



# Artistic Rules 2025 - 2026

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## Elite Events



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## Rule AR ED.100 Basic Rules for Elite Events

- AR ED.101 Determining Skating Age  
Skating age for Junior and Senior divisions shall be determined by the skater's age on December 31 of the current skating season. *Skating age for the 2025–2026 season is determined by the age on December 31, 2026.*
- AR ED.102 Age Divisions  
Elite events shall consist of the following divisions:  
Junior ages 13 to 18 (inclusive)  
Senior ages 13 and over
- AR ED.103 Youth Division Crossover  
(a) Skaters/teams who participate in Junior or Senior events may in the same season compete in another Youth Division event of the same discipline, unless otherwise not allowed. (Note: Junior or Senior Figure skaters may skate their age eligible Youth A Figure and/or Loop events)  
(b) Placement 1-2-3 in the Junior or the Senior division at the World Championships qualifying competition will prevent participation in any Youth Division events in the same discipline in subsequent skating seasons excluding quartet, precision, and show team events.  
(c) Skaters/teams who participate in Junior or Senior events may not in the same season compete in a Level (B) event of the same discipline or any Level (C) event.
- AR ED.104 Creative Solo Show Eligibility  
Skaters/teams who participate in Junior or Senior Free Skating, Pairs, Solo Dance, or Team Dance divisions may **not** compete in any Creative Solo Show event in the same competitive season.
- AR ED.105 Junior Eligibility  
(a) In order to be eligible to compete in a Junior event, a skater or team may not have previously competed in a Senior event in the same discipline at an International Competition (WSATC 2.03.01). This does **not** apply to partnerships in Senior Team Dance and Senior Pairs in which the partnership terminates; if one partner is still eligible by age to compete in the Junior division, they may do so with a different partner.  
(b) Skaters who place 1st, 2nd, or 3rd at the National Championships (or a "World Championships qualifying competition") in Senior will no longer be eligible for Junior in subsequent years in that discipline, unless the skater is entering a new partnership in Team Dance or Pairs as described in AR ED.105 (a).
- AR ED.106 National Championship Qualification  
All Elite division skaters shall qualify for the National Championships through participation and qualification at their Regional Championships.

If the total entry in a Junior or Senior event was nationwide 30 or fewer, the following year, all entries at the Regional Championships will qualify for the National Championships.

If the total entry in a Junior or Senior event was nationwide 31 or more, the following year, the following formula will be used at the Regional Championships to qualify contestants for the National Championships:

- 4 or fewer entries, all qualify to the National Championships
- More than 4 entries, the first 4 placements or the top two-thirds of the entries, whichever is larger, shall qualify to the National Championships

For the purposes of the above, an entry must actually skate the event to be counted. Program listing will be disregarded in favor of score sheet listing.

#### AR ED.107 Waiver to Next Higher Championship

The Artistic Sport Committee (ASC) may, at its sole discretion, grant permission for a skater to advance to the next higher championship when the skater was unable to compete at a Regional Championship if **all of** the following conditions are met:

- (a) The skater completes a proper [Waiver Request Form](#), and the ASC receives the duly-completed form within 24 hours of the conclusion of the applicable qualifying **Regional** Championship.
- (b) The skater is eligible to compete in the event(s) for which the waiver is sought.
- (c) The skater must be entered to compete in the event at the qualifying **(Regional)** championship by submitting a proper application and paying all applicable fees **by the date set by the Regional Meet Director**.
- (d) The total number of skaters who advance to the next higher championship if the waiver is granted does not exceed the maximum number allowed to qualify under the sliding scale outlined in the above table(s).
- (e) The skater is not given a placement or an award.
- (f) The highest open placement available must be awarded at any official contest leading to and including the National Championships.
- (g) The ASC finds that the skater has shown good faith and fully demonstrated an intent to compete in the event, but for the cause that prevented the skater from competing. **Such causes include:**
  - (i) **Injury or illness preventing the ability to compete at the time of the Regional Championships**
  - (ii) **Representing Team USA at an international competition during the time of the Regional Championships**
  - (iii) **Overlapping dates of Regional Championships for team members with different Regional locations and individual event commitments**
  - (iv) **Other unforeseen catastrophic circumstances**

**World Team Selection (Senior Events)**

- (a) The USA World Team for Senior events are based on receiving a qualifying placement in the Senior events at the National Qualifier along with a minimum score criteria. The qualifier may, or may not, be the USARS National Championships. In the event that it is not the National Championships, USARS will communicate as such to the membership in advance the date, time, and location of the official qualifier.
- (b) The number of skaters eligible to qualify for World Team selection in each Senior event will depend on the highest U.S. placement in that event at the previous World Championships. (See World Skate General Rule 2.4)
- (c) The maximum number of skaters eligible to qualify in Senior Free Skating will be as follows:
- If the U.S. placed in the first ten (10) places at the previous World Championship, three (3) skaters may qualify.
  - If the U.S. placed from eleven (11) through twenty (20) at the previous World Championship, two (2) skaters may qualify.
  - If the U.S. placed from twenty-one (21) on or did not participate at the previous World Championship, one (1) skater may qualify.
- (d) The maximum number of skaters eligible to qualify in Senior Solo Dance and Senior Inline Free Skating will be as follows:
- If the U.S. placed in the first twenty (20) places at the previous World Championship, two (2) skaters may qualify.
  - If the U.S. placed from twenty-one (21) on or did not participate at the previous World Championship, one (1) skater may qualify.
- In addition to the foregoing criteria, eligibility to become a member of the USA World Team in any Solo Dance event will depend on whether USARS, as a National Federation, enters a Dance Couple in the same category as the related Solo Dance category, although it is not necessary that the athletes enrolled in Solo Dance are the same as the Couple. This is intended to comply with the World Skate rule on this subject. In the event that only one gender may go to the World Championships due to this rule, the skater with the highest score at the qualifying championships will decide the gender group chosen to compete at the World Championships.
- (e) In Senior Team Dance and Senior Pairs, the top three (3) National placements may be eligible for World Team selection.
- (f) **Senior Precision:** The top three (3) placements at the official qualifying event may be eligible to compete at the World Championships.
- (g) **Large & Small Show Teams:** The top three (3) placements at the official qualifying event may be eligible to compete at the World Championships.
- (h) **Senior Quartet:** The top two (2) placements at the official qualifying event may be eligible to compete at the World Championships.
- (i) The minimum score requirements for qualification to the World Championships in World Skate Senior events are as follows. For this, the total score will be applied.

Event	Solo Dance	Team Dance	Free Skating	Pairs	Inline FS	Quartet	Small Show	Large Show	Precision
Men	90	90	130	110	90	40	25	25	45
Women	90		85		70				

- (a) Skaters who do not meet the minimum score requirement may petition the ASC for participation based on previous results (Criteria for submitting a petition includes achieving the qualifying placement and achieving the minimum score in at least one competition over the previous year). If extenuating circumstances arise (eg, WS requirement of a team in order to send both solo genders) petitions may be submitted. Petitions must be submitted via Google Form no more than 24 hours following completion of the event at the qualifying competition. Approval of all petitions is at the discretion of the ASC. In the event a petition is submitted, skaters/teams may not participate in World Team announcements while the petition is being discussed. Acceptance/denial of petitions will be sent out to the coach and skater within one week of completion of the event.
- (b) Skaters may compete in Junior and Senior events in the same discipline in the same qualifying championships, if eligible.
- (c) Should a vacancy occur due to a withdrawal in an event, the next higher placements that meet the selection criteria (age, minimum score, and citizenship) will qualify for World Team. The World Team (aside from petitioning athletes) will be announced at the completion of the Elite events during the National Championships or qualifying competition.

All skaters who have qualified for the USA World Team MUST attend the Team meeting and turn in their required deposit and paperwork prior to departing the qualifying competition in order to accept their spot on the USA World Team. Any athlete who fails to do this or make other arrangements with the Team Coach automatically forfeits their spot on the USA World Team.

Once International Teams have been announced, skaters/teams withdrawing from the international championship must complete the appropriate form with the USARS National Headquarters. The next higher placing skater/team in that division at the qualifying event who meets the selection criteria will be given the opportunity to participate in the appropriate international competition.

AR ED.109

#### World Team Selection (Junior Events)

- (a) The USA World Team for Junior events are based on receiving a qualifying placement in Junior events at the National Qualifier along with a minimum score criteria. The qualifier may, or may not, be the USARS National Championships. In the event that it is not the National Championships, USARS will communicate as such to the membership in advance the date, time, and location of the official qualifier.

- (b) The Championship will be for skaters in Team Dance, Solo Dance, Free Skating, Inline Free Skating and Pairs, who are at least thirteen (13) years of age and not yet nineteen (19) years of age **as of December 31 in the year of the championship**. The number of skaters eligible to qualify for World Team selection in each World Skate Junior event will depend on the highest U.S. placement in that event at the previous World Championships.
- (c) The maximum number of skaters eligible to qualify in Junior Free Skating, Junior Inline Free Skating, and Junior Solo Dance will be as follows:
- If the U.S. placed in the first twenty (20) places at the previous World Championship, two (2) skaters can qualify.
  - If the U.S. placed from twenty-one (21) on or did not participate at the previous World Championship, one (1) skater can qualify.

In addition to the foregoing criteria, eligibility to become a member of the USA World Team in any World Skate Solo Dance event will depend on whether USARS, as a National Federation, enters a Dance Couple in the same category as the related Solo Dance category, although it is not necessary that the athletes enrolled in Solo Dance are the same as the Couple. This is intended to comply with the World Skate rule on this subject. In the event that only one gender may go to the World Championships due to this rule, the skater with the highest score at the qualifying championships will decide the gender group chosen to compete at the World Championships.

- (d) In Junior Team Dance and Junior Pairs, the top two (2) placements may be eligible for World Team selection.
- (e) Junior Precision: The top three (3) placements at the official qualifying event may be eligible to compete at the World Championships. Junior Quartet: The top two (2) placements at the official qualifying event may be eligible to compete at the World Championships.
- (f) The minimum score requirements for qualification to the World Championships in Junior events are as follows. For this, the total score will be applied.

Event	Solo Dance	Team Dance	Free Skating	Pairs	Inline FS	Quartet	Precision
Men	85	85	95	60	65	30	20
Women	85		80		60		

- (g) Skaters who do not meet the minimum score requirement may petition the ASC for participation based on previous results (Criteria for submitting a petition include achieving the qualifying placement and achieving the minimum score in at least one competition over the previous year). If extenuating circumstances arise (eg, WS requirement of a team in order to send both solo genders), petitions may be submitted. Petitions must be



submitted via Google Form no more than 24 hours following completion of the event at the qualifying competition. Approval of all petitions is at the discretion of the ASC. In the event a petition is submitted, skaters/teams may not participate in World Team announcements while the petition is being discussed. Acceptance/denial of petitions will be sent out to the coach and skater within one week of completion of the event.

- (h) Skaters thirteen (13) years of age and older have the option to skate Junior and Senior in the same qualifying championship. Athletes who qualify for the World Championship, who meet the selection criteria (age, placement, citizenship, minimum score, etc.) through placement at the National Championship, may not skate both Junior and Senior in the same discipline (e.g. Free Skating, Solo Dance, etc.) at the same World Championship. Skaters who qualify in both the Junior and Senior division events of the same discipline at the National Championships MUST elect to participate in either Junior or the Senior division event at the World Championships. This selection must be made prior to the announcement of the World Team.
- (i) Should a vacancy occur due to a withdrawal in an event, the next higher placements that meet the selection criteria (age, minimum score, and citizenship) will qualify for the Junior World Team. The Junior World Team (aside from petitioning athletes) will be announced at the completion of the Elite events during the National Championships or qualifying competition.

Once International Teams have been announced, skaters/teams withdrawing from the international championship must complete the appropriate form with the USARS National Headquarters. The next higher placing skater/team in that division at the qualifying event who meets the selection criteria will be given the chance to participate in the appropriate international competition.

AR ED.110      Separate Male and Female Competitions

All divisions in the following Elite divisions shall schedule separate competitions for male and female contestants: Figures, Free Skating, Inline Free Skating, and Solo Dance.

All Elite Team Dance and Pairs divisions shall skate in mixed couples.

AR ED.111      General Costume Rules

- (a) For all costume rules for Junior and Senior events excluding Figures, see World Skate General Rules. [GENERAL RULES](#) For costume rules for Junior and Senior Figure events at domestic competitions, please see USARS Youth Rules.

AR.ED.112      Interruption of Skating Rules

Mechanical Failure

Mechanical failure of a skate shall be construed to mean:

1. Major repairs required:
  - (a) Breaking a hanger.
  - (b) Breaking a plate (which makes it impossible to skate).
  - (c) Breaking a toe stop.
2. Minor repairs required:
  - (a) Breaking a truck.
  - (b) Breaking or bending an action screw (king bolt).
  - (c) Breaking, bending, or slipping a pivot bolt.
  - (d) Breaking an axle.
  - (e) Breaking a wheel.
  - (f) Boot coming apart (breaking away from the plate).
  - (g) Costume failure (making it impossible to skate).
  - (h) Losing a wheel.
  - (i) Losing a toe stop.
  - (j) Losing a truck (except when caused by a broken action screw).
  - (k) Untied or broken skate laces.

In the case of a mechanical failure, the affected skater will report immediately to the referee. (Referee will note the time upon inspection of the failure and will allow the skater prescribed time to make the correction.)

- a. **Figure events:** The judges will judge the rest of the contestants on the figure or loop being skated at the time of the failure. When the correction has been made, the skater will return to the referee to re-skate the figure or loop in its entirety. The next figure or loop will not be started until the affected skater has completed the figure or loop during which the failure occurred. The affected skater will then assume his or her regular position in the skating order for subsequent figures or loops.
- b. **Freestyle, inline freestyle, solo dance, team dance, and pairs events:** If the referee finds that the interruption is justified, he or she shall allow the skater/team to correct the difficulty, and then to re-skate his or her entire routine, with the judges scoring from the point of failure. In the re-skate, the referee and judges shall observe the skater/team to see that the movements of the routine are performed. Judges will check their content list along with the referee to make sure the skater/team will not “step through” the movements up to the point of failure. If the referee and judges feel that the skater/team is unduly changing the routine or doing it so as to be rested for the remaining portion, the referee shall stop the skating and disqualify the offending entrant.

The skating order of the event may be changed only in the case of a mechanical failure requiring a major repair. If a minor repair cannot be accomplished within fifteen (15) minutes, the skater shall be disqualified. If a major repair is required, the skater/team shall be allowed to skate last,

with an allowance of fifteen (15) minutes after the last skater/team completes their routine. In a case of a mechanical skate failure affecting the last three (3) skaters/teams, thirty (30) minutes will be allowed to make a major repair. The time for repair shall be measured from the time of the referee's decision.

#### Interruption Due to Illness

In the event of an interruption of skating due to illness, the Chief Referee may, at his or her discretion, limit the skater to a fifteen (15) minute recuperation period. If the skater cannot continue to skate after the fifteen (15) minute period, he or she shall be disqualified.

#### AR ED.113

##### Music for Free Skating, Pairs, and Free Dance

All forms of music, including vocal music, are permitted in all Elite Free Skating, Pairs, Solo Dance, Team Dance, and Show divisions. Selected music should be tasteful and appropriate for public performance.

## Rule AR ED.200 Compulsory Figures

### AR ED.201 Elite Figure Divisions

Elite Figure events shall consist of the following:

Junior
Senior

### AR ED.202 Figure Requirements

Junior and Senior Figure skaters shall skate two (2) figure requirements and one (1) loop requirement at qualifying competitions.

The figures will vary for each division and may be determined by consulting the World Skate rulebook for [Figures](#).

### AR ED.203 Warm-Up Compulsory Figure Competitions

#### (a) General Warm-Up Qualifying Competitions

For the General Warm-Up for all Elite Figure events at qualifying championships, skaters may pick any set of circles available for the competition to warm up on. The announcer or event referee shall time the General Warm-Up period. Minimum General Warm-Up time shall be ten (10) minutes. A second General Warm-Up may be given before the loop for ten (10) minutes.

At the conclusion of the General Warm-Up for all Elite Figure divisions, the floor will be cleared. Only the contestants warming up will be permitted on the skating surface. Coaches must remain off the skating surface once the official warm-up begins. Once a contestant has completed his or her figure, the contestant and their coach must clear the floor.

#### (b) Official Warm-Up

For the Official Warm-Up, the first four (4) contestants for long figures and the first five (5) contestants for loops in skating order will take the floor, warming up on their chosen set of circles two (2) minutes before the start of the event. After two (2) minutes, the first skater will begin the competition, and the next skater may begin his/her warm-up. From that point on, timing is no longer required. As each succeeding contestant is being scored, the next contestant in the skating order will begin his or her official warm-up.

### AR ED.204 Grouping Contestants

Once contestants are divided into groups after final check-in, the groups will not be changed should a contestant withdraw from a contest.

At qualifying competitions, the number of figures divides the number of contestants, with any remainder being divided equally from the first group down as needed. (e.g. if there are 29 contestants and 3 figures, the first group would be contestants #1 through #10, the second group would be contestants #11 through #20, and the third group would be contestants #21 through #29. Contestant #1 would skate the first figure first, then contestant #11 would skate the second figure first, with the first group moving to the end of the skating order. Contestant #21 would skate the third figure first with the second group moving to the end of the skating order.) In events with five (5) or fewer skaters, there **shall not** be a rotation of skaters. In events with six to eight (6-8) skaters, the rotation is obtained by simply starting each figure with the next contestant (thus, the first contestant would skate the first figure first, the second contestant would skate the second figure first, with the first contestant moving to the end of the skating order, etc.). When an event has a number of skaters that does not divide evenly by the number of figures, the first group should have the largest grouping of skaters and will compete first.

AR ED.205

#### Number of Repetitions

All Elite Figure divisions shall skate three (3) repetitions of all loops and serpentine figures. All Elite Figure divisions shall skate two (2) repetitions of each paragraph figure.

## **Rule AR ED.300     Free Skating**

### **AR ED.301     Elite Free Skating Divisions**

Elite Free Skating events shall consist of the following:

Junior
Senior

### **AR ED.302     Warm-Up Free Skating Competitions**

Warm-up time may be based on the maximum skating time allotted for each division. A longer period may be given, however, if the schedule allows. Generally, for Elite Free Skating divisions, two minutes more than the maximum skating time is given. Skaters will be informed when one minute is left in their warm-up period. At the conclusion of the warm-up period the first skater will be allowed up to one (1) minute before they have to take the floor.

The next skater to compete will be allowed to use the competition floor during the exhibition of the scores of the previous athlete/athletes.

### **AR ED.303     Grouping Contestants**

Contestants will be divided into warm-up groups based on the total number of skaters in the event. The maximum number per Free Skating warm-up group shall be six (6). When an event has a number of skaters that does not divide evenly by the maximum group size, the first group should have the largest grouping of skaters and will compete first.

The number of contestants in a warm-up group should not require any skater in a group to wait more than thirty (30) minutes before competing.

### **AR ED.304     Scoring Elite Free Skating**

All qualifying competitions for Elite Free Skating divisions will use the World Skate Scoring System. Refer to World Skate manuals for penalties and scoring remarks.

### **AR ED.305     Elite Free Skating Requirements**

The requirements for Elite Free Skating divisions can be found by consulting the World Skate rulebook for [FREE SKATING](#).

## **Rule AR ED.400     Inline Free Skating**

- AR ED.401     Inline Free Skating Divisions  
Elite Inline Free Skating events shall consist of the following:

Junior
Senior

- AR ED.402     Warm-Up Open Inline Free Skating Competitions  
Warm-up time may be based on the maximum skating time allotted for each division. A longer period can be given, however, if the schedule allows. Generally, for Elite Inline Free Skating events, two minutes more than the maximum skating time is given.  
  
Skaters will be informed when one minute is left in their warm-up period.  
  
The next skater to compete will be allowed to use the competition floor during the exhibition of the scores of the previous athlete/athletes.
- AR ED.403     Grouping Contestants  
Contestants will be divided into warm-up groups based on the total number of contestants. The maximum number per Inline Free Skating warm-up group shall be six (6). When an event has an odd number of skaters, the first group should have the largest grouping of skaters and will compete first.  
  
The number of contestants in a warm-up group should not require any skater in a group to wait more than thirty (30) minutes before competing.
- AR ED.404     Scoring Elite Inline Free Skating  
All qualifying competitions for Elite Inline Free Skating divisions will use the World Skate Scoring System. Refer to World Skate manuals for penalties and scoring remarks.
- AR ED.405     Inline Free Skating Requirements  
The requirements for Elite Inline Free Skating divisions can be found by consulting the World Skate Rulebook for [Inline Free Skating](#).

## Rule AR ED.500 Pairs

### AR ED.501 Elite Pairs Divisions

Elite Pairs events shall consist of the following:

Junior
Senior

### AR ED.502 Team Eligibility

In Pairs teams of any Elite division, the two members of the team shall participate in the event determined by the age of the older partner.

A skater who moves to a higher division because of his or her partner's age or division will be allowed to return to a lower or their appropriate age division once that partnership terminates, provided the competitor is still qualified by age. **National Championship placements 1-2-3 in the higher division in which there are six (6) or more competitors preclude a skater from participating in the lower event.**

There may NOT be a substitution of partners in between the Regional and National Championships or the National and World Championships.

**Split Club Affiliation:** Split club affiliation for all Elite Pairs teams is permitted, regardless of regional affiliation. Teams may choose either of the two Regions they individually represent in which to enter as a team; however, their individual events (Figures, Solo Dance, Free Skating) must be entered in the USARS Region in which that skater's club is domiciled.

### AR ED.503 Warm-Up Pairs Competitions

Warm-up time may be based on the maximum skating time allotted for each division. A longer period may be given, however, if the schedule allows. Generally, for Elite Pairs divisions, two minutes more than the maximum skating time is given. Skaters will be informed when one minute is left in their warm-up period. At the conclusion of the warm-up period the first team will be allowed up to one (1) minute before they have to take the floor.

The next team to compete will be allowed to use the competition floor during the exhibition of the scores of the previous athlete/athletes.

### AR ED.504 Grouping Contestants

Teams will be divided into warm-up groups based on the total number of teams. The maximum number per Pairs warm-up group shall be five (5). When an event has an odd number of teams, the first group should have the largest grouping of teams and will compete first.



The number of contestants in a warm-up group should not require any team in a group to wait more than thirty (30) minutes before competing.

AR ED.505      Scoring Elite Pairs

All qualifying competitions for Elite Pairs divisions will use the World Skate Scoring System. Refer to World Skate manuals for penalties and scoring remarks.

AR ED.506      Elite Pairs Requirements

The requirements for Elite Pairs divisions can be found by consulting the World Skate Rulebook for [Pairs](#).

## Rule AR ED.600 Team Dance

- AR ED.601 Elite Team Dance Divisions  
Elite Team Dance events shall consist of the following:

Junior
Senior

- AR ED.602 Team Eligibility  
In Dance teams of any Elite division, the two members of the team shall participate in the event determined by the age of the older partner.
- A skater who moves to a higher division because of his or her partner's age will be allowed to return to a lower division or their appropriate age division once that partnership terminates, provided the competitor is still qualified by age.  
**National Championship placements 1-2-3 in the higher division, in which there are six (6) or more competitors, preclude a skater from participating in the lower event.**
- There may NOT be a substitution of partners between the Regional and National Championships or the National and World Championships.
- Split Club Affiliation:** Split club affiliation for all Elite Team Dance teams is permitted, regardless of regional affiliation. Teams may choose either of the two Regions they individually represent in which to enter as a team; however, their individual events (Figures, Solo Dance, Free Skating) must be entered in the USARS Region in which that skater's club is domiciled.
- AR ED.603 Dance Steps  
For Elite Team Dance, the steps to be performed in the compulsory dance element of the Style Dance will be indicated by the World Skate requirements for the current skating season.
- AR ED.604 Team Dance Requirements  
The requirements for Elite Team Dance divisions can be found consulting the World Skate rulebook for [Team Dance](#).
- All diagrams and descriptions for World Skate dances can be found in the [Dance and Solo Dance book](#).
- AR ED.605 Warm-Up Team Dance Competitions  
Warm-up time may be based on the maximum skating time allotted for each division. A longer period may be given, however, if the schedule allows.  
Generally, for Elite Team Dance divisions, two minutes longer than the skating time is given. Skaters will be informed when one minute is left in their warm-up

period. At the conclusion of the warm-up period, the first team will be allowed up to one (1) minute before they have to take the floor.

The next team to compete will be allowed to use the competition floor during the exhibition of the scores of the previous athletes.

#### AR ED.606

##### Grouping Contestants

Teams will be divided into warm-up groups based on the total number of teams. The maximum number per Team Dance warm-up group shall be six (6). When an event has an odd number of teams, the first group should have the largest grouping of teams and will compete first.

The number of contestants in a warm-up group should not require any team in a group to wait more than thirty (30) minutes before competing.

## Rule AR ED.700 Solo Dance

- AR ED.701 Elite Solo Dance Divisions  
Elite Solo Dance events shall consist of the following:

Junior
Senior

- AR ED.702 Dance Steps  
For Elite Solo Dance, the steps to be performed in the compulsory dance element of the Style Dance will be indicated by the World Skate requirements for the current skating season.
- AR ED.703 Solo Dance Requirements  
The requirements for Elite Solo Dance divisions can be found by consulting the World Skate rulebook for [Solo Dance](#).
- All diagrams and descriptions for World Skate dances can be found in the [Dance and Solo Dance book](#).
- AR ED.704 Warm-Up Solo Dance Competitions  
Warm-up time may be based on the maximum skating time allotted for each division. A longer period may be given, however, if the schedule allows. Generally, for the Style Dance, four and a half minutes are given, and for the Free Dance, one (1) minute longer than the skating time is given. Skaters will be informed when one minute is left in their warm-up period. At the conclusion of the warm-up period, the first skater will be allowed up to one (1) minute before they must take the floor.
- The next skater to compete will be allowed to use the competition floor during the exhibition of the scores of the previous athlete.
- AR ED.705 Flighting & Grouping Contestants  
Skaters will be divided into warm-up groups based on the total number of contestants. The maximum number per Solo Dance warm-up group shall be six (6). When an event has an odd number of contestants, the first group should have the largest grouping of skaters and will compete first. The number of contestants in a warm-up group should not require any skater in a group to wait more than thirty (30) minutes before competing.

## Rule AR ED.800 Precision, Show, and Quartet

### AR ED.801 Elite Show Divisions (Precision, Show, & Quartet)

The following are the Elite Divisions for Precision, Show, and Quartet:

Precision	Show Group	Quartet
Junior (13 – 18) 4:30 +/- 0:10	Large Show Group (13 & over) 4:30 – 5:00 +/- 0:10	Senior (13 & over) 3:15 +/- 0:10
Senior (13 & over) 4:45 +/- 0:10	Small Show Group (13 & over) 4:30 – 5:00 +/- 0:10	Junior (13 – 18) 3:15 +/- 0:10

Team members cannot change by more than 51% between the Regional and National Championships or the National and World Championships for any Elite Show, Precision, or Quartet events.

### AR ED.802 Precision Rules

The requirements for Elite Precision divisions can be found by consulting the World Skate rulebook for [Precision](#).

### AR ED.803 Show Group Rules

For scoring guidelines, rules, and requirements for the Large and Small Show Group programs, please consult the World Skate Rulebook for [Show Events](#).

### AR ED.804 Quartet Rules

For scoring guidelines and requirements for Quartets, please consult the World Skate Rulebook for [Quartet](#).