proteins and turns them into energy.\*
- B3 Boosts your metabolism, helping you burn calories and giving you more energy to keep up with your fitness routine.
- Reduces body fatigue and weariness while setting the body's metabolic activities on the right track.
- B6 Delivers more oxygen to your muscles and keeps you energised for longer.
- B12 Gives you an added boost of energy to keep you from feeling tired and rundown.

**CLASSIC** 

FIERY BLAZE \*Source: https://www.medicalnewstoday.com/articles/324856.php#about

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