



**U.S. PARALYMPICS
CYCLING TIME TRIAL**
HUNTSVILLE, AL
MARCH 29, 2025

Technical Guide





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March 29th, 2025

Para-cycling Athletes,

On behalf of U.S. Paralympics Cycling, USA Cycling, and the Local Organizing Committee, I'd like to thank you for being a part of this year's U.S. Paralympics Cycling Open in Huntsville, AL. We are excited to return to the Rocket City, where our partners have put together a first-class competition for you.

As you may be aware, this event serves as the selection race for the upcoming UCI Para-cycling Road World Cups in Europe, and the staff at U.S. Paralympics Cycling, USA Cycling, Medalist Sports, the Huntsville/Madison County Chamber, and Cummings Research Park have prepared a truly elite competition.

I'd like to ask that you please review the details in this technical guide carefully, as it will provide you with important information about the competition and all associated requirements, athlete safety, and competition rules. If you have questions about the event, please don't hesitate to contact me.

Thanks again for your participation in Huntsville and see you soon!

Sincerely,

Ian

Ian L. Lawless, Director
U.S. Paralympics Cycling



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GENERAL INFORMATION

Online, Interactive Course Maps:

Individual Time Trial, 1 Lap Course: <https://ridewithgps.com/routes/49564913>

Individual Time Trial, 2 Lap Course: <https://ridewithgps.com/routes/49635354>

Event Websites:

<https://www.teamusa.org/usparacycling/events> (start lists, results, tech info, etc)

<https://hsvchamber.org/2025-paracycling-time-trial> (local info, spectator guide, etc)

Address of Race Venue:

Columbia High School

300 Explorer Blvd NW

Huntsville, AL 35806

[View on Google Maps](#)

Address of Host Hotel and Classification:

Hampton Inn & Suites Huntsville/Research Park Area

7010 Cabela Drive

Huntsville, AL 35806



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The information in this technical guide is subject to change.

GENERAL INFORMATION

Organization

The U.S. Paralympics Cycling Time Trial is an event organized by U.S. Paralympics Cycling under the regulations of USA Cycling and the International Cycling Union (UCI). The competition date is Saturday March 29th, 2025.

General Contact

Ian Lawless – ian.lawless@usopc.org, 1-719-272-1761

Jenny Ryan – jenny.ryan@usopc.org, 1-719-338-6331

Type of event

The U.S. Paralympics Cycling Time Trial is USA Cycling sanctioned competition and will be conducted under the UCI Para-cycling rules.

Athlete Eligibility

To be eligible to compete athletes (including tandem pilots) must:

- hold a domestic license issued by their National Federation
- be at least 14 years of age 12/31/2025.
- be nationally classified with a 'confirmed' or a 'review' sport class status (not applicable to tandem pilots)
 - *U.S. Paralympics Cycling will offer a National classification opportunity at this event. New athletes will be eligible to compete if they undergo National classification evaluation in Huntsville and receive a national classification status of “new” in an eligible sport class.*
 - *For more information about classification, or to make a classification appointment, please contact Tyler Carter at U.S. Paralympics: npcusaclassification@usopc.org*

Event Website

The event website, which will include links to updated information, including start lists, timing and results, can be accessed via the following link: <https://www.teamusa.org/usparacycling/events>

Athlete Safety Requirements

All U.S. participants in this competition are subject to the requirements outlined in the [USOPC Athlete Safety Policy](#). Adult Participants are also required to be familiar with, and comply with, the USOPC Minor Athlete Abuse Prevention Policies (MAAPP), which can be found on the [USOPC Athlete Safety webpage](#). Participating in our events also comes with certain responsibilities, such as requirements to report Prohibited Conduct, to include violations of the MAAPP (as outlined in Section 6 of the USOPC Athlete Safety Policy).

Adult Participants must also complete training requirements as outlined below.



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U.S. Center for SafeSport Training

All U.S. athletes (18 years and older), coaches, officials, and support staff requesting accreditation must complete, or have completed within the last calendar year, the U.S. Center for SafeSport's SafeSport™ Trained Core training, or applicable Refresher training course if they have previously taken the SafeSport™ Trained Core training. The training must be completed prior to arrival at the event and must be valid through the conclusion of the event. Please note, USA Cycling membership with SafeSport training that is valid through the conclusion of the event will be accepted.

If you are not in compliance with training, depending on the required course, it will take between 30 to 90 minutes to complete the training. Taking the SafeSport™ Trained Core or Refresher training is free for registered event participants. Please email [Lindsay Griswold](mailto:Lindsay.Griswold@uscenterforsafesport.org) if you need help accessing the training. You must submit proof of completion and expiration date of your most recent SafeSport training to [Lindsay Griswold](mailto:Lindsay.Griswold@uscenterforsafesport.org) by March 14th, 2025.

If you are a minor athlete, completing SafeSport training is not required, however, we recommend you work with your parent/guardian to take the free youth training course offered by the U.S. Center for SafeSport. The U.S. Center for SafeSport also has resources available to parents/guardians regarding abuse prevention in sport, to include the [Parent Handbook](#) , and free online training. These resources, and information regarding the training for both minor athletes and parents/guardians is available at:

<https://uscenterforsafesport.org/training-and-education/safesport-courses-for-all/>.

USOPC Background Check

All U.S. participants requesting a Team Staff accreditation for this competition are required to undergo a background check utilizing the National Center for Safety Initiatives as further described in the USOPC's Background Check Policy & Procedures (which can be viewed on the USOPC Athlete Safety page at www.usopc.org/safe-sport and Exhibit C within the policy). The background check must be completed prior to the start of competition. Any individual receiving a "Red Light" may be precluded by the USOPC from participating in the competition. Please note, USA Cycling membership with a background check that is valid through the conclusion of the event will be accepted. Please submit proof of completion and expiration date of your most recent background check to [Lindsay Griswold](mailto:Lindsay.Griswold@uscenterforsafesport.org).

For additional information regarding the USOPC's Athlete Safety Program, or to report an allegation of misconduct or abuse please visit: www.usopc.org/safe-sport.



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Event Staff

U.S. Paralympics Cycling

Director	Ian Lawless
Operations Manager	Jenny Ryan
Head Race Mechanic/NRS	Steve Donovan

USA Cycling

President	Brendan Quirk
Director of National Events	Kyle Knott

Medalist Sports

President/Owner	Chris Aronhalt
VP, Events	Tori Trice
Technical Director	Chris Reed
Assistant Tech	Preston Jenkins
Operations Director	Larkin Hawks
Production Director	Joe Hawks

Huntsville/Madison County Chamber

President	Chip Cherry
ED Cummings Research Park	Erin Koshut
Marketing & Comms	Claire Aiello

Race Officials

President	Bonnie Walker
Chief Judge	Vicki Mackum
Assistant Judge	Sharon Leary
Assistant Ref	Steve Brady
Motor Comm	Michael Barman
Motor Comm	Fay Binning
Motor Comm	Scott Patton

Race Services

Timing & Results	One2Go
Neutral Support	U.S. Paralympics Cycling
Race Medical	HEMSI



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Summary of Meetings

Friday, March 28:

- **8:00 am – 5:00pm – Classification: Hampton Inn & Suites** (by appointment only)
- **1:00 – 4:00 pm - Packet Pick up: Hampton Inn & Suites**
- **4:00 – 5:00 pm - Rider Technical Meeting: Location TBA**
Note: This meeting will be in-person, and will include an address from USA Cycling CEO, Brendan Quirk.
- **5:00 – 7:00 pm - Course Preview: Cummings Research Park**
 - Roads will still be open to vehicles
 - Please obey all traffic laws
 - Helmets required
 - Flags required for handcycles

Media Inquires:

Please contact Claire Aiello - caiello@hsvchamber.org, 1-256-326-2018

– or –

Kristen Gowdy: Kristen.gowdy@usopc.org, 1-719-505-0901

Local Information

Time Zone

Central Daylight Time (GMT-5)

The Official Race Hotel is:

Hampton Inn & Suites Huntsville/Research Park Area

7010 Cabela Drive

Huntsville, AL 35806

Airports

All participants should fly into the Huntsville International Airport, which is about 15 minutes from the official accommodations.



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Team & Support Staff Registration

Athlete support staff needing to be at the start ramp and/or finish line will require accreditation and must notify Jenny Ryan by email (jenny.ryan@usopc.org) no later than March 7th, 6 PM MT. These individuals are subject to USOPC Athlete Safety requirements - SafeSport and a background check. The cost for the background check will be passed on to the individual. The cost starts at \$30 and is valid for two years. If you have lived abroad within seven years, cost and processing time will increase. Spectators and staff outside of the field of play/fencing do not need a credential. Athletes who have questions about these requirements should contact jenny.ryan@usopc.org.

Race Regulations

Scoring & Results

Race timing will be managed using a Finish Lynx finish line camera. Race times will be posted on the race clocks above the finish line, and results will be posted on-site.

Transponders & Race Numbers

Athletes will not be issued a transponder. A Finish Lynx camera and timing clock will be used for results. A communique will be sent to athletes on Thursday (3/27/25) with more details and instructions concerning event logistics and race number placement.

Race Attire

- Athletes must wear appropriate race attire per UCI rules (www.uci.ch)
 - No sleeveless jerseys or triathlon suits
 - National Team kits are not allowed for USA athletes (selection race for USA athletes)
- Tandems: Pilot and stoker must have matching uniforms

Helmet Colors

Any color helmet may be worn during the individual time trial.
(Helmet color requirements for Para-cycling apply to mass start events only)

Medical

Medical and EMS support will be on-site. In the event of a transport, unless specified otherwise, patients will be taken to: Huntsville Hospital

420 Lowell Dr SE, Ste 302

Huntsville, AL Phone: +1-256-265-1000



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COMPETITION SCHEDULE

SATURDAY, March 29

6:00 - 7:30 am

COURSE SET

7:30am-7:55am

COURSE CLOSURE/INSPECTION

8:00am -

8:45am

WARM-UPS

9:00	M	T2	Individual Time Trial	14.6 km x 1 lap	14.6 km
	W	T2	Individual Time Trial	14.6 km x 1 lap	14.6 km
	M	H1	Individual Time Trial	14.6 km x 1 lap	14.6 km
9:30	W	H5	Individual Time Trial	14.6 km x 1 lap	14.6 km
	W	H4	Individual Time Trial	14.6 km x 1 lap	14.6 km
	W	H3	Individual Time Trial	14.6 km x 1 lap	14.6 km
	M	H2	Individual Time Trial	14.6 km x 1 lap	14.6 km
	W	H2	Individual Time Trial	14.6 km x 1 lap	14.6 km
10:00	M	H5	Individual Time Trial	14.6 km x 1 lap	14.6 km
	M	H4	Individual Time Trial	14.6 km x 1 lap	14.6 km
	M	H3	Individual Time Trial	14.6 km x 1 lap	14.6 km
10:45	M	C2	Individual Time Trial	14.6 km x 1 lap	14.6 km
	M	C1	Individual Time Trial	14.6 km x 1 lap	14.6 km
	W	C3	Individual Time Trial	14.6 km x 1 lap	14.6 km
	W	C2	Individual Time Trial	14.6 km x 1 lap	14.6 km
11:15	M	B	Individual Time Trial	14.6 km x 2 laps	29.7 km
	W	B	Individual Time Trial	14.6 km x 2 laps	29.7 km
	M	C5	Individual Time Trial	14.6 km x 2 laps	29.7 km
	M	C4	Individual Time Trial	14.6 km x 2 laps	29.7 km
	M	C3	Individual Time Trial	14.6 km x 2 laps	29.7 km
	W	C5	Individual Time Trial	14.6 km x 2 laps	29.7 km
	W	C4	Individual Time Trial	14.6 km x 2 laps	29.7 km

**To
follow**

Awards Ceremonies

Group start times subject to change pending final registration numbers.



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TIME TRIAL

SATURDAY, MARCH 29, 2025
CUMMINGS RESEARCH PARK



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Time Trial Notes

- A specially-designed starting ramp will be used for all classes. Riders should arrive 15 minutes prior to assigned start time and must follow directions of the race staff and officials in the starting queue.
- Upon finishing, riders will continue on course for approximately 75 yards and will deviate on the right back into athlete parking.
- Riders are responsible for keeping track of laps ridden.
- Throughout the race, riders must stay on their side of the road (right) as all sections have enough space for passing on the left.
- Handcycles and tricycles (with two rear wheels) must be fitted with a safety bar during the time trial.
- Neutral Service pits will be available on course:
 - Location #1: Starting ramp.
 - Location #2: Explorer Boulevard at Moquin (near the athlete parking entrance and accessible from two directions on course).

Directions to Athlete Parking, Race Start/Finish

The following directions **MUST** be followed to Athlete Parking as the course has **NO** crossing points to enter parking areas at the venue.

- Turn Left onto Madison Pike, take Madison Pike for 2.5 miles
- Turn Right onto Slaughter Rd, drive for 1.5 miles
- Turn Right onto Farrow Rd, Turn Right into Venue at Columbia High School
- Follow the signs to Athlete Parking - the service road that goes behind the school will take you to the south end of the high school and athlete parking - **follow the map above**
- NO Parking at the race start/ time trial ramp



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Protocol & Awards

Awards & podiums will be by the finish line at the end of racing.

- All athletes are required to attend and are required to follow the UCI rules for podium attire.
- Athletes who do not attend the podium ceremony, or who do not wear appropriate attire may face a fine by the UCI
- For more details regarding rules about podium attire, please refer to the UCI rules for Para-cycling: <https://www.uci.ch/inside-uci/constitutions-regulations/regulation>

The top-3 finishers for all events are required to attend and participate in the awards ceremony. Up to 3 medals will be provided for each event/sport class in the table below

Time Trial

Top 3 in the following classes:

- MH1, MH2, MH3, MH4, MH5
- MT1, MT2
- MB
- MC1, MC2, MC3, MC4, MC5
- WH1, WH2, WH3, WH4, WH5
- WT1, WT2
- WB
- WC1, WC2, WC3, WC4, WC5



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Anti-Doping

All Athletes, Athlete Support Personnel and other Persons, by virtue of their participation in the Olympic, Paralympic, Pan American, Parapan American or Youth Olympic Games, participation in an Event or Competition organized or sanctioned by the USOPC or an NGB, an International Federation (“IF”), the International Olympic Committee (“IOC”), the International Paralympic Committee (“IPC”) or other Major Event Organization, participation on a national team, utilization of an Olympic and Paralympic Training Center (“OPTC”), receipt of benefits from the USOPC or an NGB, inclusion in the Registered Testing Pool (“RTP”) or Clean Athlete Program (“CAP”), or otherwise subject to the Code agree to be bound by the USOPC National Anti-Doping Policy and by the USADA Protocol. It is the duty of Athletes, Athlete Support Personnel and other Persons to comply with all anti-doping rules of the World Anti-Doping Agency (WADA), the IPC, the USOPC National Anti-Doping Policy, and of the U.S. Anti-Doping Agency (USADA), including the USADA Protocol for Olympic and Paralympic Movement Testing (USADA Protocol) and all other policies and rules adopted by WADA, the IPC, the USOPC and USADA. Athlete participants agree to submit to drug testing by the IPC and/or USADA or their designees at any time and understand that the use of methods or substances prohibited by the applicable anti-doping rules make them subject to penalties including, but not limited to, disqualification and suspension. If it is determined that an individual participant may have committed a doping violation, the participant agrees to submit to the results management authority and processes of USADA, including arbitration under the USADA Protocol, or to the results management authority of the IPC, if applicable or referred by USADA. More information about the USOPC National Anti-Doping Policy can be found at <https://www.teamusa.org/Footer/Legal/Anti-Doping>

More information about banned substances and doping control can be found by visiting: www.usada.org. All athletes who compete in the U.S. Paralympics Cycling Open are subject to drug testing. If athletes are notified for drug testing they must bring an ID with them and are allowed and strongly encouraged to have one representative to accompany them through the drug testing process.