Hillsborough County Cycle 1			-Plate Monthly Calendar Effective January-March 2025 rev 11.22.24		
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			January 1	January 2	January 3
WEEK 1	January 2025 GA foods		Sites Closed New Year's Day Observed	3 oz. Pork Loin w/Brown Gravy <sup>1</sup> / <sub>2</sub> c. Collard Greens <sup>1</sup> / <sub>2</sub> c. Hoppin' Johns 1 Whole Grain Roll Special Holiday Dessert 8 oz.1% Milk <u>NEW YEAR'S CELEBRATION</u>	8 oz. Vegetable Pasta Casserole ½ c. Black Eyed Peas ½ c. Country Vegetables 1 Dinner Roll 1 pk. Graham Crackers (2 ct.) 1 oz. Peanut Butter 8 oz. Chocolate Milk
	January 6	January 7	January 8	January 9	January 10
WEEK 1	3 oz. Breaded Chicken Sandwich ½ c. Diced Potatoes ½ c. Broccoli 1 Hamburger Bun 1 pk. Ketchup ½ c. Applesauce 8 oz. Chocolate Milk	3 oz. Meatballs w/Mandarin Sauce ½ c. Confetti Corn ½ c. Mashed Sweet Potatoes 1 sl. Whole Grain Bread 1 pk. Sandwich Cookies 8 oz. 1% Milk	<u>4 oz. Krab Salad</u> <sup>1</sup> / <sub>2</sub> c. Creamy Broccoli Salad <sup>1</sup> / <sub>2</sub> c. Pea and Cheese Salad 1 sl. Whole Grain Bread 8 oz. Chocolate Milk	3 oz. BBQ Chicken Drums 1/2 c. California Vegetables 1/2 c. Brown Rice 1 sl. Whole Grain Roll 2 Margarine Cups 8 oz. 1% Milk	8 oz. Mediterranean Bowl (4 oz. Garbanzo, 4 oz. Brown Rice) ½ c. Carrots ½ c. Green Beans 1 sl. Whole Grain Bread 1 pk. Sandwich Cookies 8 oz. 1% Milk
	January 13	January 14	January 15	January 16	January 17
WEEK 2	3 oz. Chicken Thigh w/Gravy ½ c. Mashed Sweet Potatoes ½ c. Brussel Sprouts 1 Dinner Roll 1 Margarine Cup 1 pk. Honey Graham Crackers 8 oz. Chocolate Milk	8 oz. Cottage Pie ½ c. Stewed Tomatoes ½ c. Confetti Corn 1 sl. Whole Grain Bread 1 Cookie 8 oz. 1% Milk	3 oz. Pork Loin w/Apple Brown Gravy ½ c. Garlic Mashed Potatoes ½ c. Green Beans 1 sl. Whole Grain Bread 1 Margarine Cup ½ c. Applesauce 8 oz. Chocolate Milk	3 oz. Chicken Patty w/Picadillo Sauce % c. Yellow Rice w/Tomatoes & Chives % c. Glazed Carrots 1 Whole Grain Roll 8 oz. 1% Milk	4 oz. Blend Juice <u>8 oz. Macaroni and Cheese</u> ½ c. Broccoli ½ c. Black Eyed Peas 1 Whole Grain Roll 1 Margarine Cup 8 oz. 1% Milk
	January 20	January 21	January 22	January 23	January 24
WEEK 3	Sites Closed MLK DAY	3 oz. Chicken Thigh w/Mushroom Gravy ½ c. Brown Rice ½ c. Glazed Carrots 1 sl. Whole Grain Bread 1 pk. Honey Graham Crackers 8 oz. 1% Milk	3 oz. Pork Patty w/Korean BBQ Sauce ½ c. Country Vegetables ½ c. Garlic Mashed Potatoes 1 Whole Grain Roll 1 Margarine Cup 1 Seasonal Fresh Fruit 8 oz. Chocolate Milk	4 oz. Chicken Salad Sandwich 1/2 c. Potato Salad 1/2 c. Three Bean Salad 1 Whole Grain Hamburger Bun 8 oz. Chocolate Milk	8 oz. Stuffed Pasta in Spinach Alfredo Sauce ½ c. California Vegetables ½ c. Strawberry Applesauce 1 sl. Whole Grain Bread 1 Margarine Cup 1 pk. Sandwich Cookies 8 oz. 1% Milk
	January 27	January 28	January 29	January 30	January 31
WEEK 4	4 oz. Blend Juice	3 oz. Pork Loin w/Sofrito ½ c. Green Beans ½ c. Cheesy Mashed Potatoes 1 sl. Whole Grain Bread 1 Margarine Cup 8 oz. Chocolate Milk	4 oz. Grape Juice <u>3 oz. Southwest Chicken Thigh</u> <sup>1</sup> / <sub>2</sub> c. Brown Rice <sup>1</sup> / <sub>2</sub> c. Black Eyed Peas 1 Whole Grain Roll 8 oz. 1% Milk	8 oz. Pizza Casserole ½ c. Confetti Corn ½ c. Parslied Carrots 1 sl. Whole Grain Bread 1 pk. Sandwich Cookie 8 oz. Chocolate Milk	3 oz. Sweet and Sour Fish ½ c. Broccoli ½ c. Asian Ginger Rice 1 sl. Whole Grain Bread 1 Cookie 8 oz. 1% Milk
Meatballs contain Chicken & Beef Meatloaf & Beef Patty contain Beef					
Approved By (Project Nutritionist): Brian Taylor RD, LD ND3981 Date: 11-27-24					