

# USA Karate Regional Instructor Seminar Checklist & Notes

*The following suggestions are provided to assist the instructor in conducting a smooth and productive seminar.*

- At least 30 days before the seminar, contact the USA Karate Regional Lead Referee of the date, time, duration, & venue for the event and request approval from your Regional Lead.

Region 1 <a href="mailto:csweigart@usankf.org">csweigart@usankf.org</a>	Region 2 <a href="mailto:jfarrell@usankf.org">jfarrell@usankf.org</a>	Region 3 <a href="mailto:sthiyagarajan@usankf.org">sthiyagarajan@usankf.org</a>
Region 4 <a href="mailto:cbailey@usankf.org">cbailey@usankf.org</a>	Region 5 <a href="mailto:cbarksdale@usankf.org">cbarksdale@usankf.org</a>	Region 6 <a href="mailto:mchomiak@usankf.org">mchomiak@usankf.org</a>

- Once approved, complete the "USA Karate Instructor Seminar Registration Form" [USA Karate > Referee Resources Referee Seminar Registration Form - Intellistack](#)
- email Sara Plackett [splackett@usankf.org](mailto:splackett@usankf.org) to send New Member Welcome Packets to you.
- email Natalie Nixon [nnixon@usankf.org](mailto:nnixon@usankf.org) to request a USA Karate flyer for your seminar.
- email David Richmond [drichmond@usankf.org](mailto:drichmond@usankf.org) to obtain "Dashboard" access for Tournament in a Box for your seminars.
- Begin to promote your sanctioned event through social media, email, calls, etc.

## **NOTES:**

- In preparation for your seminar, below are important items to remember:
  - Attendees must be an active and current member of USA Karate.
  - They must have completed and be current on Safe Sport Training prior to seminar.
  - They must have completed and be current with their NCSI background check for 18+ (Remember this can take two weeks to accomplish).
  - Attendees must take the online exam on the USA Karate website.  
The online tests can be found at USA Karate > Referee Resources [USA Karate University](#)
  - Note that pre-registration for the seminar and payment is required.
- In preparation for license upgrades remember:
  - There must be 3 months between license advancement.
  - Participation as an official in at least one (1) tournament between certifications.
  - Attendees must have the correct age and rank to be promoted - check guidelines below

January 1, 2026

Certification	Age	Rank	Written Exam % Requirement	Practical Exam
<b><u>Kumite</u></b>				
USA Karate Kumite Referee: A	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kumite Referee: B	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kumite Referee: C	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Referee: D	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Judge: A	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Judge: B	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Judge: C	16+	1 <sup>st</sup> Kyu/Brown Belt	80%	Pass
USA Karate Kumite Judge: D	14+	1 <sup>st</sup> Kyu/Brown Belt	80%	Pass
<b><u>Kata</u></b>				
USA Karate Kata Judge: A	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kata Judge: B	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kata Judge: C	18+	Shodan/Black Belt	90%	Pass
USA Karate Kata Judge: D	16+	Shodan/Black Belt	80%	Pass
USA Karate Kata Judge: E	14+	1 <sup>st</sup> Kyu/Brown Belt	80%	Pass

- Check existing licenses by going to: USA Karate > Referee Resources > Referee Listing [Officials Listing | USA Karate](#)

- Please remember:
  1. Seminars must be comprehensive and robust. Download seminar slide deck provided in Teams channel or provided by the Regional Lead Referee.
  2. Seminars must include a practical application test.

**Within 1 week of the seminar:**

- Send expense report to Sasha Gerritson – copy Diane Martin and Lead Referee (emails above).  
[sgerritson@usankf.org](mailto:sgerritson@usankf.org) [dmartin@usankf.org](mailto:dmartin@usankf.org) Lead Referee
- Send license report to Diane Martin - copy Lead Referee (emails above)  
[dmartin@usankf.org](mailto:dmartin@usankf.org) Lead referee