

Poomsae Estimated Report Times
Thursday 3/5/26

Report Time	Division
8:10:00 AM	Female Cadet: Black
	Lunch
1:15:00 PM	Female Teams: Cadet
2:50:00 PM	Pairs: Cadet
8:10:00 AM	Male Cadet: Black
11:00:00 AM	Male Teams: Cadet
	Lunch
11:55:00 AM	Male Tiger: Black
12:15:00 PM	Female Youth: Black
2:50:00 PM	Male Black: Under 60
3:30:00 PM	Female Black: Under 60
8:10:00 AM	Para Senior Male P34
8:20:00 AM	Para Senior Male P21
8:40:00 AM	Para Senior Female P21
8:50:00 AM	Para Senior Male P22
9:10:00 AM	Para Senior Female P22
9:20:00 AM	Para Senior Male P23
9:40:00 AM	Para Senior Female P23
9:50:00 AM	Male Black: Under 30 (Lunch)
1:50:00 PM	Pairs: Under 60
2:15:00 PM	Male Teams: Under 60
2:15:00 PM	Female Teams: Under 60
2:25:00 PM	Male Teams: Over 60
2:35:00 PM	Female Teams: Over 60
2:45:00 PM	Male Teams: Junior
3:10:00 PM	Male Dragon Black
3:15:00 PM	Male Teams: Under 30
8:10:00 AM	Female Teams: Under 30
8:55:00 AM	Pairs: Under 30
10:25:00 AM	Male Black: Under 65
10:45:00 AM	Female Black: Under 65
11:00:00 AM	Female Black: Over 65
11:25:00 AM	Male Black: Over 65
	Lunch
12:10:00 PM	Female Black: Under 30
8:10:00 AM	Female Teams: Junior
9:00:00 AM	Female Junior: Black
	Lunch
12:50:00 PM	Male Youth: Black
3:10:00 PM	Pairs: Juniors
8:10:00 AM	Male Black: Under 50
9:05:00 AM	Female Black: Under 50
9:45:00 AM	Pairs: Under 50
10:25:00 AM	Male Teams: Under 50
10:40:00 AM	Female Teams: Under 50
10:55:00 AM	Female Tiger: Black
11:20:00 AM	Female Black: Under 40
	Lunch
1:00:00 PM	Male Junior: Black
3:25:00 PM	Male Black: Under 40
8:10:00 AM	Freestyle Individual: Female U17
9:00:00 AM	Freestyle Individual: Male U17
10:25:00 AM	Freestyle Individual: Female O17
	Lunch
12:35:00 PM	Freestyle Pairs: Under 17
1:05:00 PM	Freestyle Pairs: Over 17
1:30:00 PM	Freestyle Individual: Male O17

Sparring Estimate Division Times Friday 3/6/26

Ring	Estimated Time	Division
Ring 1	8:30 AM - 4:30 PM	Male - K44 - (-58kg)
		Male - K44 - (-63kg)
		Male - K44 - (-70kg)
		Male - K44 - (+80kg)
		Male - K44 - (-80kg)
		Female - K44 - (-47kg)
		Female - K44 - (+65kg)
		Female - K44 - (-52kg)
		Female - K44 - (-57kg)
Ring 2	8:30 AM - 5:45 PM	Male - Junior World Class - (-59kg) Flight B
		Male - Junior World Class - (-45kg) Flight A
Ring 3	8:30 AM - 5:45 PM	Male - Junior World Class - (-59kg) Flight A
		Male - Junior World Class - (-45kg) Flight B
Ring 4	8:30 AM - 5:45 PM	Male - Junior World Class - (-55kg) Flight A
		Female - Junior World Class - (-52kg) Flight A
		Female - Junior World Class - (-59kg) Flight A
Ring 5	8:30 AM - 5:45 PM	Male - Junior World Class - (-55kg) Flight B
		Female - Junior World Class - (-52kg) Flight B
		Female - Junior World Class - (-59kg) Flight B
Ring 6	8:30 AM - 5:45 PM	Male - Junior World Class - (-63kg) Flight B
		Male - Junior World Class - (-51kg) Flight A
Ring 7	8:30 AM - 5:45 PM	Male - Junior World Class - (-63kg) Flight A
		Male - Junior World Class - (-51kg) Flight B
Ring 8	8:30 AM - 5:45 PM	Male - Junior World Class - (-73kg)
		Male - Junior World Class - (+78kg)
		Female - Junior World Class - (+68kg)
		Male - Junior World Class - (-78kg)
Ring 9	8:30 AM - 5:45 PM	Female - Junior World Class - (-49kg) Flight A
		Male - Junior World Class - (-48kg)
		Female - Junior World Class - (-46kg) Flight A
		Female - Junior World Class - (-68kg) Flight B
Ring 10	8:30 AM - 5:45 PM	Female - Junior World Class - (-49kg) Flight B
		Male - Junior World Class - (-48kg)
		Female - Junior World Class - (-46kg) Flight B
		Female - Junior World Class - (-68kg) Flight A
Ring 11	8:30 AM - 5:45 PM	Male - Junior World Class - (-68kg)
		Female - Junior World Class - (-55kg)
Ring 12	8:30 AM - 5:45 PM	Female - Junior World Class - (-42kg)
		Female - Junior World Class - (-44kg)
		Female - Junior World Class - (-63kg)

Sparring Estimate Division Times

Saturday 3/7/26

Ring	Time	Division
Ring 1	8:30 AM - 5:15 PM	Male - Cadet World Class - (-33kg)
		Female - Cadet World Class - (-59kg)
Ring 2	8:30 AM - 2:30 PM	Female - Cadet World Class - (-44kg)
		Male - Ultra 46-99 - (-80kg)
		Female - Ultra 33-45 - (+67kg)
	2:30 PM - 5:15 PM	Male - Ultra 33-45 - (+80kg)
		Male - Ultra 33-45 - (-80kg)
		Male - Ultra 46-99 - (+80kg)
Single Athlete Division	Female - Ultra 46-99 - (+67kg)	
Ring 3	8:30 AM - 9:45 AM	Male - Tiger - (-28kg)
		Female - Tiger - (-33kg)
		Male - Dragon - (-25kg)
	9:45 AM - 5:15 PM	Female - Cadet World Class - (-37kg)
		Female - Cadet World Class - (-33kg)
		Female - Cadet World Class - (-29kg)
Ring 4	8:30 AM - 5:15 PM	Male - Youth - (-30kg)
		Male - Tiger - (-24kg)
		Male - Tiger - (+33kg)
		Female - Tiger - (-24kg)
Ring 5	8:30 AM - 5:15 PM	Female - Youth - (-30kg)
		Male - Youth - (-40kg)
		Female - Youth - (-40kg)
		Male - Tiger - (-33kg)
Ring 6	8:30 AM - 5:15 PM	Male - Cadet World Class - (-53kg)
		Male - Youth - (-35kg)
		Female - Youth - (-35kg)
	Single Athlete Division	Female - Tiger - (-28kg)
		Female - Tiger - (+33kg)
Ring 7	8:30 AM - 5:15 PM	Male - Cadet World Class - (-37kg)
		Female - Youth - (+40kg)
Ring 8	8:30 AM - 5:15 PM	Male - Cadet World Class - (-41kg)
		Male - Youth - (+40kg)
Ring 9	8:30 AM - 5:15 PM	Male - Cadet World Class - (-45kg)
		Female - Cadet World Class - (-55kg)
Ring 10	8:30 AM - 5:15 PM	Female - Cadet World Class - (-41kg)
		Female - Cadet World Class - (-47kg)
Ring 11	8:30 AM - 9:00 AM	Female - Ultra 46-99 - (-49kg)
		Female - Ultra 46-99 - (-57kg)
		Male - Ultra 46-99 - (-58kg)
	9:00 AM - 5:15 PM	Male - Cadet World Class - (-49kg)
		Female - Cadet World Class - (-51kg)
	Single Athlete Division	Female - Ultra 33-45 - (-49kg)
Ring 12	8:30 AM - 11:00 AM	Male - Ultra 33-45 - (-68kg)
		Male - Ultra 46-99 - (-68kg)
		Male - Ultra 33-45 - (-58kg)
		Female - Ultra 33-45 - (-57kg)
		Female - Ultra 33-45 - (-67kg)
	11:00 AM - 5:15 PM	Female - Cadet World Class - (+59kg)
		Male - Cadet World Class - (-61kg)
		Male - Cadet World Class - (-65kg)
		Male - Cadet World Class - (+65kg)
		Male - Cadet World Class - (-57kg)
		Single Athlete Division

Sparring Estimate Division Times

Sunday 3/8/26

Ring	Time	Division
Ring 1	7:30 AM - 6:00 PM	Female - Senior World Class - (-53kg) Flight A
		Male - Senior World Class - (-54kg) Flight A
Ring 2	7:30 AM - 6:00 PM	Female - Senior World Class - (-53kg) Flight B
		Male - Senior World Class - (-54kg) Flight B
Ring 3	7:30 AM - 6:00 PM	Male - Senior World Class - (-68kg) Flight A
		Female - Senior World Class - (-49kg) Flight A
Ring 4	7:30 AM - 6:00 PM	Male - Senior World Class - (-68kg) Flight B
		Female - Senior World Class - (-49kg) Flight B
Ring 5	7:30 AM - 6:00 PM	Male - Senior World Class - (-63kg) Flight A
		Female - Senior World Class - (-46kg) Flight A
Ring 6	7:30 AM - 6:00 PM	Male - Senior World Class - (-63kg) Flight B
		Female - Senior World Class - (-46kg) Flight B
Ring 7	7:30 AM - 6:00 PM	Male - Senior World Class - (-58kg) Flight A
		Female - Senior World Class - (-62kg) Flight A
		Female - Senior World Class - (+73kg) Flight A
Ring 8	7:30 AM - 6:00 PM	Male - Senior World Class - (-58kg) Flight B
		Female - Senior World Class - (-62kg) Flight B
		Female - Senior World Class - (+73kg) Flight B
Ring 9	7:30 AM - 6:00 PM	Male - Senior World Class - (-74kg) Flight A
		Male - Senior World Class - (-87kg)
Ring 10	7:30 AM - 6:00 PM	Male - Senior World Class - (-74kg) Flight B
		Male - Senior World Class - (+87kg)
Ring 11	7:30 AM - 6:00 PM	Female - Senior World Class - (-57kg)
		Female - Senior World Class - (-73kg)
Ring 12	7:30 AM - 6:00 PM	Male - Senior World Class - (-80kg)
		Female - Senior World Class - (-67kg)