



FORT LAUDERDALE AQUATIC CENTER
UPDATED AUGUST 1, 2023

Practice Schedule

Wednesday, August 9

7:00	Doors Open at Pool
7:30 - 8:00	Lap swim
8:00 - 8:58	Brazil
8:59 - 9:11	Peru
9:12 - 10:20	Chile
10:20 - 10:30	Break - no open pool
10:31 - 10:36	Costa Rica
10:37 - 10:52	Cayman Islands
10:53 - 12:02	Canada
12:03 - 12:18	Break - no open pool
12:19 - 12:43	Aruba
12:44 - 12:54	Curacao
12:55 - 13:31	Colombia
13:31 - 13:36	Break - no open pool
13:37 - 15:21	Mexico
15:22 - 16:05	USA
16:05 - 16:15	Break - no open pool
16:16 - 16:33	Sirenas Especiales Mexico
16:34 - 16:39	Club Ciudad de Buenos Aires
16:40 - 17:01	Miramar Mermaids