



ORGANIZATION MILESTONES

SEPTEMBER **2018**

USA Wrestling stars J'den Cox, Jason Chamberlain, Haley Augello, Becka Leathers, Adam Coon, Jesse Thielke, and Kevin Jackson visit a **local Boys & Girls** Club and then run free wrestling clinic in Charlotte, NC as part of the 2018 **Marine Week** hosted by the U.S. **Marine Corps**

2018

Over 50 Coaches from 23 states spent three days immersed in on and off the mat training with national team staff and clinicians at the Silver Coaches College at the OTC

Team USA wins 12 medals at the 2018 World Wrestling Championships in Budapest, Hungary **2018**

8 new high school state associations officially add high school girls wrestling, bringing the total to 14 states with sanctioned girls wrestling

The Northwest
Bigfoot Battle
in Spokane, WA
kicked off the 11th
Annual Folkstyle
Tour of America
season

2018

The Folkstyle
Tour of America
held the Inaugural Queen of the
Mountain Duals,
USA Wrestling's
first K-8th grade
duals tournamentfor girls

2019

United World Wrestling names 2018 World champion David Taylor of the USA as the 2018 World's Best Wrestler in men's freestyle

USA Wrestling Executive Director Rich Bender was selected to serve on the U.S. Olympic and Paralympic Board of Directors, representing the National **Governing Body** Council (NGBC). This 16-member volunteer board provides direction for the U.S. Olympic movement

2019

A representative of USA Wrestling attended official and unofficial girls state wrestling championships, to present certificates to wrestling leaders in Colorado, Kansas, Idaho, Arizona, Georgia, Missouri, **New Mexico, New** Jersey, Maine and Massachusetts for building high school girls wrestling



reached an all-time record of 252,499 members in 2018-19.

We are honored to serve so many athletes, coaches, and officials on a daily basis. It is an exciting time for wrestling and we look forward to continued growth in the future.



MARCH **2019**

The NAIA hosted its first official Women's National Invitational at the University of Jamestown, the first such event by a national collegiate organization

APRIL **2019**

The 2019 U.S.
Marine Corps
Open Wrestling
Championships at
the South Point
in Las Vegas was
the largest USA
Wrestling event
of the year, with
5,753 athletes
competing in more
than 12 different
events

2019

A sell-out crowd of over 5,000 fans attend the 10th **Beat the Streets** Gala event, held in the Hulu Theater in Madison **Square Garden** in New York City. There were four international matches and nine All-USA battles. In the Main Event, **Jordan Burroughs** beat Ben Askren

2019

With USA Wrestling leading a coalition of wrestling organizations making the application, the **NCAA Committee** on Women's Athletics recommended that all three **NCAA Divisions** add women's freestyle wrestling as an emerging sport. Official Emerging **Sport Status could** be achieved as early as August 2020

Final X showcased all three styles for the first time

2019

2019 U.S. Marine Corps Junior & Cadet Nationals in Fargo had the largest event participation in the 25-year history (since the events were first combined) with 5,380 entries. All six tournaments showed growth, with the biggest jump in 16U Girls at 39.5% growth

2019

With gold medals from Jacarra Winchester (55 kg), Tamyra Mensah-Stock (68 kg) and Adeline Gray (76 kg), the United States had three Senior World champions in the same year in women's freestyle

Adeline Gray
became the first
U.S. wrestler to
win five Senior
World gold medals
with her victory in
Nur-Sultan

MESSAGES FROM OUR PRESIDENT AND EXECUTIVE DIRECTOR



It was a historic year for USA Wrestling, in terms of the continued growth of the organization and record-setting participation in its events and activities. The mission of USA Wrestling is to "provide quality opportunities for its members to achieve their full human and athletic potential." The best way to do that is to continue reaching more people

with the sport of wrestling.

During the 2018-19 membership year, USA Wrestling set a record with 252,509 total members including a record 215,830 athletes and 37,679 Leaders members (coaches and officials). That was a healthy 6% increase in both athletes and Leaders from the 2017-18 season, which was also a record-setting year. One of the reasons cited for this growth was the fantastic online membership system, which is better serving our members as it continues to improve and provide new features and functionality all of the time. Another reason for our growth is the quality product which USA Wrestling provides to the market.

A key area of growth has been in participation in USA Wrestling's national and regional events. The largest event this year was the 2019 USMC U.S. Open with 5,753 participants followed by the 2019 USMC Junior Nationals with 5,380 participants. Other events that had record-breaking participation in 2019 included USMC Girls Folkstyle Nationals (1,399), Women's Nationals (1,094), and Kids Nationals (1,393).

Embracing and growing diversity in USA Wrestling at all levels is a major focus for the organization. The explosive growth of wrestling for girls and women continues to be something we can all be proud of. Let's start with growth in USA Wrestling female membership, which went up 20.7% this past year. Add in the growth of girls high school wrestling, which grew 27.5% in 2017-18. College women's wrestling is also growing rapidly, with as many as 70 colleges with women's team on the mat or being created. The NAIA has started a National Invitational in women's wrestling, and the NCAA's Committee on Women's Athletics has recommended Emerging Sport status for women's wrestling. Data from the new season shows we can expect this growth to continue.

All of the achievements of USA Wrestling this year, and in the past, are not possible without the tremendous commitment and effort of thousands of volunteers, who selflessly give their time and abilities to our organization. It goes across all levels of our sport, from local wrestling leaders, to those who run our state associations and also to our Board of Directors and leaders on various USA Wrestling committees. Thank you for what you do to provide opportunities for young people to enjoy the world's greatest sport.

Brue Baungartun



Successful organizations have a commitment to excellence, and a driving passion to continue to raise the bar as it moves forward. USA Wrestling has many things to celebrate about the 2018-19 membership year, all which are featured in this annual report. However, as we look back at last year, we can learn from our positive results as well as from our

challenges, as we work together to make next year even better. When we look at our international effort in 2019, we have some amazing and historic achievements. USA Wrestling continues to be a World power in international wrestling at all levels, based upon the performance of our teams in major competitions.

At the Senior World Championships, the USA placed third as a team in both men's and women's freestyle. For only the second time in history, USA Wrestling had five individual World Champions, women's freestyle champions Jacarra Winchester, Tamyra Mensah-Stock and Adeline Gray and men's freestyle champions Kyle Dake and J'den Cox. This was the first time USA Wrestling won three women's freestyle World titles in the same year. Adeline Gray became the first U.S. wrestler to win five career Senior World gold medals.

There were some milestones at the age-group World Championships, as well. For the first time, USA Wrestling had three Junior World Greco-Roman medalists in the same year, with Cohlton Schultz, Alston Nutter and Peyton Omania reaching the podium. The U.S. Cadet women's freestyle team sent three wrestlers to the finals, the most since 1999, with silvers won by Sterling Dias, Cristelle Rodriguez and Skylar Hattendorf. Bo Nickal became only the second U.S. wrestler to win a U23 World title. Team USA won a second place World team trophy in Junior men's freestyle with six medals and a Cadet World third-place trophy in women's freestyle with five medals.

It was a great year for attendance at major USA Wrestling events. The Beat the Streets Gala event in the Hulu Theater in Madison Square Garden was sold out with more than 5,000 fans. We had big crowds at Special Wrestle-offs in both Pennsylvania and Texas. Final X: Rutgers set a new record with 3,811 tickets sold. We have already sold out the 2020 U.S. Olympic Team Trials – Wrestling at Penn State, five months before the event.

We are now fully focused on the 2020 Summer Olympic Games in Tokyo, Japan, August 2-8. After qualifying four weights at the 2019 Worlds, the USA will need to qualify 14 more weight classes for the Tokyo Games. Our opportunities will be at the Pan American Olympic Qualifier in Ottawa, Canada, March 13-15 and the Final World Olympic Games Qualifier in Sofia, Bulgaria, April 30-May 3. Once the team is determined, we will prepare to bring home many medals from Tokyo. We look forward to sharing the excitement of the Olympic year with you.



ORGANIZATION

USA Wrestling is the National Governing Body for the Sport of Wrestling in the United States and, as such, is its representative to the United States Olympic Committee. Simply, USA Wrestling is the central organization that coordinates amateur wrestling programs in the nation and works to create interest and participation in these programs.

USA Wrestling has more than 252,000 members. These members include athletes of all ages, coaches, officials, parents and fans striving together to strengthen the sport. Each year, USA Wrestling charters over 4,500 wrestling clubs and sanctions over 2,200 local, state, regional and national competitions.

MISSION

USA Wrestling, guided by the Olympic Spirit, provides quality opportunities for its members to achieve their full human and athletic potential.

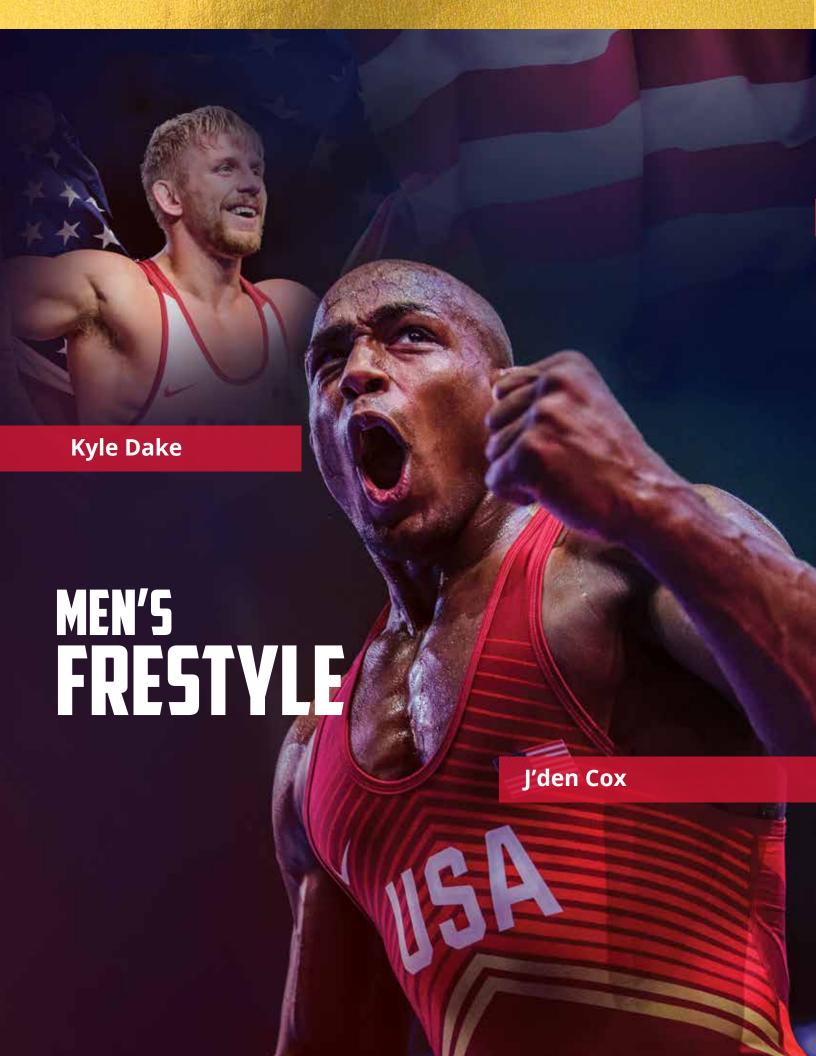
VALUES

Responsibility: Fulfilling all functions, tasks, duties and assignments with trust and credibility on behalf of USA Wrestling by honoring promises and pledges.

Integrity: Being true to self and the mission of USA Wrestling, while discerning right from wrong and acting on it.

Dedication: Dedication to carrying out the mission and goals of USA Wrestling with the highest degree of sacrifice and discipline.







SENIOR MEN'S FREESTYLE TEAM

Daton Fix (57 kg), Tyler Graff (61 kg), Zain Retherford (65 kg), James Green (70 kg), Jordan Burroughs (74 kg), Kyle Dake (79 kg), Pat Downey (86 kg), J'den Cox (92 kg), Kyle Snyder (97 kg), Nick Gwiazdowski (125 kg)

MEN'S U23 TEAM

Gabriel Townsell (57 kg), Chas Tucker (61 kg), Jaydin Eierman (65 kg), Alec Pantaleo (70 kg), Brady Berge (74 kg), Muhamed McBryde (79 kg), Max Dean (86 kg), Bo Nickal (92 kg), Chase Singletary (97 kg), Daniel Greg Kerkvliet (125 kg)

JUNIOR MEN'S FREESTYLE TEAM

Vitali Arujau (57 kg), Gabriel Tagg (61 kg), Yahya Thomas (65 kg), Brayton Lee (70 kg), David Carr (74 kg), Aaron Brooks (79 kg), Trent Hidlay (86 kg), Lucas Davison (92 kg), Tanner Sloan (97 kg), Mason Parris (125 kg)

CADET MEN'S FREESTYLE TEAM

Marc-Anthony McGowan (45 kg), Stevo Poulin (48 kg), Richard Figueroa (51 kg), Robert Howard (55 kg), Jesse Mendez (60 kg), Ryan Sokol (65 kg), Alex Facundo (71 kg), Clayton Ulrey (80 kg), Kyle Haas (92 kg), Hunter Catka (110 kg)

U15 MEN'S FREESTYLE TEAM

Aden Valencia (38 kg); Tyler Wells (41 kg), Kael Lauridsen (44 kg), Greyson Clark (48 kg) Ethan Stiles (52 kg); Francisco Ayala (57 kg), Antrell Taylor (62 kg); James Rowley (68 kg); Bradley Gillum (75 kg); Andrew Blackburn-Forst (85 kg)



4 SENIOR 2019 WORLD MEDALS (2 Gold, 2 Bronze) 1 U23 2019 WORLD MEDALS

1 U23 2019 WORLD MEDALS (1 Gold)

6 JUNIOR 2019 WORLD MEDALS (2 Gold, 2 Silver, 2 Bronze)

2 CADET 2019 WORLD MEDALS (1 Gold, 1 Bronze)

9 U15 2019 WORLD MEDALS (3 Gold, 3 Silver, 3 Bronze)

SENIOR MEN'S FREESTYLE

J'den Cox - GOLD

Kyle Dake - GOLD

Jordan Burroughs - BRONZE

Kyle Snyder – BRONZE

U23 WORLD MEDALISTS

Bo Nickal - GOLD

JUNIOR MEN'S FREESTYLE

David Carr - GOLD

Mason Parris - GOLD

Vitali Arujau - SILVER

Lucas Davidson – SILVER

Trent Hidlay – BRONZE

Gabe Tagg – BRONZE

CADET MEN'S FREESTYLE

Marc-Anthony McGowan – GOLD
Alexander Facundo – BRONZE

U15 MEN'S FREESTYLE

Aden Valencia - GOLD

Tyler Wells - GOLD

Ethan Stiles - GOLD

Francisco Ayala - SILVER

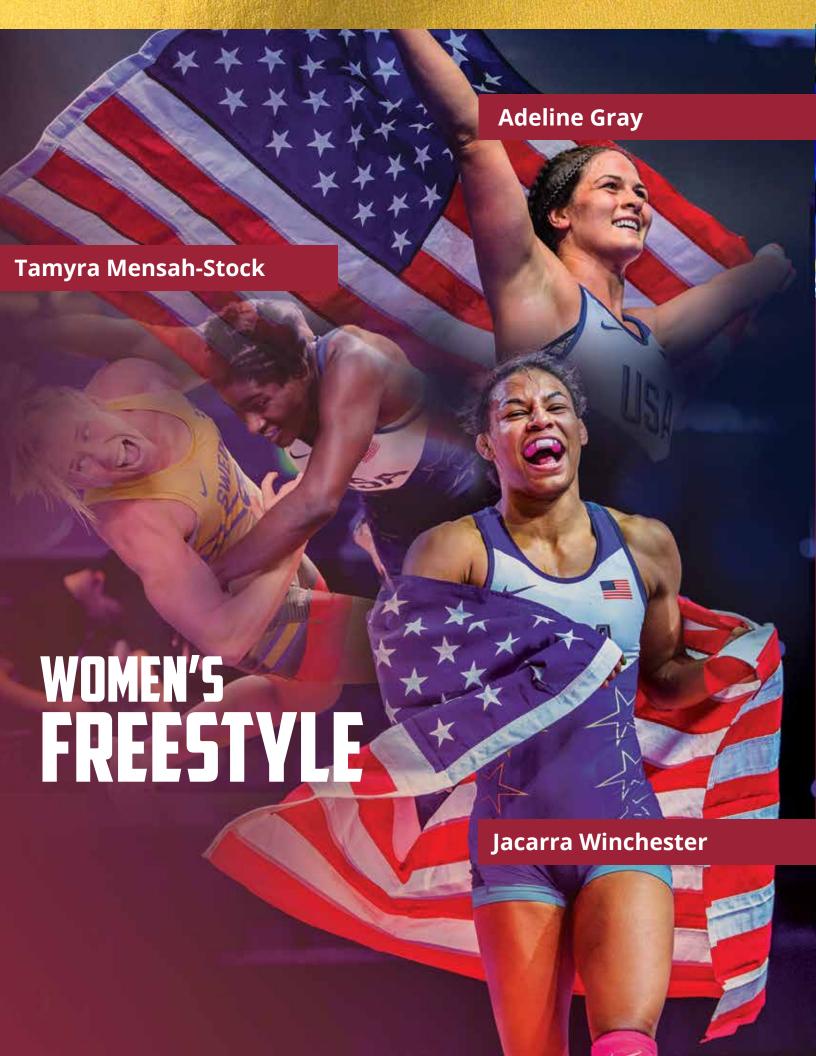
Antrell Taylor - SILVER

Bradley Gillum – SILVER

Greyson Clark – BRONZE

James Rowley - BRONZE

Kael Lauridsen – BRONZE





SENIOR WOMEN'S FREESTYLE TEAM

Whitney Conder (50 kg), Sarah Hildebrandt (53 kg), Jacarra Winchester (55 kg), Jenna Burkert (57 kg), Alli Ragan (59 kg), Kayla Miracle (62 kg), Forrest Molinari (65 kg), Tamyra Mensah-Stock (68 kg), Victoria Francis (72 kg), Adeline Gray (76 kg)

WOMEN'S U23 TEAM

Emily Shilson (50 kg), Felicity Taylor (53 kg), Dominique Parrish (55 kg), Arian Carpio (57 kg), Abby Nette (59 kg), Kayla Miracle (62 kg), Maya Nelson (65 kg), Macey Kilty (68 kg), Alyvia Fiske (72 kg), Precious Bell (76 kg)

JUNIOR WOMEN'S FREESTYLE TEAM

Alleida Martinez (50 kg), Gracie Figueroa (53 kg), Alex Hedrick (55 kg), Cameron Guerin (57 kg), Michaela Beck (59 kg), Alara Boyd (62 kg), Macey Kilty (65 kg), Jayden Laurent (68 kg), Alyvia Fiske (72 kg), Korinahe Bullock (76 kg)

CADET WOMEN'S FREESTYLE TEAM

Sterling Dias (40 kg), Alexandra Szkotnicki (43 kg), Sage Mortimer (46 kg), Cristelle Rodriguez (49 kg), Adriana Dorado Marin (53 kg), Skylar Hattendorf (57 kg), Kylie Welker (61 kg), Lillian Freitas (65 kg), Amit Elor (69 kg), Kennedy Blades (73 kg)

U15 WOMEN'S FREESTYLE TEAM

Gigi Bragg (33 kg), Valerie Hamilton (36 kg), Jasintai Mallqui (39 kg), Alexandra Szkotnicki (42 kg), Paige Morales (46 kg), Olivia Messerly (50 kg), Jennifer Soto (54 kg), Korina Blades (58 kg), Reese Larramendy (62 kg), Destiny Rodriguez (66 kg)



- 3 SENIOR 2019 WORLD MEDALS (3 Gold)
- 2 U23 2019 WORLD MEDALS (2 Silver)
- 1 U23 2019 WORLD MEDALS (1 Silver)
- 5 CADET 2019 WORLD MEDALS (3 Silver, 2 Bronze)

10 U15 2019 WORLD MEDALS (6 Gold, 3 Silver, 1 Bronze)

SENIOR WOMEN'S FREESTYLE

Adeline Gray – GOLD

Tamyra Mensah-Stock – GOLD

Jacarra Winchester – GOLD

U23 WORLD MEDALISTS

Macey Kilty - SILVER

Kayla Miracle – SILVER

JUNIOR WOMEN'S FREESTYLE Macey Kilty – SILVER

CADET WOMEN'S FREESTYLE

Sterling Dias - SILVER

Skylar Hattendorf – SILVER

Cristelle Rodriguez – SILVER

Amit Elor – BRONZE

Kylie Welker – BRONZE

U15 WOMEN'S FREESTYLE

Valerie Hamilton – GOLD

Jasintai Mallqui – GOLD

Alexandra Szkotnicki – GOLD

Olivia Messerly – GOLD

Korina Blades – GOLD

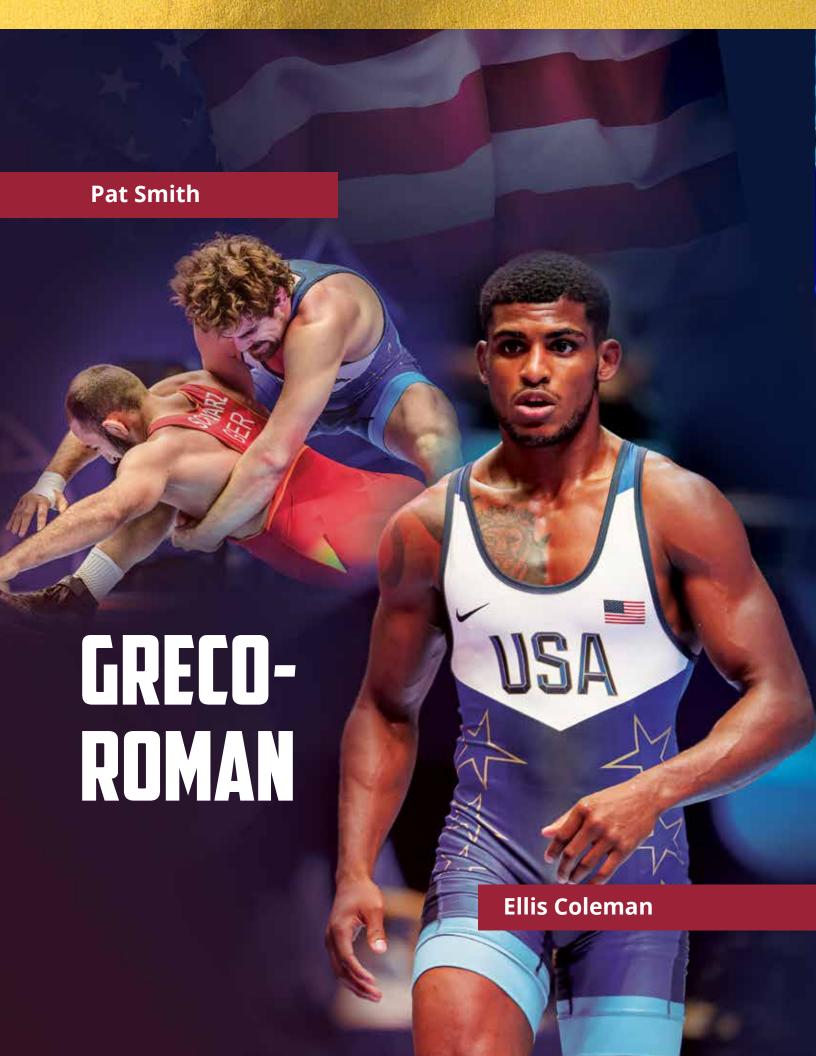
Destiny Rodriguez – GOLD

Gigi Bragg – SILVER

Paige Morales – SILVER

Reese Larramendy – SILVER

Jennifer Soto – BRONZE





SENIOR GRECO-ROMAN TEAM

Max Nowry (55 kg), Ildar Hafizov (60 kg), Ryan Mango (63 kg), Ellis Coleman (67 kg), Raymond Bunker (72 kg), Pat Smith (77 kg), John Stefanowicz (82 kg), Joe Rau (87 kg), G'Angelo Hancock (97 kg), Adam Coon (130 kg)

U23 GRECO-ROMAN TEAM

Brady Koontz (55 kg), Taylor LaMont (60 kg), Dalton Roberts (63 kg), Peyton Omania (67 kg), Lenny Merkin (72 kg), Jesse Porter (77 kg), Andrew Berreyesa (82 kg), Matt Finesilver (87 kg), Chad Porter (97 kg), David Tate Orndorff (130 kg)

JUNIOR GRECO-ROMAN TEAM

Dylan Ragusin (55 kg), Mason Hartshorn (60 kg), Alston Nutter (63 kg), Peyton Omania (67 kg), Tyler Eischens (72 kg), Jack Ervien (77 kg), Zachary Braunagel (82 kg), Cameron Caffey (87 kg), Nicholas Boykin (97 kg), Cohlton Schultz (130 kg)

CADET GRECO-ROMAN TEAM

Mason Gehloff (45 kg), Cory Land (48 kg), Jett Strickenberger (51 kg), Conor Knopick (55 kg), Parker Decker (60 kg), Robert Perez III (65 kg), Daniel Segura (71 kg), Tate Picklo (80 kg), Tyler Hannah (92 kg), Braxton Mikesell (110 kg)

U15 GRECO-ROMAN TEAM

Aden Valencia (38 kg), Paul Kelly (41 kg), Zachary Silvis (44 kg), Joel Adams (48 kg), Ethan Stiles (52 kg), Jayden Colon (57 kg), Jadon Skellenger (62 kg), Tyler Antoniak (68 kg), Gavin Nelson (75 kg), Andrew Blackburn-Forst (85 kg)



3 JUNIOR 2019 WORLD MEDALS (1 Silver, 2 Bronze)

7 U15 2019 WORLD MEDALS (5 Gold, 2 Bronze)

JUNIOR GRECO-ROMAN

Cohlton Schultz – SILVER

Alston Nutter – BRONZE

Peyton Omania – BRONZE

U15 GRECO-ROMAN

Aden Valencia - GOLD

Paul Kelly - GOLD

Zachary Silvis - GOLD

Jadon Skellenger – GOLD

Tyler Antoniak - GOLD

Joel Adams - BRONZE

Andrew Blackburn-Forst - BRONZE

SAFE SPORT REPORT

USA Wrestling is committed to creating the safest possible environment for participation in the sport of wrestling. We pledge to protect, support, and empower our athletes and members. The Protecting Young Victims from Sexual Abuse and Safe Sport Authorization Act of 2017 was passed by Congress Feb. 14, 2018. The Act creates a new paradigm for all NGB's through the lens of the SafeSport Code for the U.S. Olympic and Paralympic Movement. Studies show that nearly 75% of athletes under 18 say they have experienced at least on type of abuse (physical, emotional, or sexual) while participating in sports.

Our Policy requires SafeSport Training for all adults seeking the privilege of membership and who will have regular contact with, or authority over, minor athletes. Each State Affiliate will be appointing a Safe Sport Coordinator who will assist USA Wrestling to proactively implement our Safe Sport Program. The latest version of USA Wrestling's Safe Sport Policy is available on TheMat.com. This season saw the roll out of the Minor Athlete Abuse Prevention Policies from the US Center for SafeSport. Those policies deal with one on one contact with minor athletes; social media interaction; travel; and locker room issues. USA Wrestling has adopted these policies which can be found in Article II of our Safe Sport Program Handbook.

Education will be the key to maintaining a robust and effective program. The US Center for SafeSport has created educational opportunities for minor athletes and their parents, athletesafety.org. In addition, USA Wrestling has produced a brochure with important information for coaches, officials, administrators and parents outlining the characteristics and grooming techniques used by perpetrators. It is available online at https://content.themat.com/TakedownMisconductBrochure.pdf. USA Wrestling President Bruce Baumgartner appointed a Safe Sport Task Force (includes 40% athlete participation) to assist in developing key areas of education and membership involvement in our Safe Sport program for the 2019-20 season.

Our new Safe Sport webpage is now available as part of TheMat. com. It provides complete information on Safe Sport including easy reporting options, educational opportunities, and best practices for clubs. 2019-20 season will see the roll out of our campaign "Stand Up for Kids, and Takedown Misconduct". USA Wrestling encourages all parents and athletes to get actively involved in our Safe Sport Program. We all have a role to play in making our sport safer. Get educated...ask questions...and get involved!

Any questions can be directed to USA Wrestling at safesport@usawrestling.org



SENIOR LEVEL CLUBS

The success of our athletes would not be possible without the support provided by the senior level clubs and regional training centers located around the country. These organizations collectively invest millions of dollars each year into the sport, which has drastically changed the economic model for athletes who decide to pursue their World and Olympic dreams. There are now more wrestling rooms around the country supporting our senior-level athletes than ever before.

In addition to the benefits received by the individual athlete, the collective efforts from senior level clubs and regional training centers has enabled more athletes to stay in the pipeline longer, which has increased the depth of our teams and has resulted in more medals on the World stage than any previous quad.

This list is certainly not exhaustive, but the efforts of organizations like Titan Mercury, Sunkist Kids, the New York Athletic Club, the Army World Class Athlete Program, Minnesota Storm, Northern Michigan University, and the All-Marine Wrestling Team cannot be overlooked.

NATIONAL COACHES EDUCATION PROGRAM

Coaches Apprentice Program

The objective of this program is to provide an opportunity for USA Wrestling Coaches to gain experience and professional growth via field experience with a national team at a UWW sanctioned international competition.

(Gold Level Task)

Our Gold level task of coaching at an international event has helped several coaches this year attend and experience international travel and competition. We expect to send coaches to these events that have put in the time to learn about athlete development, challenging block rules, weight management overseas, and travel planning and on-the-spot changes that occur during international travel/events.

"I have never felt such a sense of pride to watch our kids run with the flag and this is my first time getting to see our flag and hear our national anthem in person"

- Coach Kenney



U15 Pan Am Team and Staff

"I was in awe wearing our gear and coaching our athletes in a foreign country. There really is nothing that gives you more goosebumps than handing an American flag to a wrestler smiling ear to ear after winning an event, and USA Wrestling provided me that opportunity!"

- Coach Martin

NCEP Copper and Bronze Online Courses available through the Membership System





The 2019-20 Membership Season has brought some great updates for the NCEP. Our Copper (for 12U) and Bronze (for 13+) online programs are now run through our membership system. Coaches can access these resources online from their active Wrestling Leadership profile.

Copper Course

(Cost for Copper is \$50 and the course runs about 4 hours)

"I think it was so good and the content is so very crucial to the future of our sport that the Copper should be a requirement before taking the Bronze certification for anyone wanting to coach Pre-K through High School." - Coach Hill

"It was a good point that there are certain fundamental athletic skills that need to be worked on before teaching kids a lot of technique." - Coach Jones

"The course was well thought out, interesting, and informative. I went into it thinking that I was going to "check the box" to get my needed certifications, but came out having learned quite a bit, and interested in accessing the additional course resources at USA Wrestling." - Coach Sloan

Bronze Course

(Cost for Bronze is \$80 and the course runs about 6 hours)

"There is so much good content in these programs. I really wish all wrestling coaches would take the classes. The athletes would really benefit and the sport would be so much more accountable and elevated to a higher level of professionalism." - Coach Dean

"I am currently going through the bronze coaching certification. It is opening up my eyes to a lot of new insights about coaching and I am wanting to look deeper into developing athletes." - Coach DePalma

"We had our first medical emergency incident at our club. I was so glad we had the "Emergency Action Plan" in place and had just reviewed it [from the Bronze course]. We were glad we were prepared!" - Coach Dusing

COMMUNICATIONS

USA WRESTLING IS NO. 2 NGB IN DIGITAL ENGAGEMENT IN Q2 OF 2019

The USOPC provides quarterly statistics on Digital Engagement for each of the National Governing Bodies in the Olympic family, in comparison with all U.S. Sport Franchises. In the second quarter of 2019 (Q2 – April-June), USA Wrestling had its best finish ever. USA Wrestling ranked No. 81 among the 222 U.S. Sports Franchises, which put USA Wrestling as the No. 2 NGB, behind only USA Soccer. In fact, USA Wrestling was also ahead of the USOPC for Q2, which finished at No. 103. Many NBA, NFL, NHL, MLB and MLS franchises were well below USA Wrestling. This was a quarter which included the U.S. Open, Beat the Streets Gala event and Final X. The study reviews Facebook, Twitter, You Tube, Instagram, Wikipedia and Tumbler. Among individual athlete rankings, also including pro sports figures, Jordan Burroughs (No. 27), David Taylor (No. 103), Kyle Snyder (No. 134), Kyle Dake (No. 303), Helen Maroulis (No. 374) and Gable Steveson (No. 376) had impressive rankings.

THEMAT.COM WEBSITE TRAFFIC RISES OVER 2018 STATISTICS

Traffic on TheMat.com, USA Wrestling's website, has grown in 2019 in comparison to 2018. With just 35 days left in the 2020 year, page views have increased 5.2% and unique page views are up 4.6%. This occurred in a more-crowded wrestling digital market, with more website options for the wrestling community than ever before. Highest traffic to the website came during major events hosted by USA Wrestling and within the wrestling community. Among the highest weeks of traffic surrounded the U.S. Open, World Championships, the U23 Worlds, the USMC Junior/Cadet Nationals, Final X, the NCAA Div. I conference events and nationals and others. The highest traffic week was during the U.S. Open in Las Vegas.

#HASHTAG DAYS HIGHLIGHT USA WRESTLING PROGRAMS WEEKLY

With input from athlete representatives, as part of USA Wrestling's Strategic Planning process, USA Wrestling instituted a new regular feature series of content for its website, TheMat.com. Each day of the work week has a specific feature story, with its own hashtag. The features include #GrecoMonday, #TeamUSATuesday, #WomensWednesday, #ThrowbackThursday and #FreestyleFriday. This series, written by USA Wrestling Communications staff members, is designed to ensure that each of the Olympic style programs, as well as the National Team and the historic stars of wrestling's past, will get regular coverage by the organization.

OTHER DEPARTMENTAL HIGHLIGHTS

- USA Wrestling and WIN Magazine completed their third year of a partnership to produce *USA Wrestler*, the official magazine of the organization. Based upon the success of the first three-year contract, USA Wrestling and WIN have signed for another three year term, with increased revenue to USA Wrestling in the new contract which runs through 2022.
- USA Wrestling staff attended and reported from all 2019 World Championship events including the Senior Worlds in Kazakhstan, the Cadet Worlds in Bulgaria, the Junior Worlds in Estonia and the U23 Worlds in Hungary. Many of these events were possible due to a cooperative arrangement with United World Wrestling, which utilized Communication Manager Taylor Miller for UWW World-focused event coverage while supporting her coverage for the USA platforms.
- For the first time in company history, USA Wrestling's Communications division placed a full-time employee in a location outside of the national headquarters. Mike Willis, who served in USA Wrestling's Development Division, joined the Communications team and moved to his hometown of Philadelphia, Pa. during the summer. With Willis living on the East Coast and telecommuting, USA Wrestling has been able to cover more events than ever before, and save travel costs on other events and activities in that part of the nation.
- As part of agreements with digital partners Flowrestling and Trackwrestling, USA Wrestling now holds twice-monthly Marketing and Communications meetings, in order to maximize communication and planning to support each other's content and promotions. These meetings were developed after successful twice-monthly Final X meetings with USA Wrestling and Flowrestling, which helped lead to success of this property in all areas.

1.2 MILLION SOCIAL MEDIA FOLLOWERS









Platform	Fans 2019	Fans 2018	Fans 2017	Growth
YouTube	123,000	89,783	65,208	37.0%
Instagram	397,000	332,832	263,091	19.3%
Twitter	214,300	202,000	192,275	6.1%
Facebook	480,638	463,984	481,275	3.6%

STATE SERVICES

USA Wrestling's State Services Department wrapped up the 2018-19 membership season in record fashion, topping the previous mark set in 2017-18 by over 6%. Membership totals for USA Wrestling were 252,499. The 2018-19 season saw the newly created membership category called Wrestling Leader, which encompasses those who are coaches and/or officials, thus expanding the pool of individuals eligible to officiate at USA Wrestling sanctioned events. An impressive 42 state associations had an increase in membership, highlighted by Massachusetts increasing membership by nearly 1,400 members. The department continued to enhance its membership system, with a focus on capabilities for club leaders and including all coaches certification courses, SafeSport training, and concussion training directly in the system.









TOP 10 STATES BY NUMBER OF ATHLETES

1) California	22,099
2) Illinois	18,496
3) Wisconsin	12,382
4) Kansas	11,833
5) Indiana	10,597
6) Washington	10,223
7) Missouri	9,696
8) Oregon	8,964
9) Colorado	8,350
10) Pennsylvania	8,040

MEMBERSHIP COMPARISON

CATEGORY	2019	2018	2017	2016	2015
Traditional Athletes	102,592	97,045	95,616	98,755	100,321
Full Athletes	39,568	33,716	33,993	32,977	30,944
Limited Folkstyle Athletes	48,613	46,854	41,809	40,449	35,829
High Performance Athletes	606	488	553	513	433
HS Team Members	18,771	19,791	20,435	22,633	23,468
Open License	4,670	4,125	3,715	3,680	3,534
TOTAL ATHLETES	214,820	202,019	196,121	199,007	194,529
Wrestling Leaders	37,679	33,553	34,797	33,988	31,924
Clubs	4,578	4,529	4,313	4,349	4,445
Events	2,337	2,288	2,056	2,032	2,147
TOTAL MEMBERSHIP	252,499	237,572	230,918	232,995	226,453

USA WRESTLING CORPORATE PARTNERS

Corporate sponsors are critical to the mission of USA Wrestling. Not only do these organizations provide significant resources, but their investment in the sport of wrestling elevates our members experience with USA Wrestling both on and off the mat.















































FUNDRAISING EFFORTS

In 2018-19, the Development Department achieved another milestone by growing the total revenue and pledges for the 2017-2020 Quad and beyond to \$6.5M. The department's fundraising efforts encompass VIPs, alumni, Booster Club, donors, and fans. We continue to impact the wrestling community through the creation of programs, a more robust event/hospitality experience for our valued supporters, and expansion of our fundraising network.



The Living the Dream Medal Fund

The Living the Dream Medal Fund allows the entire wrestling community to participate in celebrating and honoring the hard work of our World and Olympic medalists. ING THE DREAM The LDMF is funded by individual stewards, the United States Olympic Committee, USA Wrestling, and online general donations. Athletes receive bonuses for winning gold, silver, or bronze medals at the World championships and/or Olympic Games. At the 2019 World Championships in Nur-Sultan, our athletes earned a collective \$280,000. Since the inception of the program in 2009, over two million dollars has been distributed through the LDMF. The Living the Dream Medal Fund stewards are: Mike Novogratz, Andy Barth, Dave Barry, Jamie Dinan, Dave Bunning, Art Martori Family, Rich Tavoso, Stan Dziedzic, Jim Bennett, Dave McCormick, Jack Moses, and Paul Shiverick.



USA Wrestling for Peace (USAW4P)

Wrestling is a global sport that transcends borders. It bridges the gaps between rivals and cultures around the world. USA Wrestling for Peace strengthens these bonds through mission trips, cultural exchanges, and humanitarian aid.



Wrestler for Life (W4L)

Wrestler for Life is the USA Wrestling fan club. It aims to keep the community up to date with the latest happenings at USA Wrestling and the wrestling world in general.



Platinum Hospitality Experience

Our new Platinum hospitality experience elevates the engagement for our VIPs; from premium seating, exclusive socials, and international and national event opportunities, all with a behind the scenes feel.



United States Wrestling Foundation (USWF)

Our long-standing partnership with the United States Wrestling Foundation (USWF) focuses on growing the wrestling market to specifically accelerate participation, build an audience and increase relevance of wrestling.



Combined Federal Campaign (CFC)

We continue to receive charitable funding from federal and state sources such as the Combined Federal Campaign (CFC).

or Quadrennial (2017-2020) & Beyond

Reported Grants & Contibutions (2018-19)

Planned Growth in Annual Funds Raised (2018-19)

EVENTS

EVENTS PARTICIPATION RECORD BREAKING YEAR!

The 2018-19 season showed tremendous growth across most events.

Most National events set all-time high records in participation attendance and 13% growth overall.

- The most significant growth was seen at Kids Nationals with a 15% growth and at Junior Nationals with an 8% growth.
- Kids Freestyle & Greco-Roman Nationals moved back to the Wisconsin Dells for 2019 and 2020.
- 2019 Kids Nationals was the highest attended Kids Nationals in tournament history.
- U23 World Team Trials moved to Women's Nationals in Texas adding to the participation growth of the tournament.
- Senior Nationals Challenge Tournament and UWW Junior Freestyle World Team Trials took place in Raleigh, NC at NC State's Reynolds Coliseum.
- This event selected a team for the World Combat Games. A U15 Pan American team returned home as Team Champions in all 3 contested styles.

UPCOMING 2019-20 SEASON

- April 4-5, 2020 Olympic Trials in State College, PA tickets sold out in 2 weeks.
- April 21-25, 2020 US Open in Las Vegas, multiple UWW Championships: U15, Cadet, Juniors, and Masters

FREESTYLE & GRECO REGIONALS

- Central Regionals had a significant increase in participation in Ada, OH with 45% growth.
- Southern Plains moved to Mulvane, KS increasing its participation by 15%

TOUR OF AMERICA

Tour of America is USA Wrestling's Youth Folkstyle series that travels across the US with our final stop at the Folkstyle Nationals in Iowa. 2018-19 Tour of America (TOA) featured 6 events across the US.

The Tour of America series had a growth of 9.5%, with the most significant growth in Wisconsin at the Dominate in the Dells.

We are projected to add 1-2 new Tour of America tournaments in 2019-20 season.















NATIONAL EVENTS	2019	2018	2017
Girls Folkstyle Nationals *U23 Moved to Women's Nationals	1,073*	1,109	1,038
Folkstyle Nationals	1,727	1,740	1,913
Women's Freestyle Nationals	1,094	759	664
U15 Nationals	322	0	0
UWW Cadet Nationals	888	610	608
UWW Junior Nationals	841	744	704
U23 Nationals	1,013	992	975
Kids Freestyle Nationals	742	631	605
Kids Greco-Roman Nationals	651	577	558
Junior Nationals (form Junior & Cadet)	5,380	4,999	4,793
Totals	13,725	12,161	11,858

FREESTYLE & GRECO-ROMAN REGIONALS	2019	2018	
Northeast Regional	1,475	1,392	
Southeast Regional	941	954	
Central Regional	1,008	693	
Northern Plains Regional	1,654	1,640	
Southern Plains Regional	1,402	1,216	
Northwest Cadet & Junior Regional	907	628	
West Regional	2,934	2,566	
TOTALS	10,321	9,089	

FOLKSTYLE TOUR OF AMERICA	2018-19	2017-18	2016-17
Northwest Bigfoot Battle	1,107	1,026	951
King of the Mountain	1,249	1,140	1,154
Salt Lake Slam	1,160	873	848
Dominate in the Dells	1,427	1,123	1,096
Rough Neck Rumble	217	199	
Southern Grind	721	575	520
TOTALS	5,881	4,936	4,569

U15 WORLD CHAMPIONSHIPS

USA CLAIMS 26 MEDALS AT 2019 U15 WORLD CHAMPIONSHIPS AND WORLD SCHOOL COMBAT GAMES

The United States won 26 medals in the three Olympic disciplines, including 14 gold medals, at the World School Combat Games, which is serving as the U15 World Championships for United World Wrestling.

These 26 medals came in 30 weight classes, an amazing team achievement. Included were 10 medals in women's freestyle, nine medals in men's freestyle and seven medals in Greco-Roman.



California native Aden Valencia won two gold medals in the tournament, capturing the men's freestyle and Greco-Roman gold medals at 38 kg.

Women's freestyle champions included Valerie Hamilton (36 kg), Jasintai Mallqui (39 kg), Alexandra Szkotnicki (42 kg), Olivia Messerly (50 kg), Korina Blades (58 kg) and Destiny Rodriguez (66 kg). Women's silvers were added by Gigi Bragg (33 kg), Paige Moralez (46 kg) and Reece Larramendy (62 kg). Add in a women's freestyle bronze by Jennifer Soto (54 kg).

Joining Valencia as men's freestyle champions were Tyler Wells (41 kg) and Ethan Stiles (52 kg). Men's freestyle silver medals went to Francisco Ayala (57 kg), Antrell Taylor (62 kg) and Bradley Gillum (75 kg). Men's freestyle bronzes went to Kael Lauridsen (44 kg), Greyson Clark (48 kg) and James Rowley (68 kg).

Team USA had five Greco-Roman champions, Valencia plus Paul Kelly (41 kg), Zachary Silvis (44 kg), Jadon Skellenger (62 kg) and Tyler Antoniak (68 kg). Also reaching the Greco-Roman podium as bronze medalists were Joel Adams (48 kg) and Andrew Blackburn-Forst (85 kg).

The 26 medals for the USA were the most of any nation, followed by Ukraine with 20, Kazakhstan with 17 and Russia with 15. This was the first time UWW hosted a World event at the U15 level. The U.S. team was formed at the first U15 National Championships, held in Omaha, Neb. in April.

FINAL X - WORLD TEAM TRIALS



Year 2 of Final X, the new platform for the final World Team Trials spearheaded by USA Wrestling and FloSports, the innovator in live digital sports and original content, saw a few changes from Year 1. Instead of three locations, the series was conducted in two weekends in two locations, and also featured all styles as Greco-Roman was added to

the slate with Men's Freestyle and Women's Freestyle.

Fan experience is critical to the long term viability of the series, and both of this year's changes were well received by the wrestling community. The two host institutions, Rutgers University and the University of Nebraska, both attracted great crowds.

"By adding Greco-Roman to Final X this really feels like a complete event now," USA Wrestling Executive Director Rich Bender said. "Any by consolidating to two locations down from three we were able to create more exciting cards at each location but still keep the event limited to a one day, two session format."

One of the most anticipated match-ups of the serious was in Men's Freestyle at 92 kg as reigning Senior World Champion J'den Cox battled 3x NCAA Champion and 2019 Hodge Trophy Winner Bo Nickal. Cox was victorious, winning the series two matches to zero by scores of 4-2 and 5-0. What was truly unique about this match-up though is after Final X, both wrestlers went on to win gold at the World Championships; Cox at the Senior World Championships in Kazakhstan and Nickal at the U23 World Championships in Budapest. This was the first time in USA Wrestling history that both finalists from the same weight class at a Senior World Team Trials went on to win World titles in that same year.



"Final X is one of wrestling's premier events and together with USA Wrestling, we set attendance records in venue and broke audience viewership numbers during the exclusive broadcast on FloWrestling. We look forward to continuing our relationship with USA Wrestling and building even greater awareness about Final X and these incredible athletes."

- Christian Pyles Content Director, FloWrestling





FIVE WORLD CHAMPIONS HIGHLIGHT IMPRESSIVE PERFORMANCES AT WY 20196 WORLD CHAMPIONSHIPS



ADELINE GRAY MAKES HISTORY AS THE ONLY 5-TIME WORLD CHAMPION IN U.S. HISTORY

For the third year in a row, both Women's Freestyle and Men's Freestyle finished in the top 3 in the final team standings at the World Championships. The pressure always ratchets up a few notches at the World Championships in the year before the Olympic Games, and many of USA Wrestling's star athletes rose to the occasion and were at their best on the world's biggest stage.

Led by now 5-time World Champion Adeline Gray, the Women's Freestyle team brought home 3 gold medals. After claiming bronze in 2018, Tamyra Mensah-Stock return to the World stage and dominated her competition en route to a 2019 World title. Jacarra Winchester, who finished in heartbreaking 5th place in 2018, came back to not just make the podium but claim gold for herself as well. This was the first time ever that Team USA had three Women's Freestyle World Champions in the same year. With Gray and Mensah-Stock both competing in Olympic weight classes, Team USA is qualified for the Olympic Games at those weights (76kg and 68kg, respectively).

J'den Cox. Kyle Dake. Jordan Burroughs. Kyle Snyder. No strangers to the spotlight or the podium, these stars all brought home hardware from the 2019 World Championships. Cox followed up





his 2018 World Championship with another gold medal in 2019, and he became just the second Men's Freestyle athlete in the last 30 years to not give up a single point at the World Championships (the other, his teammate Kyle Dake accomplished that feat in 2018). Speaking of Dake, he is now 2-for-2 at the World Championships, winning gold in 2019 to match his gold from 2018. Burroughs and Snyder each took home bronze, and since they were both at Olympic weights, 74kg and 97kg, respectively, the USA is now qualified for the Olympic Games at those weights. However Cox and Dake competed at non-Olympic weights, so both of those 2x World Champions will be on the move in 2020 and looking to shake things up.

This brings to a close arguably the most successful 3-year run leading into an Olympic Games in USA Wrestling history. Amassing a total of 29 Senior level medals from the 2017, 2018, and 2019 World Championships has Team USA poised to field an incredible, possibly historic, team for the Olympic Games Tokyo 2020. It also means that the domestic competition to make the Olympic Team will be tremendously fierce. As the number of weight classes constricts from ten weights down to six brackets the Olympic Trials will be loaded with multiple World medalists, and some with multiple World champions.

BATTLES WON ACADEMY

Proudly presented by the United States Marine Corps, the Semper Fidelis All-American Program recognizes high school students who face life's battles with the conviction and determination to succeed. These students embody the same fighting spirit that Marines stand for by taking on the challenges of succeeding academically while bettering their communities and excelling in athletics and extracurricular activities. They have turned obstacles into victories through drive and passion and will be recognized for their achievements at the exclusive Battles Won Academy to be held every July in Washington, D.C.

This year on Saturday, July 13, at Bender Arena on the campus of American University, National Team members Mallory Velte, Becka Leathers, Victoria Anthony, and Frank Molinaro, as well as Greco-Roman National Team coach Gary Mayabb, organized an exciting wrestling experience for the participants, their mentors, and Marines, many of which had never wrestled before.

"It was incredible to see a group of people willing to put 110 percent effort into a brand new sport," says Mallory Velte. "The cohesive team atmosphere was overwhelmingly positive; I've never encountered such an enthusiastic group of individuals."

Several USA Wrestling sponsors were instrumental in creating a true wrestling experience for the participants. APS contributed over 200 pairs of Nike wrestling shoes for use at the clinic, which afterwards were donated to local wrestling clubs. Suples, a pioneer in wrestling and fitness equipment, brought not only a variety of slam balls, Bulgarian bags, and battle ropes, but Suples





founder Ivan Ivanov and two-time U.S. Open Champion Isaac Ramaswamy were also on site to lead the participants through the activities. No wrestling event is complete without the right surface, so wrestling mats for the event were provided by Dollamur. "The U.S. Marine Corps partners with USA Wrestling because the young men and women involved with this sport understand what it means to face challenges and overcome obstacles. We recognize the fighting spirit in wrestlers that we also share as Marines, and we are proud to stand beside these athletes." -LtCol Christian Devine, National Director of Marketing and Communication. In addition to the U.S. Marine Corps, Suples, Nike, and Dollamur, USA Wrestling would like to sincerely thank the wrestling team and support staff at American University for being exceptional hosts for the activity.

USA ATHLETES WIN 43 ASSOCIATED STYLES WORLD MEDALS IN 2019

USA Wrestling's Associated Styles program includes competition in the non-Olympic wrestling styles of Grappling, Beach Wrestling, Belt Wrestling, Koshti Pahlavani and Pankration, as well as USA Wrestling's programs for Masters/Veterans wrestlers in the Olympic and non-Olympic styles.

USA Wrestling athletes won 43 World medals in the Associated Styles, including nine World gold medals, 11 World silver medals and 23 World bronze medals.

GOLD MEDALS

Dan Chaid (130 kg Div. E Veterans freestyle)
John Hansen (Unlimited Gi Grappling)
Michael Kelly (84 kg Veterans 41-45 No-Gi and Gi Grappling,
Gabe Beauperthuy (130 kg Veterans 41-45 No-Gi, Gi Grappling)
Jeff Anderson (92 kg Veterans 51-55 No-Gi and Gi Grappling)
Rich Tado (77 kg Veterans 51-55 No-Gi Grappling)

SILVER MEDALS

George Porter (130 kg Div. C Veterans Greco-Roman)
Joseph Raia (62 kg Div. C Veterans 62 kg Greco-Roman)
Brad Swartz (78 kg Div. E Veterans freestyle)
Joshua Nacey (100 kg Div. B Veterans freestyle)
Steve Horton (70 kg Div. D Veterans freestyle)
James Medeiros (88 kg Div. A Veterans freestyle)
Lisa Ellis (53 kg No-Gi Grappling)
Carlos Soto (92 kg No-Gi Grappling)

Kristal Betanzo (50 kg Beach WS –Zagreb) Diana Betanzo (70 kg Beach WS –Zagreb) Tim Box (70 kg Beach WS – Odessa)

BRONZE MEDALS

Robinson Prebish (62 kg Div. C Veterans Greco-Roman) Michael Madry (62 kg Div. D Veterans Greco-Roman) Erik Hinckley (100 kg Div. D, Veterans Greco-Roman) Matthew Nowak (130 kg Div. D Veterans Greco-Roman) James Medeiros (88 kg Div A Veterans Greco-Roman) Will Anderson (70 kg Div. B Veterans freestyle) Joseph Bellavia (130 kg Div. B Veterans freestyle) Jeffrey Mallett (62 kg Div. E Veterans freestyle) Joseph Raia (62 kg Div. D Veterans freestyle) Jeff Anderson (88 kg Div. D Veterans freestyle) Matthew Nowak (130 kg Div. D Veterans freestyle) George Porter (130 kg Div. C Veterans freestyle) Nicholas Hull (62 kg Div. A Veterans freestyle) Jordin Humphrey (70 kg Div. A Veterans freestyle) Gralan Early (70 kg Div. A Veterans freestyle) Mike Kelly (77 kg Gi Grappling) Jonathan Becerra (84 kg Gi Grappling) Mary Niedrauer (71 kg Gi Grappling) Koffi Adzitso (100 kg No-Gi Grappling) Shauna Kemp (60 kg World Beach Games) Michael Peters (70 kg Beach WS – Zagreb) Reece Humphrey (70 kg Beach WS – Rio de Janeiro)

2018-19 FINANCIAL REPORT

In general donor pledges must be recognized in its entirety in the year in which the pledge is made, even if the funds are actually received over multiple years. In addition, certain years (most commonly the first year of the Olympic quad), there will be no Senior World Championships or Olympic Games within that fiscal year, and thus dramatically reducing the expenses in that fiscal year. However, the end of the four-year quad will typically feature both a Senior World Championships and an Olympic Games in the same fiscal year. Based on these factors, there is often a surplus in years 1 and 2, which is then used to offset increased expenditures in years 3 and 4.

SUPPORT AND REVENUE	FY 2017 AUDITED	FY 2018 AUDITED	FY 2019 AUDITED	2020 QUAD TOTAL TO DATE
MEMBERSHIP	\$5,842,820	\$5,973,196	\$6,635,931	\$18,451,947
EVENTS AND EDUCATIONAL PROGRAMS	\$1,564,517	\$2,238,494	\$2,155,485	\$5,958,496
USOPC GRANTS	\$1,186,917	\$1,727,036	\$1,375,716	\$4,289,669
CORPORATE SPONSORSHIP	\$863,565	\$1,028,738	\$1,279,718	\$3,172,021
TOUR AND PROGRAM REVENUE	\$658,812	\$1,030,128	\$871,045	\$2,559,985
GRANTS AND CONTRIBUTIONS	\$3,757,195	\$2,498,154	\$695,241	\$6,950,590
ROYALTIES	\$395,001	\$403,828	\$406,605	\$1,205,434
USOPC DIGITAL MEDIA	\$300,000	\$300,000	\$300,000	\$900,000
NEWSPAPER AND INTERNET INCOME	\$183,504	\$95,761	\$125,591	\$404,856
INVESTMENT INCOME, NET	\$433,679	\$443,029	\$83,888	\$960,596
OTHER	\$24,578	\$34,776	\$5,645	\$64.999
GAIN/(LOSS) ON DISPOSAL OF ASSETS	-	-	(\$599)	(\$599)
TOTAL SUPPORT AND REVENUE	\$15,210,588	\$15,773,140	\$13,934,266	\$44,917,994
EXPENSES				
PROGRAM SERVICES				
EVENTS TEAMS	\$5,781,680	\$6,060,223	\$6,567,021	\$18,408,924
MEMBERSHIP	\$3,771,496	\$4,021,184	\$4,546,393	\$12,339,073
EVENTS AND EDUCATIONAL PROGRAMS	\$1,824,060	\$2,682,209	\$3,077,744	\$7,584,013
PROMOTIONS AND DEVELOPMENT	\$92,227	\$2,014	\$143,587	\$237,828
TOTAL PROGRAM SERVICES	\$11,469,464	\$12,765,630	\$14,334,745	\$38,569,839
SUPPORTING SERVICES				
MARKETING AND FUNDRAISING	\$458,803	\$541,427	\$764,815	\$1,765,045
GENERAL ADMINISTRATIVE	\$529,637	\$525,207	\$518,102	\$1,572,946
TOTAL SUPPORTING SERVICES	\$988,440	\$1,066,634	\$1,282,917	\$3,337,991
TOTAL EXPENSES	\$12,457,904	\$13,832,264	\$15,617,662	\$41,907,830
CHANGE IN NET ASSETS	\$2,752,684	\$1,940,876	\$(1,683,396)	\$3,010,164

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