

TN-KY WSO

Minutes of Meeting February 18, 2024

Present: Jenny Lutkins (President), Avery Johnson, Charles Sweeton, Chris Garvey, Lavetta Tevis, Melissa Kamphake, Rebecca Lipsey, Riley Williams, Ryan Flood

Guest: None

1. Welcome

The president called the meeting to order at 3pm. She welcomed the WSO board members to the meeting second WSO meeting of 2024.

2. Declaration of Conflicts of Interest for this agenda.

Jenny Lutkins (President)

A. How can we encourage more meets without discouraging potential hosts?

B. Who owns the Link Tree on Instagram and how can we update it?

3. Committee Discussion – 2024

I. WSO Board Meeting and Training Recap

- A. The WSO board members review their recent AI meeting notes and training on using bars for meet sanctioning.
- B. They also discuss governance under WSO and USAW, the need for a coach's mastermind group, and the role and responsibilities of the board members.
- C. Sanctioning Meets and Approval Process

II. Bidding Process and Involvement of Kentucky Clubs

- A. TN-KY WSO expressed the need to involve Kentucky clubs in the bidding process, seeking ideas to encourage their participation.
- B. Avery Johnson expressed skepticism about Kentucky clubs qualifying for bids, while Riley Williams mentioned Bowling Green Powerhouse planning to submit a bid.
- C. The group planned to remind clubs about the open bids, gather submissions, and review them in the upcoming meeting.

III. Discussion on Hosting Weightlifting Meets

- A. Melissa, TN KY WSO, and others express their frustrations with hosting weightlifting meets, citing issues with equipment, venue costs, and lack of support from USA Weightlifting.
- B. They discuss the possibility of the WSO owning equipment and booking venues themselves to address these challenges, with the idea of meet directors getting a percentage of the take to incentivize their involvement.
- C. Equipment and Venue Logistics

IV. Equipment Sharing and Acquisition

- A. TN KY WSO and Ryan Claudy Flood discussed the challenges of acquiring platforms and the potential costs involved.
- B. Christopher Garvey mentioned reaching out to a contact for assistance, while Melissa Kamphake and others shared information about available equipment from gyms that are closing.
- C. The group considered the possibility of sharing and purchasing equipment to meet their training needs.

V. Social Media and Communication Strategy

- A. Riley, TN KY WSO, Melissa, Avery, and Rebecca discussed using the Slack channel for communication and sharing club owner bids.
- B. They planned to create a shared drive for social media photos and discussed posting reminders about the Arnold event and state records on social media.
- C. Additionally, they addressed issues with the Link Tree on Instagram and discussed the need to update it with relevant information.
- D. Arnold Competition and State Records
- E. WSO Championship Bids

VI. Action Items:

- A. TN KY WSO will try to do AI recording and see how easy it is to transfer that into a readable thing, and then send the AI thing to someone to copy it into a neater form and email it to USAW.
- B. Melissa Kamphake will gather all the bids and put them in Slack as they come.
* Tn KY WSO will upload the WSO championship bids and remind members to join the Slack channel.
- C. All members will contribute photos and media to a shared folder for social media use.
- D. Melissa Kamphake will post a reminder about submitting state records at the Arnold competition on social media.
- E. TN-KY WSO will investigate the ownership of the Link Tree on Instagram and update it with relevant information.

F. TN-KY WSO will upload the bids that have been received so far.

G. Avery Johnson and Riley Williams will share upcoming meet advertisements on the WSO social media channels.