

# DO YOU COACH YOUTH ATHLETES?

Are you interested in learning more about effective coaching and sharing experiences and ideas with other youth sport coaches?

Join our Fall 2024  
Youth Sport Coach  
Fellowship!

Developed By USA  
Weightlifting  
In Partnership with  
the Susan Crown  
Foundation's Million  
Coaches Challenge.



More Info



# Fellowship Information

## OUR PURPOSE .....>

USA Weightlifting, in partnership with the Susan Crown Foundation's Million Coaches Challenge, is working to expand the number of quality, trained coaches who work primarily with youth in underserved communities. As you know, youth coaches play a critical role in the lives of young people and a central aim of this project is to support individuals who are serving the youth in our communities through sport.

The Youth Sport Coach (YSC) Fellowship brings together individuals who are passionate about creating safe and impactful youth sport experiences for athletes across a wide range of sports. This 14 week program allows coaches to explore essential topics through online content and regular virtual peer conversations.

## WHAT IS THE YOUTH SPORT COACH FELLOWSHIP?

## WHO IS ELIGIBALE TO PARTICIPATE?

To be eligible to participate in the YSC Fellowship you must be:  
a US citizen, at least 17 years old, and currently coaching youth athletes at least 8 hours a week.

*Because spots are limited, preference will be given to individuals working with underserved populations, those with less than 5 years of coaching experience, and/or those demonstrating a high level of social impact on youth and their communities through sport.*

## <..... Core Topics



**COACHING FUNDAMENTALS  
- EXPLORING YOUR  
COACHING PHILOSOPHY**



**ELEVATING YOUR  
COACHING IQ**



**CREATING A CULTURE  
OF BELONGING**



**EFFECTIVE COACHING  
FOR GENERATION Z**



# Fellowship Information

## PROGRAM TIMELINE .....>

**Applications must be received by Aug 9th. Recipients will be notified by Aug 23rd.**

**The program runs from September 3rd to December 8th.**

**INDIVIDUALS WHO SUCCESSFULLY COMPLETE THE YSC FELLOWSHIP WILL RECEIVE A CERTIFICATE.**

## PROGRAM EXPECTATIONS

- Complete weekly online, self paced material review (1 hour per week)
- Participate in at least six 30 minute virtual peer conversations
- Complete a capstone reflection project to share how the program experience has impacted their coaching.

USAW Coaches selected to participate in the 2024 YSC Fellowship will receive a tuition scholarship to cover the cost of USAW membership for one year as well as the cost of the USAW Level 1 Coach Certification course. The course is offered virtually and in the event a coach would like to attend a live course, any travel-related or non-tuition expenses are not covered. Coaches selected to participate will receive \$100 USD upon successful completion of the Fellowship. **Total value is over \$700.**

**SCAN OR  
CLICK ME**



## .....< **READY TO APPLY?**

For additional questions or inquiries about the Fellowship email  
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