

2026 USA Diving Junior National Championships Practice Schedule

Monday, July 27th

Facilty Open

9:30 AM

Open Training

10:00 AM - 2:00 PM

East

2:00 - 4:00 PM

Central

4:00 - 6:00 PM

West

6:00 - 8:00 PM

Tuesday, July 28th

Facilty Open

6:30 AM

Open Training

7:00 - 8:00 AM

Central

8:00 - 10:00 AM

East

10:00 AM - 12:00 PM

West[®]

12:00 - 2:00 PM

Central

2:00 - 3:45 PM

East

3:45 - 5:30 PM

West

5:30 - 7:15 PM

Technical Meeting

7:20 PM