## **Join Aging Services for Free Tips and Support**

## ALZHEIMER'S \\\ \\ ASSOCIATION

florida gulf coast chapter



**Aging Services** 

## Caregiver Support Group In-Person Meetings

All sessions begin at 3 p.m.

## **OCTOBER TOPIC:**

Helping Ease the Caregiver Burden

Caregivers can RSVP to Shmeika Dennard by text or email at (813) 450-8956 or DennardS@HCFL.gov

Thursday, Oct. 2

Phyllis Busansky Adult Day Center 4102 W. Spruce St., Tampa, FL 33607 Thursday, Oct. 9

Plant City Adult Day Center 1205 S. Waller St., Plant City, FL 33566 Thursday, Oct. 16

Wimauma Adult Day Center 16621 Lagoon Shore Blvd., Wimauma, FL 33598



