

## **GUT FIT CHALLENGE TERMS AND CONDITIONS**

### **1.1 Participating Period**

Participating period is from 1 September 2023 to 31 August 2024, with last weigh-in on 30 June 2024.

### **1.2 Participating Criteria**

Participants in this Gut Fit Challenge hereby must agree to be bound by the terms and conditions.

### **1.3 Gut Fit Challenge**

1. This Challenge is opened to all Amway Business Owners (ABOs) and Amway Privileged Customers (APCs).
2. All participants must be 18 years old or above.
3. Participants must be either an ABO or APC residing in Singapore.
4. Each participant must purchase ONE set of BodyKey Start Pack or BodyKey Gut Fit Pack 1/2/3 or at least AP\$750 worth of products from the Gut Fit Build Your Own (BYO) list, prior to form submission.
  - i. Purchase must be made 1 month prior to weigh-in submission.
  - ii. All participants would be automatically disqualified for unfulfilled purchase.
  - iii. Purchase must be made under participant's account. Volume down purchase is allowed.
  - iv. Purchase is non-transferrable.
  - v. Purchases not made under the same account as the participants would be automatically disqualified.
  - vi. For Gut Fit Build Your Own (BYO) - AP\$750: Combination of 3 receipts must be made within ONE month prior to the submission form.
5. Each team must consist of 3 participants who are either an ABO or APC.
  - i. Any ABO or APC in the same Platinum group can form teams and join the challenge together.
  - ii. Any ABO or APC is not allowed to join another platinum group for the challenge.
6. Each team must appoint ONE team leader within the team and the team leader must be an ABO. The team leader will be the point of contact for the team.
7. The challenge period for each team runs over a period of 55-60days between 1 September 2023 – 31 August 2024.
  - i. The challenge for each team starts upon the form submission with the team's weigh-in measurements and the team's details recorded.
  - ii. Any one of the 3 participants in the team who does his/her weigh-in measurement first is referred as the first participant.
  - iii. The team's weigh out date is calculated based on the first participant's weigh-in date.
8. Each participant is only allowed to register exclusively within a single team over a span of 55-60 days within the stipulated Challenge period. Should any instances of name or entry duplication be detected across divergent teams during the 55-60 days, such occurrences will lead to immediate disqualification at the discretion of Amway Singapore Pte. Ltd. ("Amway Singapore").
  - i. The participant is allowed to rejoin the challenge after weigh-out. They can make purchase of the eligible BodyKey Packs, weigh-in, weigh-out to rejoin.

9. All participants must strictly follow the stated weigh-out measurement date.
  - i. Weigh-out date for each team is calculated based on the 60th day from Weigh-In date of the first participant.
  - ii. Participant is allowed to weigh-out 55th – 60th day from Weigh-In date.
  - iii. Weigh out measurements taken after the mentioned dates, will be disqualified.
  - iv. Should any participants request multiple of measurements taken during Weigh-In, Weigh-Out, Amway Singapore will base on the results of the last measurement taken. Participants are not allowed to choose their measurement results.
  - v. All participants are required to be accompanied and verified by Amway Staff for all weigh-In, weigh-out measurements.
  - vi Any weigh-in, weigh-out measurements taken by participants on their own would automatically be disqualified from the challenge.
10. Participants are required to submit a photograph each of Before (during weigh-in) and After (during weigh-out) capturing the full length of front and side view.

#### **1.4 Prize Winning Criteria**

1. Weigh-In Gifts: Upon completion of weigh-in as a team, each team will receive
  - i. If the team is made up of 3 ABO or APC, each participant will receive one gift.
  - ii. If the team consists of 1 or more new ABO or APC, each participant will receive one gift and an additional gift.
  - iii. New ABO or APC here refers to those who joined Amway within 90 days before weigh-in.
  - iv. Amway reserves the right to change and amend the gifts.
2. Weigh-Out Gifts: Upon completion of weigh-out as a team, each participant in the team will receive one gift. Amway reserves the right to change and amend the gift.
3. Team Winning Criteria: Each Team consisting of 3 participants must achieve in any one of the categories to win:
  - i. Weight Loss category: -12%
  - ii. Body Fats Loss category: -9%
  - iii. Muscle Mass category: +6%

To meet team winning criteria, each participant in the team must at least meet the minimum criteria of the category:

- i. 2% loss per participant for Weight
  - ii. 2% loss per participant for Body Fat
  - iii. 1% gain per participant for Muscle Mass
4. Calculation of the individual minimum criteria and the Team Winning Criteria is as follows:
    - i. Weight Loss
      - a. Each participant:  $[(\text{Weigh-In Weight (kg)} - \text{Weigh-Out Weight (kg)}) / \text{Weigh-In Weight (kg)}] * 100\%$
      - b. Sum of the above for 3 participants
    - ii. Body Fat Loss
      - a. Each participant:  $\text{Weigh-In Body Fat \%} - \text{Weigh-Out Body Fat \%}$
      - b. Sum of the above for 3 participants

- iii. Muscle Mass Gain
  - a. Each participant:  $[(\text{Weigh-Out Muscle Mass (kg)} / \text{Weigh-Out Weight}) \times 100\%] - [(\text{Weigh-In Muscle Mass (kg)} / \text{Weigh-In Weight}) \times 100\%]$
  - b. Sum of the above for 3 participants
- 5. Amway Singapore reserves the right to decide on the winning team based on all completed submitted entries and results. All decisions are final.
- 6. The collection of prizes will be at Amway City Shop upon weigh-out and successful verification of results.
- 7. Collection of prize is available within 1 month from results release – completion of weigh-out of the team. The prizes are not exchangeable for cash and/or any other forms whatsoever and strictly no extensions.

### **1.5 Other Terms and Conditions**

- 1. You shall assume all risks and take full responsibility for the choice you have made in participating in the various programmes under the Gut Fit Challenge. You are expected to be aware of your physical fitness, health and/or medical conditions which may affect your safe participation in the Challenge. Where reasonable to do so, you should obtain medical advice in participating in the Challenge.
- 2. Amway Singapore assumes no responsibility or liability for any incident which results in injury, loss and/or damage of whatsoever nature suffered by you during your participation in the Challenge.
- 3. By participating in the Challenge, you agree to hold Amway Singapore harmless from any suits, claims, losses, damages and/or expenses arising out of or in connection with the Participant's participation in the Challenge. Amway Singapore makes no other promises and retains the full discretion to cancel the challenge at any time, for any reason, without incurring any obligations.
- 4. In participating in the Challenge, you are taken to have agreed to be bound by the Terms and Conditions governing your participation in the Challenge.
- 5. You are taken to have consented to Amway Singapore's collection, use, disclosure, and processing of your personal data including (but not limited to) your names, likeness and/or photographs for the following purposes:
  - a) Facilitating and administering the Challenge;
  - b) Collection of gifts and/or prizes (including contacting the Participant regarding the collection of gifts and/or prizes); and/or
  - c) For use in publicity and promotional materials.

*If you require details regarding Amway Singapore's Privacy Policy including how you may enforce your personal data protection rights. Please visit our website at <https://www.amway.sg/privacy-security> for further details.*

- 6. You acknowledge and agree that Amway Singapore's use and disclosure of your names, photographs and likeness in any and all media as Amway Singapore may, at its sole discretion,

deem appropriate for publicity purposes in connection to this Challenge without additional compensation, notification or permission. If required, you agree to cooperate with and participate in the activities organized for these purposes.

7. Amway Singapore is committed to taking reasonable steps to protect Participant's personal data from loss, misuse and unauthorized access.
8. Amway Singapore accepts no responsibility for incomplete entries. Such entries will be disqualified by default.
9. Amway Singapore reserves the right to vary, delete, add to, or amend the Terms and Conditions without prior notice. Amway Singapore further reserves the right to substitute a prize of comparable value for whatever reason, at the absolute discretion and without prior notice. Should the value of any prize be less than the value stated, the difference will not be awarded in cash or in kind.
10. These Terms and Conditions and all disputes relating to the Challenge shall be governed by the laws of Singapore. All participants agree to submit to the exclusive jurisdiction of the courts of Singapore. In the event of any dispute in the interpretation of these Terms and Conditions, Amway Singapore reserves the right to make the final decision.
11. In the event of any discrepancy between or among any multi-lingual versions of the Terms and Conditions, the English version shall prevail.
12. These terms and conditions shall prevail over any inconsistent terms, conditions, provisions, or representations contained in any other promotional or advertising materials for the Programme by Amway Singapore.