

MARYLAND
20 USATKD 20
STATE CHAMPIONSHIP

Official Qualifier Event for the USA Taekwondo National Championships

OPEN TO ALL STATES

Saturday: April 11, 2026

Competition Venue:

APG Federal Credit Union Arena at Harford Community College

401 Thomas Run Road Bel Air, MD 21015

www.harford.edu

Breaking
Sparring
Poomsae DEMO

Pairs Poomsae

Team Poomsae



12.0 Event

Sanctioned by: USA Taekwondo



Organized by: Maryland State
Taekwondo Association

More Information at: WWW.MARYLANDTAEKWONDO.COM

For More Information Call: 443-306-8590

E-MAIL: marylandtaekwondo@gmail.com

National Level Tournament Facility & International Referees

WELCOME TO THE 2026 USATKD MD STATE CHAMPIONSHIPS!

Greetings Grand Masters, Masters, Instructors, Athletes, & Parents

January 20, 2026



I am pleased to announce that the Maryland State Taekwondo Association (MSTA) will host the USAT Maryland State Championships on April 11, 2026 at the Harford Community College. Young athletes from across the state will have the opportunity to challenge themselves in this USA Taekwondo Sanctioned 12.0 Event. This Championship will serve as a qualifying event for the 2026 USAT National Championships in Charlotte, North Carolina, July 1 – July 5. Athletes that finish in the Top 4 (Gold, Silver, Bronze, Bronze) at a State Championship will automatically qualify for the 2026 U.S. National Taekwondo Championships. If an athlete does not win a gold, silver, bronze, or bronze medal at a state championship the athlete can qualify for the U.S. National Taekwondo Championships through the American Open tournament series.

We are grateful to the Harford Community College for providing the facilities for the MSTA Qualifier and welcoming our athletes, coaches, schools and MSTA leaders onto their grounds.

For many of our athletes, this event will be their first competition of the 2026 season and the first step to reaching many of the goals they have set for themselves this year. I encourage instructors and parents to prepare your athletes not only for the physical test they will face against their competitors, but also to push themselves to reach their personal best.

What better way to start out the competition year than coming out to compete or support this remarkable event.

Respectfully,

Senior Master Chien V. Vuong

Chien V. Vuong

Maryland State Taekwondo Association President / Tournament Director

EVENT POINT OF CONTACT

Maryland State Taekwondo Association

Master Chien Vuong

443-306-8590

marylandtaekwondo@gmail.com

www.marylandtaekwondo.com



SANCTIONED BY

USA Taekwondo

1 Olympic Plaza

Colorado Springs, CO 80909



EVENT RANKING

Ranking: 12.0

GOVERNANCE

All sanctioned State Championships must use and follow the USA Taekwondo Rules and Regulations.

For current Sparring, Poomsae, Breaking, & Demo rules please refer to the following link:

[USA Taekwondo | USATKD Competition Rules](#)

VENUE

APG Federal Credit Union Arena at Harford Community College

401 Thomas Run Road, Bel Air, MD 21015

You may NOT bring any outside food/Drinks into the facility. The Only exception is for athletes which may bring bottled water and power bars. A full concession stand will be open for breakfast, lunch, drinks, and snacks. Please have cash on hand to speed along transactions but credit cards will be accepted. We ask that you please clean up any trash or spills.

LODGING

Holiday Inn Express Aberdeen-Chesapeake House

1007 Beards Hill Road, Aberdeen, MD 21001

Courtyard Aberdeen at Ripken Stadium

830 Long Drive, Aberdeen, MD 21001 USA

Hilton Garden Inn Aberdeen

1050 Beards Hill Road, Aberdeen, Maryland, 21001, USA

Residence Inn Aberdeen at Ripken Stadium

830 Long Drive, Aberdeen, MD 21001 USA

EVENT SPECTATOR TICKETS

Ticket Pricing	
Event Ticket	At-Door - Cash only! May also be purchased at time of Credential Pickup
ALL Day Pass (Adult 18-64)	\$20.00
All Day Pass (Child 5-17)	\$20.00
Children 4 & Under Adults 65 & Older Active Military & First Responders	\$ 0 – Free with Valid ID

SCHEDULE

Weigh-In and Registration:

April 10, 2026

7pm – 9pm

APG Federal Credit Union Arena

- All sparring competitors must weigh-in the day before the competition.
 - There will be a \$50 fee to change weight/belt divisions, so please ensure that your weight/belt division is correctly entered when registering.
- Athletes only competing in Poomsae (Form), Demo, or Breaking do not need to weigh-in and can pick up their credentials on the day of the event.

April 11, 2026

REPORT TIME	DESCRIPTION OF EVENT	LOCATION
8:00am	Doors Open	APG Federal Credit Union Arena
8:15am		APG Federal Credit Union Arena
8:15am - 8:45am	Referee Meeting	APG Federal Credit Union Arena
8:30am – 8:45am		Holding Area in the APG FCU Arena
8:50am - 9:00am	Opening Ceremonies	APG Federal Credit Union Arena
9:00am	Competition Begins	APG Federal Credit Union Arena
9:00am - 12:00pm		Holding Area in the APG FCU Arena
12pm	Competition Continues	APG Federal Credit Union Arena
12:15pm-5pm		Holding Area in the APG FCU Arena

ALL SATURDAY SPARRING COMPETITORS MUST BE CHECKED IN AND WEIGHED IN BY 9:00PM ON 4/10/26

Competition Report Time is TBD. When the Report times are finalized, the Event manual will be updated and uploaded to the USAT Website and the MSTA website. The event manual will also be emailed out.

SPARRING: DAEDO G2 electronic gear will be used for all divisions.

ATHELETE REGISTRATION

Registration for all athletes will be done through [USATKD Sport80](#). All registrations must be completed by the registration deadline. There will not be any onsite registration for athletes.

2026 USA Taekwondo Maryland State Championships Deadline: Registration deadline: March 30, 2026, 12:00 PM, MST

THERE WILL BE NO LATE REGISTRATION PERIOD. USATKD HAS A NO REFUND POLICY.

All athletes must register and pay in full by the registration deadline. No exceptions will be made for not completing registration. If you are having trouble registering, please email support@usatkd.zendesk.com for assistance.

[How-To-Register as an Athlete](#)

Once on the USATKD Sport80 page:

1. Click on “Events”, located on the left-hand side of the Home Page.
2. Search for **2026 USA Taekwondo Maryland State Championships**
3. Click on the “Enter Now” button for the **2026 USAT Maryland State Championships**.
4. Click the +Enter button next to the athlete’s name.
5. Follow the registration instructions within the site.

Tips For Successful Event Registration

Athletes must have their belt information in the belt section for their Sport80 profile. Missing belt information will prevent you from being able to select a division and register for any events. **Also, any belt changes at the tournament site will incur a \$50 fee.**

*Black Belt Athletes: In addition to having a black belt listed in your profile, a photocopy of your black belt certificate must be uploaded into your Sport80 profile.

*Athletes aged 18 and older: Must complete the U.S. Center for SafeSport course each year.

1. Log in to your USA Taekwondo Athlete profile on Sport80
2. Click “View Profile”
3. In the left navigation, click “Center for SafeSport Training”.
4. In the top right, select the +Access Training button and follow the prompts to select and complete the SafeSport – Core Training Course.
5. After completion, within 24 hours it will automatically validate that you completed the training on your Sport80 profile.

World Class Black Belt Athletes:

US Citizenship is NOT required to compete in the World Class Black Belt division at a State Championship.

Athlete Event Credentials:

Athletes will pick-up their credentials at the event prior to the start of the tournament at the front desk.

Athlete Check-In:

Poomsae/Breaking/Demo athletes are checked in for the competition when they pick-up their Credential.

Sparring athletes are checked in when they weigh in during their scheduled weigh-in period. Any athlete who does not weigh in will be marked as “Disqualified”.

Early Registration Entry Fee	Early Registration Deadline	Price Per Event	Final Registration Entry Fee	Final Registration Deadline
\$95	March 27, 2026	\$25	\$115	March 30, 2026

Payments must be made by registration due dates. If registration is not finalized by March 30th, 2026, your registration and information will not be sent to MSTTA, and your registration will not be processed.

Therefore, no pending registration will be accepted after the close of registration date:
March 30th, 2026.

****Early Registration Deadlines end at 12:00pm (MST)****

****Final Registration Deadlines end at 12:00pm (MST)****

THERE WILL BE NO LATE REGISTRATION PERIOD. USATKD HAS A NO REFUND POLICY.

There will be a \$50 fee to change weight/belt divisions, so please ensure your weight division/belt is correctly entered when registering.

COACHING REQUIREMENTS AND REGISTRATION

Registration for all coaches will be done through USATKD Sport80. All registrations must be completed by the registration deadline. There will not be any onsite registration for coaches.

2026 USA Taekwondo Maryland State Championships Registration Deadline: March 30th, 2026, 12:00 PM, MST

Profile Requirements to Register as a Coach for an Event:

- Upload a profile picture on your Sport80 profile.
- Have a current U.S.A. Taekwondo Membership on Sport80
- Have a current and valid Background Screen (valid through the final day of competition) (Ages 18+)
- Have a current and valid SafeSport Core Training (Valid through the final day of competition) (Ages 18+)
- Have either an Associate Coach or Level 1 Coach Course completion in the discipline you want to coach and have it uploaded and validated on your Sport80 profile
 - To complete the course, [CLICK HERE](#)
- Please follow all steps on the following website to make sure your profile is complete; you will not be able to register until your profile is completed: [How to Register as a Coach](#)

Coaches must be an Associate Coach or Level 1 or higher to coach in the World Class Sparring & World Class Poomsae divisions at the National Championships, Final Championship, U.S. American Open, State Championships, and all USATKD Sanctioned Events. Your coaching certification must be in the discipline you are coaching, i.e. Kyorugi, Poomsae, or both.

SafeSport – Background Checks (Coaches 18 and over)

Coaches (Ages 18+) are required to complete and pass and background check (every two years) and complete the U.S. Center for SafeSport Training (Every Year). The background check is conducted by a third-party system and can take anywhere from one week to one month to complete. Please initiate your background screening as soon as possible to ensure it is complete before the registration closes.

The SafeSport certification must be completed in your Sport80 Profile.

1. Log in to your USA Taekwondo Coaches profile via Sport80
2. Click “View Profile”
3. In the left navigation, click “Center for SafeSport Training”
4. In the top right, select the “+Access Training” button and follow the prompts to select and complete the SafeSport – Core Training Course

Credential: All coach credentials must have a photo. These photos are taken from your profile picture on Sport80. COACH CREDENTIALS ARE NON-TRANSFERABLE.

CIDP LEVEL	Early Registration Fee	Early Registration Deadline	Final Registration Fee	Final Registration Deadline
Associate Coach or Level 1	\$55.00	March 27, 2026	\$75.00	March 30, 2026

Payments must be made by registration due dates. If registration is not finalized by March 30th, 2026, your registration and information will not be sent to MSTA, and your registration will not be processed.

Therefore, no pending registration will be accepted after the close of registration date:
March 30th, 2026.

*****Early Registration Deadlines end at 12:00pm (MST)*****

*****Final Registration Deadlines end at 12:00pm (MST)*****

THERE WILL BE NO LATE REGISTRATION PERIOD. USATKD HAS A NO REFUND POLICY.

SPARRING: DAEDO G2 electronic gear will be used for all divisions.

Some gear will be available for sale on site, but we strongly suggest you check your athlete's bag and gear the night before and do not rely solely on these sources. Gen2 socks will be available for purchase onsite by AAMA.

NON-SPORTING ENTRY REQUIREMENTS AND REGISTRATION

Registration for all Non-Sporting Entry (Tournament Staff, Volunteer, Board Holder, Media) will be done through [USATKD Sport80](#) at \$0 cost. All registrations must be completed by the registration deadline. There will not be any onsite registration for volunteers/Board Holders.

2026 USA Taekwondo Maryland State Championships Registration Deadline: April 3RD, 2026, 12:00 PM, MST

Profile Requirements to Register as a Non-Sporting Entry for an Event:

- Have a current U.S.A. Taekwondo Membership on Sport80
 - When Creating your USATKD Sport80 account pick Volunteer membership. Volunteer members are non-competing members. Valid for one year from the date of purchase, our membership season runs from January 1 to December 31.
- Upload a profile picture on your Sport80 profile.
- Have a current and valid Background Screen (valid through the final day of competition) (Ages 18+)
- Have a current and valid SafeSport Core Training (Valid through the final day of competition) (Ages 18+)
- Please follow all steps on the following website to make sure your profile is complete; you will not be able to register until your profile is completed.

SafeSport – Background Checks (Individuals 18 and over)

Individuals (Ages 18+) are required to complete and pass and background check (every two years) and complete the U.S. Center for SafeSport Training (Every Year). The background check is conducted by a third-party system and can take anywhere from one week to one month to complete. Please initiate your background screening as soon as possible to ensure it is complete before the registration closes.

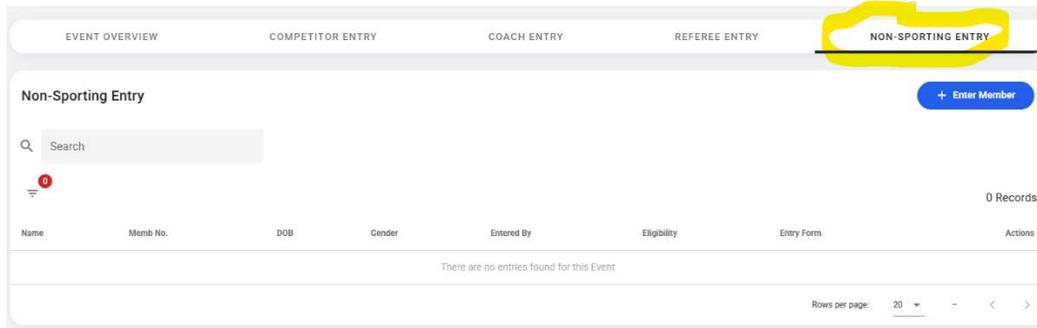
The SafeSport certification must be completed in your Sport80 Profile.

1. Log in to your USA Taekwondo Volunteer profile via Sport80
2. Click “View Profile”
3. In the left navigation, click “Center for SafeSport Training”
4. In the top right, select the “+Access Training” button and follow the prompts to select and complete the SafeSport – Core Training Course

How-To-Register as a Non-Sporting Entry

Once on the USATKD Sport80 page:

1. Click on “Events”, located on the left-hand side of the Home Page.
2. Search for **2026 USA Taekwondo Maryland State Championships**
3. Click on the “Enter Now” button for the **2026 USAT Maryland State Championships**.
4. Choose the tab “Non-Sporting Entry”



5. Click the +Enter button next to the individual’s name.
6. Choose your corresponding category.

2026 USATKD Maryland State Championships Entry Form



7. Follow the rest of registration instructions within the site.

Board Holder Credential: Athletes and/or their board holders can obtain a board holding credential at the Holding Area Desk on the day of competition for that division. This credential will only be valid for the day of the competition and must be returned to the Holding Area Desk after the division has been completed.

All other Credentials: Can be picked up from the front desk.

NON-SPORTING ENRTY REGISTRATION FEES

Entry Fee

\$0

USATKD QUALIFICATION

Athletes must have a USATKD membership to participate in a State Championship tournament.

Age Qualification: USATKD uses the date December 31 of the given year to determine the competition age for all athletes. EX. A 14-year-old athlete turns 15 years old on September 27th, meaning they would compete as a 15-year-old athlete for all events during the calendar year.

Belt Qualification Rules: All athletes will be eligible to compete at the State Championship at the current belt in which they hold. **Any belt changes at the tournament site will incur a \$50 fee, so please ensure your belt division is correctly entered when registering.**

Weight Class Qualification Rules:

All athletes may compete in any belt color or weight category. Athletes may change weight classes prior to the registration deadline of March 30, 2026, at 12:00 PM MST. Any changes after the registration deadline must be made onsite and will be charged a \$50 weight-change fee.

Weigh in times will be scheduled beforehand (see the Schedule on Page 5). All participants must provide a valid ID to weigh-in. There is no exception to this policy. Valid ID can be any of the following: Government Issued ID, School ID, GAL, Military ID or Passport. If the athlete is a minor and does not have a Valid ID, then they are allowed to provide a copy of the athlete's birth certificate.

WEIGH IN, WEIGHT CHANGES, & BELT CHANGES

Weigh-In Rules:

1. A competitor's weight shall be measured the day prior to their competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh-in attempt is granted within the scheduled time period. A scale, one that is calibrated the same as the official scale, will be provided in the weigh in area as a test scale so that athletes can check prior to stepping on the Official Scale.
3. Before stepping on the Official Scale, athletes are required to show their valid ID and their virtual athlete credential.
4. Any irregular action by the athlete or their coach during the weigh-in process may result in disqualification from the event.
5. Weigh in for adult athletes 18 years old and older, for both male and female, shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for adult male athletes and underpants and bra for adult female athletes. Under no circumstances may an athlete weigh-in in the nude in the United States.

6. Minor athletes who are 17 years old or younger must weigh-in wearing clothing or Dobok ONLY. Minor athletes will be given a 0.2kg allowance for clothing. One parent or guardian of the same sex will be allowed in the weigh-in room with their child.
7. Phones are NOT ALLOWED in the weigh-in area unless being used to show virtual credentials. Pictures and/or videos are absolutely not allowed to be taken while in the weigh-in area.

Weight, Belt and Division Changes:

All Weight Changes Must Be Made Before Stepping on The Official Scale. NO EXCEPTIONS.

Athletes can change weight classes through the final registration deadline at no additional fee. If an athlete would like to change their weight class before the final registration deadline, they must email support@usatkd.zendesk.com . After the final registration deadline, all weight changes must be made onsite at the Registration Desk. **Any weight/belt changes at the tournament will incur a \$50 fee, so please ensure your weight/belt division is correctly entered when registering.**

METHOD OF COMPETITION & COMPETITION RULES

Athletes must wear the appropriate uniforms for sparring and/or poomsae. Click Here to view the uniform requirements: [USATKD Equipment & Hygiene Requirements](#)

The current competition rules for all divisions will be used. To view the current version, go to: <https://www.usatkd.org/usatkd-competition-rules>

Bracketing and Seeding: Seeding will be done for all sparring and poomsae divisions based off the most recently posted [U.S. National Rankings](#).

USATKD SPARRING

Sparring – A single elimination format will be applied to all sparring divisions. Click links below to view:

- [Sparring Weight Categories](#)
- [USATKD Kyorugi Head Contact Rules](#)
- [2026 WT Kyorugi Updates](#)
 - This document outlines the Kyorugi rules and interpretations as of January 1, 2026, which are effective for all USATKD events beginning with U.S. Team Trials.
- **DAEDO G2 electronic gear will be used for all divisions. (G2 socks only)**

Some gear will be available for sale on site, but we strongly suggest you check your athlete's bag and gear the night before and do not rely solely on these sources. Gen2 socks will be available for purchase onsite by AAMA.

USATKD BOARD BREAKING & DEMO TEAM

- [2026 USATKD Breaking Rules](#) – Click Link to left for full rules.
 - Athletes 9 years old and younger will use ¼ x 10 x 12-inch boards, athletes ages 10-14 years old will use ½ x 10 x 12-inch boards, and athletes 15 years old and older will use 1 x 10 x 12-inch boards.
 - Board Breaking Holders: Athletes are responsible for providing their own board holders. Any board holder who is 18 + must complete the SafeSport Core Training Course through Sport80 prior to receiving their board holder credential. Athletes and/or their board holders can obtain a board holding credential at the Holding Area Desk on the day of competition for that division. This credential will only be valid for the day of the competition and must be returned to the Holding Area Desk after the division has been completed.
 - Only Officially stamped Boards may be utilized during competition. These boards will be available for purchase at the Venue from our official vender AAMA.
- [2026 USATKD Demo Team Rules & Division](#) – Click Link to left for full rules.
 - Demo Team is open to all athletes who meet the age and belt requirements.
 - Due to the limitation of the number of mats at the local event the performance must be confined to the modified Contest Area of 10m x 10m. Demo competition will follow all other [USATKD Competition Rules](#).

USATKD POOMSAE

- [2026 USATKD Poomsae Rules](#) – Click Link to left for full rules.
 - **Poomsae** – All poomsae divisions will be seeded for the first round according to the [USATKD National Rankings](#)
 - Any division with 20 or more competitors begins in the Preliminary round
 - Any division with 9 - 19 competitors begins in the Semi Final round
 - Any division with 8 or fewer competitors begins in the Final round

DESIGNATED POOMSAE

- Poomsae Draws TBD. When the Poomsae Draws are finalized, the Event manual will be updated and uploaded to the USAT Website and the MSTA Website. It will also be emailed out.

AWARDS

SPARRING/POOMSAE/BREAKING/DEMO

2026 USA Taekwondo Maryland State Championships medals and digital certificates will be given out to the top 4 individuals, pairs (co-ed) and teams, in the respective divisions and/or weight categories.

Individual/Pairs/Team Awards		
1 st Place		medals and digital certificates
2 nd Place		medals and digital certificates
3 rd Place		medals and digital certificates
3 rd Place		medals and digital certificates

ADDITIONAL INFORMATION

- **There is no on-site registration at any State Championship.**
- U.S. National Taekwondo Championships Qualification State Championships will qualify athletes for the U.S. National Taekwondo Championships.
 - Athletes that finish in the **Top 4 (Gold, Silver, Bronze, Bronze)** at a State Championship will automatically qualify for the 2026 U.S. National Taekwondo Championships.
 - If an athlete does not win a gold, silver, bronze, or bronze medal at a state championship the athlete can qualify for the U.S. National Taekwondo Championships through the American Open tournament series.
 - Athletes must be a U.S. Citizen to participate in the world class divisions at the U.S. National Taekwondo Championships.
- **Athletes may only receive points from 2 State Championships.**
- World Class and Grassroots divisions will only be offered for Cadet Sparring black belts. Cadet World Class divisions will use adult rules and Cadet Grassroots divisions will use Junior Safety Rules.
 - Winner of the Cadet Grassroots divisions will not qualify for the World Class division because the Grassroots division will use Junior Safety Rules and World Class divisions will use full head contact rules (see competition rules for full explanation of rules). Once qualified for World Class, an athlete is not eligible for Grassroots divisions.
- Cadet Poomsae; Junior Poomsae and Sparring; Senior Sparring and Poomsae black belts will have World Class Divisions ONLY (no Grassroots divisions).
- MSTA follows all rules endorsed by USA Taekwondo found on their website at:
 - [USA Taekwondo | USATKD Competition Rules](#)



2026 USAT Maryland State Championships



Official Qualifier Event for U.S. National Championships

Saturday April 11, 2026

Harford Community College - APG Federal Credit Union Arena

401 Thomas Run Road Bel Air, MD 21015

TOURNAMENT SITE DIRECTIONS



Directions

From South Of Campus (Baltimore, Washington, D.C.)

1. Take Interstate 95 N. to exit 80 Churchville (Rte. 543).
2. Travel north toward Churchville for approximately 6 miles to the traffic light at the intersection of Rte. 543 and Rte. 22.
3. Turn right on Rte. 22 and continue to the light at Thomas Run Road.
4. Turn left on Thomas Run Road.
5. The College campus is on the right.
6. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
7. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
8. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

From North of Campus (Elkton, Wilmington, New York)

1. Take Interstate 95 S to Exit 85 Aberdeen (HWY 22 West).
2. Travel Rt. 22 West to the light at Thomas Run Rd.
3. Turn right onto Thomas Run Rd.
4. The College campus is on the right.
5. The Chesapeake Theater is located at Entrance #2 and is the first building on the left.
6. The Amoss Center is located at 200 Thomas Run Road which is on the left side of Thomas Run Road directly across from Entrance #2.
7. The Arena is located at Entrance #1 and is the large building on the right. Parking for the Arena is in the S lot with overflow into the T or C lots.

MEDICAL

FORTIS

S P O R T S M E D I C I N E

Local and international sports medicine coverage for your combat sport events.

www.fortissportsmedicine.com

Call: +1(410)405-7473

Email: support@FortisSportsMedicine.com

VENDORS

AAMA All American Martial Arts Supply
The Discount Martial Arts Supplier

Web: <http://aamausa.com/>

ADDRESS: 31399 Lorain Rd. North Olmsted, OH 44070

TOLL FREE: 1-888-668-6355

PHONE: 1-440-734-6990

FAX: 1-440-734-6980

BUSINESS HOURS: Mon~Fri 09:00 ~ 18:00