



USABS Mission: Empower United States athletes to achieve sustained competitive success in bobsled and skeleton and pursue personal excellence and well-being

USABS Vision: Be the world leader in bobsled and skeleton both on and off the track

USABS Values: Teamwork, Commitment, Integrity

Bobsled Athlete Progression Pathway (BAPP)

Overarching Aim

Unleashing Potential by Building and Strengthening Self-Efficacy

Collaboratively adding value for people, practices, and knowledge with application, with a relevance across all tracks, by pursuing velocity for improved time gaps.

Supporting Actions

Consistently Engaging with an Aligned Process (Athletes & Staff)

Communicating

Being Ready & Adaptable

Full-time Commitment

Bobsled Athlete Progression Pathway



Updated 6/1/26. Updates and changes from 2025/26 season are highlighted in yellow.

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Bobsled Athlete Progression Pathway



Outline

By implementing the Bobsled Athlete Progression Pathway (BAPP), athletes will have a career outline that will provide guidance to each individual athlete allowing them to reach their potential efficiently. The standards and benchmarks are set to encourage athletes to be their best while ensuring that the USABS is on track to meet its goal of Olympic excellence in 2026 and beyond. Standards and benchmarks must be met annually, and athletes must demonstrate a significant level of commitment to the program with continual attendance and participation in USABS supported programs and/or IBSF competitions.

In the **RECRUITMENT** level, athletes will have an *introduction* to the sport while learning the basic skills that are necessary for both pushing and driving. All athletes will experience a Rookie Push Camp before deciding whether to pursue pushing or driving. Pilots will then attend Rookie/Development Sliding Camps at either or both tracks to begin learning the basic concepts of driving as well as equipment care.

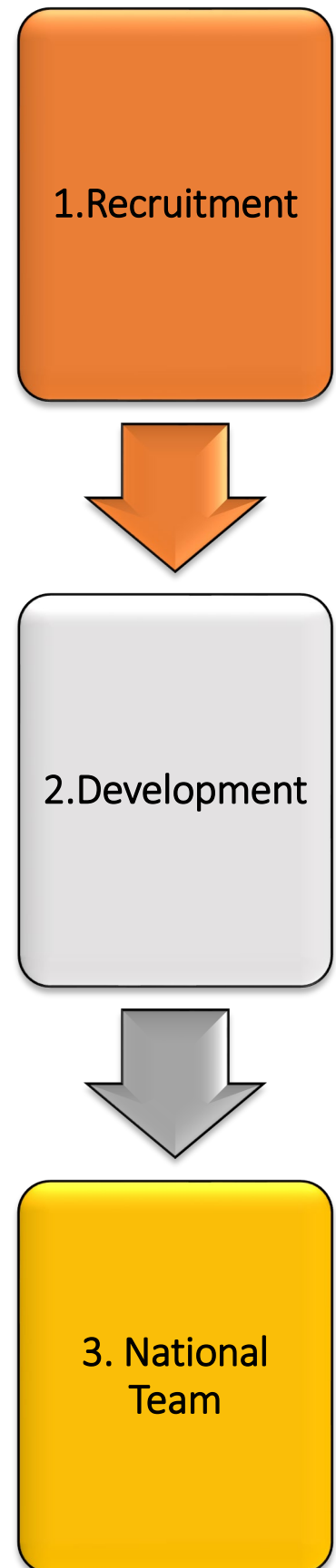
The **DEVELOPMENT** level will provide the greatest opportunity for *growth* for both push athletes and pilots. Athletes are eligible to race in development circuit races (NAC/EC/Jr. Worlds) as they demonstrate pushing and/or driving ability by meeting push standards and driving competency during USABS Development Sliding Camps. Athletes will also have additional support of the USABS coaches, OPTC facilities, and other USOPC support to foster improvements and growth. Athletes may also have targeted opportunities to race on the WC level.

Athletes who reach the **NATIONAL TEAM** level will have shown the ability to compete (or the potential to compete) with the nation's and world's best by both pushing ability and/or driving aptitude. These *elite* athletes will compete primarily on the WC circuit or in EC or NAC races with the clear objective of improvement and progression to reach an elite level. Only the top performing athletes will achieve the National Team level, and the USABS will constantly set high expectations to ensure overall program growth.

Considering support and resource limitations, the **PROVISIONARY** level will provide athletes, who are not achieving growth via push standards and/or driving aptitude over time and therefore not meeting progressive benchmarks, a continued opportunity to slide, race, and compete. However, their support and resources may be reduced. A limited time "*review period*" will be granted if athletes are able to demonstrate an ability to achieve the previously missed standards and benchmarks. After which, they may be reinstated into the main pathway.

Additionally, the local tracks may nominate up to 2 pilots per year to be considered for entry into the Development level. In cooperation with the local tracks during Rookie and Development Sliding Camps, local track development coaches will work with the USABS development coaches to ensure consistent expectations and communication for the athletes.

Note that the USOPC's established definition of a *Team USA Athlete* is separate from the qualification criteria of this pathway. USOPC resources such as Elite Athlete Health Insurance, continuing education, professional development, and others are available only for Team USA Athletes. USABS bobsled and skeleton athletes qualify to be Team USA Athletes by meeting the accomplishments listed in Appendix A.



Pilot

1. Recruitment

Phase 1 –

- Attend a Rookie Push Camp. Identified by:
 - GMTM
 - National Scouting Combine
 - NSCA
 - In-person Combine

Phase 2 – (~ Year 1)

- Meet 'C' Standard
- Eligible for Jr. World (exception may be approved by Director of Sport Performance)
- Attend 1+ Rookie Sliding Camp (hosted by local tracks w/ USABS support)
- Show "Sliding Aptitude" (Assessed on approx. ~20 runs from the top of combination of both tracks)***
- Attend National Championships or 2nd Development Sliding Camp during first year
- Athletes may only participate in Recruitment Phase 2 for a maximum of 2 years.



Local Tracks

Local tracks may identify bobsled pilots through their youth program, club program, or other sliding opportunities.

2. Development

Phase 1 –

- Meet RP2 requirements
- Attend 2+ Development Sliding Camps (hosted by USABS w/ local track support)
- Attend National Championships or 2nd Sliding Camp
- Meet 'B' push standard
- Race in IBSF NAC/EC competition(s) based on discretion
- Show "Sliding Aptitude" (Assessed on approx. ~40+ runs from top of combination of both tracks) ***

Phase 2 –

- Meet DP1 requirements
- Attend National Championships and 1+ Sliding Camps
- Race in IBSF WC/NAC/EC competition(s) based on discretion
- Meet **1** of the following benchmarks:
 - Achieve 'A' Push Standard
 - Top 2 finisher in combined rank from Selection Races (including Byes)
- Show "Sliding Aptitude" (Assessed on approx. ~40+ runs from top of combination of both tracks) ***
- Athletes may only participate in Development until age 28 (2 years after Jr. Worlds eligibility) or a maximum of 4 years without progression.



Provisionary

- Continue to show "Sliding Aptitude" ***
- Progressed out of Development due to time spent in Development level or failed to meet any criteria box
- Race in IBSF competition(s) based on Selection Races (discretion selection does not count)
- Athletes may only participate in Provisionary for 2 years without progression.

3. National Team

Phase 1 –

- Meet DP2 requirements
- IBSF rank of top-6 in any discipline from previous season or top-6 at most recent World Championships / Olympics
- Or meet both of the following benchmarks:*
 - Achieve 'A' Push Standard
 - Top 2 finisher in combined rank from Selection Races (including Byes)

If no other pilot reaches NT1 status:

- Achieve 'B' Push Standard & top finisher in combined rank from Selection Races (including Byes)

Phase 2 –

- Meet **all** of the following 3 benchmarks:
 - Achieve 'A' Push Standard
 - IBSF rank of top 6 any discipline from previous season or top 6 at most recent World Championships / Olympics
 - Top 2 finisher in combined rank from Selection Races (including Byes)

***** Sliding Aptitude** –Meet individual benchmarks, goals, and expectations agreed upon with the development coach at the beginning of a camp and/or season as part of individual athlete plan. Essentially, athletes are sliding with purpose to meet coaches' daily and seasonal expectations with intent to progress as a pilot to reach Olympic-medal potential..

Push Athlete

1. Recruitment

Phase 1

Attend a Rookie Push Camp.

Identified by:

- GMTM
- National Scouting Combine
- NSCA
- In-person Combine
- Youth Programs from ORDA/UOP

Phase 2

Attend Push Championships

Meet 'C' Push Standard



2. Development

Phase 1

Meet RP2 requirements

Meet 'B' Push Standard

Selected to race in development race (NAC or EC race)

OR

Meet RP2 requirements

Meet 'C' Push Standard

Selected to World Cup Team

Top 8/6 at Push Championships (Men/Women)

Phase 2

Meet DP1 requirements

Meet 'A' Push Standard

Selected to race in development race (NAC or EC race) or World Cup Team (WC)

Top 8/6 at Push Championships (Men/Women)

OR

Meet DP1 requirements

Meet 'B' Push Standard

Selected to World Cup Team

Top 6/4 at Push Championships (Men/Women)



3. National Team

Phase 1

Meet DP2 requirements

Meet 'A' Push Standard

Selected to World Cup Team

Top 6/4 at Push Championships (Men/Women)

Phase 2

Meet DP2 requirements

Meet 'A' Push Standard for 3+ consecutive years

Selected to World Cup Team for 3+ consecutive years

Top 6/4 at Push Championships (Men/Women) for 3+ years

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Assessment Period

Athletes will have the opportunity to meet the Push Standard requirements prior to the IBSF competitive season at the annual National Push Championships. Additional opportunities may become available during Performance Camps to meet Push Standards. The same protocol must be followed at all assessments including, but not limited to, sled weight, number of pushes (no practice pushes), starting block, etc. These additional opportunities are only for the purpose of meeting the Push Standards and do not replace results from the Push Championships.

If athletes are returning from an injury, an individual return-to-play protocol will be implemented that will include an opportunity for an athlete to meet the Push Standards and other sliding requirements to give a fair assessment. The same protocol must be followed that includes, but not limited to, sled weight, number of pushes (no practice pushes), starting block, etc.

Provisionary Phase

If an athlete fails to meet a Push Standard or other requirement of their current phase, that athlete may go into a *Provisionary Phase* (pilots) or drop down no more than two phase levels (push athlete). Athletes may continue to receive some USABS support during this time when available, but not assured unless significant progress is demonstrated. After the one-year period, if the athlete is still not able to meet the initial phase requirement, they will be re-assigned within the pathway or guided to local track sliding opportunities.

Re-entry into BAPP

If a *National Team* athlete elects to take a year away from sliding, the athlete must meet the standards and requirements of the same level and phase as at the time of their departure. If an athlete fails to meet the National Team requirements, they will re-enter as a *Development, Phase 1* athlete.

If a *Development* athlete elects to take a year away from sliding, the athlete will re-enter into the BAPP as a *Recruitment, Phase 2* athlete.

If any athlete elects to take a leave of more than one season, they will be required to enter the BAPP in the *Recruitment, Phase 1* level and progress through the pathway from the beginning.

***Note that a leave for medical reasons or maternity leave does not constitute the same re-entry requirements. A return from a medical leave will involve a return-to-play protocol set by USABS medical personnel along with the coaches and Director of Sport Performance.*

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Push Standard Opportunities

Athletes may attempt to hit push standards at any of the following events, not including training:

- U.S. Push Championships
- IBSF Push Championships (if the same standards as the U.S. Push Champs are implemented)
- Other events approved by Head Bobsled Coach & Director of Sport Performance

If communicated and predetermined ahead of time by Head Bobsled Coach and Director of Sport Performance, additional opportunities may include:

- Performance Camps
- Development Camps
- Rookie Camps
- Training sessions in which time/date is determined at least one week prior.

Ice House Push Standard Protocol

- Starts must be witnessed by a USABS coach or USABS designated person with video.
- Starts will be from the 'B' block.
- Sled weight must be ≥ 128 -130kg for solo pushes (+35kg for monobob pushes).
- Every effort will be made to provide clean ice including spritz prior to the session and sweeping prior to the push.
- Sled weight: Empty sled (128-130kg) +40kg for 2-man/2-woman, +35kg for mono
- 8-inch block must be used for pilot-bar solo pushes.
- Load zone for pilot (2 cones). Brakemen have no load zone.
- The maximum number of attempts during an off-season Performance Camp or Development Camp is 6 in a single session (not including warmups).

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Push Standards & Combine Standards

In addition to the Ice House Push Standards, athletes will be evaluated in other testing prior to the start of the season that includes a 30m sprint and vertical jump. In addition to the Push Standard, athletes must also meet *either* the minimum 30m sprint time and/or vertical jump height to fully receive credit for meeting the standard.

At least one opportunity to test in the 30m and vertical jump will be offered the week of the National Push Championships.

			'A' Standard	'B' Standard	'C' Standard	U23 Standard
Ice-House Push Standards	Push Athletes	Men	≤ 5.16	≤ 5.29	≤ 5.40	N/A
		Women	≤ 5.66	≤ 5.79	≤ 5.90	N/A
	Pilots	Men	≤ 5.25	≤ 5.35	≤ 5.45	≤ 5.55
		Women (Mono)	≤ 5.75 (≤ 5.90)	≤ 5.85 (≤ 6.00)	≤ 6.00 (≤ 6.15)	≤ 6.15
30m Sprint (s)		Men	3.70	3.80	3.90	4.00
		Women	4.00	4.10	4.20	4.25
Vertical Jump (cm)	(Impulse-momentum method)	Men	58	54	48	45
		Women	43	39	35	35
8-item Combine Score (Not valid since 2022/23)		Men	740	700	660	-
		Women	740	700	660	-

Updated from 2026 Quad

Athlete Support Table

	(Provisionary)	Recruitment		Development		National Team	
	-	Phase 1	Phase 2	Phase 1	Phase 2	Phase 1	Phase 2
Stipend (DAS)	No	No	No	No	Yes	Yes	Yes
Development Funding (DDAS)	No	No	Included in Funding Allocation	Included in Funding Allocation	Included in Funding Allocation	Included in Funding Allocation	Included in Funding Allocation
Elite Athlete Health Insurance (EAHI)	No	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete
OPTC Housing	Program Housing	Program Housing	Program Housing	Residency/Short Term, as available	Residency/Short Term, as available	Residency/Short Term, as available	Residency/Short Term, as available
OPTC Facility Access	During programs	During programs	During programs	Yes, when available	Yes, when available	Yes	Yes
OPTC Sports Med Staff	Emergency Only	Emergency only	Emergency only	Yes, when available with NGB provider	Yes, when available	Yes	Yes
Recovery Center Access	LP only when available	LP only when available	LP only when available	LP only when available	Yes	Yes	Yes
Massage	No	No	No	Yes, when available with NGB provider	Yes	Yes	Yes
Nutritionist	Yes, when available	No	No	Yes	Yes	Yes	Yes
Sports Psychology	Yes, when available	No	No	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete
Sports Science	Yes, when available	No	No	Yes	Yes	Yes	Yes
USOPC Strength & Conditioning	Yes, when available	No	No	Yes	Yes	Yes	Yes
USOPC Medical Network	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete
United Benefits Health Insurance	Yes	No	Yes	Yes	Yes	Yes	Yes
Coaching (Driving, Push Coach)	During programs	During programs	During programs	Yes	Yes	Yes	Yes
USABS Med Staff	When available	When available	When available	When available	Yes	Yes	Yes
USOPC Mental Health	Team USA Athlete	No	No	Team USA Athlete	Team USA Athlete	Team USA Athlete	Team USA Athlete
Team Logistics Support (Flights and Ground)	As available by team rank	No	No	As available by team rank	As available by team rank	As available by team rank	As available by team rank
Sled Equipment (Leasing Program)	Allocation criteria	N/A	Camps - provided when available	Allocation criteria	Allocation criteria	Allocation criteria	Allocation criteria
Sled Storage	As available by team rank	N/A	During programs	As available by team rank	As available by team rank	As available by team rank	As available by team rank
USABS CMO Access	Yes	Emergency only	Emergency only	Yes	Yes	Yes	Yes

Equipment Allocation

USABS equipment, to include sleds (along with crates, scabbards, stands, shims, etc) and runners will be allocated by the Bobsled Head Coach, Director of Sport Performance, and Director of Sled Technology. Sleds and equipment will be allocated with the goal of top results at: 1. Upcoming and future Olympics, 2. World Championships, and 3. World Cup races. Sleds and equipment will not be distributed with the sole intention of filling race quota spots or available development camp spots.

Rental fees and other details are further outlined in the Athlete Handbook.

1. Equipment allocation priority will align with the BAPP ranking **and does not necessarily align with IBSF rank or Selection Race results.** This includes sled and runner allocation for IBSF competitions, development camps, and selection races.
2. USABS owned equipment will not be allocated to athletes who fail to possess the requisite skills to use and maintain the equipment, which will be evaluated by the Bobsled Head Coach and bobsled coaching staff. This includes upkeep and basic maintenance and repair skills. A sled maintenance deposit is required at the beginning of the season before an athlete can use a USABS-owned sled. This deposit is \$500. The deposit can be returned to the pilot at the end of the season pending inspection by the coaches and Director of Sled Technology. Pilots will not be held accountable for normal season wear and tear that accumulates due to sliding. However, preventable damage due to neglect and disregard for basic care will result in a reduction in repaid deposit. Missing parts such as handles, seats, bolts, etc. will also be considered during end-of-season inspection. It is also the pilot's responsibility to clean the sled of decals at the end of the season.
3. All athletes using USABS equipment must sign the non-disclosure agreement and rental agreement outlined in the Athlete Handbook.
4. All USABS-owned equipment usage must be approved by USABS. This includes marketing and sponsor events.
5. *USABS is not required to allocate all available sleds and equipment.*
6. The Bobsled Head Coach, Director of Sport Performance, and Director of Sled Technology will continue to monitor and review allocated equipment throughout the season as needed.
7. Athletes may only rent one sled per discipline at a time.
8. USABS-owned sleds and USABS-owned runners may NOT be altered by an athlete without written permission from the USABS Head Bobsled Coach or USABS Director of Technology.
9. Only USABS-authorized staff may conduct inspections of the equipment.
10. Athletes sharing USABS owned equipment or technology, directly or indirectly with anyone, will lose privileges to use USABS owned equipment.
11. USABS Intellectual Property regarding runner and sled technology may only be shared among USABS athletes, coaches, and staff under written agreement.
12. Athletes using USABS equipment are expected to participate in all data collection efforts organized by USABS bobsled coaches that will benefit the U.S. program.
13. Athletes are not allowed to individually benefit financially or in any way utilizing USABS-owned equipment that does not benefit the whole team.
14. USABS partners and sponsors will work with the USABS Director of Sled Technology and the bobsled program as a whole and will not customize any USABS-owned equipment without consent of USABS Director of Sled Technology and/or coaches. Athletes will not work directly with USABS partners and

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sponsors for adjustments, modifications, and information involving USABS equipment without involving USABS Director of Sled Technology and/or coaches.

15. All sleds and equipment must be returned to USABS at the end of the season. This includes removing runners from sleds and returning sleds to the proper garage and/or storage facilities. No sleds will be left in crates over the summer. It is the responsibility of the pilot to ensure this is done.
16. **It is the obligation of the athletes to regularly inspect their assigned sleds for any potential safety issues. If athletes are skeptical about sled maintenance or a potential need for repair, the issue must be presented to the appropriate coach as soon as possible. Athletes should also document significant wear and tear related to sliding after training or races to ensure accurate end-of-season assessment can be made. At no time should an athlete slide if they feel a sled or equipment situation is unsafe.**

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Funding Allocation

1. The funding is **intended for expenses related to training and competing that would be provided to a fully funded team**. This includes travel to and from competitions and training camps, rental vehicles and fuel, lodging and meals during competition and training, sliding fees, gym and track fees, and sled shipping, etc. Sled, runner, and other equipment purchases and maintenance are not included.
2. The funding is to only be used to support the *intended* pilot **and his/her team**. Funding is subject to audit and therefore all expenses must be reasonable and justifiable. Athletes found to be abusing the privilege of the funding will be subject to a Code of Conduct violation and may lose privilege of funding. **Pilots are responsible for ensuring the presence of a full team**. This means that enough capable and experienced athlete support will be present at all training activities and races to support all sport-related activities including moving sleds, sled maintenance, sanding runners, safely traveling between events, etc. Coaches and staff are not responsible for these things. **A full team is defined as at least one push athlete** even if the pilot is only training/competing in monobob.
3. Athletes injured while competing or training will continue to be supported and **receive funding to support a rehab plan that will optimize recovery**. The individual plan will be determined by USABS sports med personnel, coaches, and Director of Sport Performance. Athletes who are unable to compete and/or train due to other obligations or conflicts during the season, or resulting from an injury sustained outside of competition or training, will not be allotted their funding during the time period or events for which they are unavailable.
4. Athletes competing on the WC circuit will have their allotted funding (full or partial) applied toward USABS-arranged accommodations, rental vehicles, race fees, and sled shipping. Funds remaining after these deductions will be dispersed to the pilot in two installments (first half and second half of season). Any expense overages will need to be reimbursed to USABS. Athletes electing to stay separate from the team hotel and arrange their own accommodations will be responsible for the full cost. No BAPP funding will go toward housing not arranged by USABS. USABS will not arrange housing specific to individual athlete needs. This includes families, caregivers, personal coaches/sport med providers, etc. Pilots on the WC circuit must declare their intention to either self-arrange accommodations with personal funds or use USABS-arranged accommodations for each location no more than one week after the last Selection Race.
5. Pilots competing on NAC and EC circuits are **responsible for arranging their team's accommodations**, including travel, lodging, and meals.
6. Despite decentralized housing on these tours, **athletes must abide by team policies** regarding attendance at team meetings, sports med appointments, video review, rental car arrangements, etc.
7. USABS will strive to provide an updated estimate of rates and costs of USABS arranged accommodations as far in advance as possible.
8. Pilots in BAPP phases RP2 – DP2 will receive the funding amounts shown in the table below. Partially-funded pilots will receive an additional \$4,000 for the season if competing in 4-man competitions. Prior to the IBSF competition season, once a pilot's BAPP phase level is known and individual athlete plans are set for the upcoming season (and approved by the coaches), pilots will receive 50% of their season funding, less withholdings for USABS-arranged accommodations on WC. At the mid-season break, pilots will receive the remaining 50%, less withholdings for USABS-accommodations on WC. If a pilot does not participate in a full season of competition and/or camps, their allotted amount will be reduced to reflect the percent of the season in which they do participate.

Race Circuit or Event	Provisionary	Recruitment		Development		National Team	
		Phase 1	Phase 2	Phase 1	Phase 2	Phase 1	Phase 2
NAC/domestic camps	\$0	\$0	\$2,000	\$8,000	\$10,000	-	-
EC	\$0	-	\$2,000	\$8,000	\$15,000	Fully-funded when not qualified for WC	Fully-funded when not qualified for WC
WC	\$0	-	-	\$8,000	\$20,000	Fully-funded	Fully-funded

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9. Push Athletes not receiving USOPC DAS will receive a funding allocation *per event* according to their BAPP phase level. Only 1 event per month will be counted. An *event* can include, but not limited to, an IBSF competition, forerunning for IBSF competitions, a USABS sliding school or camp, or a UOP/ORDA school or camp. Selection Races do not count as an event. These events must occur between the months of November through March. The funding will be dispersed the month following the event.

Recruitment		Development		National Team	
Phase 1	Phase 2	Phase 1	Phase 2	Phase 1	Phase 2
\$0	\$150	\$200	\$250	\$300	\$300

10. **BAPP disbursements will be made by direct deposit.** Athletes must complete [this form](#) and submit it to lisa.carlock@usabs.com. Otherwise, a check will be issued and sent to the address on file with the athlete's USABS membership. Athletes are not required to submit receipts or invoices for expenses. Athletes will be sent a 1099 tax document at calendar year-end for BAPP funding received. It is the responsibility of the athlete to properly file appropriate training and competing expenses regarding U.S. and state taxes.
11. If an athlete changes phases within the BAPP at a point mid-season, their funding amount will be updated starting at that time and prorated by the remaining portion of the season.
12. DAS is a separate support allocation and is not tied to this BAPP Funding Allocation policy. The DAS policy can be found at [this link](#) on the USABS website.
13. Athletes that are qualified and invited to **USABS Performance Camps** (DP1+) must attend **at least one of the two scheduled camps** prior to the season in order to receive their full allocation. If an athlete only attends one Performance Camps, they will receive 75% of their originally allocated amount. If an athlete does not attend any Performance Camps, they will receive 50% of their originally allocated amount. Exceptions may be considered by the Bobsled Head Coach and Director of Sport Performance for personal-, military-, and family-related emergencies and situations.

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Appendix A – USOPC Team USA Athlete

Athletes that meet the USOPC definition of a Team USA Athlete will be afforded additional support. The USOPC uses the criteria at this link to define a Team USA Athlete.

<https://www.usopc.org/TeamUSA-Eligibility>

<https://www.usabs.com/athlete-resources>

The additional NGB criteria set for USABS bobsled and skeleton athletes meet the qualifications by...

- Team USA Athlete – Tier A.
 - 2026 Olympian, including Ap credentialed athlete. (An athlete that meets this criterion will be a Team USA Athlete through at least the 2027-28 season.)
- Team USA Athlete – Tier B.
 - Selected to compete in the previous season’s IBSF World Championships. (This criterion does not apply to post-Olympic seasons in which no World Championships took place in the previous season.)
 - Finished the previous season (2025-26 season) with a World Cup rank in the top 20 in any Olympic discipline. (This criterion applies only to skeleton athletes in the individual discipline and bobsled pilots in any discipline.)
 - Bobsled push athletes selected to the current or previous season World Cup team and finished in the top 6/4 (men/women) at 2025 Push Championships. (This criterion only applies to bobsled push athletes since the rank criterion above can only be applied to skeleton athletes and bobsled pilots.)

Here are the resources available to Team USA Athletes.

<https://www.usopc.org/athlete-benefits-and-resources>

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Appendix B – United Benefits Health Insurance

Athletes that do not meet the definition of Team USA Athlete and are subsequently not EAHI-eligible, but are, at minimum RP2 or higher, are eligible to use the United Benefits and USA Sports Benefits resource outlined below. Athletes must individually contact United Benefits Health Insurance at this phone number (888) 333-5285 .

Additionally, athletes seeking [International Travel Medical Insurance](#) are encouraged to use this link to utilize the United Benefits resource.

USA SPORTS BENEFITS HAS PARTNERED WITH UNITED BENEFITS TO MEET YOUR INDIVIDUAL HEALTH INSURANCE NEEDS

**ACA Marketplace Coverage for Athletes
A Practical Individual Health Insurance Option**

Why ACA Marketplace Coverage Works for Many Athletes

- **Often lower cost for younger athletes:** Premiums are priced by **age and state**, which can make ACA plans especially cost-effective for younger athletes.
- **Income-based premium tax credits (subsidies):** Many athletes may qualify for **premium tax credits** based on income or household size, which can significantly reduce monthly costs.
- **Affordable options when subsidies apply:** In some cases, athletes may see **monthly premiums \$100 or less**, depending on age, income, state, and plan availability.
- **State-specific provider networks:** Plans are built around state networks, which may align well with where athletes live or train.
- **Comprehensive protections:** ACA plans cover essential health benefits and **cannot deny coverage for pre-existing conditions**.
- **Nationwide availability:** ACA Marketplace coverage is available in all states, with plan options and pricing varying by location.

How Athletes Access Enrollment Support

- **Simple, streamlined experience:** Athletes can use **one dedicated phone number** to work with a **single experienced team**, available to assist athletes in any state.

**QUESTIONS? REACH OUT BY CALLING
888.333.5285**