



2025 Paratriathlon National Championships Qualification Procedures

1. Introduction

The qualification procedures will explain how USA paratriathletes can enter to compete in the USA Paratriathlon National Championship Event. Any athlete that wishes to compete in the National Championship division at the 2025 USA Paratriathlon National Championship must be officially classified and placed in a USA Paratriathlon Category as outlined in USA Triathlon's Competitive Rules. If an athlete does not classify or does not qualify via the time standards, they may race in the Adaptive Triathlon Division 1.

2. Minimum Eligibility Requirements for Consideration

- a. Athlete must be eligible under all applicable rules of World Triathlon (www.triathlon.org), the U.S. Anti-Doping Agency (www.usada.org), and USA Triathlon.
- b. Athlete must be an annual member in good standing of USA Triathlon.
- c. Paratriathlon Category Classification: Each athlete must be Officially Classified and placed in a USA Paratriathlon Category as outlined in USA Triathlon's Competitive Rules. USA Paratriathlon categories shall be instituted and maintained as follows:

PTWC - Wheelchair users. Athletes must use a recumbent handcycle on the bike course and a racing wheelchair on the run segment;

PTS2 - Severe Impairments. In both bike and run segments, amputee athletes may use approved prosthesis or other supportive devices.

PTS3 – Significant Impairments. In both bike and run segments, the athlete may use approved prosthesis or other supportive devices.

PTS4 – Moderate Impairments. In both bike and run segments, the athlete may use approved prosthesis or other supportive devices.

PTS5 – Mild Impairments. In both bike and run segments, the athlete may use approved prosthesis or other supportive device.

PTVI - Total or Partial visual Impairment (IBSA/IPC defined sub-classes B1, B2, and B3): Includes athletes who are totally blind, from no light perception in either eye, to some light perception (B1) and partially sighted athletes (B2, B3). One guide is mandatory throughout the race. Must ride a tandem during the bike segment.



3. National Championship Division

The athlete must choose between option A or B, below, in order to be eligible to compete in the National Championship division:

- A. Successful completion of a USAT-Sanctioned or World Triathlon Para sprint distance triathlon between the following distances since May 1, 2023:

Swim	Bike	Run
400 m - 1,000 m	15 km - 30 km	3 km - 6 km

Within the minimum finishing time noted below:

<u>Sport Class</u>	<u>2025 Qualification (USAT-sanctioned/World Tri)</u>
Women PTWC	1:27:46
Women PTS2	1:43:12
Women PTS3	1:39:45
Women PTS4	1:40:25
Women PTS5	1:27:13
Women PTVI	1:25:31
Men PTWC	1:13:39
Men PTS2	1:30:42
Men PTS3	1:28:45
Men PTS4	1:17:55
Men PTS5	1:17:16
Men PTVI	1:16:34

- B. Successful completion of a 2025 Para Nationals Qualifier Race Series event as outlined below

CLASH Endurance Miami (Paratriathlon wave)	Homestead, FL	March 30
St. Anthony's Triathlon (Paratriathlon wave)	St. Petersburg, FL	April 27
Got the Nerve Triathlon (Paratriathlon wave)	Mt. Gretna, PA	May 18
Lago Mar Triathlon (Paratriathlon wave)	Texas City, TX	May 18
Leon's Triathlon hosted alongside USA Triathlon Military and First Responders National Championships	Hammond, IN	June 1



(Paratriathlon wave)		
Treasure Valley Triathlon (Paratriathlon wave)	Boise, ID	June 7
Pleasant Prairie Triathlon (Paratriathlon wave)	Pleasant Prairie, WI	June 22
Long Beach Legacy Triathlon (Paratriathlon wave)	Long Beach, CA	July 20
U.S. Paratriathlon National Championship (National Championship wave) hosted alongside USA Triathlon Sprint and Olympic-Distance National Championships	Milwaukee, WI	August 10

Within the minimum finishing times noted below:

Sport Class	2025 Qualification (Para National Qualifier Series)
Women PTWC	1:34:31
Women PTS2	1:51:08
Women PTS3	1:47:26
Women PTS4	1:48:09
Women PTS5	1:33:55
Women PTVI	1:32:06
Men PTWC	1:19:19
Men PTS2	1:37:40
Men PTS3	1:35:34
Men PTS4	1:23:54
Men PTS5	1:23:12
Men PTVI	1:22:28

*If an athlete has not been classified and unsure what sport class they fit into, please email Paratriathlon@usatriathlon.org with the medical diagnosis form [available on our website](#) and we will make an educated guess as to which sport class the athlete fits until a classification assessment can take place

**All final determinations on sport class and qualification will be determined at the national classification opportunity in the days leading into the event. Please note there is a chance that if



an athlete changes sport classes from the educated guess they will need to show proof of a qualification race in the new sport class within the specified qualification time.

**** Please note that the Option A qualification times are derived by adding 30% to the 2024 World Triathlon Para World Champion finishing time and Option B is by adding 40%. This is done to showcase which athletes will, or could soon, score points at World Triathlon Para races and be able to enter the elite pipeline.*

Registration for the National Championship will close on a TBD date.

Concerns or questions related to discretionary decisions should be communicated to the USA Triathlon High Performance General Manager (hpgm@usatriathlon.org or 720-936-4278). In addition, athletes are encouraged to contact the Athlete Ombuds Office as a resource for confidential, independent advice and assistance with resolving disputes (contact information below). After the previous steps have occurred, athletes may contact USA Triathlon General Counsel (legal@usatriathlon.org) to administer an executive review to ensure published criteria and process was followed.

Athletes have the right to file a grievance and have a hearing per the [USAT Grievance and Disciplinary Policy](#). Athletes also have the right to report any actual, potential or perceived conflicts of interest and will not be retaliated against for raising concerns or asking questions of USA Triathlon or the Athlete Ombuds Office. For more information, please see [USA Triathlon's Whistleblower Policy](#).

Athlete Ombuds - The Office of the Athlete Ombuds offers independent, confidential advice to elite athletes regarding their rights and responsibilities in the Olympic and Paralympic Movement, and assists athletes with a broad range of questions, disputes, complaints and concerns.

Phone: 719-866-5000

Email: ombudsman@usathlete.org

Website: usathlete.org