

Healthier Me, Healthy Weight

1.1 Participating Period

Healthier Me, Healthy Weight includes:

- Healthier Me, Healthy Weight Journey
- Community Building Support Program

Participating period is from 10 September 2024 to 16 Mar 2025, with last weigh-in on 28 Dec 2024.

1.2 Participating Criteria

Participants in this Healthier Me, Healthy Weight hereby must agree to be bound by the terms and conditions.

1.3 Healthier Me, Healthy Weight Journey

1. This program is opened to all Amway Business Owners (ABOs) and Amway Privileged Customers (APCs).
2. All participants must be 18 years old or above.
3. Participants must be either an ABO or APC who are residing in Singapore.
4. Each participant must purchase ONE set of **Healthy Weight Ultimate Pack** or at least AP\$750 worth of products from the Build Your Own (BYO) list, prior to registration/ join team.
 - i. Purchase must be made 45 days prior to registration/ join team. Only receipts dated 01 Sep 2024 & onwards will be eligible.
 - ii. All participants would be automatically disqualified for unfulfilled purchase.
 - iii. Purchase must be made under participant's account. Volume down purchase is allowed.
 - iv. Purchase is non-transferrable.
 - v. Purchases not made under the same account as the participants would be automatically disqualified.
 - vi. For Build Your Own (BYO) - AP\$750: Combination of 3 receipts must be made within 45 days prior to registration/ join team. Only receipts dated 01 Sep 2024 & onwards will be eligible.
5. Participant can join individually or form a team.
 - i. Any ABO or APC in the same Platinum group can form teams and join the journey together.
 - ii. Any ABO or APC is not allowed to join another platinum group for the journey.
6. The journey period for each participant/ team runs over a period of 55-60days between 10 September 2024 to 16 Mar 2025.
 - i. The journey for each participant or team begins once the pre-assessment measurements and details have been recorded.
 - ii. Any one of the participants in the team who does his/her pre-assessment measurement first is referred as the first participant.
 - iii. The team's post-assessment date is calculated based on the first participant's pre-assessment date.
7. Each participant is only allowed to register exclusively within a single team over a span of 55-60 days within the stipulated journey period. Should any instances of name or entry duplication be detected across divergent teams during the 55-60 days, such occurrences will lead to immediate disqualification at the discretion of Amway Singapore.
 - i. The participant is allowed to rejoin the challenge after post-assessment. They can make purchase of the eligible Healthy Weight Ultimate Pack or at least AP\$750 worth of products from the Build Your Own (BYO) list to rejoin.
8. All participants must strictly follow the stated post-assessment measurement date.
 - i. Post-assessment date for each team is calculated based on the 60th day from Pre-assessment date of the first participant.
 - ii. Participant is allowed to weigh-out 55th – 60th day from Pre-assessment date.
 - iii. Post-assessment measurements taken after the mentioned dates, will be disqualified.
 - iv. Should any participants request multiple of measurements taken during Pre-assessment, Post-assessment, Amway Singapore will base on the results of the last measurement taken. Participants are not allowed to choose their measurement results.

- v. All participants are required to be accompanied and verified by Amway Staff for all Pre-assessment, Post-assessment measurements. Any Pre-assessment, Post-assessment measurements taken by participants on their own would automatically be disqualified from the journey.
9. Participants are required to upload a photograph each of Before (during Pre-assessment) and After (during Post-assessment) capturing the full length of front and side view.

1.4 Community Building Support Program

1. This Healthier Me Community Building Support Credit Program is open to:
 - a) Gold Producers and below
 - b) Platinum and above
2. For Gold producers and below:
 - a) Requires declaring Start Month as a coach via the official portal.
 - b) Meet all criteria from either Tier 1, Tier 2 or Tier 3 in 6 months
 - c) Able to do multiple tiers within the 6 months
3. The term “New personal sponsored ABOs” here refers to ABOs who joined Amway Singapore within the 90 days rolling period and APC who convert to Singapore ABO during the 90 days rolling period.
4. Platinum and above
 - a) To meet the criteria of - total of 72 Participants (ABO &/or APC), 36 participants with One (1) ALP each, 36 participants who achieved required results in fat loss or muscle gain within one’s Platinum Group.
 - b) All participants of Gold Producer and below coaches within the platinum group can be counted towards the Platinum’s criteria.
 - c) Coaches and Participants can only come from the same LOS
 - d) Only downline coaches (Gold producer and below) who achieved minimum Tier-1 criteria can be counted toward the platinum’s criteria
 - e) Platinum registering as coaches must reach at least a Tier-1 for their participants to be counted towards the platinum’s criteria.
5. All support credits achieved will be tabulated and paid out after the program ends 16 March 2025.
6. Amway Singapore is committed to taking reasonable steps to protect Participant’s personal data from loss, misuse and unauthorized access.
7. Amway Singapore accepts no responsibility for entries that are incomplete. Such entries will be disqualified by default.
8. Amway Singapore reserves the right to vary, delete, add to, or amend the Terms and Conditions without prior notice. Amway Singapore further reserves the right to substitute a prize of comparable value for whatever reason, at the absolute discretion and without prior notice. Should the value of any prize be less than the value stated, the difference will not be awarded in cash or in kind.
9. These Terms and Conditions and all disputes relating to the Amway Singapore Healthier Me – Healthy Weight Community Building Support Credit Program shall be governed by the laws of Singapore.
10. All participants agree to submit to the exclusive jurisdiction of the courts of Singapore. In the event of any dispute in the interpretation of these Terms and Conditions, Amway Singapore reserves the right to make the final decision.
11. In the event of any discrepancy between or among any multi-lingual versions of the Terms and Conditions, the English version shall prevail.
12. These terms and conditions are the only terms and conditions applicable to the Amway Singapore Healthier Me – Healthy Weight Community Building Support Credit Program.

13. Amway Singapore makes no other promises and retains the full discretion to cancel the challenge at any time, for any reason, without incurring any other obligations not explicitly set forth in these terms and conditions and earned as of the date of cancellation.
14. These terms and conditions shall prevail over any inconsistent terms, conditions, provisions, or representations contained in any other promotional or advertising materials for the Amway Singapore Healthier Me – Healthy Weight Community Building Support Credit Program.

1.5 Prize Winning Criteria

Healthier Me, Healthy Weight Journey

1. Pre-assessment Gifts:
 - a. Upon completion of pre-assessment, each participant will receive one gift.
 - b. New ABO or APC, each participant will receive one gift and an additional gift.
 - c. New ABO or APC here refers to those who joined Amway within 90 days before pre-assessment.
 - d. Amway reserves the right to change and amend the gifts.
2. Post-assessment Gifts: Upon completion of Post-assessment, each participant will receive one gift. Amway reserves the right to change and amend the gift.
3. Individual Winning Criteria: Each participant must at least meet the minimum criteria of the category to win:
 - a. 2% loss per participant for Body Fat
 - b. 1%/ 1kg gain per participant for Muscle Mass
4. Calculation of the individual Winning Criteria is as follows:
 - a. Body Fat Loss
 - i. Each Participant: $\text{Pre-assessment Body Fat \%} - \text{Post-assessment Body Fat \%}$
 - b. Muscle Mass Gain
 - i. Each Participant: $[(\text{Post-assessment Muscle Mass (kg)} / \text{Post-assessment Weight}) \times 100\%] - [(\text{Pre-assessment Muscle Mass (kg)} / \text{Pre-assessment Weight}) \times 100\%]$
 - ii. Each Participant: $\text{Post-assessment Muscle Mass (kg)} - \text{Pre-assessment Muscle Mass (kg)}$
5. Amway Singapore reserves the right to decide on the winning participant based on all completed submitted entries and results. All decisions are final.
6. The collection of prizes will be at Nutrilite Health & Wellbeing upon Post-assessment and successful verification of results.
7. Collection of prize is available within 1 month from results release – completion of Post-assessment of the participant.
8. The prizes are not exchangeable for cash and/or any other forms whatsoever and strictly no extensions.

1.6 Other Terms and Conditions

1. By participating in the Programme, the Participant hereby expressly agree that Amway Singapore may collect, use, disclose and process their personal data including (but not limited to) names and/or photographs for the following purposes:
 - a. Facilitating and administering the Programme;
 - b. Collection of gifts and/or prizes (including contacting the Participant regarding the collection of gifts and/or prizes); and
 - c. For use in publicity and promotional materials.
2. The Participant acknowledge and agree to Amway Singapore's use and disclosure of their names, photographs and likeness in any and all media as Amway Singapore may, at its sole discretion, deem appropriate for publicity

purposes in connection to this Programme without additional compensation, notification or permission. The Participant agree to cooperate with and participate in the activities organized for these purposes.

3. Amway Singapore is committed to taking reasonable steps to protect Participant's personal data from loss, misuse and unauthorized access.
4. Amway Singapore accepts no responsibility for entries that are incomplete. Such entries will be disqualified by default.
5. Amway Singapore reserves the right to vary, delete, add to, or amend the Terms and Conditions without prior notice. Amway Singapore further reserves the right to substitute a prize of comparable value for whatever reason, at the absolute discretion and without prior notice. Should the value of any prize be less than the value stated, the difference will not be awarded in cash or in kind.
6. These Terms and Conditions and all disputes relating to the Amway Singapore Healthier Me, Healthy Weight shall be governed by the laws of Singapore. All participants agree to submit to the exclusive jurisdiction of the courts of Singapore. In the event of any dispute in the interpretation of these Terms and Conditions, Amway Singapore reserves the right to make the final decision.
7. In the event of any discrepancy between or among any multi-lingual versions of the Terms and Conditions, the English version shall prevail.
8. These terms and conditions are the only terms and conditions applicable to the Healthier Me, Healthy Weight. Amway Singapore makes no other promises and retains the full discretion to cancel the programme at any time, for any reason, without incurring any other obligations not explicitly set forth in these terms and conditions and earned as of the date of cancellation.
9. These terms and conditions shall prevail over any inconsistent terms, conditions, provisions, or representations contained in any other promotional or advertising materials for the Amway Singapore Healthier Me, Healthy Weight Programme.