



2023 Figure Skating Kickoff

Presented by the Figure Sport Committee
September 10th, 2022

Where Can I Get Rules Information?

USARS Figure Rules Page -

<https://www.teamusa.org/usa-roller-sports/figure-w-full-nav/figure-skating-rules>

- All the rulebooks (will be updated soon) - youth, elite, adults
- Requirements grid
- Modern music
- Select dance diagrams
- Technical Manual
- and more!

Where Can I Submit Suggestions/Proposals?

Best place - Your Regional Coaches Rep!

2022-2023 Coaches Regional Representatives:

South Central- Robyn Young- roborlsk8r@verizon.net

Southwest- Jody Harrah- jdbell1@sbcglobal.net

Southeast- Cindy Schrader- amschrader@aol.com

Southern- Gloria Manning- gmannskate@aol.com

Great Lakes- Lawaun Modrich- lawaunmodrich@gmail.com

Northwest- Carrie Youngren- skagitskatefigureskating@gmail.com

North Central- Christel Sorg- christel.sorg@yahoo.com

Northeast- Robin Orcutt- robinmorcutt@gmail.com

Eastern- Janet Jordan- janetjordan02@verizon.net

Also an option - email the FSC!

figurecommittee@usarollersports.org



Adults

Adult Eligibility Reminders


AR AD.107 Special Eligibility Rules for Bronze Divisions

- Any skater who is, or has ever been, an Elite, Advanced, Certified, or Registered coach is not eligible to compete in any Bronze event. However, a skater who has not participated as an Elite, Advanced, Certified, or Registered coach in the past 15 years may petition the Figure Sport Committee for permission to compete in a Bronze level event.
- Any skater who, in the past 15 years, placed first, second, or third in an event at a National Championship in which there were six or more skaters or teams, may not compete in any Bronze event in that discipline.

Adult Eligibility Reminders

AR AD.108 Special Eligibility Rules for Silver Divisions Beginning in 2021-2022

Reminder: any skater younger than age 75 who, at a National Championship, places first in a Silver division or first, second, or third in Gold 1, Gold 2, Gold 3, or Classic Gold division, in which at least six placements are awarded in that Silver or Gold 1, Gold 2, Gold 3, or Classic Gold division, is no longer eligible to compete in a Silver level division of the same discipline unless thereafter:

- At least three National Championships are held; and
 - The skater competes in a Gold 1, Gold 2, Gold 3, or Classic Gold division of the same discipline in at least one Regional Championship during the three subsequent years; and
 - The skater does not place first, second, or third in a Gold 1, Gold 2, Gold 3, or Classic Gold division in which at least six placements are awarded; and
 - The skater is not otherwise ineligible to compete in a Silver level division under any other rule.
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Classic Solo Rules

Rule Change - AR AD.109 Special Eligibility Rules for Classic Divisions as of the 2022-2023 Skating Season

- A skater/team may compete in the Classic Gold event AND the Classic International event in the same qualifying championship as well as one skill level event (Bronze, Silver, or Gold).

Classic Creative Solo Show

New Event! Classic Creative Solo - AR AD. 802-805 Classic Creative Solo Show Rules

- Skaters/teams who participate in World Skate Junior or World Skate Senior Figures, Free Skating, Pairs, Solo Dance, or Team Dance divisions may **not** compete in the Classic Creative Solo Show event in the same competitive season.
- Skaters may **not** skate both Adult and Youth creative solo events at a qualifying competition
- Timing of routine, costume/prop requirements, and content requirements will follow the Open A Creative Solo Dance Rules

Please see Adult Rule Book for complete breakdown of event



Classic Free Skating

AR AD.401 Classic Inline Singles

This event which was added in the 2021-2022 skating season has been officially included in the Adult Rule book and will follow the same guidelines as the Classic Singles requirements.

AD.405 Free Skating Requirements Classic Singles & Classic Inline Singles

(a) Time limit: No minimum, maximum **3:00 (time change!)**

(b) Content requirements: Maximum of 5 jumps, may be single, 1 ½, or double rotation; 2 jump combinations; maximum of 3 spins, in which 2 may be a combination/change spin (may use camel or sit positions). No repeated items (spins or jumps) unless used in combination. One sequence of primary, secondary, or advanced footwork must be included using the required footwork pattern for designated for the current competitive skating season

Please see Adult Rule Book for complete breakdown of event






Youth

Advanced Event Rules

- **Advanced Figures and Advanced Loops**: Advanced Figure and Advanced Loop division skaters may NOT compete in the corresponding Freshman/Sophomore (B) Figure or Loop division, Sophomore (A) Figure or Loop division, World Skate Junior Figure division or World Skate Senior Figure division at the same qualifying championship. Skaters must be 15 or older to skate Advanced Figures and Loops.
- **Advanced Free Skating**: Advanced Free Skating division skaters may NOT compete in the corresponding Freshman/Sophomore (B) Free Skating division, World Skate Cadet Free Skating division, World Skate Youth Free Skating division, World Skate Junior Free Skating division or World Skate Senior Free Skating division at the same qualifying championship. Skaters must be **13** or older to skate Advanced Free Skating.
- **Advanced Domestic Solo Dance**: Advanced Domestic Solo Dance division skaters may NOT compete in the corresponding Freshman/Sophomore (B) Solo Dance division or Sophomore (A) Solo Dance division at the same qualifying championship. Skaters must be 15 or older to skate Advanced Domestic Solo Dance.
- **Advanced International Solo Dance**: Advanced International Solo Dance division skaters may NOT compete in the corresponding World Skate Youth Solo Dance division, World Skate Junior Solo Dance division or World Skate Senior Solo Dance division at the same qualifying championship. Skaters must be 15 or older to skate Advanced International Solo Dance.

Youth Rule Changes

- **Short program events have been removed** - These events have been removed for the 2022-2023 competitive season as they are now redundant with the WS events fully integrated into our structure.
 - **Open Inline Creative Solo** - Has been merged with the Creative Solo Show events for the 2022-2023 competitive season. All creative events allow the use of inline or quad skates now.
 - **B events and Juvenile & Elementary Team events** - All B events and the Juvenile Team, and Elementary Team have been reduced to 2 requirements based on the feedback from coaches that having less requirements has been much more time-efficient for the skaters to prepare for competition.
 - **C events** - C events have been combined on the requirements grid to give the same requirements for all beginner skaters regardless of age. Regions and areas should split this event based on the ages and number of entries they have.
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Youth Rule Changes - International Dance

WS Dance events have been combined - Mini and Espoir will skate 2 compulsory dances and a free dance; Cadet and Youth will skate a style and free dance. Youth has been split into Youth Men and Youth Women. Skaters are able to skate the full event - both segments - for one entry fee and medals will be awarded for the combined scores only.

New event! Juv/Elem & Fresh/Soph International Solo Compulsory Dance - These two events have been added to the 2022-2023 competitive season for skaters who only want to do international compulsory dance. Skaters may skate either this event or their corresponding WS event but not both. This event will be judged using the integer system. Requirements:

Juvenile/Elementary Compulsory Solo Dance		Country Polka (100) Style B (108)
Freshman/Sophomore Compulsory Solo Dance		Easy Paso (104) Flirtation Waltz (108)

New Event - Creative Duet!

- **New event to be a demo event at 2023 Nationals** - Open entry for Nationals with optional participation at Regional Championships
 - **Two age divisions** - Elementary (both skaters 12 & under) and Open (either skater 13 & over)
 - **Show event** - Similar rules/requirements to creative solo - footwork sequence (contact and/or non-contact) & balance maneuver required, limitations on jumps, spins, & lifts; see Youth Rulebook for full rules
 - **Any combination of genders** - Teams in this event can be made up of any combination of genders, not required to be a male/female partnership
 - **2022-2023 footwork pattern** - V pattern
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Footwork Patterns for 2023

Juvenile A, Elementary A, Open A, Classic Creative Solo Show Events:

V Pattern Footwork Pattern

Open B Creative Solo Show Event:

Diagonal Footwork Pattern

All B and C, Advanced, Youth Open Inline, Classic Inline, Classic Freeskating Events:

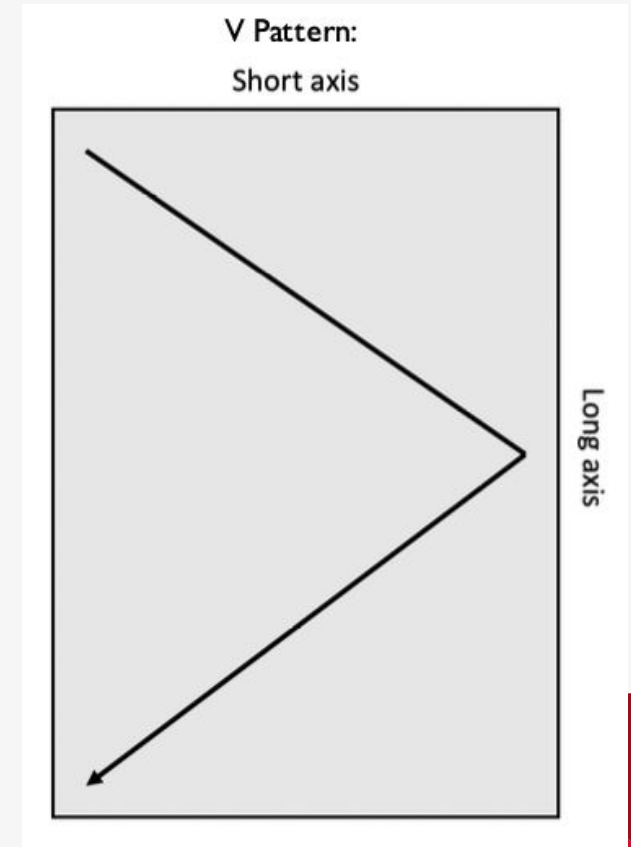
Diagonal Footwork Pattern

Juvenile, Elementary, Freshman/Sophomore Pairs Events:

Straight Line (Long Axis)

All World Skate events (freeskating and pairs):

Free pattern (must use $\frac{3}{4}$ of skating surface)



The image features a solid red background. In the top right corner, there is a decorative arrangement of geometric shapes: a dark red square, a medium red triangle pointing down-left, a light red triangle pointing up-right, and another dark red square. The word "Elite" is written in white, sans-serif font on the left side of the image.

Elite

2022 New Event Reminders

- **WS Junior Precision**
 - The top two (2) placements at the official qualifying event are eligible to compete at the World Championships. The placements qualify the teams for the World Championships in the following year.
- **WS Junior Quartet**
 - The top two (2) placements at the official qualifying event are eligible to compete at the World Championship

Costume Rules

Domestic Costume Rules - Changed mid-2022

General costume requirements at USARS competitions

- **The costume requirements for all events at International competitions will follow World Skate rules**
- In all artistic competitive roller skating events, the costumes for both women and men should be in character with the music but should not be such to cause embarrassment to the skater, judges, or spectators. Training costumes are not required to be in character; however, all other costume rules apply in training.
- Costumes which are very low cut at the neck, or which show bare midriffs are considered show costumes and are not suitable for championships skating.
- Any piece of the costume including beads, trimmings, feathers, etc. on the costumes must be very securely fixed so as not to cause obstruction to the following contestants.
- The woman's costume must be constructed to completely cover the hips and posterior. French-cut leotards are strictly prohibited, i.e., leotards which are cut higher than the hip bone.
- The man's costume must not be sleeveless. The neckline of the costume must not expose the chest more than three (3) inches or eight (8) centimeters below the collarbone. Material with the appearance of nudity is not permitted. The man's shirt must not become detached from the waist of the trousers during a performance, to show a bare midriff.
- The appearance of nudity of a costume is considered a violation of the rules and will be penalized, (this means too much use of body-stocking material which gives the appearance of nudity).
- Props of any nature are not permitted. This means the costume remains the same throughout a performance with no additions during the performance, i.e. no use of props of any kind from beginning to the end. (This rule does not apply to Show events. See Show rules.)
- The painting of any part of the body is considered a "show" and is not allowed. (This rule does not apply to Show events. See Show rules.) Penalties resulting from violations of the costume rules will be 1.0 for all events under RollArt scoring and 5 points for all events under White system scoring.

Regional and National Championships Information

**2023 National Championships will be held in
Lincoln, NE.**

*Reminder: Skaters who enter Regionals in a
contested event with no intentions of skating
Nationals are taking the place of another skater.*

*Reminder: YD.105(c) Skaters/teams who have
never qualified for finals in a Level (A) event
where there was an elimination round at the
National Championships are eligible to skate
Level (B) divisions in that discipline for future
competitions. (Most commonly happens in
creative events)*



Q&A

Coming Soon!

- A how-to webinar for the OCD events
- The 2022-2023 modern music reveal for the youth dance events!