

ALL TIMES ARE LOCAL UNLESS POSTED OTHERWISE

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2021 USAW National Championships - Detroit MI  
Preliminary Schedule

Friday June 25, 2021

Training, Athlete Check In & Check Scale - OPEN 2pm

Monday June 28, 2021

Verification of Final Entries - 10.00am to 10.30am MOUNTAIN TIME (ONLINE EVENT)

Technical Conference - 11.00am MOUNTAIN TIME (ONLINE EVENT)

Technical Officials Briefing - 12.00pm MOUNTAIN TIME (ONLINE EVENT)

USADA All-Athlete Briefing - TBC

[College Opportunities Briefing - TBC](#)

Friday July 2, 2021

| Date                | Sess | Plat  | Weigh    | Time     | Gender | Age Group | Weight Category | Estimated Entry Totals (min - max) | Number of Lifters |
|---------------------|------|-------|----------|----------|--------|-----------|-----------------|------------------------------------|-------------------|
| Friday July 2, 2021 | 1    | Red   | 6:00 AM  | 8:00 AM  | M      | Open      | 81kg C          | 265-280                            | 10                |
|                     |      | White | 6:00 AM  | 8:00 AM  | F      | Open      | 59kg C          | 166-170                            | 11                |
|                     |      | Blue  | 6:00 AM  | 8:00 AM  | F      | Open      | 45kg B & 49kg B | 127-141                            | 11                |
|                     | 2    | Red   | 8:00 AM  | 10:00 AM | M      | Open      | 67kg B          | 225-250                            | 7                 |
|                     |      | White | 8:00 AM  | 10:00 AM | F      | Open      | 55kg B          | 155-166                            | 11                |
|                     |      | Blue  | 8:00 AM  | 10:00 AM | F      | Open      | 59kg B          | 170-185                            | 11                |
|                     | 3    | Red   | 10:00 AM | 12:00 PM | M      | Open      | 81kg B          | 280-295                            | 10                |
|                     |      | White | 10:00 AM | 12:00 PM |        |           |                 |                                    |                   |
|                     |      | Blue  | 10:00 AM | 12:00 PM | M      | Open      | 55kg & 61kg     | All                                | 7                 |
|                     | 4    | Red   | 12:00 PM | 2:00 PM  | F      | Open      | 45kg A & 49kg A | 142-189                            | 11                |
|                     |      | White | 12:00 PM | 2:00 PM  |        |           |                 |                                    |                   |
|                     |      | Blue  | 12:00 PM | 2:00 PM  | F      | Open      | 55kg A          | 166-185                            | 10                |
|                     | 5    | Red   | 2:00 PM  | 4:00 PM  | M      | Open      | 67kg A          | 250-285                            | 7                 |
|                     |      | White | 2:00 PM  | 4:00 PM  |        |           |                 |                                    |                   |
|                     |      | Blue  | 2:00 PM  | 4:00 PM  | M      | Open      | 73kg            | All                                | 7                 |
|                     | 6    | Red   | 4:00 PM  | 6:00 PM  | M      | Open      | 81kg A          | 300-340                            | 9                 |
|                     |      | White | 4:00 PM  | 6:00 PM  |        |           |                 |                                    |                   |
|                     |      | Blue  | 4:00 PM  | 6:00 PM  | F      | Open      | 59kg A          | 185-207                            | 11                |

Saturday July 3, 2021

| Date                  | Sess | Plat  | Weigh    | Time     | Gender | Age Group | Weight Category | Estimated Entry Totals (min - max) | Number of Lifters |
|-----------------------|------|-------|----------|----------|--------|-----------|-----------------|------------------------------------|-------------------|
| Saturday July 3, 2021 | 1    | Red   | 6:00 AM  | 8:00 AM  | F      | Open      | 64kg D          | 175-177                            | 10                |
|                       |      | White | 6:00 AM  | 8:00 AM  | M      | Open      | 89kg C          | 290-300                            | 10                |
|                       |      | Blue  | 6:00 AM  | 8:00 AM  | F      | Open      | 71kg C          | 170-185                            | 10                |
|                       | 2    | Red   | 8:00 AM  | 10:00 AM | F      | Open      | 64kg C          | 177-185                            | 10                |
|                       |      | White | 8:00 AM  | 10:00 AM | M      | Open      | 89kg B          | 300-315                            | 9                 |
|                       |      | Blue  | 8:00 AM  | 10:00 AM | F      | Open      | 71kg B          | 185-197                            | 9                 |
|                       | 3    | Red   | 10:00 AM | 12:00 PM | F      | Open      | 64kg B          | 185-190                            | 9                 |
|                       |      | White | 10:00 AM | 12:00 PM |        |           |                 |                                    |                   |
|                       |      | Blue  | 10:00 AM | 12:00 PM | M      | Open      | 89kg A          | 315-335                            | 9                 |
|                       |      | Red   | 12:00 PM | 2:00 PM  | F      | Open      | 64kg A          | 192-220                            | 9                 |

|       |   |         |          |         |   |      |        |         |    |
|-------|---|---------|----------|---------|---|------|--------|---------|----|
|       | 4 | White   | 12:00 PM | 2:00 PM |   |      |        |         |    |
|       |   | Blue    | 12:00 PM | 2:00 PM | F | Open | 71kg A | 198-244 | 9  |
|       | 5 | Red     | 2:00 PM  | 4:00 PM | M | Open | 96kg   | All     | 13 |
|       |   | White   | 2:00 PM  | 4:00 PM |   |      |        |         |    |
|       | 6 | Blue    | 2:00 PM  | 4:00 PM | M | Open | 102kg  | All     | 14 |
|       |   | Red     | 4:00 PM  | 6:00 PM |   |      |        |         |    |
| White |   | 4:00 PM | 6:00 PM  |         |   |      |        |         |    |
|       |   | Blue    | 4:00 PM  | 6:00 PM |   |      |        |         |    |

**Sunday July 4, 2021**

| <i>Date</i>         | <i>Sess</i> | <i>Plat</i> | <i>Weigh</i> | <i>Time</i> | <i>Gender</i> | <i>Age Group</i> | <i>Weight Category</i> | <i>Estimated Entry Totals (min - max)</i> | <i>Number of Lifters</i> |
|---------------------|-------------|-------------|--------------|-------------|---------------|------------------|------------------------|-------------------------------------------|--------------------------|
| Sunday July 4, 2021 | 1           | Red         | 6:00 AM      | 8:00 AM     | M             | Open             | 109kg B                | 308-320                                   | 8                        |
|                     |             | White       | 6:00 AM      | 8:00 AM     |               |                  |                        |                                           |                          |
|                     |             | Blue        | 6:00 AM      | 8:00 AM     | M             | Open             | +109kg B               | 310-320                                   | 8                        |
|                     | 2           | Red         | 8:00 AM      | 10:00 AM    | F             | Open             | 76kg                   | All                                       | 14                       |
|                     |             | White       | 8:00 AM      | 10:00 AM    |               |                  |                        |                                           |                          |
|                     |             | Blue        | 8:00 AM      | 10:00 AM    | F             | Open             | 81kg                   | All                                       | 12                       |
|                     | 3           | Red         | 10:00 AM     | 12:00 PM    | F             | Open             | 87kg                   | All                                       | 9                        |
|                     |             | White       | 10:00 AM     | 12:00 PM    |               |                  |                        |                                           |                          |
|                     |             | Blue        | 10:00 AM     | 12:00 PM    | M             | Open             | 109kg A                | 330-360                                   | 7                        |
|                     | 4           | Red         | 12:00 PM     | 2:00 PM     | F             | Open             | +87kg                  | All                                       | 11                       |
|                     |             | White       | 12:00 PM     | 2:00 PM     |               |                  |                        |                                           |                          |
|                     |             | Blue        | 12:00 PM     | 2:00 PM     | M             | Open             | +109kg A               | 320-360                                   | 8                        |
|                     | 5           | Red         | 2:00 PM      | 4:00 PM     |               |                  |                        |                                           |                          |
|                     |             | White       | 2:00 PM      | 4:00 PM     |               |                  |                        |                                           |                          |
|                     |             | Blue        | 2:00 PM      | 4:00 PM     |               |                  |                        |                                           |                          |
|                     | 6           | Red         | 4:00 PM      | 6:00 PM     |               |                  |                        |                                           |                          |
|                     |             | White       | 4:00 PM      | 6:00 PM     |               |                  |                        |                                           |                          |
|                     |             | Blue        | 4:00 PM      | 6:00 PM     |               |                  |                        |                                           |                          |

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