



Hillsborough  
County Florida

# Time to Check Your Bone Health!

Women 55+ are at higher risk of osteoporosis and bone fractures. Make sure your bones stay strong with a **FREE** lecture and bone density screening—in under 5 minutes!

## Join us to discover:

- Your bone density using a painless, non-invasive test
- Ways to maintain your bone health
- How to talk to your doctor about bone health



About Your Community Expert: **Rodney Daniel MD**, joined Bay Area Rheumatology in June 2018 and treats all rheumatologic diseases including, but not limited to, rheumatoid arthritis, osteoarthritis, lupus, fibromyalgia, osteoporosis, and psoriatic arthritis. More importantly, he values educating his patients on the disease process and therapeutic options. Dr. Daniel serves as Vice President of the American Arthritis & Rheumatism Association, the country's largest rheumatology supergroup.



***This is also a research study about bone health education.*** When you register in person, over the phone, or scan the QR code below, it will provide you the option to participate in the study or just attend the lecture.

***To get screened, you must consent to be part of the study.*** Please allow 5-10 minutes to complete the form.

Register for **FREE** today and take the first step toward keeping your bones strong.

**ncoa**

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251 18<sup>th</sup> Street South, Suite 500, Arlington, VA 22202

Wed., August 12 at 10:00 AM  
Town N' Country Senior Center  
7606 Paula Dr., Tampa, 33615  
Event Contact: Karen Sowada  
Ph: (813) 873-6336

