

# MT. HOOD COMMUNITY COLLEGE AQUATICS CENTER

3545 NE 17TH ST.  
GRESHAM, OR 97030

JUNE 29 - JULY 6, 2024



## SATURDAY, JUNE 29

6:30 AM Doors open for Teams  
7:00 AM Doors open for Spectators  
7:00 AM - 7:15 AM Lap Swim  
7:15 AM - 7:25 AM 12U Figure Warm-up Group 1 (1-138)  
7:25 AM - 7:35 AM 12U Figure Warm-up Group 2 (139-275)  
7:45 AM - 11:35 AM **12U Figures (275)**  
11:35 AM - 12:05 PM Judges Lunch Break  
11:35 AM - 11:45 AM Youth Figure Warm-up Group 1 (1-102)  
11:45 AM - 11:55 AM Youth Figure Warm-up Group 2 (103-204)  
11:55 AM - 12:05 PM Youth Figure Warm-up Group 3 (205-306)  
12:05 PM - 2:50 PM **Youth Figures (306)**  
2:30 PM Quiet laps for 12U Combo swimmers start  
3:00 PM - 3:10 PM 12U Free Combo Final Spacing Group 1 (1-6)  
3:10 PM - 3:20 PM 12U Free Combo Final Spacing Group 2 (7-11)  
3:20 PM - 3:30 PM 12U Free Combo Final Spacing Group 3 (12-16)  
3:40 PM - 5:20 PM **12U Free Combo Final (16)**  
4:50 PM Quiet laps for Youth Mixed Duet swimmers start  
5:20 PM - 5:30 PM Youth Mixed Duet Final Spacing  
5:40 PM - 6:35 PM 12U Mixed Duet Final Spacing  
**Youth Mixed Duet Final (7)**  
**12U Mixed Duet Final (7)**  
\*TENTATIVE\* Awards Youth Figures  
\*TENTATIVE\* Awards 12U Figures  
\*TENTATIVE\* Awards 12U Combo

## SUNDAY, JUNE 30

6:30 AM Doors open for Teams  
7:00 AM Doors open for Spectators  
7:00 AM - 7:15 AM Lap Swim  
7:15 AM - 7:25 AM 12U Women Duet Prelim Spacing Group 1 (1-20)  
7:25 AM - 7:35 AM 12U Women Duet Prelim Spacing Group 1 (21-38)  
12U Men Duet Final Spacing (1)  
7:50 AM - 11:35 AM **12U Women Duet Prelim (1-20)**  
**Judges 5-Minute Break**  
**12U Women Duet Prelim (21-38)**  
**12U Men Duet Final (1)**  
11:35 AM - 12:00 PM Judges Lunch Break  
11:40 AM - 11:50 AM Youth Women Solo Final Spacing Group 1 (1-32)  
Youth Man Solo Final Spacing (6)  
12:00 PM - 3:15 PM **Youth Woman Solo Final (1-20)**  
**Judges 5-Minute Break**  
**Youth Women Solo Final (21-32)**  
**Youth Man Solo Final (6)**  
3:20 PM - 3:30 PM 12U Team Prelim Spacing Group 1 (1-5)  
3:30 PM - 3:40 PM 12U Team Prelim Spacing Group 2 (6-11)  
3:40 PM - 3:50 PM 12U Team Prelim Spacing Group 3 (12-16)  
3:50 PM - 4:00 PM 12U Team Prelim Spacing Group 4 (17-21)  
4:00 PM - 4:10 PM 12U Team Prelim Spacing Group 5 (22-27)  
4:10 PM - 4:20 PM 12U Team Prelim Spacing Group 6 (28-31)  
4:35 PM - 8:00 PM **12U Team Prelim (1-16)**  
**Judges 5-Minute Break**  
**12U Team Prelim (17-31)**

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## MONDAY, JULY 1

6:30 AM Doors open for Teams  
7:00 AM Doors open for Spectators  
7:00 AM - 7:15 AM Lap Swim  
7:15 AM - 7:25 AM Youth Women Duet Prelim Spacing Group 1 (1-24)  
7:25 AM - 7:35 AM Youth Women Duet Prelim Spacing Group 2 (25-48)  
7:45 AM - 12:15 PM **Youth Women Duet Prelim (1-24)**  
**Judges 5-Minute Break**  
**Youth Women Duet Prelim (25-48)**  
11:45 AM Quiet laps for 12U Solo swimmers start  
12:15 PM - 12:45 PM Judges Lunch Break  
12:20 PM - 12:30 PM 12U Woman Solo Final Spacing (1-32)  
12U Man Solo Final Spacing (4)  
12:40 PM - 3:40 PM **12U Woman Solo Final (1-18)**  
**Judges 5-Minute Break**  
**12U Woman Solo Final (19-32)**  
**12U Man Solo Final (4)**  
3:10 PM Quiet laps for Youth Team swimmers start  
3:40 PM - 3:50 PM Youth Team Prelim Spacing Group 1 (1-6)  
3:50 PM - 4:00 PM Youth Team Prelim Spacing Group 2 (7-12)  
4:00 PM - 4:10 PM Youth Team Prelim Spacing Group 3 (13-18)  
4:10 PM - 4:20 PM Youth Team Prelim Spacing Group 4 (19-24)  
4:20 PM - 4:30 PM Youth Team Prelim Spacing Group 5 (25-29)  
4:30 PM - 4:40 PM Youth Team Prelim Spacing Group 6 (30-33)  
4:50 PM - 7:25 PM **Youth Team Prelim (1-17)**  
**Judges 5-Minute Break**  
**Youth Team Prelim (18-33)**

## TUESDAY, JULY 2

6:30 AM Doors open for Teams  
7:00 AM Doors open for Spectators  
7:00 AM - 7:15 AM Lap Swim  
7:15 AM - 7:25 AM Youth Women Duet Final Spacing (Pre-12)  
7:35 AM - 8:50 AM **Youth Women Duet Final (Pre-12)**  
8:50 AM - 9:00 AM 12U Women Duet Final Spacing (Pre-12)  
9:10 AM - 10:25 AM **12U Women Duet Final (Pre-12)**  
10:25 AM - 10:35 AM Youth Team Final Spacing (Pre-6)  
10:35 AM - 10:45 AM Youth Team Final Spacing (7-12)  
10:55 AM - 12:25 PM **Youth Team Final (Pre-12)**  
12:25 PM - 12:55 PM Judges Lunch Break  
12:25 PM - 12:35 PM 12U Team Final Spacing (Pre-6)  
12:35 PM - 12:45 PM 12U Team Final Spacing (7-12)  
12:55 PM - 2:25 PM **12U Team Final (Pre-12)**  
2:25 PM - 2:35 PM Youth Free Combo Final Spacing Group 1 (1-6)  
2:35 PM - 2:45 PM Youth Free Combo Final Spacing Group 2 (7-12)  
2:45 PM - 2:55 PM Youth Free Combo Final Spacing Group 3 (13-18)  
2:55 PM - 3:05 PM Youth Free Combo Final Spacing Group 4 (19-24)  
3:10 PM - 5:35 PM **Youth Free Combo Final (24)**  
Athlete Parade  
Awards

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## WEDNESDAY, JULY 3

6:30 AM Doors open for Teams  
7:00 AM Doors open for Spectators  
7:00 AM - 7:15 AM Lap Swim  
7:15 AM - 7:25 AM 15-17 Mixed Duet Free Final Spacing (3)  
18-19 Mixed Duet Free Final Spacing (2)  
7:35 AM - 8:00 AM **15-17 Mixed Duet Free Final (3)**  
**18-19 Mixed Duet Free Final (2)**  
7:35 AM Quiet laps for Solo swimmers start  
8:00 AM - 8:10 AM 15-17 Woman Solo Technical Final Spacing (21)  
8:20 AM - 10:00 AM **15-17 Woman Solo Technical Final (21)**  
10:00 AM - 10:10 AM 18-19 Woman Solo Technical Final Spacing (18)  
18-20 Man Solo Technical Final Spacing (1)  
10:20 AM - 11:50 AM **18-19 Woman Solo Technical Final (18)**  
**18-20 Man Solo Technical Final (1)**  
11:20 AM Quiet laps for 15-17 Free Duet swimmers start  
11:50 AM - 12:20 PM Judges Lunch Break  
11:50 AM - 12:00 PM 15-17 Women Duet Free Spacing (1-18)  
12:00 PM - 12:10 PM 15-17 Women Duet Free Spacing (19-35)  
12:20 PM - 3:50 PM **15-17 Women Duet Free Prelim (1-18)**  
Judges 5-Minute Break  
**15-17 Women Duet Free Prelim (19-35)**  
3:20 PM Quiet laps for 18-19 Free Duet swimmers start  
3:50 PM - 4:00 PM 18-19 Women Duet Free Spacing (1-12)  
4:00 PM - 4:10 PM 18-19 Women Duet Free Spacing (13-24)  
4:20 PM - 6:50 PM **18-19 Women Duet Free Prelim (1-12)**  
Judges 5-Minute Break  
**18-19 Women Duet Free Prelim (13-24)**  
\*TENTATIVE\* Awards Mixed Duet  
\*TENTATIVE\* Awards Technical Solo

## THURSDAY, JULY 4

6:30 AM Doors open for Teams  
7:00 AM Doors open for Spectators  
7:00 AM - 7:15 AM Lap Swim  
7:15 AM - 7:25 AM 15-17 Mixed Duet Technical Final Spacing (1)  
18-20 Mixed Duet Technical Final Spacing (2)  
7:35 AM - 7:50 AM **15-17 Mixed Duet Technical Final (1)**  
**18-20 Mixed Duet Technical Final (2)**  
7:55 AM - 8:05 AM 15-17 Team Free Prelim Spacing Group 1 (1-5)  
8:05 AM - 8:15 AM 15-17 Team Free Prelim Spacing Group 2 (6-10)  
8:15 AM - 8:25 AM 15-17 Team Free Prelim Spacing Group 3 (11-15)  
8:30 AM - 10:15 AM **15-17 Team Free Prelim (15)**  
10:15 AM - 10:25 AM 18-19 Team Free Prelim Spacing Group 1 (1-5)  
10:25 AM - 10:35 AM 18-19 Team Free Prelim Spacing Group 2 (6-10)  
10:35 AM - 10:45 AM 18-19 Team Free Prelim Spacing Group 3 (11-15)  
10:55 AM - 12:35 PM **18-19 Team Free Prelim (15)**  
12:35 PM - 1:05 PM Judges Lunch Break  
12:50 PM - 1:00 PM 15-17 Woman Solo Free Final Spacing (30)  
15-17 Man Solo Free Final Spacing (1)  
1:05 PM - 3:55 PM **15-17 Woman Solo Free Final (1-15)**  
Judges 5-Minute Break  
**15-17 Woman Solo Free Final (16-29)**  
**15-17 Man Solo Free Final (1)**  
4:00 PM - 4:10 PM 18-19 Woman Solo Free Final Spacing (21)  
18-20 Man Solo Free Final Spacing (2)  
4:15 PM - 6:20 PM **18-19 Woman Solo Free Final (1-11)**  
Judges 5-Minute Break  
**18-19 Woman Solo Free Final (12-21)**  
**18-20 Man Solo Free Final (2)**

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## FRIDAY, JULY 5

6:30 AM	Doors open for Teams
7:00 AM	Doors open for Spectators
7:00 AM - 7:15 AM	Lap Swim
7:15 AM - 7:25 AM	15-17 Women Duet Technical Spacing (1-15)
7:25 AM - 7:35 AM	15-17 Women Duet Technical Spacing (16-28)
	15-17 Men Duet Technical Spacing (1)
7:45 AM - 10:15 AM	<b>15-17 Women Duet Technical Final (1-15)</b>
	<b>Judges Break</b>
	<b>15-17 Women Duet Technical Final (16-28)</b>
	<b>15-17 Men Duet Technical Final (1)</b>
10:15 AM - 10:25 AM	18-19 Women Duet Technical Spacing (1-13)
10:25 AM - 10:35 AM	18-19 Women Duet Technical Spacing (14-25)
10:45 AM - 1:00 PM	<b>18-19 Women Duet Technical Final (1-13)</b>
	<b>Judges Break</b>
	<b>18-19 Women Duet Technical Final (14-25)</b>
1:00 PM - 1:35 PM	Judges Lunch Break
1:00 PM - 1:10 PM	15-17 Team Technical Final Spacing Group 1 (1-5)
1:10 PM - 1:20 PM	15-17 Team Technical Final Spacing Group 2 (6-9)
1:20 PM - 1:30 PM	15-17 Team Technical Final Spacing Group 3 (10-13)
1:40 PM - 3:00 PM	<b>15-17 Team Technical Final (13)</b>
3:00 PM - 3:10 PM	18-19 Team Technical Final Spacing Group 1 (1-6)
3:10 PM - 3:20 PM	18-19 Team Technical Final Spacing Group 2 (7-12)
3:20 PM - 3:30 PM	18-19 Team Technical Final Spacing Group 3 (13-17)
3:40 PM - 5:15 PM	<b>18-19 Team Technical Final (17)</b>
5:15 PM - 5:25 PM	15-17 Women Duet Free Spacing (Pre-12)
5:30 PM - 6:45 PM	<b>15-17 Women Duet Free Final (Pre-12)</b>
6:45 PM - 6:55 PM	18-19 Women Duet Free Spacing (Pre-12)
7:00 PM - 8:15 PM	<b>18-19 Women Duet Free Final (Pre-12)</b>

## SATURDAY, JULY 6

6:30 AM	Doors open for Teams
7:00 AM	Doors open for Spectators
7:00 AM - 7:15 AM	Lap Swim
7:15 AM - 7:25 AM	16-19 Acrobatic Spacing Group 1 (1-5)
7:25 AM - 7:35 AM	16-19 Acrobatic Spacing Group 2 (6-10)
7:35 AM - 7:45 AM	16-19 Acrobatic Spacing Group 3 (11-14)
8:00 AM - 9:30 AM	<b>16-19 Acrobatic (14)</b>
9:30 AM - 9:40 AM	16-19 Free Combo Final Spacing Group 1 (1-5)
9:40 AM - 9:50 AM	16-19 Free Combo Final Spacing Group 2 (6-10)
10:00 AM - 11:15 AM	<b>16-19 Free Combo Final (10)</b>
11:15 AM - 11:45 AM	Judges Lunch Break
11:15 AM - 11:25 AM	15-17 Team Free Final Spacing Group 1 (Pre-6)
11:25 AM - 11:35 AM	15-17 Team Free Final Spacing Group 2 (7-12)
11:45 AM - 1:15 PM	<b>15-17 Team Free Final (Pre-12)</b>
1:15 PM - 1:25 PM	18-19 Team Free Final Spacing Group 1 (Pre-6)
1:25 PM - 1:35 PM	18-19 Team Free Final Spacing Group 2 (7-12)
1:45 PM - 3:15 PM	<b>18-19 Team Free Final (Pre-12)</b>
	Athlete Parade
	Awards