

2026 Youth World Championships Rankings - Women

Rankings as of 1/6/26

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/26	Competition Total Achieved
1	Adelyn Jones	69	190	102.15%	17	2025 Virus Weightlifting Finals
2	Kaia Jacobs	77+	196	101.03%	17	2025 Virus Series 2
3	Keilana Brewer	63	181	100.56%	17	2025 Virus Weightlifting Finals
4	Chassity Del Balso	63	180	100.00%	16	2025 Pan American Youth Championships
5	Kinsley Rodden	77+	194	100.00%	17	2025 Pan American Youth Championships
6	Jaedyn Orton	48	144	99.31%	17	2025 Virus Weightlifting Finals
7	Gianna Van Hofwegen	69	184	98.92%	16	2025 Virus Weightlifting Finals
*	Eleanor Cler	77+	187	96.39%	17	2025 Virus Weightlifting Finals
8	Amelia Phillips	48	138	95.17%	17	2025 National Championships
*	Piper Jones	48	138	95.17%	17	2025 Virus Weightlifting Finals
9	Brynn Catalano	58	161	93.60%	17	2025 Pan American Youth Championships

A Standard - New BW's	
44	130
48	145
53	159
58	172
63	180
69	186
77	190
77+	194

B Standard - New BW's	
44	122
48	136
53	149
58	161
63	169
69	175
77	179
77+	182