

2026 Youth World Championships Rankings - Women

Rankings as of 1/6/26

|   | Athlete Name        | Body Weight | Total | % of A Standard | Age as of 12/31/26 | Competition Total Achieved            |
|---|---------------------|-------------|-------|-----------------|--------------------|---------------------------------------|
| 1 | Adelyn Jones        | 69          | 190   | 102.15%         | 17                 | 2025 Virus Weightlifting Finals       |
| 2 | Kaia Jacobs         | 77+         | 196   | 101.03%         | 17                 | 2025 Virus Series 2                   |
| 3 | Keilana Brewer      | 63          | 181   | 100.56%         | 17                 | 2025 Virus Weightlifting Finals       |
| 4 | Chassity Del Balso  | 63          | 180   | 100.00%         | 16                 | 2025 Pan American Youth Championships |
| 5 | Kinsley Rodden      | 77+         | 194   | 100.00%         | 17                 | 2025 Pan American Youth Championships |
| 6 | Jaedyn Orton        | 48          | 144   | 99.31%          | 17                 | 2025 Virus Weightlifting Finals       |
| 7 | Gianna Van Hofwegen | 69          | 184   | 98.92%          | 16                 | 2025 Virus Weightlifting Finals       |
| * | Eleanor Cler        | 77+         | 187   | 96.39%          | 17                 | 2025 Virus Weightlifting Finals       |
| 8 | Amelia Phillips     | 48          | 138   | 95.17%          | 17                 | 2025 National Championships           |
| * | Piper Jones         | 48          | 138   | 95.17%          | 17                 | 2025 Virus Weightlifting Finals       |
| 9 | Brynn Catalano      | 58          | 161   | 93.60%          | 17                 | 2025 Pan American Youth Championships |

| A Standard - New BW's |     |
|-----------------------|-----|
| 44                    | 130 |
| 48                    | 145 |
| 53                    | 159 |
| 58                    | 172 |
| 63                    | 180 |
| 69                    | 186 |
| 77                    | 190 |
| 77+                   | 194 |

| B Standard - New BW's |     |
|-----------------------|-----|
| 44                    | 122 |
| 48                    | 136 |
| 53                    | 149 |
| 58                    | 161 |
| 63                    | 169 |
| 69                    | 175 |
| 77                    | 179 |
| 77+                   | 182 |