

Thank you for supporting Rheumatic Disease Awareness Month (RDAM) 2024 sponsored by the American College of Rheumatology (ACR) and its Simple Tasks campaign! Please use the copy below for your social media. Our handles are @ACRSimpleTasks on Facebook and X. Please use our hashtag #RDAM and tag us in your posts!

Sample captions:

Facebook:

Post 1:

This Rheumatic Disease Awareness Month, the [@American College of Rheumatology] and [@ACR Simple Tasks] have developed a patient-friendly toolkit with resources on managing your rheumatic condition! Download them at RDAM.org.

[Image 1]

Post 2:

In honor of this year's Rheumatic Disease Awareness Month, the [@American College of Rheumatology] and [@ACR Simple Tasks] have compiled their top 5 self-management tips for patients living with rheumatic conditions! Learn more at RDAM.org.

[Infographic]

Post 3:

If you're living with a rheumatic condition, check out The [@American College of Rheumatology] and [@ACR Simple Tasks] top 5 self-management tips for managing your condition. #RDAM

[Images 2-6]

X (Twitter):

Post 1:

This Rheumatic Disease Awareness Month (#RDAM) @ACRheum and @ACRSimpleTasks have developed a patient-friendly toolkit with resources on managing your rheumatic condition! Download them at RDAM.org.

[Image 1]

Post 2:

In honor of this year's #RDAM, @ACRheum and @ACRSimpleTasks have compiled their top 5 self-management tips for patients living with rheumatic conditions! Learn more at RDAM.org.

[Infographic]

Post 3:

If you're living with a rheumatic condition, check out the @ACRheum and @ACRSimpleTasks top 5 self-management tips for managing your condition. #RDAM

[Images 2-6]