

OPEN PRACTICE TIMES

DATE		TIME
2-May	Thurs	10:30am-6:30pm
3-May	Fri	7-9am
4-May	Saturday	7-9am

SCHEDULE OF EVENTS - FRIDAY MAY 3rd

EVENT	# divers	TIME	
1st event warmup		9-9:30am	30 min
1 11&U G 1meter	9	9:30-10:15am	14 divers x 6dives=84 / 30sec a dive = 42 minutes
11&U B 1meter	3		
1 14-15 G 3meter	18	9:30-10:45am	18 divers x 8 dives=144 /30 sec a dive = 72 minutes
Next event warmup		10:45-11:25am	40min
2 12-13 G 1 meter	26		36 divers x 7 dives = 252 /30sec a dive - 126 minutes
12-13 B 1 meter	10	11:30-1:40pm	10 minutes for last round = 129 minutes
2 14-15 B 3meter	4		
16-18 B 3meter	10	11:30-12:45pm	14 divers x 9 dives = 126 / 30 sec a dive = 65 min add 10 divers last round 8 minutes = 73 minutes
next event warmup		1:40-2:10pm	30min
3 16-18 G 1meter	30	2:10-4:30pm	30 divers x 9 dives = 270 dives/30 sec a dive =135 min

SCHEDULE OF EVENTS - SATURDAY May 4th

EVENT	# divers	TIME	
1st event warmup		9-9:30am	30 min
4 11&U G 3meter	9	9:30-10:05am	11 divers x 6dives=66 / 30sec a dive = 35 minutes
11&U B 3meter	2		
4 14-15 G 1meter	20	9:30-10:50am	20 divers x 8 dives=160/30 sec a dive = 80 minutes approx
Next event warmup		10:50-11:25am	35min
5 12-13 G 3 meter	24		34 divers x 7 dives = 238 /30sec a dive - 10 minutes approx
12-13 B 3 meter	10	11:25-1:35pm	10 minutes for last round = 130 minutes
5 14-15 B 1 meter	4		
16-18 B 1 meter	11	11:25-12:45pm	15 divers x 9 dives = 135 / 30 sec a dive = 70 min approx add 10 divers last round 8 minutes = 78 minutes
next event warmup		1:35-2:10pm	35min
3 16-18 G 1meter	27	2:10-4:15pm	27 divers x 9 dives = 243 dives/30 sec a dive =120 min approx