



5825 Delmonico Drive
Colorado Springs, CO 80919-2401
719. 597. 9090
usatriathlon.org

The USA Triathlon (USAT) High School Recruitment Program (HSRP) is a High-Performance (HP) program that focuses on finding, advising, and supporting world class dual-sport athletes (running and swimming). The primary objective is to introduce these athletes to Draft-Legal Triathlon. The program focuses solely on Draft-Legal racing, with the goal of helping specially identified athletes progress from being introduced to the sport of triathlon, to pursuing the USAT Olympic development pathway.

This program is *highly* exclusive, with only a few athletes being selected to attend the HSRP camp each year. The following is an example of the selection process and how athletes can be identified and then selected:

Step 1. Achieve “Internationally Ranked” (or faster) time standards in both the swim and run.

Once this step is complete, USAT will set up a meeting to inform the athlete about the HSRP camp, the Junior Development Race Series, collegiate scholarship opportunities, World Triathlon Racing, Development National Team qualification, and the Olympic Pathway. If the athlete is interested in this opportunity, then they will move on to step 2.

Step 2. HSRP camp preparation.

Athletes who accept the invitation to join the HSRP camp will receive a fully funded trip (Flights, accom, transport, food, rental equipment, race entries, coaching, etc.) to the camp. Athletes will work directly with the USAT Talent Development Manager to make sure all questions are answered and they have as much information as possible leading into this opportunity.

Step 3. Attend Camp.

The HSRP camp is first and foremost a knowledge-based camp, not a “fitness camp”. Typically, athletes will have an optional run in the morning, and then the rest of the day will be spent on bike skills, watching races, eating, resting, and learning about open water swimming techniques. The goal is to have all the athletes know the rules, and be able to complete a sprint distance triathlon by the end of the week.

Step 4. Personalized Plan.

After camp USAT HP staff will set up another call to discuss all the potential options for athlete’s future athletic career. If triathlon is the path the athlete wants to pursue, they will work with the USAT to roughly map out the next season, complete all necessary paperwork, and get connected with a proper coaching/training/club situation.

(If athlete is not interested in pursuing triathlon any further, any equipment purchased by USAT must be returned promptly)

