

# 2025 High Performance Team Criteria and Application

## Introduction

The goal of the USA Triathlon High Performance Team (HPT) program is to increase the number and quality of developmental teams serving youth, junior and U23 draft-legal triathletes across the nation. HPTs perform an integral role in the identification, recruitment, development, and age-appropriate competitive preparation of emerging high performing youth, junior and U23 triathletes, with the goal of developing well-rounded athletes capable of success at the highest levels of draft-legal competition and progression within the USAT High Performance Program. The recommended approach is for teams to begin their focus with youth and junior level athletes (ages 19 and under) and expand their reach upward once they obtain the knowledge base, experience and access to facilities and sponsors needed to support U23 elite-level athletes capable of competing at the international level.

## Eligibility for HPT Designation

To become or remain eligible for USAT HPT recognition in 2024, a program must be:

- Organized to serve the target athlete demographic:
  - Draft-Legal Competitive Ages: 13 - 19, with ongoing U23 coaching support
    - Developmental Ages: 8 - 19 (incl. Youth and High School sub-programs)
  - Draft-Legal developmental focus and participation in the national series events
    - Focus on guiding athletes to Nationals qualification
  - Desire to progress athletes to the National and International level
- Led by a USAT-certified coach in good standing
- Registered as a USAT club in good standing
- Appropriately insured through USAT coach/club insurance or otherwise insured
- Strict adherence to Safe Sport, Code of Ethics and Anti-Doping policies
- HPTs recognized in 2024 do not need to reapply for 2025.

## Reporting Requirements

- At USAT's request, HPTs will provide an End of Year Report with a team roster
- USAT HP may request assistance with athlete-specific performance testing

## Applications

- Applications are accepted on a rolling basis by submitting the [HPT Application Form](#)
- For additional information, contact [juniors@usatriathlon.org](mailto:juniors@usatriathlon.org)