



NATIONAL & REGIONAL CLUB EVENTS AGE DIVISION REFERENCE CHART

EFFECTIVE AUGUST 1, 2024

BIRTH YEAR & MONTH	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
JANUARY			U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
FEBRUARY			U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
MARCH			U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
APRIL		*	U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
MAY			U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
JUNE			U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
JULY			U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8
AUGUST		U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8	
SEPTEMBER		U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8	
OCTOBER	*	U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8	
NOVEMBER		U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8	
DECEMBER		U19	U19	U16	U16	U14	U14	U12	U12	U10	U10	U8	U8	

* If an athlete has not received collegiate training, he/she is still eligible to compete in the U-19 division

**NOTE: THIS AGE CHART IS FOR USA FIELD HOCKEY, AND ONLY FOR THE 2025 SEASON
(AUGUST 1, 2024 - JULY 31, 2025)**

