



MEDIA GUIDE



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EVENT INFORMATION

2024 USA BOXING NATIONAL CHAMPIONSHIPS

Richmond, Virginia

December 16 - 24, 2024

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EVENT PAGE & LIVESTREAM

www.usaboxing.org/2024-usa-boxing-national-championships

EVENT SCHEDULE

Monday Dec. 16 - Thursday Dec. 19

Session 1 @ noon ET

Session 2 @ 6 p.m ET

Friday Dec. 20 @ noon

Saturday Dec. 21

Finals @ noon

TICKET INFORMATION

\$10 Daily Pass | Monday – Friday

\$50 Week Pass | Monday – Saturday

\$25 Finals Pass | Saturday



USA BOXING HISTORY

Amateur Boxing origin began in 1888 and was officially recognized as a sport in the United States. In 1904, the US had its first inaugural Olympic boxing team step into the ring on a global stage.

Olympic-style boxing is a crafty, fast paced, and one of the fiercest sports within the Olympic Pantheon. The sport of boxing brings bright lights, fearless but patient boxers, and riveting action that has the fans out of their seats. The adrenaline rush and pure passion these boxers show for the sport creates a sport like no other in the Olympics and draws attention to the public eye. Boxing provides vivid imagery and intense thrill of competition that the fans can watch in any other Olympic sport. Many boxing legends began their hall of fame careers in amateur boxing such as George Foreman, Muhammad Ali and Roy Jones Jr.

USA Boxing training center and headquarters are located in Colorado Springs, Colorado. USA Boxing looks over many boxing tournaments around the country at all levels of boxing, from local, regional, and national levels to the sponsorship of national and international dual competitions. The organization is also responsible for selecting teams to represent the United States in prestigious international events, including the Olympic Games, World Championships and Pan American Games.

Amateur boxing has given opportunities to thousands of men and women to compete. Olympic-style boxing puts boxers on a global stage all over the World and carves a unique identity and regulation which is distinct from the professional boxing scene. USA Boxing oversees all amateur boxing in the United States. Women's boxing made its boxing debut in October 1993. Ever since, Women have made a significant presence in USA Boxing and the sport globally, participating in officially recognized amateur boxing both in the United States and on the international stage. Now, in 2023, approximately 3,000 female boxers register annually with USA Boxing, USA Boxing officially uplifted its ban on women's boxing due to the lawsuit filed by Dallas Malloy. Malloy was 16 at the time, and after winning the lawsuit she shortly became victorious over Heather Poyner. Finally, in 2012 the Olympic games welcomed Women's boxing following a decision made by the International Olympic Committee (IOC). Claressa Shields would go on and etch her name in the history books as she captured the first gold medal in USA Boxing history. Shields went even further to cement her legacy in the sport by becoming the first American boxer, male or female, to win consecutive gold medals.

CLICK HERE TO VIEW THE ENTIRE ROSTER OF U.S. OLYMPIC BOXING TEAMS FROM 1904.

Furthermore, USA Boxing not only supports national and international competitions but also conducts clinics and training camps aimed at equipping athletes and coaches with international-level techniques. USA Boxing and Olympic-style boxing in the United States is built upon its 56 Local Boxing Committees (LBCs). These LBCs, in collaboration with coaches, athletes, and officials, constitute the backbone of the sport in the United States.

**ROME 1960
OLYMPIC GAMES**

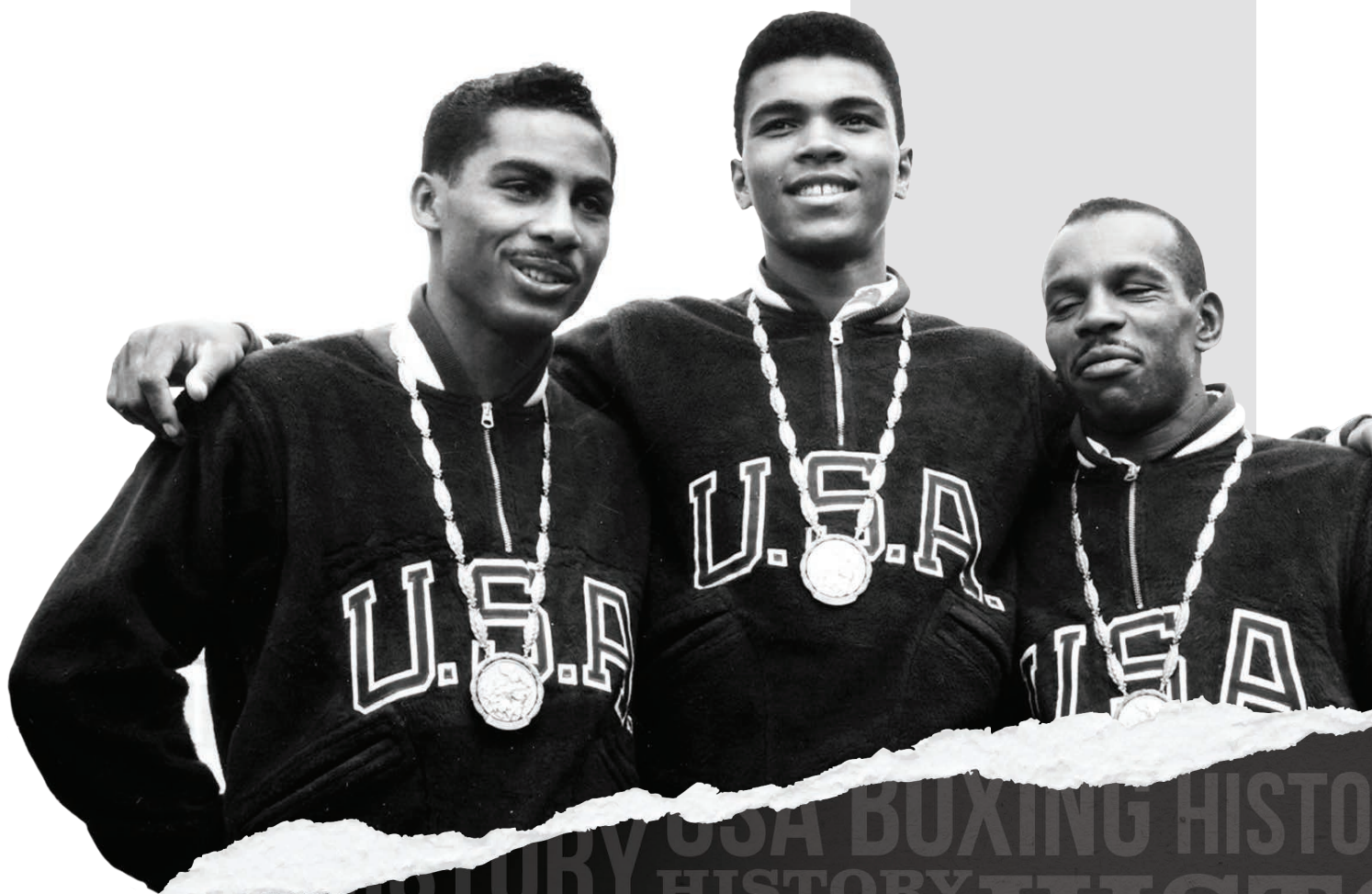
USA Olympic gold medalists
in boxing from left to right:

Wilbur "Skeeter" McClure
(light-middleweight)

Cassius Clay (Muhammad Ali)
(light-heavyweight)

Eddie Crook
(middleweight)

in the Olympic Village
Rome, Italy
September 9, 1960.



EVENT INFORMATION

HOW TO QUALIFY PER DIVISION

DIVISION	Date of Birth Range -START	Date of Birth Range -END
Elite	Jan 01, 1985	Dec 15, 2007
Youth	Jan 01, 2007	Dec 31, 2008
Junior	Jan 01, 2009	Dec 31, 2010
Intermediate	Jan 01, 2011	Dec 31, 2012
Bantam	Jan 01, 2013	Dec 31, 2014

MINIMUM BOUT REQUIREMENTS | MALE

DIVISION	NATIONAL OPENS		NATIONAL CHAMPIONSHIPS	
	MIN BOUTS	WIN %	WIN BOUTS	WIN %
Elite Male	10	40	15	50
Youth Male	10	40	15	50
Junior Male	15	40	20	50
Intermediate Male	10	40	45	50
Bantam Male	10	40	10	50
PeeWee Male	5	25	N/A	N/A

MINIMUM BOUT REQUIREMENTS | FEMALE

DIVISION	NATIONAL OPENS		NATIONAL CHAMPIONSHIPS	
	MIN BOUTS	WIN %	WIN BOUTS	WIN %
Elite Female	5	25	5	25
Youth Female	5	25	5	25
Junior Female	5	25	5	25
Intermediate Female	0	0	0	0
Bantam Female	0	0	0	0
PeeWee Female	0	0	0	0

** Weight divisions that have fewer competitors may have lower minimums

** Exemptions may be offered at the discretion of the Executive Director

EVENT INFORMATION

CITIZENSHIP REQUIREMENTS

DIVISION	NATIONAL OPENS		NATIONAL CHAMPIONSHIPS	
	NON-CITIZENS	INTERNATIONAL	NON-CITIZENS	INTERNATIONAL
Elite	Yes	No	No	No
Youth	Yes	Yes	No	No
Junior	Yes	Yes	No	No
Intermediate	Yes	Yes	No	No
Bantam	Yes	Yes	No	No
PeeWee	Yes	Yes	No	No

** Events held in partnership with the International Federation will be open to National Federation Teams

** Events held in association with the International Federation will be open to National Federation Clubs

** Subject to change at the discretion of the Executive Director

NATIONAL OPENS

National Open | Women's Championships | Summer Festival

NATIONAL CHAMPIONSHIPS

Junior Olympics | National Championships

NUMBER ROUNDS/DURATION

Masters Men & Women	Three, 2-minute rounds
Elite Men & Women	Three, 3-minute rounds
Youth Men & Women	Three, 3-minute rounds
Junior Boys & Girls	Three, 2-minute rounds
Intermediate Boys & Girls	Three, 2-minute rounds
Bantam Boys & Girls	Three, 1½ minute rounds



EVENT INFORMATION

THE BOUT

Bouts fluctuate due to the age groups of the boxers competing. The elite division bouts feature three rounds, each with a duration of three minutes with a one-minute rest in between the rounds.

WINNING THE BOUT

WINNING ON POINTS (WP)

This is the most common way to win. The points are determined by reviewing the final scores on the electronic scoring system after the bout. The winner will be decided based on the judges' scoring. The bouts are won in either a unanimous or split decision. In case the bout is halted, even if it's mid-round, due to an unintentional foul causing injury and prompting the referee to stop the contest, this regulation applies. Similarly, if both boxers sustain injuries simultaneously, resulting in the referee stopping the contest, this rule comes into effect and will be declared the winner of the bout on points by either unanimous or split decision. The bout may be ended by the referee due to an event that is out of the boxer's or referee's control, such as the destruction of the ring, failure of the lighting supply, forces of nature and other similar unforeseen conditions. Under such circumstances, the judges will evaluate the round and will judge the two boxers' performance up to the stoppage. The boxers who have more points is announced the winner of the bout. In the event of a boxer suffering an open cut because of an accidental foul, the referee is allowed to pause the bout and escort the boxer to a medical assessment. If such a stoppage occurs, the bout's outcome will be determined by the scorecards. No tied bouts are allowed. If the total scores given by

each judge, accounting for any deductions, are equal when the bout concludes, the judges will be tasked with selecting a bout winner under the following circumstances: a. One (1) judge has a draw the other judges are evenly split, or b. Two (2) judges have even scores and the other judges do not score unanimously; or c. Three (3) or more judges have even scores i. In manual (paper) scoring after the judge scores the round, the judge is requested to select an overall bout winner in case a tiebreaker is necessary ii. In the electronic scoring system if a tiebreaker is necessary the judge's keypad will blink. The judge will then nominate an overall bout winner.

WINNING BY ABANDONMENT (ABD)

Winning by abandonment occurs when either the boxers or their coach concedes or decides to "throw in the towel," resulting in the match to stop.

WINNING VIA REFEREE STOPPED CONTEST (RSC)

1. If a boxer is unable to resume boxing in the ring immediately following the break in between rounds, the opponent will be declared winner of the bout by RSC.
2. If the referee feels a boxer is being outboxed or is receiving excessive hard blows, the bout will be stopped, and the opponent will be declared the winner of the bout by RSC.
3. If a boxer is unable to continue boxing after a knockdown, the opponent will be declared the winner of the bout by RSC.
4. If a bout is stopped by the referee in charge following the advice of a ringside doctor, the opponent will be declared the winner of the bout by RSC.

EVENT INFORMATION

WINNING BY KNOCKOUT (KO)

1. If a boxer is knocked down and fails to resume boxing before the referee counts to ten (10), the opponent will be declared the winner of the bout by KO.
2. If an emergency arises and the referee calls the ringside doctor into the ring before reaching a ten-count for the injured boxer, the opponent will be declared the victor of the bout via KO.
3. In the event a double KO occurs, the round must be scored up to the end of the bout. The boxer ahead in points will be considered the winner.

COMMON FOULS

Listed below are some of the frequent fouls that could result in cautions issued to boxer: hitting below the belt; holding, kicking or striking the opponent with anything other than the gloved knuckles; lying against the ropes or using them unfairly; using offensive language; not breaking on command; and behaving aggressively towards the referee. Even no defense (passive defense) is unfair and foul. When a boxer commits a foul, the referee typically issues a caution to the boxer and signifies the infraction through specific hand gestures. After three cautions for the same foul, the referee will warn the boxer, which results in the boxer losing a point. Upon the third warning for the same foul, the boxer is disqualified. Here are more common fouls:

- Hits or blows with head, shoulder, forearm, elbow, throttling of the opponent, and pressing with arm or elbow in opponent's face, pressing the head of the opponent back over the ropes.
- Hitting with open glove, the inside of the glove, wrist or side of the hand
- Hits landing on the back of the opponent, and especially any blow on the back of the neck or head and kidney punch.

- Pivot blows i.e., backhand.
- Lying on, wrestling, and throwing in the clinch
- An attack on an opponent who is down or who is in the act of rising
- Holding and hitting or pulling and hitting
- Holding or locking, on the opponent's arm or head, or pushing an arm underneath the arm of the opponent.
- Ducking below the belt of the opponent
- Completely passive defense by means of double cover and intentionally falling, running, or turning the back to avoid a blow.
- Speaking
- Not stepping back when ordered to break.
- Attempting to strike opponent immediately after the referee has ordered "break" and before taking a step back.
- Assaulting or behaving in an aggressive manner towards a referee at any time
- Spitting out the mouthpiece (mouthguard or gumshield) intentionally without receiving a correct punch will cause the boxer to receive a mandatory warning.
- If the mouthpiece falls out after the boxer has received a correct punch, and if this happens for the third time, the boxer will receive a mandatory warning.
- Keeping the advanced hand straight to obstruct the opponent's vision.
- Biting an opponent
- Faking/simulating such as an injury



TERMS & DEFINITIONS

BOB AND WEAVE: moving the head in an evasive fashion, up and down, and side to side.

BOUT: a single word synonym for a boxing match.

CARD: a synonym for a boxing event with multiple boxing bouts.

CAUTION: A boxer who does not obey the instructions of the referee, acts against the rules of boxing, boxes in any unsportsmanlike manner, or commits fouls, will, at the discretion of the referee. If a referee intends to warn a boxer, the referee must say “stop” and demonstrate the infringement. The referee must then indicate to the boxer and then to the Official in charge.

CLINCH: when both boxers mutually hold each other. “Holding” is a foul when one boxer is restricting the other boxer.

COMBINATION: series of punches.

KNOCKDOWN: When boxers touch the floor with anything other than their feet. They are also considered “down” if they are dangling on the ropes or are partially outside the ropes from a blow. A boxer can be considered “down” while standing up from taking a serious blow or blows to the head and the referee stops the match.

FEINT: a synonym for “fake,” most commonly used with a foot, hand, shoulder, or eyes.

FIELD OF PLAY (FOP): the competition ring area where the athletes box, and the judges judge.

HAND-WRAPPS: fabric used to protect the hands.

HEAD GEAR: a soft helmet used to protect the head during training and competitions.

JAB: straight blow at chin level.

KO: a knockout happens when a boxer has gone down from the result of a punch and cannot resume boxing by the count of ten (10). After the referee has said “ten,” the bout ends and must be decided as a KO. The referee may stop the count if in his/her opinion the boxer is in immediate need of medical attention.

LOW BLOW: After a low blow, if the offended boxer does not complain and the low blow was not hard and intentional, the Referee must signal the foul without interrupting the Bout. Also, after a low blow, if the offended boxer does complain, the referee will have two (2) options:

- 1) The offending boxer will be immediately disqualified if it is an intentional and hard blow.
- 2) Start an eight (8) count.

After the eight (8) count, the Referee will have two (2) options:

- 1) The boxer is fit to continue: the referee may give a warning to the offender and the bout will continue.
- 2) The boxer is unfit to continue: the referee will give a certain amount of time to the boxer to try to recover with a maximum of up to ninety (90) seconds.

After above mentioned timeframe, the referee will have two (2) options:

- 1) The boxer is fit to continue: the referee may give a warning to the offender and the bout will continue.
- 2) The boxer is unfit to continue: the opponent will be declared the winner of the bout by RSC-I.

TERMS & DEFINITIONS

NGB: National Governing Body. Every sport under the US Olympic & Paralympic Committee is recognized as an NGB.

OFFICIALS: judges, referees, timekeepers, glove table supervisors, etc.

ORTHODOX: a right-handed boxer.

PARRY: a defensive move where a boxer redirects a punch.

RABBIT PUNCH: an illegal blow to the back of the opponent's neck.

REFEREE: the person who operates in the ring and whose main concern is the safety of the athletes.

RING: the place where a combat between fighters of similar weight takes place.

RINGMANSHIP (RING GENERALSHIP): used to describe the ability and skills to control the competition area.

ROUND: a segment of the boxing match, similar to a period or quarter in other sports. There are always three (3) rounds, with 60 seconds separating each round, but depending upon the age and experience of the boxers, the duration of each round will vary.

R.S.C. (REFEREE STOPPED CONTEST): a bout is terminated due to a clear supremacy of the opponent. It can be determined by the referee and/or the ringside doctor.

SANCTION: a boxing event is registered with USA Boxing; every amateur boxing event where there are spectators and a fee need to be "sanctioned" with USA Boxing.

SECOND: Once a coach enters the Field of Play (FOP), they are referred to as a "second," with the boxer being the "principal."

SOUTH PAW: a left-handed boxer.

SPAR: practice boxing, usually with bigger training gloves, and headgear.

STICK AND MOVE: using jabs and footwork to score and evade.

THROW IN THE TOWEL: expression meaning that a boxer has given up.

WARNING: If a boxer receives a referee's warning, the Official in charge will record the warning in the Scoring System and each warning will reduce the total score of the offending boxer by one (1) point. The third warning in a bout will automatically disqualify the boxer.

UPPERCUT: a punch with an upward trajectory that can be performed with both hands and is aimed at the opponent's chin, it can also hit the dorsal abdominal area.



NATIONALS PREVIEW

The 2024 USA Boxing National Championships will begin on Monday, Dec. 16, in Richmond, Va., where over 900 boxers from nearly every state in the country will take part in the annual event. This year's USA Boxing National Championships will be hosted inside the Greater Richmond Convention Center.

The 2024 USA Boxing National Championships marks the beginning of the new Olympic quad and presents an opportunity for American boxers to showcase their talents and embark on their individual journeys to the Los Angeles 2028 Olympic Games. The National Championships will help determine USA Boxing's junior, youth and elite High Performance teams for 2025, as well as provide valuable experience for the event's competitors in the younger age divisions.

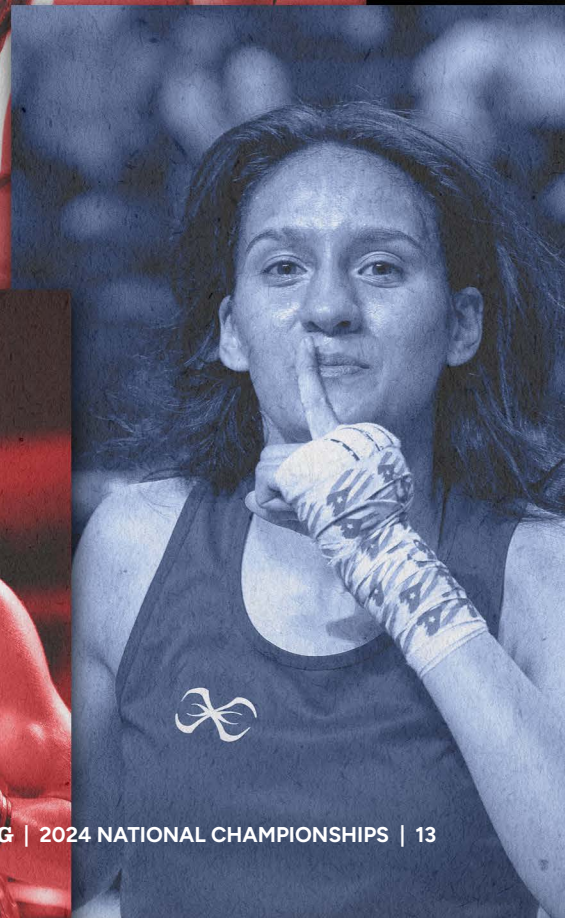
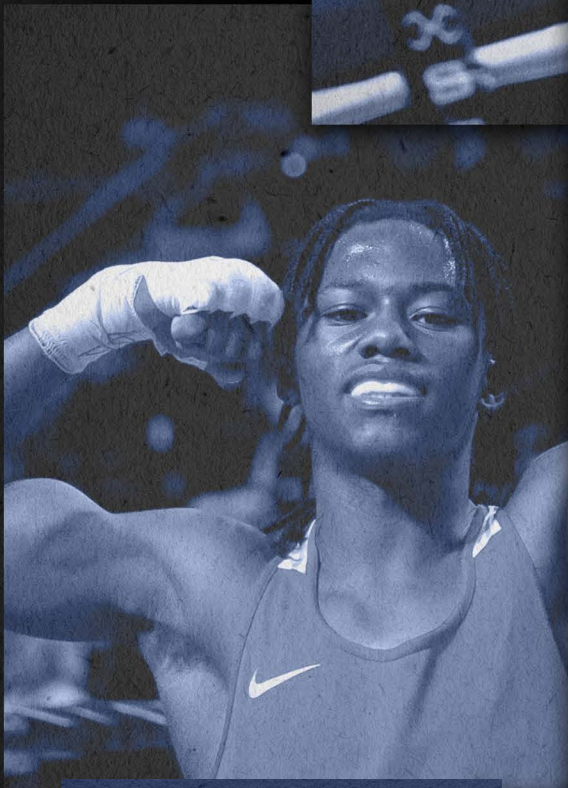
Competition for the 2024 USA Boxing National Championships will kick off on Monday, Dec. 16, with two sessions at noon and 6 p.m. ET, and will continue in that format through Thursday, Dec. 19. Competition on Friday, Dec. 20, and finals competition on Saturday, Dec. 21, will feature one session, beginning at noon ET on each day.

The 2024 USA Boxing National Championships will host boxers in the bantam (10-11 years old), intermediate (12-13 years old), junior (14-15 years old), youth (16-17 years old) and elite non-Olympic weight classes (18-39 years old) divisions. All competitors in the junior, youth and elite age divisions will contend for a position on USA Boxing's 2025 High Performance teams.

To access tournament details for the 2024 USA Boxing National Championships, such as schedule, results, and live stream information, please click [HERE](#). can be found [HERE](#).

Tickets for the event can be purchased at will call, starting at \$10 daily or \$50 for a weekly pass, while Saturday's championship bouts cost \$25.

All boxers competing in Richmond will look to earn points towards their USA Boxing national rankings, as the top eight boxers in each weight category will receive points towards the 2025 rankings. Additional rankings information can be found [HERE](#).



Any media personnel looking to apply for a media credential must click [HERE](#). Media applications must be submitted by Friday, Dec. 13, at 5 p.m. ET.



BOXERS TO WATCH

Boxers to Watch at the 2024 USA Boxing National Championships in Richmond, VA

The stage is set for the 2024 USA Boxing National Championships in Richmond, Virginia, where nearly 50 national champions will return and look to claim another belt to their name. The USA Boxing 2024 National Championships will have five weight divisions competing: Bantam, Intermediate, Junior, Youth and Elite.

USA Boxing Bantam weight division will see four 2023 National Champions return, 10 Intermediate champions return, and 16 Juniors looking to claiming another belt.

In the Youth and Elite weight division there are many boxer names that boxing fans need to remember and keep an on. Every time these boxers' step into the ring it will must watch TV, and their resume proves why. As Team USA now looks ahead to the LA 2028 Olympic Games, fans can expect a thrilling showcase of talent from both Olympians and World Champions at the USA Boxing 2024 National Championships. These championships will showcase seven Olympians, six from the 2024 Paris Olympic Games, and one from the 2020 Tokyo Olympic Games. It will also highlight two Elite World Champions and four Youth World Champions.

Let's now take a look at the top boxers from Youth and Elite weight divisions, boxing at the 2024 USA Boxing National Championships.



OLYMPIANS



ROSCOE HILL

30, grew up in Spring, Texas, where he trained in George Foreman's gym and was baptized by George Foreman himself. Hill qualified to the 2024 Paris Olympic Games in Bangkok, Thailand. Hill would earn a first-round win at the Paris 2024 Olympic Games before falling short in the second round on a 3-2 split decision. Hill has earned himself a gold medal at the 2022 AMBC Elite Championships, a silver medal at the 2021 Elite World Championships and a bronze at the 2023 Santiago Pan American Games.



JAHMAL HARVEY

20, is a gold medalist at the 2021 Elite World Championships and was the first American male to win an elite world title since 2007, completing at just 18 years old, one of the youngest in the whole field at those World Championships. Harvey qualified to the Paris 2024 Olympic Games at the Santiago 2023 Pan American Games. Harvey earned a first-round victory at the Paris 2024 Olympic Games. He also finished second at the 2022 Continental Championships. Harvey from Oxon Hill, Md., who grew up playing football and was introduced to boxing by his football coach, who also coached boxing, is a multi-time gold medalist at USA Boxing National Championships at the junior, youth and elite levels.



JENNIFER LOZANO

is from the small border town of Laredo, Texas. Lozano was able to put herself and her city on the map with a top two finish in Santiago and she became the first Olympian from Laredo in any sport. Lozano boxing journey started through her wanting to develop a defense mechanism to bullying. As Lozano was fighting through her adversity, she quickly started making an impact in boxing and put up an impressive resume in last few years. The 50 kg boxer won bronze at the 2023 Gee Bee International Tournament. Lozano also won gold at the 2022 USA Boxing Elite National Championship and bronze in the 2022 USA Boxing International Invitational.



ALYSSA MENDOZA

is one of Team USA's youngest rising stars and represented Team USA at 57 kg in Paris as she qualified to the Olympic Games at the second Olympic Games World Qualification Tournament. Mendoza, 20, would go on and be the first Olympic boxer from the state of Idaho and earned a first-round win at the Paris 2024 Olympic Games. She dominated her first year of international competition bringing home a medal in three international competitions in 2023. Mendoza, native of Caldwell, Idaho, also won gold at the 2022 USA Boxing Elite National Championships.



JAJAIRA GONZALEZ

native from Glendora, Calif. punched her ticket to the 2024 Olympics with a top four finish at the Pan American Games. She would go and earn a first-round victory at the Paris 2024 Olympic Games. Gonzalez also dominated in the junior and youth ranks. The 60 kg boxer took gold medals at the Junior World Championships, back-to-back Youth World Championships and Youth Olympics before finishing second at the 2016 Olympic Trials, then eventually took a break from the sport in 2018. She returned at the 2021 Elite National Championships and took gold.



MORELLE MCCANE

represented Team USA in Paris in her new weight class, 66 kg. The Cleveland native brought home gold and two silvers in three international tournaments in 2023. McCane, 28, etched her name in the history books for her city with a top-two finish in Santiago. She became the fifth straight boxer and first female to qualify to an Olympic Games from Cleveland. With her qualification to Paris, it also made her just the second female boxer from the state of Ohio to compete in an Olympics.



NAOMI GRAHAM

is competing in the 75 kg weight division and represented Team USA at the 2020 Tokyo Olympic Games. Graham's etched her name in the history books as she became the first active female military member to proudly represent USA Boxing in an Olympic Games in 2020.



ELITE/YOUTH WORLD MEDALISTS



ROBBY "RAHIM" GONZALES

27, is a Las Vegas native and won the 2020 Olympic Trials and seemed destined to represent Team USA in Tokyo, however, like many, COVID deterred his plans. Gonzales did not have the opportunity to compete in Olympic Qualifiers due to COVID guidelines and ended his Tokyo dreams. He won gold at the 2021 Elite World Championships just a few months after the Games concluded, and won multiple gold medals in international competitions, including the 2022 Continental Championships, along with two gold medals and one bronze in 2023.



ELIJAH LUGO

is from Marietta, Ga. and will be boxing in the 80 kg weight class and will make his debut in the elite weight division. He most recently won gold at the 2024 World Boxing U19 Championships. Lugo is a multiple USA Boxing National Champion and is known for his power.



YOSELINE PEREZ

has represented Team USA in multiple international tournaments including her gold medal performance at the 2024 Youth World Championships. Perez since then has represented Team USA at the 2023 Santiago Pan American Games, 2024 USA Boxing International Invitational and the Melee Gala IX in Winnipeg, Canada. Perez will box at 57 kg.



JEWRY RODRIGUEZ

won bronze at the 2023 Gee Bee International Tournament in her most recent international invitational. She is a two-time national champion in the elite division and also dominated in the Youth and Junior weight divisions as well as she was a 2021 Junior Pan American gold medalist.

YOUTH



LORENZO PATRICIO

is native from Waianae, Hawaii, and earned the gold medal at the 2024 World Boxing U19 Championships. Patricio looks to defend his 2023 National Championships belt and continue the momentum from winning gold at his first international tournament. Patricio will be boxing at 50 kg in the youth weight class.



JOSEPH AWINONGYA

is out of Joliet, Ill. and proudly brought back gold at the 2024 World Boxing U19 Championships. Awinongya put on a dominant performance in his international debut as his path to gold was won by an RSC(1), unanimous decision victory and a 4-1 split decision win in the gold medal round.



RISHON SIMS

is from Harrisburg, Pa. and began boxing later than most boxers but has an impressive resume. He won gold at the Brandenburg Youth Cup in 2023 and recently won silver at the 2024 World Boxing U19 Championships.



LAILA ZAKIROVA

is from Staten Island, N.Y. and won bronze at the 2024 World Boxing U19 Championships.

INTERNATIONAL MEDALISTS



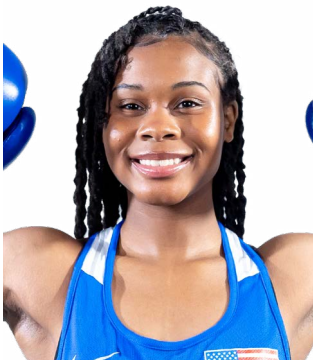
LISA GREER

is boxing in the 60 kgs weight class in the elite division. Greer won bronze at the 2024 USA Boxing International Invitational. She also won the 2024 Olympic Trials for Boxing champion. She was on the Team USA Squad team.



KAYLA GOMEZ

will box in the 54 kg and has plenty of international experience. Gomez is a two-time USA Boxing International Invitational gold medalist. She also won gold at the 2021 Junior Pan American Games and the 2019 Silesian Women's Championships.



SA'RAI BROWN-EL

was the 2022 Youth World Championship bronze medalist, as well as won gold at the Youth Brandenburg Cup.



**NATIONAL
CHAMPIONSHIPS
2024**

DEC 14-21 • RICHMOND, VA

USA
BOXING