

WESTSIDE AQUATIC CENTER  
1750 DUNCAN LANE  
LEWISVILLE, TX 75067



LEWISVILLE, TEXAS

### THURSDAY, MARCH 21

8:30 AM - 4:00 PM	Training
4:00 PM	Declarations due
6:00 PM - 7:00 PM	Athlete meeting - at the hotel
7:00 PM - 9:00 PM	Coaches meeting - at the hotel

### FRIDAY, MARCH 22

8:00AM	Doors open
8:30 AM - 9:00 AM	Lap swimming only
9:00 AM - 9:25 AM	Warm up - C & D Technical
9:30 AM - 11:00 AM	<b>C &amp; D Technical Competition</b>
11:00 AM - 11:30 AM	Warm up - A & B Technical
11:30 AM - 1:00 PM	<b>A &amp; B Technical Competition</b>
1:00 PM - 1:30 PM	Break - Open Pool
1:30 PM - 1:45 PM	Solo Final Spacing
	Male Solo Exhibition Spacing
2:00 PM - 3:15PM	<b>Solo Final Competition (19)</b>
	<b>Male Solo Exhibition (1)</b>
3:15 PM - 3:30 PM	Duet Final spacing (1-9)
3:30 PM - 3:45 PM	Duet Final spacing (10-19)
4:00 PM - 5:15 PM	<b>Duet Final Competition (19)</b>

### SATURDAY, MARCH 23

7:30 AM	Doors open
8:00 AM - 8:30 AM	Lap swimming only
8:30 AM - 8:45 AM	Trio Final spacing (1-9)
8:45 AM - 9:00 AM	Trio Final spacing (10-19)
9:15 AM - 10:45 AM	<b>Trio Final Competition (19)</b>
10:45 AM - 11:15 AM	Break - Open Pool
11:15 AM - 11:30AM	Team Final Spacing (1-4)
11:30 AM - 11:45 AM	Team Final Spacing (5-8)
11:45 AM - 12:00 PM	Team Final Spacing (9-12)
12:00 PM - 12:15 PM	Team Final Spacing (13-17)
12:30 PM - 2:00 PM	<b>Team Final Competition (17)</b>
2:15 PM - 2:45 PM	Parade of Athletes
2:45 PM	Awards

ATHLETE AND COACH MEETINGS WILL BE HELD AT  
THE SPRINGHILL SUITES BY MARRIOTT DALLAS LEWISVILLE,  
720 E. VISTA RIDGE MALL DR., LEWISVILLE, TX

