



WE MOVE AS
ONE

2025 CONVENTION SCHEDULE

September 4th - 6th, 2025 | Omaha, Nebraska



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2025 CONVENTION

Thursday, September 4th

TIME	JUDGE & COACH	ATHLETE
7:55		Athlete Meeting
9:00	Welcome Address	
9:30	Coach/Officials Connections	Athlete Connections
11:50	Coach/Officials Key Findings	Athlete Key Findings
12:30	Lunch & SPEAKER: My Nutrition Journey	
2:00	Technique, Technique, Technique	Nutrition is Key
3:00	Nutrition is Key	Technique, Technique, Technique
4:00	Meet the Candidates	
5:00	IR Comittee Meeting	
5:00	Masters Committee Meeting	
5:00	AWD Committee Meeting	

**Lunch provided by USAAS*



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Friday, September 5th

TIME	JUDGE & COACH	ATHLETE
7:00	Rules Committee Meeting	
9:00	USAAS Training Program	
10:05	How Do your Athletes Hear You?	What Makes You Love Artistic Swimming
11:10	Running a Club - Control the Mayhem	
12:10	Lunch & SPEAKER: OUR G.O.A.T	
1:40	Ask the Official	
2:45	Zone Meetings	
6:00	Foundation Reception	

**Lunch provided by USAAS*

NOTES



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2021 CONVENTION

Saturday, September 6th

TIME	JUDGE & COACH	ATHLETE
8:00	Pure Barree Class	
9:00		Athlete Meeting 2
9:00	Foundation and BOD Meeting	
10:00	Board of Directors & Board of Governors Meeting	
12:00	Lunch & Keynote Speaker	
1:30	Board of Directors & Board of Governors Meeting	
6:00	Awards Reception	

**Lunch provided by USAAS*