

2024 East Regional Designated Poomsae

	FEMALE DRAGON 6-7	FEMALE TIGER 8-9	FEMALE YOUTH 10-11	FEMALE CADET 12-14	FEMALE JUNIOR 15-17	FEMALE UNDER 30 18-30	FEMALE UNDER 40 31-40	FEMALE UNDER 50 41-50	FEMALE UNDER 60 51-60	FEMALE UNDER 65 61-65	FEMALE OVER 65 66+	FEMALE OVER 70 71+
YELLOW	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 1
	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 2

GREEN	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 2	Taegeuk 3	Taegeuk 4	Taegeuk 4	Taegeuk 2	Taegeuk 1	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 2	Taegeuk 3	Taegeuk 4
	Taegeuk 3	Taegeuk 1	Taegeuk 3	Taegeuk 2	Taegeuk 3	Taegeuk 2	Taegeuk 3	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 4	Taegeuk 1

BLUE	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 4	Taegeuk 4	Taegeuk 6	Taegeuk 3	Taegeuk 6	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 3	Taegeuk 4	Taegeuk 6	Taegeuk 6
	Taegeuk 6	Taegeuk 3	Taegeuk 4	Taegeuk 5	Taegeuk 3	Taegeuk 6	Taegeuk 5	Taegeuk 3	Taegeuk 6	Taegeuk 5	Taegeuk 4	Taegeuk 4

RED	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 6	Taegeuk 7	Taegeuk 7	Taegeuk 8	Taegeuk 5	Taegeuk 8	Taegeuk 7	Taegeuk 4	Taegeuk 4	Taegeuk 8	Taegeuk 7	Taegeuk 8
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 4	Taegeuk 6	Taegeuk 8	Taegeuk 7	Taegeuk 6	Taegeuk 6	Taegeuk 4	Taegeuk 7	Taegeuk 5	Taegeuk 5	Taegeuk 8	Taegeuk 4
	Taegeuk 5	Taegeuk 4	Taegeuk 5	Taegeuk 6	Taegeuk 8	Taegeuk 7	Taegeuk 5	Taegeuk 5	Taegeuk 6	Taegeuk 6	Taegeuk 5	Taegeuk 7

BLACK	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>									<i>SEMIFINALS</i>	
	Taegeuk 7	Koryo	Koryo										Jitae
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>										<i>FINALS</i>
	Taegeuk 3	Taegeuk 6	Taegeuk 6										Keumgang
	Taegeuk 4	Taegeuk 5	Taegeuk 7										Hansu

	MALE DRAGON 6-7	MALE TIGER 8-9	MALE YOUTH 10-11	MALE CADET 12-14	MALE JUNIOR 15-17	MALE UNDER 30 18-30	MALE UNDER 40 31-40	MALE UNDER 50 41-50	MALE UNDER 60 51-60	MALE UNDER 65 61-65	MALE OVER 65 66+	MALE OVER 70 71+
YELLOW	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 2	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 1
	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 1	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2	Taegeuk 2

GREEN	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 2	Taegeuk 3	Taegeuk 1	Taegeuk 3	Taegeuk 3	Taegeuk 2	Taegeuk 3	Taegeuk 3	Taegeuk 3	Taegeuk 2	Taegeuk 1	Taegeuk 2
	Taegeuk 1	Taegeuk 2	Taegeuk 4	Taegeuk 1	Taegeuk 4	Taegeuk 1	Taegeuk 2	Taegeuk 1	Taegeuk 1	Taegeuk 4	Taegeuk 4	Taegeuk 3

BLUE	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 5	Taegeuk 3	Taegeuk 3	Taegeuk 5	Taegeuk 5	Taegeuk 3	Taegeuk 5	Taegeuk 5	Taegeuk 5	Taegeuk 3	Taegeuk 6	Taegeuk 3
	Taegeuk 6	Taegeuk 6	Taegeuk 5	Taegeuk 6	Taegeuk 3	Taegeuk 6	Taegeuk 3	Taegeuk 6	Taegeuk 6	Taegeuk 5	Taegeuk 4	Taegeuk 4

RED	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>
	Taegeuk 8	Taegeuk 4	Taegeuk 4	Taegeuk 5	Taegeuk 8	Taegeuk 6	Taegeuk 4	Taegeuk 8	Taegeuk 5	Taegeuk 8	Taegeuk 6	Taegeuk 5
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>
	Taegeuk 6	Taegeuk 7	Taegeuk 8	Taegeuk 6	Taegeuk 7	Taegeuk 8	Taegeuk 6	Taegeuk 5	Taegeuk 4	Taegeuk 7	Taegeuk 8	Taegeuk 6
	Taegeuk 7	Taegeuk 8	Taegeuk 7	Taegeuk 4	Taegeuk 4	Taegeuk 5	Taegeuk 8	Taegeuk 4	Taegeuk 7	Taegeuk 6	Taegeuk 5	Taegeuk 4

BLACK	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>	<i>SEMIFINALS</i>									<i>SEMIFINALS</i>	
	Taegeuk 5	Taegeuk 7	Taegeuk 8										Chonkwon
	<i>FINALS</i>	<i>FINALS</i>	<i>FINALS</i>										<i>FINALS</i>
	Taegeuk 8	Koryo	Taegeuk 7										Pyongwon
	Taegeuk 7	Taegeuk 5	Taegeuk 6										Taeback

Divisions of more than 20 competitors (21+) will be split into flights with each flight competing separately from the other flight(s) and each flight being awarded medals

Final round for the top eight from the preliminary round (no semifinal round)

Any division with less than 9 competitors advances straight to Final round



2024 East Regional Designated Poomsae

Black Belt World Class Divisions

FEMALE CADET 12-14	FEMALE JUNIOR 15-17	FEMALE UNDER 50 41-50	FEMALE UNDER 60 51-60	FEMALE UNDER 65 61-65	FEMALE OVER 65 66+
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
Taegeuk 7	Keumgang	Jitae	Taebaek	Pyongwon	Taebaek
SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS
Taegeuk 8	Taegeuk 5	Chonkwon	Keumgang	Jitae	Koryo
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Taegeuk 6	Taegeuk 8	Taebaek	Koryo	Taebaek	Shipjin
Taegeuk 5	Taegeuk 4	Keumgang	Chonkwon	Hansu	Hansu

MALE CADET 12-14	MALE JUNIOR 15-17	MALE UNDER 50 41-50	MALE UNDER 60 51-60	MALE UNDER 65 61-65	MALE OVER 65 66+
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
Taegeuk 7	Taegeuk 7	Koryo	Chonkwon	Pyongwon	Hansu
SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS
Taegeuk 6	Keumgang	Pyongwon	Taebaek	Keumgang	Chonkwon
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Taegeuk 4	Taegeuk 6	Taegeuk 8	Keumgang	Chonkwon	Taebaek
Keumgang	Taegeuk 8	Shipjin	Pyongwon	Hansu	Jitae

FEMALE UNDER 30 18-30	FEMALE UNDER 40 31-40	MALE UNDER 30 18-30	MALE UNDER 40 31-40
PRELIMINARIES	PRELIMINARIES	PRELIMINARIES	PRELIMINARIES
Round of 32	Round of 32	Round of 32	Round of 32
Taegeuk 8	Koryo	Koryo	Taegeuk 8
Taegeuk 6	Pyongwon	Taegeuk 6	Taegeuk 7
Round of 16	Round of 16	Round of 16	Round of 16
Koryo	Shipjin	Taegeuk 7	Shipjin
Shipjin	Taegeuk 7	Taegeuk 8	Taegeuk 6
Quarterfinals	Quarterfinals	Quarterfinals	Quarterfinals
Taegeuk 7	Keumgang	Taebaek	Keumgang
Keumgang	Taebaek	Pyongwon	Koryo
SemiFinals	SemiFinals	SemiFinals	SemiFinals
Pyongwon	Keumgang	Keumgang	Pyongwon
Taebaek	Taegeuk 6	Shipjin	Taebaek
Finals	Finals	Finals	Finals
Koryo	Koryo	Koryo	Keumgang
Keumgang	Taegeuk 8	Taegeuk 7	Taegeuk 8

FEMALE YOUTH TEAM 10-11	MALE YOUTH TEAM 10-11	FEMALE CADET TEAM 12-14	MALE CADET TEAM 12-14	FEMALE JUNIOR TEAM 15-17	MALE JUNIOR TEAM 15-17	FEMALE U30 TEAM 18-30	MALE U30 TEAM 18-30	FEMALE O30 TEAM 31+	MALE O30 TEAM 31+
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Taegeuk 8	Taegeuk 3	Taegeuk 6	Taegeuk 7	Koryo	Taegeuk 6	Pyongwon	Taegeuk 8	Koryo	Taebaek
Taegeuk 6	Taegeuk 7	Taegeuk 7	Taegeuk 6	Keumgang	Taegeuk 7	Taegeuk 6	Taegeuk 6	Jitae	Keumgang

YOUTH PAIRS 10-11	CADET PAIRS 12-14	JUNIOR PAIRS 15-17	U30 PAIRS 18-30	O30 PAIRS 31+	O50 PAIRS 51+
SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS	SEMI FINALS
Taegeuk 4	Koryo	Taegeuk 5	Taegeuk 8	Jitae	Chonkwon
FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
Koryo	Taegeuk 8	Taegeuk 4	Taegeuk 6	Chonkwon	Jitae
Taegeuk 6	Taegeuk 7	Taegeuk 7	Koryo	Koryo	Pyongwon

FEMALE O50 TEAM 51+	MALE O50 51+
FINALS	FINALS
Taegeuk 8	Jitae
Shipjin	Keumgang

PARA	P30 FEMALE Junior (12-15)	P30 MALE Junior (12-15)	P30 FEMALE UNDER 30 (16-29)	P30 MALE UNDER 30 (16-29)	P30 FEMALE OVER 30 (30+)	P30 MALE OVER 30 (30+)
	FINALS	FINALS	FINALS	FINALS	FINALS	FINALS
	Koryo	Taegeuk 8	Koryo	Taegeuk 6	Koryo	Taegeuk 8
	Taegeuk 5	Koryo	Pyongwon	Taegeuk 7	Chonkwon	Jitae

P20 Para division will select any two forms from the compulsory list

- Any division with 70 or more competitors begins in the Preliminary 1 round
- Any division with 20 - 69 competitors begins in the Preliminary round
- Any division with 9 - 19 competitors advances to Semi Final round
- Any division with less than 9 competitors advances straight to Final round

