

2024 USA Paratriathlon Development Race Series Guide



The USA Paratriathlon Development Series is the premiere national-level racing circuit for up-and-coming paratriathletes in the United States. The aim of the series is to provide increased domestic competitive opportunities for the nation's emerging paratriathletes. The series races provide paratriathletes and ATD1 athletes opportunities to race against other at sprint distance races following USAT and World Triathlon paratriathlon competition rules. These races also offer a chance to qualify for the 2024 and 2025 USAT Paratriathlon National Championships with slightly more generous time standards.

2024 Race Series Events

<p><u>IM ABLE Foundation "Got the Nerve" Triathlon</u> (Paratriathlon and ATD1 waves) (Note: bike course has many hills)</p>	<p>Mt. Gretna, PA (near Harrisburg, PA)</p>	<p>May 18, 2024</p>
<p><u>Lago Mar Triathlon</u> (Paratriathlon and ATD1 waves)</p>	<p>Texas City, TX (near Houston)</p>	<p>May 19, 2024</p>
<p><u>Leon's Triathlon</u> (Paratriathlon and ATD1 waves)</p>	<p>Hammond, IN (near Chicago)</p>	<p>June 2, 2024</p>
<p><u>MOJO Triathlon</u> (Paratriathlon and ATD1 waves)</p>	<p>West Chester, OH (near Cincinnati)</p>	<p>August 25, 2024</p>
<p><u>USAT Paratriathlon National Championships at Pleasant Prairie Triathlon</u> (National Championship waves and ATD1 waves)</p>	<p>Pleasant Prairie, WI</p>	<p>June 23, 2024</p>

Sport Class Classification

Paratriathletes wishing to race in series races should have a USAT National Classification or a World Triathlon Classification of a "C" or "R" or "P" and be 16 years of age or older as of December 31, 2024.

If you have not yet been classified, you will need to have a good estimate of your future classification sport class so that you can register properly for the races. Please contact Chris Palmquist at cspalmquist@gmail.com if you need some guidance on how you might estimate your sport class.

To request a classification appointment, you will need to qualify for and register for the USAT Paratriathlon National Championships in Pleasant Prairie, WI on June 23rd. Please send your medical diagnosis to paratriathlon@usatriathlon.org and Chris Palmquist at cspalmquist@gmail.com. Additional medical documentation needed for classification can be found here:

<https://www.usatriathlon.org/adaptive-athletes/classification>

- A National Classification opportunity will be offered in conjunction with the USAT Paratriathlon National Championships in Pleasant Prairie, WI on June 21-22, 2024.

Paratriathlon Sport Classes

All paratriathletes must compete within their USAT-approved sport class. There are nine sport classes in paratriathlon that compete in six medal events. PTWC1 and PTWC2 classes compete in the PTWC Medal Event. All the ambulant classes, PTS2-PTS5, compete in their own Medal Events. PTV11, PTV12 and PTV13 compete into the PTVI Medal Event.

PTWC1 - Most impaired wheelchair users. Athletes must use a recumbent handcycle on the bike course and a racing wheelchair on the run segment; Includes athletes with comparable activity limitation and an impairment of, but not limited to: muscle power, limb deficiency, hypertonia, ataxia or athetosis.
Competes in PTWC Medal Event.

PTWC2 - Least impaired wheelchair users. Athletes must use a recumbent handcycle on the bike course and a racing wheelchair on the run segment; Includes athletes with comparable activity limitation and an impairment of, but not limited to: muscle power, limb deficiency, hypertonia, ataxia or athetosis.
Competes in PTWC Medal Event.

PTS2 - Severe impairments. In both bike and run segments, amputee athletes may use approved prosthesis or other supportive devices. Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle power or range of movement.
Competes in PTS2 Medal Event.

PTS3 - Significant impairments. In both bike and run segments, amputee athletes may use approved prosthesis or other supportive devices. Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle power or range of movement.
Competes in PTS3 Medal Event.

PTS4 - Moderate impairments. In both bike and run segments, amputee athletes may use approved prosthesis or other supportive devices. Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle

power or range of movement.
Competes in PTS4 Medal Event.

PTS5 - Mild impairments. In both bike and run segments, amputee athletes may use approved prosthesis or other supportive devices. Includes athletes with comparable activity limitation and an impairment of, but not limited to, limb deficiency, hypertonia, ataxia and or athetosis, impaired muscle power or range of movement.
Competes in PTS5 Medal Event.

PTVI1 - Includes athletes who are totally blind, from no light perception in either eye, to some light perception. One guide is mandatory throughout the race. Must ride a tandem during the bike segment. A guide from the same nationality and gender is mandatory throughout the race. Must ride a tandem during the bike segment.
Competes in PTVI Medal Event.

PTVI2 - Includes athletes who are more severe partially sighted athletes. One guide is mandatory throughout the race. Must ride a tandem during the bike segment. A guide from the same nationality and gender is mandatory throughout the race. Must ride a tandem during the bike segment.
Competes in PTVI Medal Event.

PTVI3 - Includes athletes who are less severe partially sighted athletes. One guide is mandatory throughout the race. Must ride a tandem during the bike segment. A guide from the same nationality and gender is mandatory throughout the race. Must ride a tandem during the bike segment.
Competes in PTVI Medal Event.

ATD1 (Adaptive Triathlon Division 1)

ATD1 (Adaptive Triathlon Division 1) athletes are paratriathletes who are not yet (or unable to be) classified. ATD1 athletes are welcome to race at the USAT Para Development Series events and at Paratriathlon National Championships in the ATD1 category (no qualification required). ATD1 athletes should register for the ATD1 category that best fits: ATD1 Wheelchair, ATD1 Ambulatory, or ATD1 VI.

USAT Paratriathlon Nationals Qualification Standards for Paratriathlon Development Series Races

Paratriathlon Nationals Qualification Standards are slightly more generous at Series races. See below for the time standards that you need to meet with any 2023 or 2024 USAT Para Dev Series Race to qualify for the 2024 USAT Paratriathlon National Championships in Pleasant Prairie, WI on June 23rd. Remember that you must be qualified for and registered for Para Nationals to request a National Classification Appointment.

Sport Class	2024 Paratriathlon Nationals Qualification at Paratriathlon Development Series Race
Women PTWC	1:32:46
Women PTS2	1:46:50
Women PTS3	1:48:18
Women PTS4	1:38:22
Women PTS5	1:29:05
Women PTVI	1:32:03
Men PTWC	1:18:13
Men PTS2	1:31:51
Men PTS3	1:35:17
Men PTS4	1:22:01
Men PTS5	1:18:50
Men PTVI	1:19:57

Awards

Awards or Recognition Certificates will be given at each series race and the USA Paratriathlon National Championships to the top three (3) athletes in each medal event and within each gender. In 2024, there will be no Series awards.

Medal events are as follows for the four (4) series races and USA Paratriathlon National Championships:

Medal Event: PTWC	
Women	Men
1 st	1 st
2 nd	2 nd
3 rd	3 rd

Medal Event: PTS2		Medal Event: PTS3		Medal Event: PTS4		Medal Event: PTS5	
Women	Men	Women	Men	Women	Men	Women	Men
1 st	1 st	1 st	1 st	1 st	1 st	1 st	1 st
2 nd	2 nd	2 nd	2 nd	2 nd	2 nd	2 nd	2 nd
3 rd	3 rd	3 rd	3 rd	3 rd	3 rd	3 rd	3 rd

Medal Event: PTVI	
Women	Men
1 st Athlete 1 st GUIDE	1 st Athlete 1 st GUIDE
2 nd Athlete 2 nd GUIDE	2 nd Athlete 2 nd GUIDE
3 rd Athlete 3 rd GUIDE	3 rd Athlete 3 rd GUIDE

To be eligible for awards athletes must: race in the Paratriathlon division, be a U.S. citizen or U.S. National, hold a valid USAT annual USAT membership or elite paratriathlete membership and have a “C”, “R”, or “P” sport class status from USAT or World Triathlon. Athletes who hold USA Paratriathlon National Team status are eligible to compete at the USA Paratriathlon National Championships.

USAT Membership

All athletes competing in the series must hold a current annual USAT membership. Memberships can be purchased at www.usatriathlon.org.

USA Paratriathlon Rules

USAT Rule modifications for paratriathletes can be found here:

<https://www.teamusa.org>

Any questions on these rules can be directed to Mark Turner, USAT Commissioner of Officials:

mark.turner@usatriathlon.org

General questions about the Series can be directed to Chris Palmquist at cspalmquist@gmail.com.