

2026 Senior World Championships Rankings - Women

Rankings as of 5/6/2026

	Athlete Name	Body Weight	Total	% of A Standard	Competition Total Achieved
1	Olivia Reeves	77	279	117.23%	2026 Virus Series 1
*	Olivia Reeves	69	262	112.45%	2026 Pan American Championships
2	Miranda Ulrey	53	216	108.54%	2026 Pan American Championships
3	Mattie Rogers	77	256	107.56%	2026 Virus Series 1
4	Sophia Shaft	63	240	106.67%	2026 Virus Series 1
5	Ella Nicholson	86	251	103.72%	2026 Virus Series 1
6	Mary Theisen-Lappen	86+	271	103.04%	2026 Pan American Championships
*	Ella Nicholson	77	245	102.94%	2025 Virus Weightlifting Finals
7	Katie Witte	86	245	101.24%	2025 Virus Weightlifting Finals
*	Miranda Ulrey	58	215	100.00%	2025 IWF World Championships
8	Anna McElderry	86	240	99.17%	2025 Virus Weightlifting Finals
9	Katie Estep	63	223	99.11%	2025 IWF World Championships
10	Abigail Cooper	69	226	97.00%	2026 Virus Series 1
11	Ava Biesterfeld	77	227	95.38%	2026 Virus Series 1
12	Chealsea Enemor	86+	250	95.06%	2026 National University Championships
13	Victoria Jefferson	86	230	95.04%	2025 Virus Weightlifting Finals
14	Sarah Barnett	86	230	95.04%	2025 Virus Weightlifting Finals

A Standard	
48	181
53	199
58	215
63	225
69	233
77	238
86	242
86+	263

B Standard - Minimum	
48	172
53	189
58	204
63	214
69	221
77	226
86	230
86+	250