Poomsae Report Times	
7/7/2024 UPDATED	
Report Time	Division
7:30 AM	Female Youth: Yellow
8:45 AM	Female Youth: Green
10:00 AM	Female Youth: Red
11:45 AM	Male Youth: Yellow
	Lunch
1:45 PM	Male Youth: Blue
3:15 PM	Female Youth: blue
7:30 AM	Male Youth: Red
9:00 AM	Female Youth: Black (Prelim)
10:00 AM	Male Youth: Green
	Lunch
12:15 PM	Male Youth Breaking: Yellow
1:00 PM	Male Youth Breaking: Green
2:15 PM	Male Youth Breaking: Red
	Male Youth Breaking: Black
2:45 PM	Female Youth Breaking: Yellow
	Female Youth Breaking: Blue
	Female Youth Breaking: Green
3:15 PM	Female Youth Breaking: Red
	Male Youth Breaking: Blue
	Female Youth Breaking: Black
7:30 AM	Freestyle Pairs: Youth
8:00 AM	Pairs: Cadet
9:15 AM	Male Youth: Black (Semi - Final)
10:45 AM	Female Youth: Black
	Lunch
12:30 PM	Pairs: Youth
1:45 PM	Pairs: Juniors