

**2024
National Championships
&
US Team Trials**



Where Olympic Journeys Begin

**July 11-14, 2024
The Cajundome Convention Center
Lafayette, LA**

Version 3 Updated April 2024



Member, United States
Olympic & Paralympic Committee

Dear Competitors, Officials, Coaches and Friends,

It is with great pleasure that we extend our warmest invitation to you for the 2024 USA National Karate Championships & US Team Trials, taking place in Lafayette, LA from July 10-14, 2024.

As we gather for this thrilling event, we are also celebrating a significant milestone: the 30th anniversary of USA Karate. It is a time to reflect on our journey, honor the founding members who laid the groundwork, and pay tribute to the champions of the past whose dedication and passion have shaped our sport.

Set against the backdrop of The Cajundome and Convention Center, this year's championships promise four days of intense competition, camaraderie, and celebration. From seasoned veterans to emerging talents, competitors of all ages and skill levels will come together to showcase the very best of American karate.

The National Championships holds a special place as the pinnacle of domestic karate events in the United States, and this year, we anticipate nothing short of extraordinary performances and unforgettable moments. We invite you to join us in Lafayette as we unite to celebrate our shared love for karate and witness the remarkable talent that defines our community.

Warm regards,

A handwritten signature in black ink that reads 'Elisa Au'.

Elisa Au
Board Chair
USA-NKF

A handwritten signature in black ink that reads 'Michael Cain'.

Michael Cain
CEO
USA-NKF



Where Olympic Journeys Begin

USA National Karate-do Federation National Championships & Team Trials General Schedule – List of Events



Monday, July 8, 2024

Arrival of Delegations

Tuesday, July 9, 2024

12:00pm-5:00pm

Registration & Credential Desk Open

Wednesday, July 10, 2024

8:30am-12:00pm

Registration & Credential Desk Open

8:30am-4:00pm

Referee Education & Certification

9:00am-9:30am

*Junior Elite Athlete Weigh-In (ages 12-17)

9:30am-10:00am

*Senior Elite Athlete Weigh-In (ages 18-34)

1:00pm-5:00pm

Registration & Credential Desk Open

2:00pm-2:30pm

*Junior Athlete Weigh-In (ages 12-17)

2:30pm-3:00pm

*Senior Athlete Weigh-In (ages 18-34)

5:00pm-6:00pm

Volunteer Meeting

6:00pm-7:00pm

Referee Briefing – **Mandatory for All Officials**

6:00pm-7:00pm

Coach Briefing / Elite Kata Draws – **Mandatory for All Coaches**

7:00pm-8:00pm

Karate General Assembly

Thursday, July 11, 2024

8:00am

Competition Begins

Elite Kata Divisions & Elite Para Kata Divisions

Elite Team Kata Divisions

Non Elite Kata Divisions

Long & Short Weapons Divisions

Team Kata Divisions (Male, Female, Family, & Mixed Gender)

Style Specific Kata Divisions (Shotokan, Shito-ryu, Goju-ryu, Wado-ryu)

12:00pm-12:30pm

***Final Junior Elite Athlete Weigh-In**

12:30pm-1:00pm

*Sr. Elite Athlete Weigh-In

5:00pm-5:30pm

Draws Jr. Elite Divisions (Staging)

Friday, July 12, 2024

8:00am

Competition Continues

12-20 Elite Kumite (Jr. Team Trial) Divisions

Non-Elite Kata Divisions

Para-Karate Divisions

Long & Short Weapons Divisions

12:30pm-1:00pm

***Final Senior Athlete Weigh-In**

5:00pm-5:30pm

Draws for Sr. Elite Divisions (Staging)

Saturday, July 13, 2024

8:00am

Competition Continues

Non-Elite Kumite Divisions

18-34 Elite Kumite Divisions

All Team Kumite Divisions

Sunday, July 14, 2024

8:00am

Competition Continues

Junior Non-Elite Kumite

11:00am-12:00pm

Athlete Town Hall

12:00pm-1:00pm

Jr National Team Meeting

Junior Elite Divisions ES509-ES537 & EK502-EK507

***Elite Athletes must bring their current passport & credentials to weigh in.**



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Schedule of Competition



Thursday July 11, 2024

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

All Shito-Ryu Kata Divisions	SK300-SK301
All Shotokan Kata Divisions	SK302-SK303
All Goju-Ryu Kata Divisions	SK304-SK305
All Wado-Ryu Kata Divisions	SK306-SK307

All 12 Year old Kata Divisions	K350-K357
All 13 Year old Kata Divisions	K358-K365
All 14 Year old Kata Divisions	K366-K373
All 15 Year Old Kata Divisions	K374-K381
All 16 Year Old Kata Divisions	K382-K389
All 17 Year Old Kata Divisions	K390-K397

All 12-13 Years Elite Kata	EK500 & EK501
All 14-15 Years Elite Kata	EK502 & EK503
All 16-17 Years Elite Kata	EK504 & EK505
All 18-20 Years Elite Kata	EK506 & EK507
All 16-34 Years Elite Kata	EK600 & EK601
All Male & Female Elite-Para Kata	EPK400-EPK405

All 18-20 Years Elite Team Kata	ETK502 & ETK503
All 14-17 Years Elite Team Kata	ETK500 & ETK501
All 18-34 Years Elite Team Kata	ETK600 & ETK601

All 12-13 Years Kobudo	WB310-WB315 & WS310-WS315
All 14-15 Years Kobudo	WB316-WB321 & WS316-WS321
All 16-17 Kobudo Divisions	WB322-WB327 & WS322-WS327
All 18-34 Years Kobudo	WB328-WB333 & WS328-WS333
All 35 Years and Up Kobudo	WB334-WB335 & WS334-WS335

All Team Kata Divisions	TK300-TK319
All Mixed Team Kata Divisions	TK320-TK329
All Family Team Kata Divisions	TK330-TK331



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Schedule of Competition



Friday July 12, 2024

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

All 5 Year Old and Under Kata Divisions	K300 & K301
All 6 Year Old Kata Divisions	K302-K309
All 7 Year Old Kata Divisions	K310-K317
All 8 Year Old Kata Divisions	K318-K325
All 9 Year Old Kata Divisions	K326-K333
All 10 Year old Kata Divisions	K334-K341
All 11 Year old Kata Divisions	K342-K349

12-13 Year Old Male Elite Kumite	ES500-ES504
12-13 Year Old Female Elite Kumite	ES505-ES508
14-15 Year Old Male Elite Kumite	ES509-ES513
14-15 Year Old Female Elite Kumite	ES514-ES517
16-17 Year Old Male Elite Kumite	ES518-ES522
16-17 Years Old Female Elite Kumite	ES523-ES527
18-20 Year Old Male Elite Kumite	ES528-ES532
18-20 Year Old Female Elite Kumite	ES533-ES537

All Para-Karate Divisions	PK300-PK359
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All 9 and Under Kobudo	WB300-WB303 & WS300-WS303
All 10-11 Years Kobudo	WB304-WB309 & WS304-WS309
All ages Iaido Divisions	IS300-IS306

All 18-34 Years Old Kata Divisions	K398-K403
All 35 and Up Kata Divisions	K404-K415
All 18-34 Years Old Advanced Kata	K416 & K417



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Schedule of Competition



Saturday July 13, 2024

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

All 7 and Under Kumite Divisions	S300-S317
All 8 Year old Kumite Divisions	S318-S325
All 9 Year old Kumite Divisions	S326-S333
All 10 Year old Kumite Divisions	S334-S341
18-34 Year old NON Elite Kumite	S398-S407
All 35 and Up Kumite Divisions	S408-S419
18-34 Years old Elite Male Kumite	ES600-ES602
18-34 Years old Elite Male Kumite	ES603-ES604
All 18-34 Years old Elite Female Kumite	ES605-ES609
Open Kumite Divisions	OS610 & OS611
All Team Kumite Divisions	TS300-TS331



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Schedule of Competition



Sunday July 14, 2024

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

All 11 Year old Kumite Divisions	S342-S349
All 12 Year old Kumite Divisions	S350-S357
All 13 Year old Kumite Divisions	S358-S365
All 14 Year old Kumite Divisions	S366-S373
All 15 year old Kumite Divisions	S374-S381
All 16 Year old Kumite Divisions	S382-S389
All 17 Year old Kumite Divisions	S390-S397

Finals

Junior Elite Divisions
ES309-ES337 & EK502-EK507



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



Kobudo

An athlete may compete in ONE of the following divisions

Long Weapons

WB300	9 & Under Female Beg/Nov Bo	WB313	12-13 Male Beg/Nov Bo	WB325	16-17 Male Beg/Nov Bo
WB301	9 & Under Female Int/Adv Bo	WB314	12-13 Male Int Bo	WB326	16-17 Male Int Bo
WB302	9 & Under Male Beg/Nov Bo	WB315	12-13 Male Adv Bo	WB327	16-17 Male Adv Bo
WB303	9 & Under Male Int/Adv Bo	WB316	14-15 Female Beg/Nov Bo	WB328	18-34 Female Beg/Nov Bo
WB304	10-11 Female Beg/Nov Bo	WB317	14-15 Female Int Bo	WB329	18-34 Female Int Bo
WB305	10-11 Female Int Bo	WB318	14-15 Female Adv Bo	WB330	18-34 Female Adv Bo
WB306	10-11 Female Adv Bo	WB319	14-15 Male Beg/Nov Bo	WB331	18-34 Male Beg/Nov Bo
WB307	10-11 Male Beg/Nov Bo	WB320	14-15 Male Int Bo	WB332	18-34 Male Int Bo
WB308	10-11 Male Int Bo	WB321	14-15 Male Adv Bo	WB333	18-34 Male Adv Bo
WB309	10-11 Male Adv Bo	WB322	16-17 Female Beg/Nov Bo	WB334	35+ Female Bo
WB310	12-13 Female Beg/Nov Bo	WB323	16-17 Female Int Bo	WB335	35+ Male Bo
WB311	12-13 Female Int Bo	WB324	16-17 Female Adv Bo		
WB312	12-13 Female Adv Bo				

Short Weapons

(Sai, Tonfa, Kama & Nunchaku)

WS300	9 & Under Female Beg/Nov	WS313	12-13 Male Beg/Nov	WS325	16-17 Male Beg/Nov
WS301	9 & Under Female Int/Adv	WS314	12-13 Male Int	WS326	16-17 Male Int
WS302	9 & Under Male Beg/Nov	WS315	12-13 Male Adv	WS327	16-17 Male Adv
WS303	9 & Under Male Int/Adv	WS316	14-15 Female Beg/Nov	WS328	18-34 Female Beg/Nov
WS304	10-11 Female Beg/Nov	WS317	14-15 Female Int	WS329	18-34 Female Int
WS305	10-11 Female Int	WS318	14-15 Female Adv	WS330	18-34 Female Adv
WS306	10-11 Female Adv	WS319	14-15 Male Beg/Nov	WS331	18-34 Male Beg/Nov
WS307	10-11 Male Beg/Nov	WS320	14-15 Male Int	WS332	18-34 Male Int
WS308	10-11 Male Int	WS321	14-15 Male Adv	WS333	18-34 Male Adv
WS309	10-11 Male Adv	WS322	16-17 Female Beg/Nov	WS334	35+ Female
WS310	12-13 Female Beg/Nov	WS323	16-17 Female Int	WS335	35+ Male
WS311	12-13 Female Int	WS324	16-17 Female Adv		
WS312	12-13 Female Adv				

Iaido/Sword

IS300	Iaido/Sword Nov Division 17 & Under	IS303	Iaido/Sword Beg Division 17 & Under
IS301	Iaido/Sword Int Division 17 & Under	IS304	Iaido/Sword 18+ Beg/Nov Division
IS302	Iaido/Sword Adv Division 17 & Under	IS305	Iaido/Sword 18+ Int Division
		IS306	Iaido/Sword 18+ Adv Division

Beginner: 10th kyu-8th kyu/1 year of training Novice: 7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training
Advanced: 1st kyu & higher/4+ years of training Elite: Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



NON ELITE KATA					
A competitor may compete in ONE of the following divisions					
K300	5 & Under Female Beg/Nov Kata	K340	10 Male Intermediate Kata	K380	15 Male Intermediate Kata
K301	5 & Under Male Beg/Nov Kata	K341	10 Male Advanced Kata	K381	15 Male Advanced Kata
K302	6 Female Beginner Kata	K342	11 Female Beginner Kata	K382	16 Female Beginner Kata
K303	6 Female Novice Kata	K343	11 Female Novice Kata	K383	16 Female Novice Kata
K304	6 Female Intermediate Kata	K344	11 Female Intermediate Kata	K384	16 Female Intermediate Kata
K305	6 Female Advanced Kata	K345	11 Female Advanced Kata	K385	16 Female Advanced Kata
K306	6 Male Beginner Kata	K346	11 Male Beginner Kata	K386	16 Male Beginner Kata
K307	6 Male Novice Kata	K347	11 Male Novice Kata	K387	16 Male Novice Kata
K308	6 Male Intermediate Kata	K348	11 Male Intermediate Kata	K388	16 Male Intermediate Kata
K309	6 Male Advanced Kata	K349	11 Male Advanced Kata	K389	16 Male Advanced Kata
K310	7 Female Beginner Kata	K350	12 Female Beginner Kata	K390	17 Female Beginner Kata
K311	7 Female Novice Kata	K351	12 Female Novice Kata	K391	17 Female Novice Kata
K312	7 Female Intermediate Kata	K352	12 Female Intermediate Kata	K392	17 Female Intermediate Kata
K313	7 Female Advanced Kata	K353	12 Female Advanced Kata	K393	17 Female Advanced Kata
K314	7 Male Beginner Kata	K354	12 Male Beginner Kata	K394	17 Male Beginner Kata
K315	7 Male Novice Kata	K355	12 Male Novice Kata	K395	17 Male Novice Kata
K316	7 Male Intermediate Kata	K356	12 Male Intermediate Kata	K396	17 Male Intermediate Kata
K317	7 Male Advanced Kata	K357	12 Male Advanced Kata	K397	17 Male Advanced Kata
K318	8 Female Beginner Kata	K358	13 Female Beginner Kata	K398	18-34 Female Beginner Kata
K319	8 Female Novice Kata	K359	13 Female Novice Kata	K399	18-34 Female Novice Kata
K320	8 Female Intermediate Kata	K360	13 Female Intermediate Kata	K400	18-34 Female Intermediate Kata
K321	8 Female Advanced Kata	K361	13 Female Advanced Kata	K401	18-34 Male Beginner Kata
K322	8 Male Beginner Kata	K362	13 Male Beginner Kata	K402	18-34 Male Novice Kata
K323	8 Male Novice Kata	K363	13 Male Novice Kata	K403	18-34 Male Intermediate Kata
K324	8 Male Intermediate Kata	K364	13 Male Intermediate Kata	K404	35 & Over Female Beg/Nov Kata
K325	8 Male Advanced Kata	K365	13 Male Advanced Kata	K405	35 & Over Female Int/Adv Kata
K326	9 Female Beginner Kata	K366	14 Female Beginner Kata	K406	45 & Over Female Beg/Nov Kata
K327	9 Female Novice Kata	K367	14 Female Novice Kata	K407	45 & Over Female Int/Adv Kata
K328	9 Female Intermediate Kata	K368	14 Female Intermediate Kata	K408	55 & Over Female Beg/Nov Kata
K329	9 Female Advanced Kata	K369	14 Female Advanced Kata	K409	55 & Over Female Int/Adv Kata
K330	9 Male Beginner Kata	K370	14 Male Beginner Kata	K410	35 & Over Male Beg/Nov Kata
K331	9 Male Novice Kata	K371	14 Male Novice Kata	K411	35 & Over Male Int/Adv Kata
K332	9 Male Intermediate Kata	K372	14 Male Intermediate Kata	K412	45 & Over Male Beg/Nov Kata
K333	9 Male Advanced Kata	K373	14 Male Advanced Kata	K413	45 & Over Male Int/Adv Kata
K334	10 Female Beginner Kata	K374	15 Female Beginner Kata	K414	55 & Over Male Beg/Nov Kata
K335	10 Female Novice Kata	K375	15 Female Novice Kata	K415	55 & Over Male Int/Adv Kata
K336	10 Female Intermediate Kata	K376	15 Female Intermediate Kata	K416	Female 18-34 Advanced Kata*
K337	10 Female Advanced Kata	K377	15 Female Advanced Kata	K417	Male 18-34 Advanced Kata*
K338	10 Male Beginner Kata	K378	15 Male Beginner Kata		
K339	10 Male Novice Kata	K379	15 Male Novice Kata		

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training
Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



NON ELITE KUMITE							
A Competitor may compete in ONE of the following divisions							
S300	5 & Under Female Beg/Nov Kumite	S343	11 Female Novice Kumite	S386	16 Male Beginner Kumite	S405	18-34 Female Adv Kumite* +65Kg
S301	5 & Under Male Beg/Nov Kumite	S344	11 Female Intermediate Kumite	S387	16 Male Novice Kumite	S406	18-34 Male Adv Kumite* -75Kg
S302	6 Female Beginner Kumite	S345	11 Female Advanced Kumite	S388	16 Male Intermediate Kumite	S407	18-34 Make Adv Kumite* +75Kg
S303	6 Female Novice Kumite	S346	11 Male Beginner Kumite	S389	16 Male Advanced Kumite	S408	35+ Female Beginner Kumite
S304	6 Female Intermediate Kumite	S347	11 Male Novice Kumite	S390	17 Female Beginner Kumite	S409	35+ Female Novice Kumite
S305	6 Female Advanced Kumite	S348	11 Male Intermediate Kumite	S391	17 Female Novice Kumite	S410	35+ Female Intermediate Kumite
S306	6 Male Beginner Kumite	S349	11 Male Advanced Kumite	S392	17 Female Intermediate Kumite	S411	35+ Female Advanced Kumite
S307	6 Male Novice Kumite	S350	12 Female Beginner Kumite	S393	17 Female Advanced Kumite	S412	35+ Male Beginner Kumite
S308	6 Male Intermediate Kumite	S351	12 Female Novice Kumite	S394	17 Male Beginner Kumite	S413	35+ Male Novice Kumite
S309	6 Male Advanced Kumite	S352	12 Female Intermediate Kumite	S395	17 Male Novice Kumite	S414	35+ Male Intermediate Kumite
S310	7 Female Beginner Kumite	S353	12 Female Advanced Kumite	S396	17 Male Intermediate Kumite	S415	35+ Male Advanced Kumite
S311	7 Female Novice Kumite	S354	12 Male Beginner Kumite	S397	17 Male Advanced Kumite	S416	45+ Female Beg/Nov Kumite
S312	7 Female Intermediate Kumite	S355	12 Male Novice Kumite	S398	18-34 Female Beginner Kumite	S417	45+ Female Int/Adv Kumite
S313	7 Female Advanced Kumite	S356	12 Male Intermediate Kumite	S399	18-34 Female Novice Kumite	S418	45+ Male Beg/Nov Kumite
S314	7 Male Beginner Kumite	S357	12 Male Advanced Kumite	S400	18-34 Female Intermediate Kumite	S419	45+ Male Int/Adv Kumite
S315	7 Male Novice Kumite	S358	13 Female Beginner Kumite	S401	18-34 Male Beginner Kumite	S420	55+ Female Beg/Nov Kumite
S316	7 Male Intermediate Kumite	S359	13 Female Novice Kumite	S402	18-34 Male Novice Kumite	S421	55+ Female Int/Adv Kumite
S317	7 Male Advanced Kumite	S360	13 Female Intermediate Kumite	S403	18-34 Male Intermediate Kumite	S422	55+ Male Beg/Nov Kumite
S318	8 Female Beginner Kumite	S361	13 Female Advanced Kumite	S404	18-34 Female Adv Kumite* -65Kg	S423	55+ Male Int/Adv Kumite
S319	8 Female Novice Kumite	S362	13 Male Beginner Kumite				
S320	8 Female Intermediate Kumite	S363	13 Male Novice Kumite	*Competitors in these divisions may not compete in Sr Elite/Team Trial Kumite			
S321	8 Female Advanced Kumite	S364	13 Male Intermediate Kumite				
S322	8 Male Beginner Kumite	S365	13 Male Advanced Kumite				
S323	8 Male Novice Kumite	S366	14 Female Beginner Kumite				
S324	8 Male Intermediate Kumite	S367	14 Female Novice Kumite				
S325	8 Male Advanced Kumite	S368	14 Female Intermediate Kumite				
S326	9 Female Beginner Kumite	S369	14 Female Advanced Kumite	OS610	18-34 Male Open Kumite**	OS611	18-34 Female Open Kumite**
S327	9 Female Novice Kumite	S370	14 Male Beginner Kumite	** These division are open to both US Citizens & Non-US Citizens. Advance competitors may also compete in the open weight division			
S328	9 Female Intermediate Kumite	S371	14 Male Novice Kumite				
S329	9 Female Advanced Kumite	S372	14 Male Intermediate Kumite				
S330	9 Male Beginner Kumite	S373	14 Male Advanced Kumite				
S331	9 Male Novice Kumite	S374	15 Female Beginner Kumite				
S332	9 Male Intermediate Kumite	S375	15 Female Novice Kumite				
S333	9 Male Advanced Kumite	S376	15 Female Intermediate Kumite				
S334	10 Female Beginner Kumite	S377	15 Female Advanced Kumite				
S335	10 Female Novice Kumite	S378	15 Male Beginner Kumite				
S336	10 Female Intermediate Kumite	S379	15 Male Novice Kumite				
S337	10 Female Advanced Kumite	S380	15 Male Intermediate Kumite				
S338	10 Male Beginner Kumite	S381	15 Male Advanced Kumite				
S339	10 Male Novice Kumite	S382	16 Female Beginner Kumite				
S340	10 Male Intermediate Kumite	S383	16 Female Novice Kumite				
S341	10 Male Advanced Kumite	S384	16 Female Intermediate Kumite				
S342	11 Female Beginner Kumite	S385	16 Female Advanced Kumite				

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training
Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



Senior Elite Division

You must be a U.S. Citizen to Compete in these Divisions
READ These instructions carefully before registering

Elite Divisions are for those competitors that are attempting to become members of the US Senior or Junior National Teams. To enter any of these divisions the competitor **MUST** be a U.S. Citizen at the time the registration is submitted. Competitors that medal in these divisions are eligible to become a member of the National Team Pool in accordance with the USA-NKF team guidelines. Any person competing in an Elite Division must compete as Advanced or higher in ALL other divisions in which they compete.

Be prepared to show proof of citizenship even if you have already submitted it!

Sr. ELITE KATA			
EK600	16-34 Male Elite Kata		EK601 13-34 Female Elite Kata
Blind Visually Impaired Divisions			Wheelchair Divisions
EPK400	16+ Female Elite Para-Kata		EPK402 16+ Female Elite Para-Kata
EPK401	16+ Male Elite Para-Kata		EPK403 16+ Male Elite Para-Kata
Intellectually Impaired Divisions with Downs Syndrome			Intellectually Impaired Divisions without Downs Syndrome
EPK404	16+ Female Elite Para-Kata		EPK406 16+ Female Elite Para-Kata
EPK405	16+ Male Elite Para-Kata		EPK407 16+ Male Elite Para-Kata

ELITE TEAM KATA			
Competitors in these categories must be prepared to demonstrate Bunkai in appropriate rounds as prescribed by WKF/NKF Rules of Competition			
ETK600	16-34 Male Elite Team Kata		ETK601 13-34 Female Elite Team Kata

Sr. ELITE KILO KUMITE			
ES600	18-34 Male Elite Kumite -60 Kg		ES605 18-34 Female Elite Kumite -50 Kg
ES601	18-34 Male Elite Kumite -67 Kg		ES606 18-34 Female Elite Kumite -55 Kg
ES602	18-34 Male Elite Kumite -75 Kg		ES607 18-34 Female Elite Kumite -61Kg
ES603	18-34 Male Elite Kumite -84 Kg		ES608 18-34 Female Elite Kumite -68Kg
ES604	18-34 Male Elite Kumite +84 Kg		ES609 18-34 Female Elite Kumite +68Kg
OS610	18-34 Male Open Kumite*		OS611 18-34 Female Open Kumite*

* Open Kumite is open to both U.S. Citizens and Non U.S. Citizens. Advance and Elite competitors ages 18-34 may compete in the Open Kumite

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



STYLE SPECIFIC KATA

A competitor may compete in ONE of the following divisions

Shito-Ryu Kata			Goju-Ryu Kata		
SK300	16-34 Female Adv Shito-Ryu Kata		SK304	16-34 Female Adv Goju-Ryu Kata	
SK301	16-34 Male Adv Shito-Ryu Kata		SK305	16-34 Male Adv Goju-Ryu Kata	
Shotokan Kata			Wado-Ryu Kata		
SK302	16-34 Female Adv Shotokan Kata		SK306	16-34 Female Adv Wado-Ryu Kata	
SK303	16-34 Male Adv Shotokan Kata		SK307	16-34 Male Adv Wado-Ryu Kata	
Blind Visually Impaired Divisions		PARA KARATE	Wheelchair Divisions		
PK300	17 & Under Female Beg/Nov Para-Kata		PK312	17 & Under Female Beg/Nov Para-Kata	
PK301	17 & Under Female Int/Adv Para-Kata		PK313	17 & Under Female Int/Adv Para-Kata	
PK302	17 & Under Male Beg/Nov Para-Kata		PK314	17 & Under Male Beg/Nov Para-Kata	
PK303	17 & Under Male Int/Adv Para-Kata		PK315	17 & Under Male Int/Adv Para-Kata	
PK304	18+ Female Beg/Nov Para-Kata		PK316	18+ Female Beg/Nov Para-Kata	
PK305	18+ Female Int/Adv Para-Kata		PK317	18+ Female Int/Adv Para-Kata	
PK306	18+ Male Beg/Nov Para-Kata		PK318	18+ Male Beg/Nov Para-Kata	
PK307	18+ Male Int/Adv Para-Kata		PK319	18+ Male Int/Adv Para-Kata	
PK308	17 & Under Beg/Nov Para Weapons		PK320	17 & Under Beg/Nov Para Weapons	
PK309	17 & Under Int/Adv Para Weapons		PK321	17 & Under Int/Adv Para Weapons	
PK310	18 + Beg/Nov Para Weapons		PK322	18 + Beg/Nov Para Weapons	
PK311	18 + Int/Adv Para Weapons	PK323	18 + Int/Adv Para Weapons		
Intellectually Impaired Divisions with Down Syndrome		Intellectually Impaired Divisions without Down Syndrome	Physical Disability (non wheelchair bound) without Intellectual Disability Divisions		
PK324	17 & Under Female Beg/Nov Para-Kata	PK336	17 & Under Female Beg/Nov Para-Kat	PK348	17 & Under Female Beg/Nov Para-Kata
PK325	17 & Under Female Int/Adv Para-Kata	PK337	17 & Under Female Int/Adv Para-Kata	PK349	17 & Under Female Int/Adv Para-Kata
PK326	17 & Under Male Beg/Nov Para-Kata	PK338	17 & Under Male Beg/Nov Para-Kata	PK350	17 & Under Male Beg/Nov Para-Kata
PK327	17 & Under Male Int/Adv Para-Kata	PK339	17 & Under Male Int/Adv Para-Kata	PK351	17 & Under Male Int/Adv Para-Kata
PK328	18+ Female Beg/Nov Para-Kata	PK340	18+ Female Beg/Nov Para-Kata	PK352	18+ Female Beg/Nov Para-Kata
PK329	18+ Female Int/Adv Para-Kata	PK341	18+ Female Int/Adv Para-Kata	PK353	18+ Female Int/Adv Para-Kata
PK330	18+ Male Beg/Nov Para-Kata	PK342	18+ Male Beg/Nov Para-Kata	PK354	18+ Male Beg/Nov Para-Kata
PK331	18+ Male Int/Adv Para-Kata	PK343	18+ Male Int/Adv Para-Kata	PK355	18+ Male Int/Adv Para-Kata
PK332	17 & Under Beg/Nov Para Weapons	PK344	17 & Under Beg/Nov Para Weapons	PK356	17 & Under Beg/Nov Para Weapons
PK333	17 & Under Int/Adv Para Weapons	PK345	17 & Under Int/Adv Para Weapons	PK357	17 & Under Int/Adv Para Weapons
PK334	18 + Beg/Nov Para Weapons	PK346	18 + Beg/Nov Para Weapons	PK358	18 + Beg/Nov Para Weapons
PK335	18 + Int/Adv Para Weapons	PK347	18 + Int/Adv Para Weapons	PK359	18 + Int/Adv Para Weapons

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training

Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



TEAM KUMITE

A competitor may compete in one kata and one kumite division
3 Athletes per team with 1 alternate

TS300	7 & Under Beg/Nov Female Team Kumite	TS311	10-11 Int/Adv Male Team Kumite	TS322	16-17 Beg/Nov Male Team Kumite
TS301	7 & Under Int/Adv Female Team Kumite	TS312	12-13 Beg/Nov Female Team Kumite	TS323	16-17 Int/Adv Male Team Kumite
TS302	7 & Under Beg/Nov Male Team Kumite	TS313	12-13 Int/Adv Female Team Kumite	TS324	18-34 Beg/Nov Female Team Kumite
TS303	7 & Under Int/Adv Male Team Kumite	TS314	12-13 Beg/Nov Male Team Kumite	TS325	18-34 Int/Adv Female Team Kumite
TS304	8-9 Beg/Nov Female Team Kumite	TS315	12-13 Int/Adv Male Team Kumite	TS326	18-34 Beg/Nov Male Team Kumite
TS305	8-9 Int/Adv Female Team Kumite	TS316	14-15 Beg/Nov Female Team Kumite	TS327	18-34 Int/Adv Male Team Kumite
TS306	8-9 Beg/Nov Male Team Kumite	TS317	14-15 Int/Adv Female Team Kumite	TS328	35+ Beg/Nov Female Team Kumite
TS307	8-9 Int/Adv Male Team Kumite	TS318	14-15 Beg/Nov Male Team Kumite	TS329	35+ Int/Adv Female Team Kumite
TS308	10-11 Beg/Nov Female Team Kumite	TS319	14-15 Int/Adv Male Team Kumite	TS330	35+ Beg/Nov Male Team Kumite
TS309	10-11 Int/Adv Female Team Kumite	TS320	16-17 Beg/Nov Female Team Kumite	TS331	35+ Int/Adv Male Team Kumite
TS310	10-11 Beg/Nov Male Team Kumite	TS321	16-17 Int/Adv Female Team Kumite		

TEAM KATA

These categories are not for National Team Selection. Please see the Elite Division listing if you are interested in participating in Team Kata on the Senior or Junior National Teams.

Female Divisions		Male Divisions		Mixed Gender Divisions	
TK300	9 & Under Beg/Nov Female Team Kata	TK310	9 & Under Beg/Nov Male Team Kata	TK320	9 & Under Beg/Nov Mixed Team Kata*
TK301	9 & Under Int/Adv Female Team Kata	TK311	9 & Under Int/Adv Male Team Kata	TK321	9 & Under Int/Adv Mixed Team Kata*
TK302	10-13 Beg/Nov Female Team Kata	TK312	10-13 Beg/Nov Male Team Kata	TK322	10-13 Beg/Nov Mixed Team Kata*
TK303	10-13 Int/Adv Female Team Kata	TK313	10-13 Int/Adv Male Team Kata	TK323	10-13 Int/Adv Mixed Team Kata*
TK304	14-17 Beg/Nov Female Team Kata	TK314	14-17 Beg/Nov Male Team Kata	TK324	14-17 Beg/Nov Mixed Team Kata*
TK305	14-17 Int/Adv Female Team Kata	TK315	14-17 Int/Adv Male Team Kata	TK325	14-17 Int/Adv Mixed Team Kata*
TK306	18-34 Beg/Nov Female Team Kata	TK316	18-34 Beg/Nov Male Team Kata	TK326	18-34 Beg/Nov Mixed Team Kata*
TK307	18-34 Int/Adv Female Team Kata	TK317	18-34 Int/Adv Male Team Kata	TK327	18-34 Int/Adv Mixed Team Kata*
TK308	35+ Beg/Nov Female Team Kata	TK318	35+ Beg/Nov Male Team Kata	TK328	35+ Beg/Nov Mixed Team Kata*
TK309	35+ Int/Adv Female Team Kata	TK319	35+ Int/Adv Male Team Kata	TK329	35+ Int/Adv Mixed Team Kata*
	Family Divisions	** These divisions are for team kata whose members are of the same immediate family. There are no gender or age restrictions.		*These divisions are for team kata of mixed gender. Teams may be comprised of two males and one female or one male and two females. All competitors must meet the age requirement.	
TK330	Beg/Nov Family Team Kata**				
TK331	Int/Adv Family Team Kata**				

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training
Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation
National Championship and Team Trials
Division Lists**



Junior Elite (NATIONAL TEAM TRIAL) DIVISIONS

You Must be a U.S. citizen to enter any of these divisions

Elite Divisions are for those competitors that are attempting to become members of the US Senior or Junior National Teams. To enter any of these divisions the competitor MUST be a U.S. Citizen at the time the registration is submitted. Competitors that medal in these divisions are eligible to become a member of the National Team Pool in accordance with the USA-NKF team guidelines. Any person competing in an Elite Division must compete as Advanced or higher in ALL other divisions in which they compete.

JR CADET, CADET, JUNIOR 7 UNDER 21 ELITE KUMITE					
ES500	12-13 Male Elite Kumite -40 Kg	ES514	14-15 Female Elite Kumite -47 Kg	ES528	18-20 Male Elite Kumite -60 Kg
ES501	12-13 Male Elite Kumite -45 Kg	ES515	14-15 Female Elite Kumite -54 Kg	ES529	18-20 Male Elite Kumite -67 Kg
ES502	12-13 Male Elite Kumite -50 Kg	ES516	14-15 Female Elite Kumite -61 Kg	ES530	18-20 Male Elite Kumite -75 Kg
ES503	12-13 Male Elite Kumite -55 Kg	ES517	14-15 Female Elite Kumite +61 Kg	ES531	18-20 Male Elite Kumite -84 Kg
ES504	12-13 Male Elite Kumite +55 Kg			ES532	18-20 Male Elite Kumite +84 Kg
		ES518	16-17 Male Elite Kumite -55 Kg		
ES505	12-13 Female Elite Kumite -42 Kg	ES519	16-17 Male Elite Kumite -61 Kg	ES533	18-20 Female Elite Kumite -50 Kg
ES506	12-13 Female Elite Kumite -47 Kg	ES520	16-17 Male Elite Kumite -68 Kg	ES534	18-20 Female Elite Kumite -55 Kg
ES507	12-13 Female Elite Kumite -52 Kg	ES521	16-17 Male Elite Kumite -76 Kg	ES535	18-20 Female Elite Kumite -61 Kg
ES508	12-13 Female Elite Kumite +52Kg	ES522	16-17 Male Elite Kumite +76 Kg	ES536	18-20 Female Elite Kumite -68 Kg
				ES537	18-20 Female Elite Kumite +68 Kg
ES509	14-15 Male Elite Kumite -52 Kg	ES523	16-17 Female Elite Kumite -48 Kg		
ES510	14-15 Male Elite Kumite -57 Kg	ES524	16-17 Female Elite Kumite -53 Kg		
ES511	14-15 Male Elite Kumite -63 Kg	ES525	16-17 Female Elite Kumite -59 Kg		
ES512	14-15 Male Elite Kumite -70 Kg	ES526	16-17 Female Elite Kumite -66 Kg		
ES513	14-15 Male Elite Kumite +70 Kg	ES527	16-17 Female Elite Kumite +66 Kg		
JR CADET, CADET, JUNIOR 7 UNDER 21 ELITE KATA					
EK500	12-13 Male Elite Kata	EK504	16-17 Male Elite Kata	EK506	18-20 Male Elite Kata
EK501	12-13 Female Elite Kata	EK505	16-17 Female Elite Kata	EK507	18-20 Female Elite Kata
EK502	14-15 Male Elite Kata				
EK503	14-15 Female Elite Kata				

ELITE TEAM KATA			
Medaling in these categories does NOT guarantee participation at any international event. Final Decisions regarding Team Kata participation will be made by the USA Karate National Team Committee.			
Competitors in these categories must be prepared to demonstrate Bunkai in appropriate rounds as prescribed by WKF/USANKF Rules of Competition.			
ETK500	14-17 Male Elite Team Kata		ETK502 18-20 Male Elite Team Kata
ETK501	14-17 Female Elite Team Kata		ETK503 18-20 Female Elite Team Kata

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Event and Registration Information



Competition Venue

The competition, courses and briefings will be held at the Cajundome & Convention Center. The Cajundome & Convention Center is located at 444 Cajundome Blvd, Lafayette, LA 70506 Visit their website for information on the venue at www.cajundome.com.

Rules of Competition

This tournament will utilize the current World Karate Federation Rules of Competition for the Elite Divisions. We will make minor adjustments for non-elite divisions and follow the USA-NKF Rules.

<https://www.teamusa.org/usa-karate/events/rules-of-competition>

Junior & Senior National Team Selection

Selection procedures can be found on the USA Karate Website at <https://www.teamusa.org/usa-karate/athlete-resources/documents-and-resources>

Membership Fees

To be eligible to compete you must be a member in good standing. Athlete, Coach and Official Members are eligible to compete.

Membership platform is at usankf.sport80.com

Athlete Annual Membership	\$60
Coach or Official Annual Membership	\$75
USA-NKF Patch – REQUIRED	Sold thru Century Martial Arts



Where Olympic Journeys Begin

USA National Karate-do Federation National Championships & Team Trials Event and Registration Information



Event Fees

Competition fees

First Division	\$100
Second thru Fourth Divisions	\$60 / division
Each Division after Fourth	\$70 / division
Elite (Team Trial Divisions)	\$125 / division
Team Non-Elite Divisions	\$160 per team
Team Elite Divisions	\$200 per team

LATE REGISTRATION FEES

Online registrations completed after June 27, 2024	\$50
On-site registration Fee	\$100

SMS TEXT MESSAGES

SMS Text Messaging Alerts per number	\$10
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SPECTATOR PASSES

Spectator tickets will be sold thru Ticket Master

Purchased online

One Day Pass	\$25
Event Pass (Thursday-Sunday)	\$70

Purchased on-site

One Day Pass	\$30
Event Pass (Thursday-Sunday)	\$90



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Event and Registration Information



Competitor Registration

Athletes compete at their age as of the 1st day of competition – July 11, 2024

Online Registration

Using our convenient online registration is the fastest, easiest and best way to register for this event. Visit usakaratenationals.com to register.

Late fees will begin on June 27, 2024, at 3:00 AM EST and online registration will close on July 9, 2024, at 3:00 AM EST.

USA Karate Referee/Judge Certification Course

USA Karate will host a Referee/Judge Certification Course Wednesday, July 10 that will issue certifications up to Kumite Referee A & Kata Judge A. You must be a current member in good standing. Referee licenses are available to official and coach members. Your registration fee will cover both Kata and Kumite course, and every official is encouraged to work to attain both licenses.

Kumite & Kata Referee/Judge Certification Course Fee: \$200

Referee/Judge Certification Course Registration is available online only!

USA Karate Officials who have attained the Karate Referee standard (Kumite Referee A & Kata Judge A) may participate in the course at no charge. USA

Karate Officials who have a Kumite Referee A are entitled to a 50% discount. Please contact natoffice@usankf.org for more details.

Referees not participating in the certification course, but attending the championships are required to register online at usakaratenationals.com. Registration is now open.

****Please note all officials will be required to hold a current USANKF official or coach membership – Safe Sport compliance is a condition of membership per**



Where Olympic Journeys Begin



USA National Karate-do Federation National Championships & Team Trials Event and Registration Information



our bylaws this requires completed NCSI Background Check, SafeSport™ Training and review of the Participant Safety Handbook. Information available at safesport.usankf.org. SafeSport™ Training and Background Screens can be completed from your membership profile on [our Sport:80 membership platform](#). Background Screens have been taking longer than previous years and could take up to 10 days.

Athlete Town Hall

Message from the USANKF Athlete Representatives and Athlete Advisory Council

As part of our continued effort to improve communications within USANKF, the Athlete representatives and Athlete Advisory Council would like to invite you to the Athlete Town Hall Meeting.

This Athlete Town hall is open to all athlete members and their parents. Here is an agenda of what we would like to cover:

- Introduction and message from the USANKF Board Chair
- Information to-date on NKF, PKF and WKF events for 2024-25
- Information on current Athlete support
- Feedback from participants: What would you like to see improved regarding athlete support?
- Feedback from participants: What suggestions do you have for improved communication around USA Karate sanctioned events (ex. USA Open, Nationals, official team trips)?

We anticipate that there will be a lot of enthusiastic conversation, and we encourage a respectful discussion by all. The event will be moderated so that we may hear from as many participants as possible.

If you have any questions, please do not hesitate to reach out to your Board member athlete reps.

Sincerely,

USANKF Athlete Representatives and Athlete Advisory Council



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USA National Karate-do Federation National Championships & Team Trials Event and Registration Information



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USA Karate Coaches Floor Access Pass Credential

Credential Fee: \$125 – Online only

To obtain a Coaches Floor Access Pass Credential, you must register in advance, online by visiting the USA Karate National Championships page at usakaratenationals.com. You must be a current USANKF official or coach member – Safe Sport compliance is a condition of membership per our bylaws this requires completed NCSI Background Check and SafeSport™ Training and review of the Participant Safety Handbook. There will be no way to register for the Coaches Floor Access Pass Credential on-site. The Safe Sport compliance must be completed and verified by USA Karate in advance of the competition. SafeSport™ Training and Background Screens can be completed from your membership profile on [our Sport:80 membership platform](#). Background Screens have been taking longer than previous years and could take up to 10 days.

Late fees will begin on June 27, 2024 at 3:00 AM EST

Online registration will close on July 9, 2024 at 11:59 PM EST

NO EXCEPTIONS!



2024 National Championship & US Team Trials



Hotel Information

This year we are partnering with Team Travel Source, to facilitate easy online reservations at seven different hotels very close to the venue.

You may access this service by going to www.usankf.org and clicking on the National Championships event.

You may also simply use this link to make your reservations now.

https://www.teamtravelsource.com/sport_lander/usa-national-karate-do-federation-national-championships/

Hotels on the list include:

- Holiday Inn Lafayette North
- Best Western Heritage Inn & Suites Broussard
- La Quinta Inn by Wyndham Lafayette Oil Center
- Courtyard Marriott Lafayette South
- La Quinta Inn & Suites Broussard-Lafayette
- Drury Inn & Suites Lafayette
- Comfort Suites Oil Center

Jr. Team Selection Information

United States of America National Team Selection

Each year USA Karate selects the Junior and Senior National Teams that will officially represent the USA in international competition. Members of the USA Karate are recognized as the official representatives of the United States, no other organization has the ability to enter international competitions like the WKF World Championship, World Games, World University Games, the PKF Continental Championships, Pan American Games, and the Olympic Games.

Athletes who compete in Junior Team Trial divisions are trying out for a place on the 2024 USA Junior National Karate Team. These are also called Junior Elite Divisions because they represent the highest level of competition the US has to offer. The Junior National Teams works off of a team pool that is selected at the National Championships & Jr. Team Trials. The top 4 places are in the team pool for the Jr. Age Divisions 12-13, 14-15, 16-17, and 18-20 years of age. The Jr. Pan American Karate Federation (PKF) Championships allow 2 athletes in each of the categories of those age divisions. The Jr. PKF Championship is scheduled for August 19-26, 2024 in Sao Paolo, Brasil.

The PKF Championships is held annually for both Juniors and Seniors. The WKF World Championships are every other year.

Junior National Team Selection based on the National Championships & Team Trial

- A. The top 4 athletes in each Jr. Elite Division at the National Championships will qualify for the Junior National Team Pool.
- B. These athletes are determined by the current method of single elimination and repechage.
- C. Both winners of the bronze medal matches would qualify for the team pool. The Bronze Medalist will compete against each other to deter the true (Super) third place position on the US Team which will be the 1st Alternate.
- D. Athletes for international competition are selected from the team pool. If for any reason the number 1 or 2 seats cannot attend the international event the next highest seed will then have an opportunity to attend.

Team Selection Information

All athletes competing in a Junior Elite Division must be in that age division on the first day of competition for the event in which they are attempting to qualify. Athletes must bring their US passport when picking up their competitor pass (passport must be current and be valid for at

least 6 months after the start of the first international event following the selection). If you do not provide proof of US citizenship with a valid passport you will not be allowed to compete in the Elite Divisions. Athletes are only allowed to compete for one country regardless of citizenship.

Non-US Citizens or US Citizens that are members of another countries national team seeking high-level competition are encouraged to compete in our advanced divisions.

If your birthday is between the Jr. Pan American Championships and the Jr. World Championships you can compete in both age categories. You must register for the second division ON SITE

On Sunday of the National Championships there will be a Jr. Team meeting to discuss any updates on the Jr. Pan American Championships.

Selection procedures can be found on the USA Karate Website at <https://www.teamusa.org/usa-karate/athlete-resources/documents-and-resources>



USA National Karate-do Federation National Championships & Team Trials



Equipment Information

Protective Equipment

The following protective equipment is required for all Non- Elite Kumite divisions

- USA Karate or WKF approved red & blue Gloves/Mitts
- USA Karate or WKF approved Shin and Instep Protectors - either red/blue, or white
- Mouth Guard
- Groin Protector (All Male competitors)
- WKF Approved Chest Protector for Females in age 14+ Advanced Kumite Divisions all other female divisions are optional
- Helmet/headgear Athletes 13 & under
- WKF approved Body Armor (optional)

Elite competitors are required to wear the WKF mandatory equipment. Please refer to this link for all WKF requirements

<https://www.wkf.net/karateprotections/protections-assistance>

- WKF approved red & blue Gloves/Mitts.
- WKF approved red & blue Shin and Instep Protectors.
- Mouth Guard
- Groin Protector (All Male competitors).
- WKF Approved Chest Protector (All Female competitors)
- WKF approved Body Armor
- Head gear
- Facemask

Gis

- For Elite Kata & Kumite competitors the WKF Red & Blue embroidered gi are required
- Non Elite competitors may only wear traditional cut unmarked white karate uniforms without stripping or piping.



USA National Karate-do Federation National Championships & Team Trials



Equipment Information

Official Equipment Supplier

Equipment licensed with the USA Karate logo is available exclusively through Century Martial Arts. You can purchase their full line of offerings at

<http://www.centurymartialarts.com/>

A promotional graphic for Century Martial Arts. At the top is the USA Karate logo, a stylized blue figure in a dynamic pose with the text "USA KARATE" below it. Below the logo is the text "OFFICIAL SUPPLIERS" in yellow. The main focus is the "CENTURY" logo in large white letters, with "World Leader in Martial Arts Since 1976" underneath. To the right is the "PUNOK" logo, a white shield with a karate figure. Below these logos is a collection of martial arts equipment: two white protective gear pieces (possibly shin guards or chest protectors) and two red protective gear pieces (possibly gloves or knee pads), all featuring the USA Karate logo. The background is a blue gradient with a white splatter effect behind the equipment. At the bottom, the website "WWW.CENTURYMARTIALARTS.COM" is written in red, and "STARTING ON JUNE 1st 2019" is written in blue.



USA National Karate-do Federation National Championships & Team Trials



Equipment Information

Full lines of WKF approved equipment, as well as top quality uniforms and training aids, are available through many of our great vendors. Their full line of offerings can be found by using the information below.

	https://www.afsgear.com
	https://www.arawaza.com
	https://www.awma.com
	http://www.budomartamerica.com
	http://www.punok.com



2024 USA National Championship & US Team Trials



Vendor Credentials

The criteria for obtaining Vendor Credentials are as follows:

Vendors will need to register using the following link

https://www.tournamentinabox.com/index.php?ff_name=GroupRegistration_CP&option=com_breezingforms&ff_param_tournamentid=478

Championship Booth Displays

- 10' X 10' \$1200 + 5 % gross sales
- 10' X 20' \$1500 + 5% gross sales
- 10 X 30' \$2000 + 5% gross sales
- 10' X 40' \$2500 + 5% gross sales

This event is following the guidelines of the US Center for SafeSport's Minor Athlete Abuse Prevention Policies (MAAPP). Information on USA Karate's full Safe Sport Program can be found at safesport.usankf.org. On this page you can find the [USA-NKF Participant Safety Handbook](#) and the [USA-NKF Minor Athlete and Officials Abuse Prevention Policies](#).

In cooperation with the US Center for SafeSport there is a [MAAPP At-A-Glance](#) Resource and [How to Report a Concern](#) resource. Both are accessible from the QR code on your event credential. We ask that you take a few minutes and review this important information. Should you have any questions or concerns please let us know.

Vendors will be emailed a copy of the MAAPP At-A Glance and we ask that you read thru it before the event. If vendors are wanting a press credential, they will need to register for a press credential in [tournamentinabox.com](https://www.tournamentinabox.com).

Press credentials require that the holder completes the SafeSport training and background screening. Both of these can be accessed thru our membership site <https://usankf.sport80.com>. Click on the free club participant membership to get started.



2024 National Championship & US Team Trials



Press Credentials

The criteria for obtaining Press Credentials are as follows:

- Representative of an accredited news outlet*
- OR
- Register thru tournamentinabox.com
- Completed NCSI Background Screen
- Completed SafeSport™ Training
- Please submit a letter naming you the exclusive press credential holder from your club owner to natoffice@usankf.org
- The cost of a press credential is \$150.00
- Member Clubs receive a discount, contact the national office

Press Credentials will not be issued to any individual on the USA Karate Banned Member list or the US Center for SafeSport Centralized Disciplinary Database.

*Accredited news outlets include National and local newspapers, cable, and television outlets. Verification from the news outlet is required.

You can contact the national office via email natoffice@usankf.org or by phone 719-477-6925 with any questions.

**By being granted access to the competition floor USA Karate has the right to access your photos for use.

***Access to the competition floor is a privilege. Any disruption of competition or contact with the Officials or table volunteers will result in loss of press credential.