



**U.S. NATIONAL TEAM PATHWAY**

**CADET - SPARRING**

**2024-2025**



# CADET BLACK BELT

EVENT PATHWAY TO USATKD TEAM MEMBER



QUALIFYING  
EVENTS

DOMESTIC PATH

Win 3 of 4 of these USATKD Majors  
and become the  
Domestic Dominant Athlete



USATKD MAJOR EVENTS



2025  
USATKD  
TEAM  
TRIALS

2024 event results  
determine the athletes  
who will be invited to  
compete at the 2025  
USATKD Team Trials.

The winner of the 2025  
USATKD Team Trials  
becomes the USA  
Taekwondo National  
Team Member.



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EVENT PATHWAY TO USATKD TEAM MEMBER

## TO QUALIFY FOR THE 2024 US NATIONAL TKD CHAMPIONSHIP

Win 1st place or 2nd place at 1 (one) 2024 USATKD State Championship.

-OR-

Participate at 1 (one) 2024 US Regional Qualifier Event (East or West)

## TO QUALIFY FOR THE 2024 US FINAL CHAMPIONSHIP EVENT

Win any medal at a 2024 US Regional Qualifier Event (East or West)

-OR-

Win any medal at the 2024 US Taekwondo National Championship

## TO QUALIFY FOR THE 2025 USATKD TEAM TRIALS

ALL ATHLETES MUST PARTICIPATE AT THE 2024 US NATIONAL TAEKWONDO CHAMPIONSHIPS

-AND-

All Athletes who medal at any of the following events:

- 2024 US Open
- 2024 US Taekwondo National Championships
- 2024 US Final

#1 USATKD Ranked Athlete as of 12/31/24

All 2024 USATKD Cadet National Team Members

Domestic Dominant Athlete

## AGING UP CADET ATHLETES

14 year old Cadet athletes aging up qualify to compete as a Junior at the 2025 USATKD Team Trial if one of the following has been earned in 2024:

- 2024 Domestic Dominant Athlete Status
- 2024 US Final Championship Gold Medalist (Domestic)
- 2024 US Open Gold Medalist (International)
- 2024 US National Team Member



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EVENT PATHWAY TO US TKD NATIONAL TEAM MEMBER

## 2025 USATKD TEAM TRIALS

### 2025 USATKD NATIONAL TEAM MEMBER

The 2025 USATKD National Team Member will represent the United States while competing at the 2025 World Taekwondo Cadet Championships and any continental events in 2025.

The 2025 USATKD National Team Member will have the opportunity to train with the United States Coaches.

### 2025 USATKD ALTERNATE NATIONAL TEAM MEMBER

The 2025 Alternate USATKD National Team Member will be called upon to fill the position of the 2025 USATKD Team Member if circumstances are applicable.

The 2025 Alternate USATKD National Team Member may be given training and/or competition opportunities with the US coaches and team or Regional coaches.

## TEAM TRIAL COMPETITION FORMAT

The 2025 USATKD Team Trial competition format will consist of one single elimination bracket.

The single elimination bracket will include athletes:

- Domestic Dominant Athlete
- 2024 Eligible US National Team Member
- #1 USATKD Ranked Athlete (as of 12/31/24)
- Aged up eligible Youth division athletes
- 2024 US National Team Member
- Athletes who have earned a Gold, Silver or Bronze Medal at any one (1) of the USATKD Major Events:
  - US Taekwondo National Championship
  - US Final
  - US Open

\*If there are four or less athletes in a division, that division will be round robin.

\*If there are only two athletes in a division, that division will be the best two out of three matches.

\*Athletes may enter the fight off in the division they qualified in or athletes may move up one weight division from the division they qualified in.

USATKD will host the 2025 Cadet Team trial using weight divisions.

If heights are used at the 2025 World Taekwondo Cadet Championships, the athletes that won team trials weight divisions will be placed in the appropriate height division.

If weight divisions are used at the 2025 World Taekwondo Cadet Championships, the winners of each weight division will compete at the tournament in their respective division won at Team Trials.



# CADET BLACK BELTS

## 2025 US TEAM TRIAL INFORMATION

### FINAL ROUND SEEDING

- Seed 1: 2024 National Team Member
- Seed 2: 2024 Domestic Dominant Athlete
- Seed 3: 2024 US Open Championship Gold Medalist
- Seed 4: 2024 US Final Gold Medalist
- Seed 5: 2024 US Taekwondo National Championship Gold Medalist
- Seed 6: #1 USATKD Ranked Athlete (as of December 31, 2024)
- Seed 7: 2024 US Open Championship Silver Medalist
- Seed 8: 2024 US Final Silver Medalist
- Seed 9: 2024 US Taekwondo National Championships Silver Medalist

\*All other seeds will be filled in with qualified athletes based on their USATKD ranking, including athletes that change weight divisions from where they qualified in and aged up eligible athletes.

\*If there is not a qualified athlete to fill a seed, the lower seeds will move up to the next highest seed.