

SAMPLE SOCIAL MEDIA CAPTIONS

Thank you for supporting Rheumatic Disease Awareness Month (RDAM) 2026 sponsored by the American College of Rheumatology (ACR) and its Simple Tasks campaign! Please use the copy below for your social media post to help promote RDM and pediatric rheumatology. Our handles are @ACRSimpleTasks and @Rheumatology on Facebook. Please use our hashtag #RDAM and tag us in your posts!

Sample school support captions

Post #1) This Rheumatic Disease Awareness Month (RDAM), schools can make a big difference for students living with rheumatic conditions.

(Learn more and download free resources at [RDAM.org](https://rdam.org)!)

Post# 2) This Rheumatic Disease Awareness Month (RDAM), schools can make a big difference for students living with rheumatic conditions.

(Learn more and download free resources at [RDAM.org](https://rdam.org)!)

Sample 50th anniversary of pediatric rheumatology captions

Post #1) Rheumatic Disease Awareness Month (RDAM) offers a powerful moment to highlight pediatric rheumatology and its 50-year legacy of improving children's lives.

(Learn more and download free resources at [RDAM.org](https://rdam.org)!)

Post #2) Improving the lives of children and making a big impact through pediatric rheumatology since 1976. **(Learn more and download free resources at [RDAM.org](https://rdam.org)!)**

Sample family-centered support captions

Post#1) Your child's pain shouldn't be a mystery.

(Learn more and download free resources at [RDAM.org](https://rdam.org)!)

Post #2) Kids with rheumatic disease deserve moments of fun, creativity, and joy—especially during Rheumatic Disease Awareness Month (RDAM).

(Learn more and download free resources at [RDAM.org](https://rdam.org)!)

Sample clinician-facing support captions

Post #1) This Rheumatic Disease Awareness Month (RDAM), we're putting pediatric rheumatology front and center. **(Learn more and download free resources at [RDAM.org](https://rdam.org)!)**

Post #2) This month help us shine a light on children with rheumatic disease.

(Learn more and download free resources at [RDAM.org](https://rdam.org)!)