

USA Diving JO Zone D Championships June 28-30, 2024 Madison, WI

Dear divers, parents and coaches,

On behalf of Wisconsin Dive Club, our staff, our members, our families and our community, I would like to welcome each and every one of you to our beautiful city of Madison, the Badger state, and the Soderholm Family Aquatic Center on the campus of the University of Wisconsin.

We, in the city of Madison, are delighted and thrilled to host the 2024 USA Diving Junior Olympic Zone D Championships and the Badgerland Open. If there is anything we can do to make your stay more enjoyable, please feel free to ask any one of us. We hope that you enjoy your time on State Street, around Lake Monona, at the Terrace on Lake Mendota and the Saturday morning Farmer's Market on the Square. If you are staying in one of the hotels downtown, we highly recommend that you park your car in the garage and leave it. This is an incredibly walkable city and much easier to navigate on foot or bike. We learned from last time and excited to share some "Midwest Nice" with you and your families.

As our facilities are constantly in use for the university and the community, please note the following:

- a) There are three local swim clubs that will use the facility throughout the week of competition. Be aware of your things and where you place them.
- b) Dryland is available only with your coach(es) present.
- c) Please follow all signage and proper locker use (event vs public).
- d) Only credentialed officials, coaches, divers and volunteers are allowed on deck.
- e) Thursday June 27th and Sunday July 1st will be the end and start of UW's swim camp sessions. We will see an influx of people on deck around 8:00a-11:00a & 2:30p-4:30p.

We would like to recognize and give our gratitude to the volunteers and workers that made these events possible. Thank you to the parents for all of your support and dedication to your children's efforts. A final thanks goes to the coaches and athletes for all of their disciplined training and commitment to our sport. Best of luck to you and your team this week.

Never settle, forever forward and always...ON, WISCONSIN!

Yahya Radman Program Director





2024 USA Diving J.O. Zone D Championships

June Friday 28th - Sunday 30th, 2024

MEET DIRECTOR Yahva Radman O: 608-262-4958 info@wisconsindiveclub.com **MEET SITE** Soderholm Family Aquatic Center 797 West Dayton Street

REGISTRAITON www.DiveMeets.com

\$80/event

Madison, WI 53706 \$100 late fee 9:00a June 18th

MEET INFO www.wisconsindiveclub.com

FACILITY Two 1M and two 3M Duraflex Model B springboards on Durafirm short stands.

> One 1M Duraflex Model B springboard on A-frame. Stacked 1M, 3M, 5M, 7.5M platforms and a free standing 10M platform with RoughTex. Replay system and showers available. Water depth is 17 feet at deepest point with sprayers for surface agitation. Dryboard and trampoline may be used under coach supervision only.

PARKING Street parking and three parking garages available within three blocks. You may

choose to leave your car at the hotel and walk or bike to the pool.

ADMISSION Single day - \$10 | All-Session Pass - \$25

COACHES MEETING Thursday June 27th 12:00p "Hospitality/Wet Classroom"

PRACTICE TIMES Wednesday June 26th ----- 4:00p – 8:00p Limited (contact director)

> Thursday June 27th 8:00a - 12:00p & 4:00p - 8:00p flighted

Friday June 28th ----- 6:00a – 8:15a open boards Saturday June 29th 6:00a - 8:15a open boards Sunday June 30th 6:00a – 8:15a open boards

GIRLS & WOMEN

| FINA AGE | D: 11U | | | C: 12-13 | | | B: 14-15 | | | A: 16-18 | | | SENIOR | | |
|----------|--------|----|----|----------|----|----|----------|----|----|----------|----|----|--------|----|----|
| LEVEL | 1M | 3M | PL | 1M | 3M | PL | 1M | 3M | PL | 1M | 3M | PL | 1M | 3M | PL |
| Friday | | | Χ | | | Χ | Χ | | | Χ | | | Χ | | |
| Saturday | Χ | | | Χ | | | | | Χ | | Χ | | | Χ | |
| Sunday | | Х | | | Χ | | | Χ | | | | Χ | | | Χ |

BOYS & MEN

| FINA AGE | D: 11U | | | C: 12-13 | | | B: 14-15 | | | A: 16-18 | | | SENIOR | | |
|----------|--------|----|----|----------|----|----|----------|----|----|----------|----|----|--------|----|----|
| LEVEL | 1M | 3M | PL | 1M | 3M | PL | 1M | 3M | PL | 1M | 3M | PL | 1M | 3M | PL |
| Friday | | | Χ | | | Χ | | Χ | | | Χ | | | Χ | |
| Saturday | | Χ | | | Χ | | | | Χ | Χ | | | Χ | | |
| Sunday | Χ | | | Χ | | | Χ | | | | | Χ | | | X |

HOTELS: Book your hotel at this **LINK**

Hilton Garden Inn Hampton Inn & Suites **BW Premier Park Hotel** 770 Regent St 440 W Johnson St 22 S Carroll St Madison, WI 53703 Madison, WI 53715 Madison, WI 53703 +16082550360 +16082858000 +16082519588 0.2 Miles from pool 0.5 Miles from pool 0.9 Miles from pool

Hyatt Place The Edgewater Hotel <u>DoubleTree by Hilton</u> 525 W Johnson St 333 West Washington Ave 1001 Wisconsin Pl Madison, WI 53703 Madison, WI 53703 Madison, WI 53703 +16082515511 +16082572700 +16085358200 0.4 Miles from pool 0.7 Miles from pool 1.0 Miles from pool

2024 USA Diving J.O. Zone D Championships

June Friday 28th - Sunday 30th, 2024

ORDER OF EVENTS & TENTATIVE SCHEDULE

The Badgerland Open is run separately from the zone championship. Please communicate with Meet Director if you plan or have interest to attend.

WEDNESDAY JUNE 26th

4:00p Dryland opens. Communicate with Meet Director if you are coming in. Limited water time. 8:00p POOL CLOSES to participants – Please clean up after yourselves to help our custodians.

THURSDAY JUNE 27th

7:30a Dryland opens

8:00a Flighted practice 90 minutes (Region 7) 9:30a Flighted practice 90 minutes (Region 8)

11:00a Open practice 60 minutes

12:00p COACHES MEETING - POOL CLOSED. Dive changes after meeting.

3:30p Dryland opens

4:00p Flighted practice 90 minutes (Region 7) 5:30p Flighted practice 90 minutes (Region 8)

7:00p Open practice 60 minutes

8:00p POOL CLOSES to participants – Please clean up after yourselves to help our custodians.

FRIDAY JUNE 28th

6:30a Dryland opens

8:15a Event boards closed for next event competitors, all else is open.

9:00a-10:36a 1M 14-15 Girls | 3M 14-15 Boys

11:36a-12:53p 3M 16-18 Boys | PL 11U Girls | PL 11U Boys | PL 12-13 Boys

1:38p-2:59p 1M 16-18 Girls | PL 12-13 Girls

TBD 1M Women's Open | 3M Men's Open – MAY BE COMBINED AND/OR MOVED UP POOL CLOSES to participants – Two hours after final event. Please clean up after yourselves to help our custodians.

SATURDAY JUNE 29th

6:30a Dryland opens

8:15a Event boards closed for next event competitors, all else is open.

9:00a-10:07a 1M 11U Girls | 3M 11U Boys | 3M 12-13 Boys 11:07a-12:36p 1M 16-18 Boys | PL 14-15 Boys | PL 14-15 Girls

1:21p-2:45p 1M 12-13 Girls | 3M 16-18 Girls

TBD 1M Men's Open | 3M Women's Open – MAY BE COMBINED AND/OR MOVED UP POOL CLOSES to participants – Two hours after final event. Please clean up after yourselves to help our custodians.

SUNDAY JUNE 30th

6:30a Dryland opens

8:15a Event boards closed for next event competitors, all else is open.

9:00a-9:45a 1M 11U Boys | 3M 11U Girls

10:30a- 11:33a 1M 12-13 Boys | 3M 12-13 Girls | PL 16-18 Boys 12:18p-2:10p 1M 14-15 Boys | 3M 14-15 Girls | PL 16-18 Girls

TBD PL Women's & Men's Open - MAY BE COMBINED AND/OR MOVED UP

Thank you for joining us in Madison and good luck with the rest of your season. Please clean up after yourselves to help our custodians and travel home safely.



RESTAURANTS, GIFT IDEAS & ACTIVITIES

- 1. The Harvey House Hidden behind Madison's Historic Train Depot, The Harvey House is a celebration of Wisconsin's iconic supper clubs.
- 2. The Old Fashioned A Madison staple and the best cheese curds in town. Great Wisconsin cuisine with a prime view of the Downtown Square.
- 3. The Boathouse– Located at lake level in the historic Langdon Building, The Boathouse serves authentic Wisconsin favorites like a Chicken BLT on Stella's Spicy Cheese Bread —all with beautiful Lake Mendota as its front yard.
- 4. Coopers Tavern Similar to The Old Fashioned in a little cozier environment. It may be a debate among locals of which is better between the two. With great food, friendly people, and a view of the capitol you can't go wrong.
- 5. Lucille Great pizza in a remodeled bank building with a view of the capital. One of the newer restaurants in Madison and it has quickly become one of the best.
- 6. Mickey's Dairy Bar A badger alumni staple. Hearty portions and breakfast milkshakes. Boasts a breakfast scrambler so big that even a hungry athlete will struggle to clean their plate.
- 7. Gate's & Brovi Take a drive or Uber down charming Monroe Street to this modern Wisco Tavern. Cheese curds, chicken picatta and the spicy chicken sandwich are all highly recommended.
- 8. The Edgewater Hotel Enjoy some great food with amazing views of Lake Mondota. The Statesider Restaurant offer an upscale menu or you can venture down to the Boat House for a more casual setting.
- 9. Dotty Dumpling's Dowry Dotty's arguably serves some of the best burgers in Madison. The décor inside gives it a comfortable feel and it is conveniently located near campus.
- 10. Eno Vino Sleek spot with floor-to-ceiling windows & dramatic Capitol views for tapas, craft cocktails & wine.
- 11. <u>Chocolate Shoppe</u> A walk down State Street is always better with an ice cream cone in hand. The Chocolate Shoppe serves some of the best scoops in the country (this is the dairy state) and makes for a great after dinner dessert.
- 12. <u>Fromagination</u> Founded in 2007 by owner and Creative Director Ken Monteleone, who believes that Wisconsin cheese, the Badger State's cheese-making heritage, and its growing artisan food movement all deserve a showcase. Fantastic gift ideas to take a piece of Madison home.
- 13. The Terrace A trip to Madison would not be complete without a visit to the terrace. One of the most beloved places in the city to catch up with friends, grab a brat, and soak in the scenery right on Lake Mendota.
- 14. Monroe Street With over 1-1/2 miles of locally-owned businesses, Monroe Street is bordered by a beautiful historic neighborhood and conveniently located near UW Madison's Camp Randall Stadium and connecting to Lake Wingra. If you want to get out on the water rent kayaks, SUP boards, and paddle boats at Wingra Boats located in Wingra Park.
- 15. *B-Cycle* Rent an E-Bike at one of the dozens of bike racks and explore one of the nations most bike friendly cities. It's a great way to tour our city and get the best lake views.
- 16. *UW Arboretum* Widely recognized as the site of historic research in ecological restoration. Take a beautiful fall hike or drive through the 1200 acres of the oldest and most varied collection of restored ecological communities in the world.
- 17. Henry Vilas Zoo One of only a handful of admission-free, community-supported zoos in the country. Fully accredited by the Association of Zoos and Aquariums, our beautiful zoo features exhibits and attractions for the whole family!
- 18. Farmers Market on the Square Patrons will find a full array of Wisconsin fruits and vegetables, cheeses, honey and maple syrups, local meats, bakery items, and many specialty items. We highly recommend some fresh cheese curds and Stella's Spicy Cheese Bread.



Thank you to our sponsors:





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