

2025 Virus Weightlifting Finals & UMWF World Championships

Date	Session	Platform	Weigh-In	Start	Gndr	Age Group	Weight Category	Entry Total	# Lifters Grp	Ses
Thu Dec 4	1	RED	7:00 AM	9:00 AM	F	U15	58 D	100 - 108	3	9
						U17	58 D	111 - 115	2	
						W35	58 D	100 - 100	1	
						W40	58 D	108 - 113	2	
						W60	58 D	74 - 74	1	
		WHITE	7:00 AM	9:00 AM	M	U15	71 C	163 - 196	6	12
						U17	71 C	190 - 197	3	
						JR	71 C	190 - 199	2	
						M70	71 C	88 - 88	1	
						UM70	65 - 110 A	90 - 122	3	
		BLUE	7:00 AM	9:00 AM	M	UM75	88 - 94 A	94 - 106	4	8
						UM80	88 A	100 - 100	1	
						UM65	60 - 79 A	47 - 165	7	
		STARS	7:00 AM	9:00 AM	M	UM65	88 A	75 - 75	1	9
		STRIPEs	7:00 AM	9:00 AM	M	UM65	88 - 110+ A	115 - 180	8	
	2	RED	9:00 AM	11:00 AM	F	U15	58 C	120 - 125	2	12
						U17	58 C	116 - 135	6	
						W35	58 C	119 - 140	3	
						W40	58 C	122 - 122	1	
						U17	60 B	148 - 173	9	10
		WHITE	9:00 AM	11:00 AM	M	Open	60 B	165 - 165	1	
						U15	65 B	160 - 190	3	12
						U17	65 B	170 - 198	4	
						JR	65 B	200 - 203	3	
						M55	65 B	127 - 127	1	
		STARS	8:40 AM	10:40 AM	F	Open	65 B	190 - 190	1	14
						UW65	53 - 86+ A	54 - 100	9	
						UW70	58 - 69 A	47 - 100	3	
		STRIPEs	8:40 AM	10:40 AM	F	UW75	48 - 53 A	45 - 58	2	15
						UW60	48 - 86+ A	55 - 113	15	
	3	RED	11:00 AM	1:00 PM	F	U15	53 C	101 - 104	2	14
						U17	53 C	97 - 109	7	
						W40	53 C	85 - 108	2	
						W60	53 C	61 - 61	1	
						W65	53 C	70 - 70	1	
						ADAP	53 C	50 - 50	1	
		BLUE	11:00 AM	1:00 PM	M	U15	52 - 56 A	102 - 168	6	10
						U17	56 A	134 - 175	4	
		STARS	11:00 AM	1:00 PM	F	UW55	53 - 69 A	65 - 123	14	14
		STRIPEs	11:00 AM	1:00 PM	F	UW55	77 - 86+ A	90 - 130	11	11
	4	RED	1:00 PM	3:00 PM	F	U15	53 B	120 - 124	2	12
						U17	53 B	109 - 130	6	
						JR	53 B	130 - 130	1	
						W35	53 B	117 - 131	2	
						Open	53 B	120 - 120	1	
		WHITE	1:00 PM	3:00 PM	M	U17	71 B	200 - 230	9	13
						JR	71 B	225 - 225	2	
						ADAP	71 B	232 - 232	1	

	BLUE	1:00 PM	3:00 PM	M	Open	71 B	230 - 230	1	10
					U17	60 A	195 - 195	1	
					JR	60 A	190 - 228	7	
					Open	60 A	205 - 230	2	
	STARS	1:00 PM	3:00 PM	F	UW50	48A, 53A, 58B	70 - 130	11	11
	STRIPEs	1:00 PM	3:00 PM	F	UW50	58 – 69 A	82 - 140	12	12
5	RED	3:00 PM	5:00 PM	F	U15	58 B	150 - 155	2	12
					U17	58 B	143 - 160	5	
					JR	58 B	155 - 160	2	
					Open	58 B	150 - 166	3	
	WHITE	3:00 PM	5:00 PM	M	U17	65 A	205 - 228	3	11
					JR	65 A	207 - 255	4	
					Open	65 A	210 - 280	4	
	BLUE	3:00 PM	5:00 PM	M	JR	71 A	258 - 276	3	12
					UM35	71 A	245 - 245	1	
					Open	71 A	240 - 300	8	
	STARS	3:00 PM	5:00 PM	M	UM60	79 – 110+ A	100 - 201	13	13
	STRIPEs	3:00 PM	5:00 PM	M	UM55	65 – 88 A	142 - 195	9	9
6	RED	5:00 PM	7:00 PM	F	U17	44 – 48 A	83 - 140	6	13
					JR	48 A	120 - 155	2	
					Open	48 A	130 - 172	5	
	WHITE	5:00 PM	7:00 PM	F	U17	53 A	137 - 158	2	14
					JR	53 A	136 - 175	4	
					UW30	53 A	150 - 150	1	
					UW35	53 A	165 - 165	1	
					W40	53 A	144 - 144	1	
					Open	53 A	151 - 170	5	
	BLUE	5:00 PM	7:00 PM	F	JR	58 A	175 - 175	1	12
					Open	58 A	167 - 190	11	
					STARS	5:00 PM	7:00 PM	M	
STRIPEs	4:40 PM	6:40 PM	F	UW50	77 – 86+ A	96 - 155	14	14	
7	RED	6:00 AM	8:00 AM	M	U15	79 E	175 - 200	5	11
					U17	79 E	195 - 200	5	
					M45	79 E	200 - 200	1	
	WHITE	6:00 AM	8:00 AM	F	UW45	63 – 69 B	98 - 108	9	9
	BLUE	6:00 AM	8:00 AM	M	UM50	71 – 88 A	165 - 205	14	14
	STARS	6:00 AM	8:00 AM	M	UM50	94 – 110+ A	180 - 230	13	13
STRIPEs	6:00 AM	8:00 AM	F	UW45	48 – 58 A	100 - 145	14	14	
8	RED	8:00 AM	10:00 AM	M	U15	79 D	210 - 210	1	11
					U17	79 D	200 - 225	4	
					M35	79 D	200 - 220	6	
	WHITE	8:00 AM	10:00 AM	F	U15	63 D	102 - 110	2	12
					U17	63 D	120 - 125	2	
					W35	63 D	125 - 125	1	
					W40	63 D	96 - 115	3	
					W45	63 D	90 - 118	2	
					W55	63 D	88 - 88	1	
					W65	63 D	66 - 66	1	
	BLUE	8:15 AM	10:15 AM	F	UW45	63 A	105 - 150	8	8
	STARS	8:15 AM	10:15 AM	F	UW45	69 A	115 - 160	9	9
STRIPEs	8:00 AM	10:00 AM	M	UM45	65 – 79 A	150 - 220	13	13	
					U15	79 C	230 - 230	1	

Fri
Dec 5

9	RED	10:00 AM	12:00 PM	M	U17	79 C	230 - 240	4	11
					JR	79 C	230 - 255	4	
					M35	79 C	230 - 230	1	
					Open	79 C	255 - 255	1	
	WHITE	10:00 AM	12:00 PM	F	U17	63 C	125 - 167	6	12
					JR	63 C	146 - 165	5	
					Open	63 C	160 - 160	1	
	BLUE	10:00 AM	12:00 PM	F	AUW45	77 A	95 - 95	1	11
					UW45	77 A	106 - 165	10	
	STARS	10:00 AM	12:00 PM	F	UW45	86 - 86+ A	100 - 155	12	12
	STRIPEs	10:20 AM	12:20 PM	F	UW40	48 - 53 A	92 - 150	8	8
10	RED	12:00 PM	2:00 PM	M	U17	79 B	260 - 260	1	11
					JR	79 B	260 - 260	2	
					M35	79 B	270 - 270	1	
					Open	79 B	260 - 270	7	
	WHITE	12:00 PM	2:00 PM	F	U17	63 B	175 - 175	1	12
					W35	63 B	177 - 177	1	
					Open	63 B	170 - 184	10	
	BLUE	12:00 PM	2:00 PM	F	UW40	58 A	110 - 165	11	11
	STARS	12:00 PM	2:00 PM	F	UW40	58 - 63 B	99 - 130	11	11
	STRIPEs	12:00 PM	2:00 PM	F	UW40	69 B	90 - 129	14	14
11	RED	2:00 PM	4:00 PM	M	U17	79 A	275 - 290	3	11
					JR	79 A	275 - 275	1	
					Open	79 A	270 - 330	7	
	WHITE	2:00 PM	4:00 PM	M	U15	79+ D	159 - 210	7	13
					U17	88 D	195 - 210	2	
					M50	88 D	186 - 190	2	
					M55	88 D	201 - 201	1	
					M60	88 D	137 - 137	1	
	BLUE	2:00 PM	4:00 PM	M	UM45	88 A	160 - 240	11	11
	STARS	2:00 PM	4:00 PM	F	UW40	77 B	113 - 148	11	11
	STRIPEs	2:00 PM	4:00 PM	F	UW40	86 - 86+ B	118 - 148	12	12
12	RED	4:00 PM	6:00 PM	F	U15	69 F	109 - 125	4	13
					U17	69 F	125 - 125	1	
					W35	69 F	120 - 127	3	
					W40	69 F	123 - 130	3	
					W45	69 F	98 - 125	2	
	WHITE	4:00 PM	6:00 PM	F	JR	63 A	200 - 200	1	12
					W40	63 A	262 - 262	1	
					Open	63 A	185 - 211	10	
	BLUE	4:00 PM	6:00 PM	F	UW40	63 A	130 - 170	12	12
	STARS	4:00 PM	6:00 PM	M	UM45	94 A	176 - 250	10	10
	STRIPEs	4:00 PM	6:00 PM	F	UW40	69 A	130 - 175	14	14
13	RED	6:00 PM	8:00 PM	F	U15	69 E	132 - 135	2	13
					U17	69 E	134 - 150	4	
					JR	69 E	140 - 150	3	
					W35	69 E	130 - 145	3	
					W40	69 E	139 - 139	1	
	WHITE	6:00 PM	8:00 PM	M	U17	88 C	240 - 250	3	12
					JR	88 C	250 - 258	5	
					M35	88 C	215 - 250	3	
					Open	88 C	240 - 240	1	

Sat Dec 6		BLUE	6:00 PM	8:00 PM	M	UM45	110 – 110+ A	192 - 275	11	11
		STARS	6:00 PM	8:00 PM	F	UW40	77 A	154 - 165	10	10
		STRIPEs	6:00 PM	8:00 PM	F	UW40	86 – 86+ A	150 - 200	12	12
	14	RED	6:00 AM	8:00 AM	F	U11	36 – 44 A	50 - 85	5	10
						U13	40 – 44 A	40 - 95	5	
		WHITE	6:00 AM	8:00 AM	F	U13	48 – 53 A	33 - 100	9	9
		BLUE	6:00 AM	8:00 AM	M	U11	40 – 48 A	59 - 83	3	12
						U13	40 – 56 A	55 - 120	9	
		STARS	6:00 AM	8:00 AM	F	UW30	58 B	115 - 115	1	12
						UW35	58 B	100 - 130	11	
	STRIPEs	6:00 AM	8:00 AM	F	UW30	69 C	128 - 130	3	12	
					UW35	69 C	110 - 140	9		
	15	RED	8:00 AM	10:00 AM	M	U13	60 – 65+ A	88 - 180	11	13
						ADAP	60 – 71 A	75 - 95	2	
		WHITE	8:00 AM	10:00 AM	F	U13	58 – 63 A	60 - 105	10	10
		BLUE	8:00 AM	10:00 AM	F	U11	63+ A	90 - 90	1	11
						U13	63+ A	90 - 160	10	
		STARS	8:00 AM	10:00 AM	F	UW30	63 B	121 - 121	1	12
						UW35	63 B	102 - 134	11	
	STRIPEs	8:00 AM	10:00 AM	F	UW30	69 B	144 - 150	3	11	
					UW35	69 B	140 - 160	8		
	16	RED	10:00 AM	12:00 PM	F	U15	69+ E	115 - 118	4	14
						U17	77 E	124 - 124	1	
						W35	77 E	102 - 127	6	
						W40	77 E	111 - 111	1	
						W45	77 E	100 - 100	1	
						W55	77 E	128 - 128	1	
		WHITE	10:00 AM	12:00 PM	F	JR	69 D	151 - 174	5	12
						Open	69 D	160 - 172	7	
		BLUE	9:50 AM	11:50 AM	M	UM40	60 – 79 A	170 - 271	16	16
	STARS	10:00 AM	12:00 PM	M	UM40	88 A	190 - 235	12	12	
	STRIPEs	10:00 AM	12:00 PM	F	UW30	53 A	128 - 161	2	5	
					UW35	48 – 53 A	94 - 114	3		
	17	RED	12:00 PM	2:00 PM	F	U15	69+ D	140 - 155	5	13
						U17	77 D	144 - 165	2	
						JR	77 D	140 - 161	3	
						W40	77 D	150 - 150	1	
						W45	77 D	148 - 155	2	
		WHITE	12:00 PM	2:00 PM	F	U15	69 C	180 - 180	1	12
						U17	69 C	179 - 181	2	
						JR	69 C	175 - 180	4	
						W35	69 C	176 - 176	1	
		BLUE	12:30 PM	2:30 PM	F	UW30	58 A	130 - 170	6	12
						UW35	58 A	131 - 165	6	
		STARS	12:00 PM	2:00 PM	F	UW30	77 C	120 - 132	3	13
						UW35	77 C	117 - 140	10	
		STRIPEs	11:30 AM	1:30 PM	M	U17	94 C	218 - 250	4	14
	JR					94 C	250 - 260	4		
	M35					94 C	230 - 258	4		
	M60					94 C	135 - 135	1		
	Open					94 C	250 - 250	1		

18	RED	2:00 PM	4:00 PM	F	U15	69+ C	172 - 172	1	12
					U17	77 C	180 - 180	1	
					JR	77 C	165 - 178	3	
					W35	77 C	165 - 181	2	
					Open	77 C	170 - 183	5	
	WHITE	2:00 PM	4:00 PM	M	U17	88 B	275 - 275	1	12
					JR	88 B	270 - 290	5	
					Open	88 B	280 - 285	6	
	BLUE	2:00 PM	4:00 PM	F	U17	69 B	185 - 185	1	12
					Open	69 B	185 - 200	11	
	STARS	2:00 PM	4:00 PM	F	UW30	77 B	145 - 160	5	13
					UW35	77 B	140 - 165	8	
	STRIPEs	2:00 PM	4:00 PM	F	UW30	63 A	170 - 202	3	11
					AUW35	63 A	145 - 145	1	
					UW35	63 A	137 - 185	7	
19	RED	4:00 PM	6:00 PM	F	U17	77 B	187 - 187	1	12
					JR	77 B	190 - 190	2	
					Open	77 B	183 - 190	9	
	WHITE	4:00 PM	6:00 PM	M	JR	94 B	260 - 290	4	14
					Open	94 B	265 - 290	10	
	BLUE	4:00 PM	6:00 PM	F	U15	69 A	212 - 212	1	13
					JR	69 A	200 - 217	4	
					UW30	69 A	210 - 210	1	
					Open	69 A	200 - 225	7	
	STARS	4:00 PM	6:00 PM	F	UW35	69 A	160 - 200	10	10
	STRIPEs	4:00 PM	6:00 PM	M	UM40	94 A	195 - 270	12	12
20	RED	6:00 PM	8:00 PM	F	JR	77 A	195 - 245	3	12
					Open	77 A	190 - 230	9	
	WHITE	6:00 PM	8:00 PM	M	JR	94 A	301 - 301	1	13
					M35	94 A	293 - 293	1	
					Open	94 A	294 - 345	11	
	BLUE	6:00 PM	8:00 PM	M	JR	88 A	290 - 290	1	12
					M35	88 A	300 - 300	1	
					Open	88 A	292 - 340	10	
	STARS	6:00 PM	8:00 PM	F	UW30	77 A	165 - 245	7	13
					UW35	77 A	165 - 205	6	
	STRIPEs	6:00 PM	8:00 PM	M	UM40	110 - 110+ A	215 - 305	14	14
21	RED	6:00 AM	8:00 AM	M	U17	94+ C	210 - 255	7	13
					M35	110 C	240 - 240	2	
					M40	110 C	205 - 220	2	
					M55	110 C	182 - 182	1	
					ADAP	110 C	200 - 200	1	
	WHITE	6:00 AM	8:00 AM	F	W35	86+ C	124 - 127	5	10
					W40	86+ C	150 - 150	1	
					W45	86+ C	110 - 131	3	
					W50	86+ C	110 - 110	1	
	BLUE	6:00 AM	8:00 AM	F	U17	77+ D	148 - 165	5	10
					W35	86 D	119 - 130	2	
					W40	86 D	112 - 160	3	
	STARS	6:00 AM	8:00 AM	F	UW30	86 B	135 - 160	4	11
					UW35	86 B	120 - 163	7	
	STRIPEs	6:00 AM	8:00 AM	M	UM30	79 B	205 - 215	2	11

Sun Dec 7	22	RED	8:00 AM	10:00 AM	M	UM35	79 – 88 B	200 - 225	9	11
						U17	94+ B	278 - 278	1	
						JR	110 B	266 - 290	4	
						M35	110 B	260 - 272	3	
		WHITE	8:00 AM	10:00 AM	M	Open	110 B	280 - 300	3	8
						JR	110+ B	287 - 287	1	
						M35	110+ B	250 - 305	4	
						M40	110+ B	225 - 225	1	
						M45	110+ B	210 - 210	1	8
						Open	110+ B	305 - 305	1	
		BLUE	8:00 AM	10:00 AM	M	UM35	60 – 71 A	160 - 245	8	
	23	STARS	8:00 AM	10:00 AM	M	UM30	79 A	220 - 220	2	12
						UM35	79 A	220 - 260	10	
		STRIPEs	8:00 AM	10:00 AM	F	UW30	86 A	170 - 205	3	11
						UW35	86 A	165 - 220	8	
	24	RED	10:00 AM	12:00 PM	F	JR	86+ B	167 - 190	7	12
						ADAP	86+ B	145 - 145	1	
						Open	86+ B	180 - 190	4	
		WHITE	10:00 AM	12:00 PM	M	JR	110 A	300 - 305	2	11
						Open	110 A	305 - 350	9	
						U17	77+ C	175 - 182	2	
		BLUE	10:00 AM	12:00 PM	F	JR	86 C	169 - 172	3	11
						ADAP	86 C	105 - 105	1	
						Open	86 C	175 - 185	5	
		STARS	10:00 AM	12:00 PM	M	UM30	88 A	230 - 230	2	12
						UM35	88 A	230 - 315	10	
		STRIPEs	10:00 AM	12:00 PM	M	UM30	94 A	280 - 280	1	13
						UM35	94 A	204 - 335	12	
	25	WHITE	12:00 PM	2:00 PM	M	JR	110+ A	315 - 315	1	10
						UM30	110+ A	355 - 355	1	
						UM35	110+ A	360 - 360	1	
						Open	110+ A	320 - 370	7	
		BLUE	12:00 PM	2:00 PM	F	U17	77+ B	190 - 191	2	9
						JR	86 B	186 - 186	1	
						W35	86 B	200 - 200	1	
						Open	86 B	186 - 190	5	
		STARS	12:00 PM	2:00 PM	F	UW30	86+ B	140 - 155	3	10
						UW35	86+ B	124 - 162	7	
		STRIPEs	12:00 PM	2:00 PM	M	UM30	110 B	250 - 250	1	14
						UM35	110 – 110+ B	220 - 265	13	
	26	WHITE	2:00 PM	4:00 PM	F	JR	86+ A	210 - 210	1	12
						UW35	86+ A	210 - 210	1	
						Open	86+ A	190 - 230	10	
		BLUE	2:00 PM	4:00 PM	F	JR	86 A	210 - 210	1	9
						Open	86 A	202 - 230	8	
		STARS	1:45 PM	3:45 PM	M	UM30	110 – 110+ A	265 - 310	4	13
						UM35	110 – 110+ A	265 - 320	9	
		STRIPEs	2:20 PM	4:20 PM	F	UW30	86+ A	206 - 206	1	8
						UW35	86+ A	165 - 195	7	