

Missouri-Valley WSO
Board Meeting 1
3/20/2022 - 6:30pm

In attendance via Zoom:

Anna Martin
Ethan Harak
Brad Jonker
Elisha Hess
Zach Huse
Bri Hickman
Joe Brown
Kolleen Simons

Introductions

Financial Statement

- general overview of new financial procedures through new WSO
- continued support of WSO athletes with international meets (\$500)

Summer Camp

- third weekend in July at MNU
- Pyrros and Mike G to coach
- more details to follow

Local Variance Request

- explanation of local variance request and submissions

WSO Championships

- discussed potential ideas for moving it throughout the Missouri Valley year-by-year
- discussed ideas for growth

Growth Ideas for WSO events and clubs

- discussed ideas to get people together more often across the Missouri Valley for various weightlifting-related events aside from meets to network and develop relationships among athletes and coaches
- event sponsors for athlete prizes to grow meets and draw larger competition

WSO Records

- coaches need to contact Elisha to update broken records

Next Board Meeting to be April 10 at 6:30pm

Agenda will include:

- discussing potential dates for various Missouri Valley events
- social media direction and purpose
 - assigning administrators
- community-building training sessions
- WSO and State meets

- coaching mentorships w/ MoValley coaches and gym owners
- business, event, and coaching
- 2021 awards and banquet

Meeting concluded about 8:10pm