

USA Karate Regional Instructor Seminar Checklist & Notes

The following suggestions are provided to assist the instructor in conducting a smooth and productive seminar.

- At least 30 days before the seminar, contact the USA Karate Regional Lead Referee of the date, time, duration, & venue for the event and request approval from your Regional Lead.

Region 1 csweigart@usankf.org	Region 2 ifarrell@usankf.org	Region 3 sthiyagarajan@usankf.org
Region 4 kbailey@usankf.org	Region 5 cbarksdale@usankf.org	Region 6 mchomiak@usankf.org

- Once approved, complete the "USA Karate Instructor Seminar Registration Form" USA Karate > Referee Resources [Referee Seminar Registration Form - Intellistack](#)
- email Sara Plackett splackett@usankf.org to send New Member Welcome Packets to you.
- email Natalie Nixon nnixon@usankf.org to request a USA Karate flyer for your seminar.
- email David Richmond drichmond@usankf.org to obtain "Dashboard" access for Tournament in a Box for your seminars.
- Begin to promote your sanctioned event through social media, email, calls, etc.

NOTES:

- In preparation for your seminar, below are important items to remember:
 - Attendees must be an active and current member of USA Karate.
 - They must have completed and be current on Safe Sport Training prior to seminar.
 - They must have completed and be current with their NCSI background check for 18+ (Remember this can take two weeks to accomplish).
 - Attendees must take the online exam on the USA Karate website.
The online tests can be found at USA Karate > Referee Resources [USAKarate University](#)
 - Note that pre-registration for the seminar and payment is required.
- In preparation for license upgrades remember:
 - There must be 3 months between license advancement.
 - Participation as an official in at least one (1) tournament between certifications.
 - Attendees must have the correct age and rank to be promoted - check guidelines below

January 1, 2026

Certification	Age	Rank	Written Exam % Requirement	Practical Exam
Kumite				
USA Karate Kumite Referee: A	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kumite Referee: B	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kumite Referee: C	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Referee: D	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Judge: A	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Judge: B	18+	Shodan/Black Belt	90%	Pass
USA Karate Kumite Judge: C	16+	1 st Kyu/Brown Belt	80%	Pass
USA Karate Kumite Judge: D	14+	1 st Kyu/Brown Belt	80%	Pass
Kata				
USA Karate Kata Judge: A	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kata Judge: B	18+	Shodan/Black Belt	90% at a Signature Event	At Signature Event
USA Karate Kata Judge: C	18+	Shodan/Black Belt	90%	Pass
USA Karate Kata Judge: D	16+	Shodan/Black Belt	80%	Pass
USA Karate Kata Judge: E	14+	1 st Kyu/Brown Belt	80%	Pass

- Check existing licenses by going to: USA Karate > Referee Resources > Referee Listing [Officials Listing | USA Karate](#)

- Please remember:
 1. Seminars must be comprehensive and robust. Download seminar slide deck provided in Teams channel or provided by the Regional Lead Referee.
 2. Seminars must include a practical application test.

Within 1 week of the seminar:

- Send expense report to Sasha Gerritson – copy Diane Martin and Lead Referee (emails above).
sgerritson@usankf.org dmartin@usankf.org Lead Referee
- Send license report to Diane Martin - copy Lead Referee (emails above)
dmartin@usankf.org Lead referee