

Carolinas WSO Board Meeting Minutes

January 15, 2023 / 7: PM EST / Virtual Meeting

Attendees

Taylor Harris-Rigsby

Sean Rigsby

Olga Pisarskiy- Note Taker

Stephen Butcher

Caine Wilkes

Katherine Lee

Michael Garrett

Christina Brockington

James Page

Not in Attendance

Agenda

1. Roll Call
2. Monthly Meeting Schedule
3. Review Metrics/KPIs
4. 2022 Championships Review
 - a. What went well?
 - b. What could we do better?
 - c. Medal Distribution
5. 2023 Championships
6. Board Member Roles
 - a. Review our roles & commitments to the WSO
 - b. Sub committees
7. Grassroots Outreach
 - a. Assisting WSO athletes with fees

Notes

- Tayler has requested reports from USAW to verify the following numbers. I am comparing from 3/31/22 (our first meeting) to today.
 - Net Increase in USA Weightlifting Members - 22 members
 - Net Increase in WSO Sanctioned Events - 3 events
 - % Women participation as Coaches - lost .01%
 - % Women participation as Athletes - gained 4.35%
 - Missing metrics on Minorities, “WSO Initiatives”, and “Participation in WSO Training & Best Practice meetings”
- WSO Championships Feedback
- 2023 WSO Championship
 - Dates October 14-15, 21-22, and 7-8
 - Rates Set
 - Venue Plan: Each member to bring 1 venue to group by next Monday
- WSO Sub-Committees: Grassroots (Christina & Katherine), Events, DE&I, Finance (Sean), & Governance