

2026 Junior World Championships Rankings - Men - FINAL AFTER INVITES

Rankings as of 1/29/26

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/26	Competition Total Achieved	
1	Ryan McDonald	88	334	101.21%	19	2025 Virus Weightlifting Finals	Accepted
2	Christopher Cruz	65	269	98.18%	20	2025 Virus Weightlifting Finals	Accepted
*	<i>Zakaria Naas</i>	<i>79</i>	<i>303</i>	<i>97.12%</i>	<i>20</i>	<i>2025 National Championships</i>	<i>Declined</i>
3	Kyle Martin Jr.	94	326	96.45%	20	2025 National Championships	Accepted
4	Carter Sing	79	295	94.55%	18	2025 Pan American Youth Championships	Accepted
5	Bryson Brown	65	258	94.16%	19	2025 Virus Weightlifting Finals	Accepted

A Standard - New BW's	
60	253
65	274
71	293
79	312
88	330
94	338
110	349
110+	369

B Standard - New BW's	
60	239
65	258
71	276
79	295
88	312
94	320
110	330
110+	349