



**2024 BATTLE IN THE SQUARE  
Junior/Senior E Points Event  
Saturday May 4th, 2024  
ONLINE REGISTRATION ONLY**

**WE ARE ONLY ACCEPTING ONLINE  
REGISTRATIONS**

**2024 BATTLE IN THE SQUARE Junior/Senior E Points Event  
Saturday May 4th, 2024**

Mens Elite: -60kg -66kg -73kg -81kg -90kg -100kg +100kg

Women's Elite Champion: -48kg -52kg -57kg -63kg -70kg -78kg +78kg

Host: TOTALFORMFITNESS JUDO CLUB

Date: Saturday May 4th 2024

Place: SUNY WESTCHESTER COMMUNITY COLLEGE

75 Grasslands Rd, Valhalla, NY 10595

**Headquarters Hotel: Baymont by Wyndham White Plains -  
Elmsford 540 Saw Mill River Rd, Elmsford, NY 10523**

**Weigh-ins: Will be held May 3rd from 12-4pm at the Hotel**

**Headquarters: Baymont by Wyndham White Plains - Elmsford**



**TOURNAMENT DIRECTOR:** LEO LOPES 914-439-7532

**TOURNAMENT COORDINATOR:** PETER DUKE 845-222-8393

**TECHNICAL SUPERVISOR:** KERRY BRETZ

**REPORTING SUPERVISOR:** JON SILVERI

**CHIEF REFEREE:** SARO BALAGEZIAN BALAGEZIAN@GMAIL.COM

**Sanction:** USA Judo #00510

Non US Citizens will not be added to the USA National Points Ranking Roster

## **ONLINE REGISTRATION ONLY ( no exceptions )**

REGISTRATION at [Smoothcomp.com](https://smoothcomp.com)

Entries:

\$85 Early Bird Must be done Online by March 31st, 2024

\$89 Normal Must be done Online by April 15th 2024

\$99 Late Must be done Online by May 1st, 2024

### **Absolutely No registration on tournament day**

Spectator: \$10.00 Adult

National Champions & Olympians free

Instagram: [Battleinthesquare](https://www.instagram.com/Battleinthesquare)

Eligibility: - Ages 5 – Adult

**Must be a current member of one of the following: USA JUDO, ATJA**



## **Rules: Modified IJF Rules**

Novice - Round robin in all divisions.

- Golden score for all matches.

Regular Divisions -Brackets

Male Bantam 1 (Born 2017) Female Bantam 1 (Born 2018)

Male Bantam 2 (Born 2016) Female Bantam 2 (Born 2017)

Male Bantam 3 (Born 2015) Female Bantam 3 (Born 2016)

Male Bantam 4 (Born 2014) Female Bantam 4 (Born 2015)

Male Bantam 5 (Born 2013) Female Bantam 5 (Born 2014)

Male Bantam 6 (Born 2012) Female Bantam 6 (Born 2013)

## **Intermediate Male (Born 2011-2012) Intermediate Female (Born 2011-2012)**

Male Juvenile (Born 2009-2010) Female Juvenile (Born 2009-2010)

Male Cadet (Born 2006-2008) Female Cadet (Born 2006-2008)

IJF Junior (Born 2003-2005)

- No chokes in Bantams

- No arm-bars in Bantams, intermediates, juvenile

- No chokes No arm-bars in all NOVICE DIVISIONS

Match Time:\*3 minutes for Bantams thru Juvenile

\*4 minutes for Cadets thru Seniors

Judo Gi color: \*Blue & White is mandatory in all Points Divisions Bantam, Intermediate, Juvenile, Cadet, IJF Junior and Senior.

- There Cannot be Two blue Gis fighting on the mat at one time. No

Exceptions

\* All athletes are responsible for providing their own white & blue belts.

\*Judo gi size will be enforced.

Awards \* 1st, 2nd, 3rd place awards



## **ELIGIBILITY INFORMATION FOR JUNIOR, SENIORS, VETERANS Non U.S. Citizens; Juniors, Seniors, Veterans:**

- 1) **Non-United States citizens:** who are residing in the United States legally (student VISA, valid Green Card, visitor's VISA, work VISA, etc.): Original documentation of legal residency must be presented during the registration process. Non US Citizens will not be added to the US National Ranking Rosters.
- 2) **Athletes who are residing in the country of which they are a citizen:** must present a letter to USA Judo from their country's federation stating that they are a member in good standing and have the Federation's permission to compete. Proof of Citizenship must be presented at Tournament Check-in. Passports are mandatory for all citizens of countries other than the United States.

### **United States Citizens; Juniors, Seniors:**

A U.S. Citizen may participate if he or she is a current member in good standing of United States Judo, Inc. ([usjudo.org](http://usjudo.org)), United States Judo Federation ([usjf.com](http://usjf.com)), United States Judo Association ([usja.net](http://usja.net)) or American Traditional Jujutsu Association ([atja.org](http://atja.org)). United States citizens must present either a passport, a birth certificate or verification of citizenship on a USA Judo membership card.

**Citizens of No Country:** Individuals who are not citizens of any country but are authorized by the Department of Justice of the United States to remain in the United States, may participate by meeting the criteria listed above for U.S. Citizens.

### **All JUNIOR Championship Athletes:**

All athletes must meet the age (born 2003 through 2018, inclusively) and weight requirements. Proof of age must be shown. All individuals must also submit all required documents and pay the appropriate entry fee. There is no minimum rank requirement for this event.

**U. S. Citizens having questions regarding eligibility should contact;** Mr. Leo Lopes via email: [leolopesg@gmail.com](mailto:leolopesg@gmail.com)

**All SENIOR Championship Athletes:** All athletes must have been born December 31, 2008 or earlier and hold a minimum rank of senior Sankyu (brown belt).

**All NOVICE Athletes: Belt rank limits given on Junior, Senior. Ages same as for the Championship. Juniors must comply with additional qualifications listed in the Junior information area. Juniors who violate this rule are subject to disqualification from the entire event with no refunds.**



# MATCH SCHEDULING, SEEDING OF ATHLETES, POINTS, COACH ACCESS

A Match Scheduling system will be used. All contestants are expected to report to their assigned contest area 3 matches prior to their assigned match. Details of the match scheduling system will be announced at the coach meeting prior to the first day of competition.

**MATCH SCHEDULING CONFLICTS:** Some athletes will be competing in more than one division on the same day. For example, Novice and Championship; Senior and Veteran; more than one bantam weight/same age. Tournament staff will attempt to schedule the divisions as far apart as possible to avoid conflicts, but this is not guaranteed. The standard “no show” protocol will apply if an athlete fails to appear because they are competing in another division at the same time.

**Juniors:** In the **Cadet and IJF Junior categories ONLY, athletes will be seeded based on the current USA Judo Cadet and IJF Junior National Rosters** according to the current USA Judo seeding procedures..

**Seniors:** In the **Senior category, athletes will be seeded based on the current USA Judo Senior National Rosters** according to the current USA Judo seeding procedures.

**Points in the Championship categories:** For USA Athletes, points on the USA Judo national rosters will be awarded in accordance with the current USA Judo point system. Refer to the following for changes clarification or changes to the USA Judo point system: <https://www.usajudo.com/athletes/national-ranking-rosters>

There will be no points for Novice, non US Citizens or Team events.

**Coach Access:** Authorized coaches will be given admission onto the venue floor. One coach per contestant.

**Note:** USA athletes who wish to receive points on USA Judo’s national point rosters, must be a member of USA Judo at the time of Registration/ Check-in.



# METHOD OF COMPETITION; JUNIORS, SENIORS, veterans

## **1. Categories having five (5) Competitors or less:**

Round Robin Pool (every competitor competes against every other competitor). The order of finish is determined by number of wins, then, if tied, by total points (Ippon=10, Wazaari=7, Decision=1). If tied in wins and points, the winner of the head-to-head competition between the two who are still tied determines the winner. If three or more are still tied in wins and points for any place (first, second, or third), those contestants involved must contest again to determine the order of finish.

## **2. Categories having six (6) competitors or greater:**

Modified Double Elimination. Players are divided into two pools, A and B by means of a draw (described above.)

Determination of 1st and 2nd place: True Double Elimination System with winner's and loser's brackets will be used. The winner of the loser's bracket will compete against the winner of the winner's bracket for 1st and 2nd place. The first one of these two contestants to have two (2) losses will be placed second; the other will be placed first. The loser of the loser's bracket will be placed 3rd. For categories of two and under contestants, round robin will be the method of competition.

Determination of 3rd - 5th place: All contestants who were defeated before the semifinals will compete in a consolation bracket (referred to as a loser's pool). Athletes will be placed in the loser's pool in a way that attempts to keep those who met in the "winners" pool from meeting again, although depending on the size of the division, this will not always be possible. The losers of the semifinals will fight the last two remaining players in the loser's pool. The winners of those two matches (2) will be placed 3rd; the losers (2) will be placed 5th.

Battle in the Square Team Champion: Club with the most Gold will receive \$200.00

Points will be awarded as follows: Gold: 5; Silver: 3; Bronze:1

Tie breakers as follows:

1st tie breaker = most medals won;

2nd tie breaker = most Gold medals won;

final tie breaker = coin flip.



## **SCHEDULE OF EVENTS**

### **Athlete Check-in and Weigh in**

**Weigh in: Friday, May 3rd, 2024 - 12-4PM Athlete Check-in and Weigh in at the Host Hotel**

**Headquarters Hotel: Baymont by Wyndham**

**White Plains - Elmsford**

540 Saw Mill River Rd, Elmsford, NY 10523

**Competition Day: Saturday, May 4th, 2024**

**Venue: Suny Westchester Community College  
75 Grasslands Rd, Valhalla, NY 10595**

**8:00 AM:** Doors Open

**9:00 AM:** Eliminations All Bantams, Juvenile, Intermediate, Cadet, IJF Junior, Senior: All matches except gold medal matches. We will have a finals main events. Except for for round-robin divisions awards will be presented upon completion of the division. Novice categories will be the first session.

Gold Medal matches: 1/2 hour following the end of the eliminations. Order of matches will be determined after preliminary rounds. Awards following the medal matches.



## BATTLE IN THE SQUARE JR. CATEGORIES

Please note that each category is based on the year in which the contestant was born. All weights are in kilograms. For each weight division, the weight range will be over the next lower weight and up to and including the weight listed. Example: Bantam 1, 28 kg – over 23 kg and up to and including 28 kg.

**Only one weight category is allowed with the exception of IJF-Junior where open weight can be a second entry or as outlined below for regular bantam categories.**

**Regular bantam categories:** Athletes must select their true age/weight category as their first entry. They may also select as a “bonus” category(ies) one weight up in their true age category and/or move up one age category in their true weight.

For example:

First category is Bantam 2 female 19 kg (true age/weight)

Second category is Bantam 2 female 23 kg

Or category is Bantam 3 female 21 kg

<b>NOVICE CATEGORIES</b>	
<b>Bantam-1 Born 2017</b> <b>MALE/FEMALE -19 -23 +23 Kg</b>	<b>Bantam 6 2012</b> Female and Male: 27, 31, 35, 39, 44, +44 kg
<b>Bantam-2 Born 2016</b> <b>23 27 31 35 +35Kg</b>	<b>Intermediate (Born 2011-2012):</b> Female and Male: 28, 31, 34, 38, 42, 47, 52, +52 kg
<b>Bantam-3 Born 2015</b> <b>Male 25 30 36 42 +42 Kg</b>	<b>Juvenile (Born 2009-2010):</b> Female and Male: 36, 40, 44, 48, 53, 58, 64, +64 kg
<b>Bantam-4</b> <b>Born 2014</b> <b>Male 22 26 30 34 38 +38 Kg</b> <b>Female 22 26 30 34 38 +38 Kg</b>	<b>Cadet (Born 2006-2008):</b> Female: 40, 44, 48, 52, 57, 63, 70, +70 kg Male: 50, 55, 60, 66, 73, 81, 90, +90 kg
<b>Bantam-5</b> <b>Born 2013</b> <b>Male 25 29 33 37 41 +41 Kg</b> <b>Female 25 29 33 37 41 +41 Kg</b>	<b>IJF-Junior (Born 2003-2008):</b> Female: 48, 52, 57, 63, 70, 78, +78 kg, Open Male: 60, 66, 73, 81, 90, 100, +100 kg, Open





## **BATTLE IN THE SQUARE JR. CATEGORIES (POINTS)**

### Birth Year Weight Categories

IJF Junior Born 2004-2009 (2010)

M 60 66 73 81 90 100 +100 Kg

F 48 52 57 63 70 78 +78 Kg

Cadet Born 2007-2008 (2010)

M 50 55 60 66 73 81 90 +90 Kg

F 40 44 48 52 57 63 70 +70 Kg

Juvenile Born 2009-2011 (2012)

M 36 40 44 48 53 58 64 +64 Kg

F 36 40 44 48 53 58 64 +64 Kg

Intermediate Born 2012-2013 (2014)

M 28 31 34 38 42 47 52 +52 Kg

F 28 31 34 38 42 47 52 +52 Kg

Bantam-6 Born 2014 (2015)

M/F 27 31 35 39 44 +44 Kg

Bantam-5 Born 2015 (2016)

M/F 25 29 33 37 41 +41 Kg

Bantam-4 Born 2016 (2017)

M/F 22 26 30 34 38 +38 Kg

Bantam-3 Born 2017 (2018)

M/F 21 25 29 +29 Kg

Bantam-2 Born 2018 (2019)

M/F 19 23 +23 Kg

Bantam- 1 Born 2019

M/F 18 22 +22 Kg

Birth Year in parentheses (--) indicates the birth year of the younger athlete who may choose to move into the next older age group in accordance with the rules given above.



## **Junior Novice Eligibility, Age and Weight Categories, and Belt--Rank Requirements**

### **Eligibility:**

1. Novice Category athletes **must not have medaled** in 2023 at any of the USA Judo National Novice or Points events. (Youth Nationals, Jr. Olympics, President's Cup)

2. Novice Athletes that are on the USA Judo Elite National Roster **cannot participate** in the Novice Category in the 2024 BITS.

Subject to **disqualification from the entire event with no refunds.**

**Rank Requirements:** Bantam-1 through Bantam-6: Yellow and White ONLY; All other Junior categories: Orange, Yellow, White ONLY.

**Weight Divisions:** Same as Championship category.

**Ages:** Same as those listed above for the Championships.

**Rules:** Same as those for the Championships with **the exception that there will be NO chokes or armlocks allowed** in the Novice divisions.

**Match Scheduling Conflicts:** Some athletes will be competing in more than one division on the same day. For example, Novice and Points. Tournament staff will attempt to schedule the divisions as far apart as possible to avoid conflicts, but this is not guaranteed. The standard "no show" protocol will apply if an athletes fail to appear because they are competing in another division at the same time.

## **Novice Categories**

**(For pre-planning purposes only, categories may be determined light, middle and heavy)**

SAME AS POINTS DIVISIONS

The tournament staff and officials reserve the right to make changes in the highest and lowest weight classes in all age divisions as necessary for safety purposes.



## **BATTLE IN THE SQUARE SENIOR CATEGORIES**

### **SENIORS: NOVICE/ ELITE AGE/ WEIGHT CATEGORIES /WEIGH IN/ POINTS**

Female: 48, 52, 57, 63, 70, 78, +78 kg, Open

Male: 60, 66, 73, 81, 90, 100, +100 kg, Open

**Novice Category:** Any athlete born December 31, 2008 or earlier and holding belt rank below brown belt may enter the Novice Category. Weight divisions for Novices will be Light/Medium/Heavy.

**Rules:** Same as those for the Championships with the exception that there will be NO chokes or armlocks allowed in the Novice divisions.

**ELITE Category:** Any athlete born December 31, 2008 or earlier with a minimum rank of senior sankyu (brown belt) may enter the Championship Category

**ELITE Weight Divisions:** A weight division is defined as over the next lower weight division and up to and including the weight division number.

Example: Male 73 kg means over 66 kg up to and including 73kg.

**Declaration of Weight:** Senior athletes must make a preliminary declaration of weight on their entry form or at Registration/Check-in. However, the athlete's measured weight at weigh-in will determine the competition division.

**Naked weigh-in is no longer allowed for any category. To compensate, 0.1kg will be allowed. For example, in the 66kg category, the limit will be 66.1kg. This is a clothing allowance only and the 0.1kg will only be added to the true weight.**

**Weigh-in:** Competitors will not be allowed to check their weight on official scale during weigh-in times; however, an unofficial scale will be available for the purpose of checking weight outside of the weigh in room during official weigh-in times. **At OFFICIAL WEIGH-IN, athletes must present their federation insurance card AND a photo ID/Passport.**



**Elimination Systems:** Round Robin for divisions of 5 or fewer; Modified Double Elimination for all others.

**Match Lengths:** Four minutes for men and women.

**USA Judo National Ranking Points:** For USA Athletes in the Senior Championship category, points on the USA Judo national rosters will be awarded in accordance with the current USA Judo point system. To receive points on the USA Judo Roster you must be a member of USA Judo prior to the event. Criteria can be found at <https://www.usajudo.com/athletes/national-ranking-rosters>

**Senior Seeding:** In the Senior Championship category, USA athletes will be seeded based on the current USA Judo Senior National Rosters according to the current USA Judo seeding procedures.

**Match Scheduling Conflicts:** Seniors may compete in Veterans (if age/rank qualified) but both categories compete on the same day. Tournament staff will attempt to schedule the divisions as far apart as possible to avoid conflicts, but this is not guaranteed. The standard “no show” protocol will apply if an athletes fail to appear because they are competing in another division at the same time.



## **WAIVER AND RELEASE OF LIABILITY AND AGREEMENT TO PARTICIPATE**

In consideration of being permitted to participate in any way, including travel to and from, in any judo tournament, practice, clinic, and related events and activities of the USA Judo, USJA, ATJA, Totalformfitness Judo and wrestling club, Airjudo Corp., Tournament Directors, SUNY WESCHESTER COMMUNITY COLLEGE Tournament Organizers, Tournament Staff, The 2024 Battle in the Square, I hereby:

1. Acknowledge that I am familiar with the sport of Judo and understand the rules governing the sport of Judo.
2. Agree that prior to participating, I will inspect the mats, equipment, facilities, competition pools or divisions and the elimination or scoring system to be used, and if I believe anything is unsafe or beyond my capability, I will immediately advise my coach, supervisor and/or a tournament official of such condition(s) and refuse to participate.
3. Acknowledge and fully understand that I will be engaging in a contact sport that might result in serious injury, including permanent disability or death, and severe social and economic losses due to not only my own actions, inactions or negligence, but also to the action, inaction or negligence of others, the rules of the sport of Judo, or conditions of the premises or of any equipment used. Further, I acknowledge that there may be other risks not known to me or not reasonably foreseeable at this time.
4. Knowing the risks involved in the sport of Judo, I assume all such risks and accept personal responsibility for the damages following such injury, permanent disability or death.
5. Release, waive, discharge and covenant not to sue USA Judo, ATJA, Totalformfitness Judo and wrestling club, Airjudo Corp, Tournament Director, Tournament Organizers, Tournament Staff together with their affiliated clubs, their respective administrators, directors, agents, coaches, and other employees or volunteers of the organization, event officials, medical personnel, other participants, their parents, guardians, supervisors and coaches, sponsoring agencies, sponsors, advertisers, and if applicable, owners, lessors, and lessees of premises used to conducting the event, all of whom are hereinafter referred to as "releasee," from any and all claims, demands, losses, and damages on account of injury, including permanent disability and death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise to the fullest extent permitted by law.

**I HAVE READ THE ABOVE WARNING , WAIVER AND RELEASE, UNDERSTAND THAT I GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND**



**KNOWING THIS, SIGN IT VOLUNTARILY. I AGREE TO PARTICIPATE KNOWING THE RISKS AND CONDITIONS INVOLVED AND DO SO ENTIRELY OF MY OWN FREE WILL. I AFFIRM THAT I AM AT LEAST 18 YEARS OF AGE, OR IF I AM UNDER 18 YEARS OF AGE, I HAVE OBTAINED THE REQUIRED CONSENT OF MY PARENT/GUARDIAN AS EVIDENCED BY THEIR SIGNATURE BELOW.**

Participant (please print name) Participants SignatureDate

**FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER 18 AT TIME OF REGISTRATION)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release, as provided above, of all the Releasees, and , for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, even if arising from their negligence, to the fullest extent permitted by law. I have instructed the minor participant as to the above warning and conditions and their ramifications.

Parent/Guardian Parent/Guardian's SignatureDate

**CERTIFICATE REGARDING NON-BLACK BELT CONTESTANTS**

I \_\_\_\_\_, A judo instructor, who has been awarded the Judo rank of Shodan or higher, recognized by USA Judo, USJA and/or USJF hereby certify that the above contestant, although not having been awarded the Judo rank of Shodan or higher, is of sufficient aptitude and skill in Judo to compete in these championships.

A copy of my proof of rank (rank certificate or my USA Judo membership card having the verification symbol "(V)" printed following my rank) is attached.

Signature of Judo Instructor. Rank



## **MAAPP Policy**

The Center for SafeSport has developed the Minor Athlete Prevention Policies (MAAPP) which USA Judo has adapted to our own sport. The MAAPP is a collection of proactive and training policies comprised of two parts; Education & Training Policy that requires training for certain Adult Participants and the Required Prevention Policies, focused on limiting one-on-one interactions between Adult Participants and Minor Athletes to prevent abuse. The full MAAPP policy and the reporting mechanism for SafeSport infractions can be found at Safe Sport Program ([teamusa.org](http://teamusa.org)).

USA Judo defines “regular contact with minors” as: “Ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete(s). In the spirit of the moral code of judo, USA Judo requires adult members to self-certify whether or not they considered having “regular contact” with minors based on the aforementioned description. If an adult member is unsure whether or not they have “regular contact” with minors, USA Judo encourages those individuals (and their clubs) to err on the side of caution and complete the SafeSport Training and Certification. USA Judo, in cooperation with USA Judo Clubs and all LAOs, has the right to randomly review and assess members who may have regular contact with minors and require compliance if/when considered necessary by USA Judo Leadership. The USA Judo SafeSport Handbook can be found at <https://docs.usajudo.net/SafeSport/2023/USA%20Judo%20Safe%20Sport%20Handbook.pdf>



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## AT-A-GLANCE

### 2022 MINOR ATHLETE ABUSE PREVENTION POLICIES



In September 2020, the U.S. Center for SafeSport (the Center) published the Minor Athlete Abuse Prevention Policies (MAAPP) with Mandatory Components that NGBs, PSOs, and the USOPC were required to adopt.

\_\_\_\_\_ adopted its \_\_\_\_\_ on \_\_\_\_\_.

This document is based on the minimum mandatory components of the Center's Model MAAPP. Every Organization may choose to go beyond these minimum requirements and set standards that are stricter. Additionally, Adult Participants must be familiar with their respective Organization's policies and be aware of all requirements.

## EDUCATION AND TRAINING

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### REMEMBER:

- If you have Regular Contact with or Authority over a Minor Athlete, or if you are an employee or board member of an NGB, PSO, LAO or the USOPC, you are required to complete the *SafeSport Trained Core* and subsequent Refresher Courses.
- Adult Participants who also are medical providers obligated to complete training can take the Health Professionals Course in lieu of the *SafeSport Trained Core*.
- Adult Participants must complete training:
  - » Before Regular Contact with a Minor Athlete begins; and
  - » Within the first 45 days of initial membership or upon beginning a new role subjecting the adult to this policy



## IN-PROGRAM CONTACT

As the equation illustrates, all three components (Adult Participant, Minor Athlete, and Related to Participation in Sport) must be present for the MAAPP to apply. If one component is absent, then the interaction or activity would NOT be considered In-Program and thus not covered by the MAAPP.



**1 | ADULT PARTICIPANT:** Any adult (18 years of age or older) who is:

- A** A member or license holder of an NGB, PSO, LAO, or USOPC;
- B** An employee or board member of an NGB, PSO, LAO, or USOPC;
- C** Within the governance or disciplinary jurisdiction of an NGB, PSO, LAO, or USOPC;
- D** Authorized, approved, or appointed by an NGB, PSO, LAO, or USOPC to have Regular Contact with or Authority over Minor Athletes.

**2 | MINOR ATHLETE:** An amateur athlete under 18 years of age who participates in, or participated within the previous 12 months in, an event, program, activity, or competition that is part of, or partially or fully under the jurisdiction of, an NGB, PSO, USOPC, or LAO.

Common examples of activities **Related to Participation in Sport:**



## REGULAR CONTACT

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Ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete(s). Some examples of NGB/PSO/USOPC/LAO members who MAY have Regular Contact with Minor Athletes include:

- Coaches
- Adult Athletes on teams with Minor Athletes
- Volunteers in positions of Regular Contact (e.g., locker room monitors, parent chaperones)
- Athletic Trainers
- Health Professionals
- Officials

**\*\*REMEMBER:** NGB/LAO/PSO/USOPC Staff and Board Members are required to complete the *SafeSport Trained Core/Health Professionals Course* and subsequent Refreshers regardless of whether they have Regular Contact with or Authority over Minor Athletes.

## AUTHORITY

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When one person's position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person.

# REQUIRED PREVENTION POLICIES



In addition to the above three exceptions there is an overarching Emergency Exception that applies in all areas of the MAAPP.

## MAAPP EXCEPTIONS:

In the MAAPP, there are multiple areas where exceptions have been built into the Required Prevention Policies to address common relationships and situations that occur throughout the U.S. Olympic & Paralympic Movement. If an exception applies to a specific policy, it will be listed as a possible exception, along with any additional requirements. The exceptions found in the MAAPP are:

### 1 | **AN EMERGENCY.**

**2 | CLOSE-IN-AGE:** When an Adult Participant does not have Authority over the Minor Athlete and is no more than four years older than the Minor Athlete.

**3 | PERSONAL CARE ASSISTANT (PCA):** When an Adult Participant is a Personal Care Assistant and has met the following requirements:

- The Minor Athlete's parent/guardian must provide written consent to the Organization for the PCA to provide care/work with their Minor Athlete.
- The PCA must complete the required training as defined in the Education & Training Policy.
- The PCA must meet all screening requirements of the Organization.

**4 | DUAL RELATIONSHIPS:** When an Adult Participant has a relationship with a Minor Athlete that is outside of the sport program. A parent/guardian must provide written consent to the Organization on an annual basis for this exception to be granted.

## ONE-ON-ONE INTERACTIONS POLICY

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- Policy Jurisdiction: All In-Program Contact.
- All one-on-one interactions between an Adult Participant and Minor Athlete **MUST** be:
  - » Observable
  - » Interruptible
- Exceptions to the One-on-One Interactions Policy:
  - » Emergency Circumstances
  - » Dual Relationships
  - » Close-In-Age
  - » Personal Care Assistant who meets the requirements

## MEETING AND TRAINING SESSIONS

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- Must follow One-on-One Interactions Policy when Minor Athletes are present.
- Individual Training Sessions.
  - » Policy Jurisdiction: All In-Program Contact.
  - » Consent required from parent/guardian annually. Can be withdrawn at any time.
  - » Parents/Guardians must be allowed to observe.
- One-on-One Interactions Policy Exceptions are allowed for In-Program meetings and individual training sessions.
- Meetings with licensed mental health care professionals and health care providers.
  - » Policy Jurisdiction: At facilities that are partially or fully under the jurisdiction of the Organization.
  - » Meetings do not need to be observable and interruptible if the following requirements are met:
    - a. Door is unlocked.
    - b. Another adult is present in the facility and is aware of the meeting.
    - c. Organization is aware of the meeting.
    - d. The provider obtains appropriate consent as required by law and ethical standards.

## ATHLETIC TRAINING MODALITIES, MESSAGES, AND RUBDOWNS

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- Must follow One-on-One Interactions Policy.
- Must **ALWAYS** have a second **Adult Participant** in the room during treatment.
- Required consent from parent/guardian that needs to be documented at least annually.
- During treatment Minor Athlete's breast, buttocks, groin, and genitals **MUST** always be covered.
- Parents/Guardians **must** be allowed to attend treatment unless in a restricted area.
- **No** policy exceptions.

## LOCKER ROOMS AND CHANGING AREAS

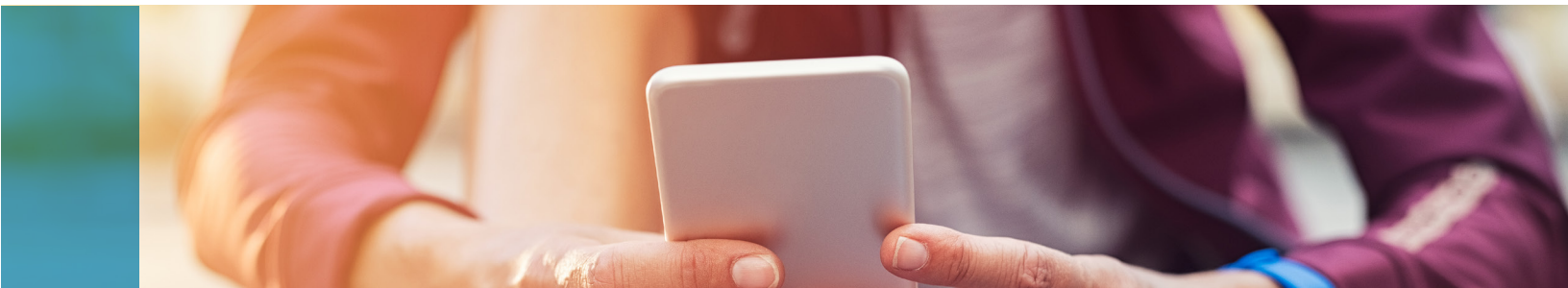
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- Must follow One-on-One Interactions Policy.
- The photographic or recording capabilities of any device (cell phones, cameras, tablets) cannot be used by any Participant in locker rooms or changing areas during In-Program activities.
- Adult Participants **MUST NOT** change clothes or behave in a way that exposes their breast, buttocks, groin, or genitals to a Minor Athlete.
- Adult Participants **CANNOT** shower with a Minor Athlete unless:
  - » The Adult Participant is an athlete with no Authority over the Minor Athlete and there is no more than four years age difference (Close-in-Age Exception).
  - » The Adult Participant and Minor Athlete are wearing swimwear and the shower is part of a pre- or post-activity rinse.
- Media and Championship Celebration recordings are allowed if they meet specific requirements.
- Monitoring must occur for all locker rooms and changing areas at sanctioned events and facilities partially or fully under Organization's jurisdiction.
- A semi-private or private area to change must be provided to all Minor Athletes at sanctioned events and facilities partially or fully under the Organization's jurisdiction.

## ELECTRONIC COMMUNICATIONS

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- Must be Open and Transparent, meaning that:
  - » Communication between an Adult Participant and a Minor Athlete must include a parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant.
  - » This includes all communication started by a Minor Athlete.
- Only electronic platforms that can be Open and Transparent should be used.
- All team communication or communications with multiple Minor Athletes from an Adult Participant must copy or include another Adult Participant, or all the Minor Athletes' parents/guardians.
- All communication must be professional in nature.
- Organizations must honor a parent/guardian's request to discontinue communication with their Minor Athlete unless there is an emergency.
- One-one-One exceptions are allowed.





## TRANSPORTATION

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- Must follow One-on-One Interactions Policy, unless an exception exists or appropriate consent is obtained.
- In-Program transportation requirements are met if the Adult Participant is accompanied by another Adult Participant or at least two minors.
- One-on-One In-Program travel is permitted between an Adult Participant and a Minor Athlete when advance written consent is obtained from a parent/guardian on an annual basis. Can be withdrawn at any time.
- Written consent must be obtained from a parent/guardian annually for all transportation sanctioned by the Organization.
- One-on-One Exceptions are allowed.

## LODGING

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- Must follow One-on-One Interactions Policy.
- An Adult Participant **CANNOT** share a hotel room or otherwise sleep in the same room with a Minor Athlete during In-Program lodging except:
  - » When there is a Dual Relationship and written consent is provided by a parent/guardian prior to the lodging arrangement.
  - » When there is a Close-In-Age Exception and written consent is provided by a parent/guardian prior to the lodging arrangement.
  - » When there is a Personal Care Assistant Exception, all PCA requirements have been met, and written consent is provided by a parent/guardian prior to the lodging arrangement.
- Written consent is required for all In-Program lodging at least annually.
- Adult Participants traveling with an Organization overnight:
  - » Must agree to and sign the Organization's lodging policy annually.
  - » Are assumed to have "Authority" and must comply with the Center's Education & Training Policy.



# RECOMMENDED POLICIES FOR KEEPING YOUNG ATHLETES SAFE

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## OUT-OF-PROGRAM CONTACT

- Adult Participants should not have Out-of-Program Contact with Minor Athletes, unless an exception exists, or appropriate consent has been obtained.
- Out-of-Program Contact should be avoided even if the contact is not one-on-one.

## GIFTING

- Adult Participants should not give personal gifts to Minor Athletes unless an applicable exception exists (Close-in-Age or Dual Relationship).
- Gifts are permitted if distributed equally for all athletes.
- Gifts that serve a motivational or educational purpose are permitted.

## PHOTOGRAPHY/VIDEO

- Photographs or videos of athletes should only be taken in public view.
- Must observe generally accepted standards of decency.
- Adult Participants should not share or post photos or videos of Minor Athletes unless proper consent has been obtained from the Minor Athlete and the Minor Athlete's parent/guardian.

