



COVID-19 WORKING GROUP UPDATE

March 16, 2020

Team –

Please see below for our weekly COVID-19 update with the latest information related to medical, international travel and domestic policies, sport, facilities. As updates continue to remain extremely fluid, we may look for opportunities to further evolve our communication to more frequent – and perhaps even daily – updates, when necessary.

For the latest information, please refer to the [coronavirus resource page on TeamUSA.org](#).

Again, the following update is informed and produced by members from the USOPC COVID-19 Working Group inclusive of medical staff, who continue to work closely with our Infectious Disease Advisory Group, and domestic and international professionals to ensure we are taking a fact-based approach as we closely monitor the environment to keep us all safe and healthy – which remains our top priority.

As always, we look forward to hearing feedback from you – and the greater Olympic and Paralympic community – on ways we can improve our communication moving forward. Please send any recommendations to coronavirusupdates@usopc.org.

Thank you for your continued commitment and support to keep our community safe.

Sincerely,
USOPC COVID-19 Working Group

Medical

- USOPC staff and Team USA athletes will now be asked screening questions for COVID-19 upon entry to USOPC Headquarters, the U.S. Olympic & Paralympic Training Centers in Colorado Springs, Colorado, and Lake Placid, New York, and the U.S. Olympic Training Site in Chula Vista, California. The questions will be about COVID-19 symptoms and potential exposure. Based on responses, individuals may be allowed entry to the site or asked to return to their home and contact a healthcare provider.
- All USOPC staff and athletes should monitor themselves for symptoms of COVID-19 twice daily. This will help identify potential cases of COVID-19 quickly and reduce the potential of exposing staff and athletes to the infection. Click [here](#) for self-monitoring instructions.
- All USOPC staff and Team USA athletes should practice infection prevention measures (click [here](#) for more detailed guidance).
- If you have any questions, contact a member of the resident sports medicine team at the following:
 - Colorado Springs OPTC: 719-866-4554
 - Lake Placid: 518-523-8450
 - Chula Vista: 619-482-6141

International Travel & Domestic Policies

- The Department of State advises U.S. citizens to reconsider travel abroad due to the global impact of COVID-19. Many areas throughout the world are now experiencing COVID-19 outbreaks and taking action that may limit traveler mobility, including quarantines and border restrictions. Even countries, jurisdictions, or areas where cases have not been reported may restrict travel without notice. Any travelers who are still abroad should monitor the [Department of State's COVID-19 website](#) regarding any entry or exit restrictions for the nations they are in or plan to visit.
- The U.S. extended travel restrictions to U.K and Ireland, in addition to all other European countries within the Schengen Area – including Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, and Switzerland.
- A number of major U.S. cities are employing precautionary measures – including closing schools, public sites and entertainment venues – to contain the spread of the COVID-19.
- The CDC and White House are urging a nationwide halt to gatherings of more than 10 people for the next eight weeks, citing the risk of the coronavirus. This includes avoiding eating or drinking in bars, restaurants, and food courts, and discretionary travel, shopping trips and social visits.

Sport

If any National Governing Body selection event has been postponed or cancelled due to COVID-19, and you are exploring amendments to Tokyo 2020 Selection Procedures, the USOPC asks that you immediately act and take the following three steps:

1. Contact your sport performance team and let them know if there are any concerns regarding your ability to follow your posted selection procedures due to postponement, cancellation or changes within the qualification guidelines provided by the IF or Organizing Committee. Additionally, all NGBs should ensure to include their athlete representatives in alternate plans and decisions.
2. Directly include on Tokyo Selection Procedures the last listed date in the header, and in an identifiable color: "CURRENTLY UNDER REVIEW FOR AMENDMENTS DUE TO QUALIFICATION EVENT CANCELLATIONS/POSTPOSTMENTS FROM COVID-19 [DATE]." NGBs should re-post immediately with a disclaimer and do not need a letter of approval from USOPC sport performance in order to use this language on their procedures.
3. Post online and widely distribute an email communication to notify your athletes to expect changes to the procedures. Here is some sample language that you can use (either on your own letterhead or directly as content):
 - Due to the ongoing COVID-19 outbreak outside of our control, and to protect the health and safety of all, domestic and/or international qualification events contemplated in the 2020 Tokyo Olympic/Paralympic Selection Procedures have either been cancelled or postponed. Because of the unforeseen changes, along with travel restrictions currently in place, the Selection Procedures are currently under review and may be amended.
 - In the event that procedures are changed or amended, the updates will be posted online and widely distributed as soon as possible. As new developments occur on a daily basis, [NGB] remains flexible but ensures that it will act expediently, and in a manner, to ensure a fair process for all. [NGB] will keep its athletes informed along the way, and we appreciate your understanding and patience as we navigate the challenges this has presented.

Training Centers and Facilities

In effort to best maintain athlete health and wellness, and limit the introduction and spread of the COVID-19, the USOPC has implemented new precautionary measures for athletes and support staff at its U.S.

Olympic and Paralympic Training Centers. These measures will remain in place through Friday, April 3. Any changes to the below measures will be communicated immediately.

Training Center Access: As of March 14, the OPTCs will be open to resident athletes and mission-critical staff only. There will be no access granted to guests of residents, campers or visitors/guests. Facility use programs that have athletes supporting residents as a training partner, etc., will continue to have access for the time being. Any short-term camp athlete or coach who is already in-house can remain on-site for the remainder of their program. Again, no new athletes or officials are permitted on complex after March 13.

Additionally, the USOPC has implemented the following precautionary facility measures:

Training Facilities

- No lap swim for staff or non-resident athletes (only camp athletes who are currently on-site and resident athletes will be allowed in the pool). The pool will be closed to resident athlete training only and hours of operations will shrink to accommodate athlete training.
- No USOPC or NGB staff will be allowed access to the Ted Stevens Sport Services Center in an effort to keep the strength and conditioning, and sport science facilities available to resident athletes only.

OPTC Dining Services

- Beginning March 18, the OPTCs will be limiting its dining hall hours to the following timeframes as the OPTC operates with modified staffing schedules to reduce the risk of outside contact. The food and nutrition staff is committed to ensure athletes' dietary needs are fully met. Athletes and encouraged to contact dining hall staff if further assistance is needed.
 - Breakfast: 7-9 a.m.
 - Lunch: 11 a.m.-2 p.m.
 - Dinner: 5-7 p.m.
- No access for any staff into the OPTC Dining Hall. Only on-site resident athletes and athletes with meal access will be allowed to eat in the dining hall.
- We encourage athletes who live off-site and have the ability to cook at their home to do so, in an effort to limit the outside exposure to on-site athletes.
- Facility-use athletes who do not have meal access will not be able to purchase meals during this period.
- Additional signage will be posted in the dining hall to encourage social distancing while dining.

Mail Services

- One staff member will make deliveries to USOPC headquarters and the Colorado Springs Olympic & Paralympic Training Center daily between 11:30 a.m.-1 p.m.
- Currently, there are no changes to standard daily operations with UPS, USPS, FedEx, Amazon and freight companies. If operations are suspended for any reason, the USOPC will adjust its staffing and protocols as needed.

Enhanced Screening Procedures

The USOPC has implemented COVID-19 screening procedures at all USOPC properties. Security officers and USOPC staff in Lake Placid will ask preliminary screening questions and provide prevention recommendations and self-monitoring instructions. In addition, visitors and guests will not be allowed to enter properties and contractors and vendors will be allowed access as needed for deliveries and repairs.