

Ways to Connect with Others

Living with arthritis can make you feel like you're on a unique journey filled with twists and turns. It can feel isolating. Thankfully, there are plenty of ways you can connect with others who have been on a similar journey. And, because of their lived experience, you may just learn tips and tricks to help your child cope as well as possible.



AiArthritis—an international non-profit focused on autoimmune and autoinflammatory forms of arthritis.

Autoimmune Association—an international non-profit focused on autoimmune diseases.

CreakyJoints—an international group focused on arthritis advocacy and living well despite disease.

Live Yes! Connect Groups—18+ connections through the Arthritis Foundation.

Systemic JIA Foundation—an international non-profit focused on systemic juvenile idiopathic arthritis (SJIA) and started by SJIA parents.

SJIA & MAS Contact Registry—a registry for those with SJIA and Macrophage Activation Syndrome (MAS).

Mamas Facing Forward—a website with resources and support for chronically ill parents.

There are also specific spaces for you and your child to connect with others in fun settings, like camps!

JA Camps—a series of camps run by the Arthritis Foundation.

Comfortability—a group that helps kids, teens and parents or caregivers learn how to better manage chronic pain problems.

SeriousFun Children's Network—a camp system founded by Paul Newman allowing chronically ill kids to access camp experiences safely.