



USA Triathlon Gender Eligibility Policy

I. Introduction

The U.S. Olympic and Paralympic Committee (the “USOPC”) requires every National Governing Body (“NGB”) to align its athlete safety policy or another Board approved policy with Executive Order 14201 as follows: USA Triathlon is committed to protecting opportunities for athletes participating in sport. USA Triathlon will continue to collaborate with various stakeholders with oversight responsibilities, e.g., USOPC and World Triathlon to ensure that women have a fair and safe competition environment consistent with Executive Order 14201 and the Ted Stevens Olympic & Amateur Sports Act, 36 U.S.C. § 220501 et. seq.

This policy applies to all USA Triathlon members, including but not limited to “age group” members, collegiate athletes, NCAA athletes¹ (to the extent it does not conflict with NCAA rules), minors, and elite members (including national team members). Elite members and national team members competing at international events governed by World Triathlon rules are subject to the rules and policies of World Triathlon, however, the selection for such events is subject to the policies of USA Triathlon, including this Policy.

This policy applies to all USA Triathlon sanctioned races.

This Policy shall take effect on January 1, 2026.

II. Privacy Statement

All discussions and documentation submitted in relation to this policy shall be kept strictly confidential in accordance with applicable privacy policies while under USA Triathlon’s jurisdiction. Any information provided will not be used for any purpose not contemplated in this Policy and will not be disclosed to any third party unless necessary for the effective application and enforcement of this Policy or as required by law, regulation or court law.

III. Registration and Participation

To participate in a USA Triathlon sanctioned race, every athlete must have an active valid USA Triathlon membership and race in the category that corresponds to the gender assigned to them at birth. USA Triathlon offers competition categories for male, female, nonbinary, and open athletes to ensure that all individuals have a space to participate.

¹ **NCAA athlete:** An athlete who participates in NCAA events and must follow NCAA rules.

IV. **USA Triathlon Competition Categories**

- For purposes of this Policy and consistent with the above requirements set forth under I. Introduction, USA Triathlon defines the **Female Category** as open to individuals who meet the definition of female, as defined under EO 14168, i.e., it shall be rebuttably presumed that a person is Female if that person's sex identified at birth was female (i.e., "cisgender women"). This category shall be eligible for USA Triathlon rankings.
- The **Male Category** is available for cisgender men, transgender men, transgender women and athletes who identify as nonbinary. This category shall be eligible for USA Triathlon rankings.
- The **Nonbinary Category** is available for all athletes who identify as nonbinary. This category shall be eligible for USA Triathlon rankings.
- The **Open Category** is available for transgender women and any other athlete who wishes to race in this category. Results for Open Category athletes may be recorded in the Open Category and will not be ranked within any other category. No rankings are available for this category. This category does not entitle athletes to qualify for any national or international competition.

V. **NCAA Athletes**

NCAA athletes must adhere to NCAA gender participation rules.

VI. **USA Triathlon National Rankings**

Athletes are eligible to be nationally ranked (if they race in the Female, Male or Nonbinary categories) once they have completed the prerequisite number of races in a race type. Athletes may only compete in the category that corresponds to them, in accordance with this policy.

VII. **Administrative Application of this Policy**

With respect to the Female Category, an individual represents and warrants to USA Triathlon that she is Female (as defined under this Policy), which creates a rebuttable presumption that the individual's sex identified at birth was female. USAT Triathlon may challenge this presumption. The determination as to whether an individual is female may be established through the individual's original birth certificate or other reliable facts. Only USA Triathlon has the right to contest an individual's Female Category status.

Any member who has a question about this Policy should contact diversity@usatriathlon.org.

VIII. **Anti-Doping Requirements**

The anti-doping rules of USA Triathlon, the United States Anti-Doping Agency, the United States Olympic & Paralympic Committee, and World Triathlon remain in effect and are not impacted by this Gender Inclusion Policy.

IX. Member Agreement, Consent and Release

All individuals subject to this Policy represent and agree that:

- All information submitted concerning their membership application or event registration is accurate and complete to the best of their knowledge, and no relevant information has been intentionally withheld.
- They will fully cooperate with and provide any additional information reasonably requested by USA Triathlon in the administration of this Policy.
- Neither USA Triathlon nor any USA Triathlon employee, director, officer, agent, representative, or other persons involved in the administration of this Policy shall be liable in any way in relation to acts done or omitted to be done in good faith in connection with the administration of this Policy.

X. Prohibited Conduct

USA Triathlon strictly prohibits abuse, discrimination or harassment of any kind to any other members, including the transgender and nonbinary community. Treating someone in an abusive, discriminatory or harassing manner is a violation of USA Triathlon's Code of Conduct. Any obscene language or gesture or other defamatory, demeaning, or threatening language (whether written or oral) or conduct directed towards an athlete or affiliated individual is a violation of USA Triathlon's Code of Conduct. Any instances or grievances should be immediately reported to USA Triathlon's Legal Team (legal@usatriathlon.org) or to the U.S. Center for SafeSport (<https://uscenterforsafesport.org/report-a-concern/>).

XI. Policy Review

USA Triathlon will regularly review this Policy and reserves the right to update this Policy with immediate effect any time.

Last Updated: January 2026