

Brief Explanation of Tools in ACR's Transition Toolkit

Tools for the Pediatric Rheumatologist

- **Transition policy.** It is recommended that each pediatric rheumatology practice develop a transition policy and share this with patients and families. This electronic template is to be customized by the provider/practice.
- **Tools to assess transition readiness in the adolescent/young adult.** The committee determined it was unnecessary develop new tools for JIA and SLE but rather to encourage use of existing tools (TRAQ, gottransition assessment tool). It is recommended that practitioners select one of these tools to use longitudinally in order to assess self-management skills and readiness for transition to adult care. The consensus statement by the American Association of Pediatrics (AAP), American Board of Internal Medicine (ABMI) and American Academy of Family Physicians (AAFP) suggests that assessment of transition readiness begin at age 14. When and how often to use these tools would be at the discretion of the provider. Of note, completion of tool can be billed under CPT code (will be discussed further in presentation).
- **Transfer letter.** This letter provides a brief introduction to the patient, including interesting details about the patient which will help the adult provider engage with the young adult. This is intended to accompany the medical summary. The electronic template is to be customized by the provider/practice.
- **Medical Summaries for JIA and SLE.** The committee developed custom medical history summary forms for JIA and SLE. The patient/family and provider complete this summary which will be provided to the patient and adult rheumatologist. This is intended to accompany the transfer letter.

Tools for the Adult Rheumatologist

- **Condition fact sheets. Top 5 Things to Know about JIA, Top 5 things to Know about Pediatric-onset SLE.** These succinct documents are intended to provide the adult rheumatologist with some “pearls” about caring for adults with JIA and pediatric-onset SLE.
- **Medical Summaries for JIA and SLE.** See above.
- **Welcome Letter.** This letter can be sent by the adult rheumatology practice to welcome new young adult patients. This electronic template is meant to be customized by the provider/practice.
- **Adult Self-Assessment Tool.** The committee adapted the gottransition adult self-assessment tool for rheumatic conditions. It is recommended that adult providers use this or a similar tool to assess the self-management skills of young adults new to the practice. When and how often to use this tool is at the discretion of the provider. Of note, completion of tool can be billed under CPT code (to be discussed further in presentation).

List of Resources for Patients, Families, Adult and Pediatric Rheumatology Providers